



Bridging the Gap

A Temporary Contact Program offered by Alcoholics Anonymous

This program is to assist clients who wish to make the transition from treatment to the A.A. Program. Those of us who were previously in treatment have found the most “slippery” place in the journey to **lifelong sobriety** is the distance between the door of the treatment facility and the nearest A.A. group or meeting. Many of us can tell you even though we were aware of A.A while in treatment, we were hesitant or fearful to attend A.A meetings on our own.

The purpose of the **Bridging the Gap** program is to provide a hand, reached out in the spirit of our **Twelve Steps** of recovery, to assist the newcomer in finding the same help **staying sober** we ourselves found. We do not offer jobs, housing, family or personal counseling, money, clothing, etc. **Our primary purpose is to stay sober, and to help other alcoholics achieve sobriety.**

If you are interested in “**Bridging the Gap**”, fill out the information form below and turn it in to your counselor at least two weeks prior to your discharge. Your counselor will forward this form to the appropriate A.A. district representative.

All information will be treated as “**Confidential**”.

A member of A.A. of similar age and gender, living in the area closest to your residence will be in touch with you to make arrangements for attending a meeting or meetings in your community.

Client: I would like an A.A. member to introduce me to some A.A. meetings.

Today's Date: _____ Treatment Exit Date: _____

Treatment Facility: _____

Name: _____ Age: _____ Gender: _____

Residence City: _____ State: _____ Zip Code: _____

Phone: _____ Circle: **Talk Only** or **Text Only** or **Both OK**

Alternate Phone #: _____ Circle: **Talk Only** or **Text Only** or **Both OK**

Email Address: _____

Providing these forms is offered as a service to promote recovery. It does not imply an affiliation of Alcoholics Anonymous with this treatment / recovery facility.

A.A. Contact: _____ Contact Information: _____

Bridging the Gap Form for Online Meetings:



The Meeting Guide App:
[In-Person & Online]

