

2025 Area Assembly

Western Washington Area 72
Newsletter
September 2025

October 2025 Newsletter Topic:
Gratitude Celebrations
Online Only

NON-PROFIT
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Washington Area
72
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Non-Profit
#794-852

Confidentiality

This is a confidential document for AA members only. It contains members’ last names, addresses and phone numbers. Please respect our anonymity.

Western Washington Area Newsletter is published monthly by:

Western Washington Area 72 | 1225 E. Sunset Drive, Suite 145-745, Bellingham, WA 98226| Nonprofit # 794-852

Its purpose is to facilitate communication within the membership of AA. Opinions expresses are not to be attributed to Alcoholics Anonymous, or the Western Washington Area, except when Conference-approved publications are quoted. Articles from AA World Services, Inc. (A.A.W.S.) and the AA Grapevine, Inc. (as well as other publications) appearing herein are reprinted with permission.

Newsletter Policy

The Area Newsletter is a communication vehicle serving Western Washington Area 72 (WWA72). The scope includes WWA72 business, i.e. election results, committee appointments, motions, discussion topics, special committee activities, status of WWA72 trusted servants, and content provided by members of the Western Washington fellowship intended to carry the message of AA to the still suffering alcoholic.

The Newsletter also includes a calendar of events, which prominently features a categorized list of the dates and times of Area Service events, and other AA related events occurring throughout the Western Washington fellowship, i.e., campouts, luncheons, and picnics. Fliers related to the above events, registration, contribution, and subscription forms are consolidated in a separate section. Districts’ reports are encouraged.

The Newsletter Editor requests content each month from the WWA72 Committee, in particular elected & appointed officers, standing committees, special committees, Intergroups & Central Service Offices, and the DCMs for each of the 44 districts. All the above are encouraged to submit content that features a method of carrying the message in their sphere of duties.

The author’s first name, at minimum, will accompany all submissions. The Editor reserves the right to edit and/or refuse to publish content considered to be inconsistent with the three legacies: Recovery, Unity, and Service, with particular scrutiny given to content perceived to contain foul language and/or personal attacks.

The Newsletter is intended to be shared with all the members of the Western Washington fellowship and relies on the WWA72 Committee to generate content, overall awareness, and ensure distribution to the groups. It is distributed monthly, free of charge, to WWA72 elected and appointed officers, DCMs, and Alternate DCMs, GSRs of the registered WWA72 groups, past Delegates, GSO, Pacific Region Trustee, reciprocating Pacific Region Newsletter Editors, and the 15 Pacific Region Delegates. Homegroups or individuals may subscribe for \$12 per year by sending send their name, address, and payment to the Western Washington Area Treasurer. The views and opinions expressed in the articles and reports are those of the authors and do not necessarily reflect the official policy or position of the Newsletter Editor, Western Washington Area 72, or Alcoholics Anonymous.

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Publishing & Grapevine Our Big Book, Alcoholics Anonymous, Twelve Steps and Twelve Traditions, and other books will now be produced jacketless, with jacket images printed on the covers. This change is in response to supply chain disruptions and will help alleviate out-of-stock issues and help keep costs down. Grapevine will be adding a \$2.49 increase to all books. The top 10 selling books’ prices will increase on January 1, 2023, and other books’ prices will increase as they go to reprint. Other ancillary items prices will increase on January 1, 2023, as well.

If you are planning on going to the international conference in 2025 in Vancouver, BC, please see the FAQs at the end of the newsletter.

It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at the 2025 International Convention, seek assistance/information by accessing the CBSA links provided below question #6.

For general information members may also access <https://www.cbsa-asfc.gc.ca/menu-eng.html> or contact the Border Information Service (BIS) at CBSA by calling:

Within Canada

- Toll-free 1-800-461-9999
- TTY (for those with hearing or speech impairments) 1-866-335-3237

Outside Canada

(Long distance charges apply) 1-204-983-3500 1-506-636-5064

Press “0” to speak to an officer during regular business hours – Monday to Friday 8 a.m. to 4 p.m. (local time) excluding holidays.

Western Washington Area Newsletter

Pre Assembly Background info.....	4		
Elected & Appointed Trusted Servant Articles_____	9	Member Articles_____	25
DCM Articles_____	16	Assembly registration	31
Intergroups & Central Offices_____	22	Flyers and Events_____	27

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EVENTS AT A GLANCE

Western Washington Area 72 Quarterly Business Meetings			
AREA ASSEMBLY Oct 3-Oct 5	Area Assembly	Lynnwood Event Center 3711 196 th St SW Lynnwood	
January 2 & 3	January Area 72 Quarterly	Seven Cedars Casino Sequim WA	
Area Standing Committee Quarterlies			

Saturday Sept 13th 10am-3pm	Grapevine, LaVina, and Literature Quarterly Hybrid	Monroe Public Library 1070 Village Way Monroe, WA	Zoom ID 873 2199 0075 Passcode: 620280
Saturday Sept 20th 10am-3pm	Corrections Quarterly Hybrid	Puget Sound Central Office 3640 S Cedar St Tacoma, WA	Zoom ID 827 5121 7158 Passcode: 712933
Saturday October 11th 10am-2pm	Area Public Information Quarterly		Zoom ID Passcode:
Saturday October 18 th	Area Accessibilities Quarterly		Zoom ID Passcode:
Saturday October 25 th	Area Young Peoples Quarterly		Zoom ID Passcode:
Saturday October 25 th	Area Web and Tech	Virtual Event	Zoom ID 540 797 4045 Passcode no code

2026 Conferences			
February 27- March 1	PRAASA 2026	Honolulu Hawaii	
Workshops			
Saturday, Sept 6th Noon- 3PM	Host a Quarterly Workshop	Lynnwood Alano Club 3717 196 th St Unit 205 Lynwood, WA	
Saturday Sept 14th 10am -1pm	Host a Quarterly Workshop	Seattle Intergroup 5507 6 th Ave S Seattle, WA 98108	Zoom ID 896 6702 5241 Passcode: 069602
Saturday Sept. 20 th 1pm- 4:30pm	Area Archives workshop	Grace Lutheran Church Des Moines, WA	
Sunday Sept 28 th 9am-10am	Registrar Workshop	Virtual	Zoom ID 633 540 5154 Passcode: registrar
Study Groups			
4 th Sunday 3:00 PM – 4:00 PM	Cooperation with Professional Community	Virtual	Zoom ID: 872 1003 9770 Passcode: 024176
4 th Saturday 10:00 AM – 11:30 AM	Corrections 8/23/2025	Virtual	Zoom ID: 828 6821 9335 Passcode: 343910
4 th Sunday Noon-1:30pm	Treatment Roundtable July 27, August 31 st , Oct 26 th ,	Virtual	Zoom ID 8125591 9512
4 th Sunday 3PM-4PM	PI Workbook Study	Virtual	Zoom ID872 1003 9770 Passcode: 02416
Up Coming Newsletter Topics			
October Online Only	2025 Gratitude Celebrations	Due Sept 20	Submit Word Doc to Newsletter@Area72AA.org
November Online and Print	Service Sponsorship	Due Oct 20	Submit Word Doc to Newsletter@Area72AA.org
December Online Only	The Group Inventory	Due Nov 20	Submit Word Doc to Newsletter@Area72AA.org

Pre-Assembly Materials including Motions and Discussion Topics

Each year, our pre-assemblies give us a chance to come together, review the business coming before the Area, and prepare to carry our groups' conscience forward. Whether you're a first-time GSR or a longtime trusted servant, this is where we get aligned before the Assembly—and where a lot of the magic happens.

At the upcoming pre-assemblies, we'll walk through how the proceedings will go, how voting works, and what topics are on the table this fall. It's also a great time to connect with others who've discovered that being "the glue that helps AA stick together" can be a meaningful part of their service path.

Purpose of the Pre-Assembly and this document

The purpose of a Pre-Assembly is to prepare GSRs (and through them their Groups) for the Annual Area Assembly. GSRs are provided with the background information [this document] and answers to questions regarding the motions and discussion topics on the Assembly agenda. GSRs then carry all the information back to their Groups for full discussion. Through thorough discussion, the Group comes to an informed Group Conscience which the GSR carries to the Annual Area Assembly.

Area 72 Handbook

Questions?

Derek S., Area 72 Chair

(949) 307-8690

chair@area72aa.org

Assembly Motion #1: Digital Newsletter

Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.

Background Information:

Purpose of the Newsletter. The Western Washington Area Newsletter serves as a primary communication tool for Area business. First established for this purpose in 1976, it covers essential information such as business meeting minutes, elections, motions, committee appointments, reports from elected and appointed officers, Standing and special committee updates, and service events that support carrying the A.A. message to the still suffering alcoholic. Flyers for Area service events are included and listed in the Area Events Calendar online. The newsletter is currently distributed in print across Western Washington to approximately 1,400 members and posted on the Area 72 website.

Intended Audience. "The published Newsletter is...intended to be shared with all the members of the Western Washington fellowship and relies on the [Area] Committee to generate content, encourage overall awareness, and ensure distribution to the Groups. The Newsletter is distributed monthly, free of charge, to [Area] elected and appointed officers, DCMs and Alternate DCMs, the GSRs of the registered [Area] groups, Past Delegates, G.S.O., the Pacific Regional Trustee..." *Our Stories Disclose...3rd Edition, Volume 1 (2023), page 338-340*

2024 Discussion / 2025 Ad Hoc Committee

The cost of the Newsletter was discussed at the July 2024 Quarterly and 2024 Assembly. At the January 2025 Quarterly, an ad hoc committee was established to research the financial viability of printing the newsletter due to substantial cost increases in printing and mailing. The Ad Hoc Committee presented its report and recommendations at the April quarterly. Some questions from the April Quarterly were noted regarding accessibility, printability, archival process and actual cost as areas to be addressed. The ad hoc committee presented additional information at the July 2025 quarterly to provide solutions to those questions. See Section entitled "Points Addressing April 2025 Questions" below.

Summary of Key Points:

0 Reach: 1,400 members by mail / 5,000+ members if digital

The current print edition of the Newsletter is mailed to 1,400 members primarily made up of the GSRs of registered home groups, District trusted servants, Area appointed and elected Trusted Servants, and Past Delegates. It is not mailed to the general membership, correctional facilities or remote communities. It reaches those members if provided to them. A digital delivery system has the potential to reach all home group members, including remote communities with a low bandwidth print option. Digital reach is estimated at upwards of 5,000 members in Area 72 in an easily viewable, searchable, printable and archivable format.

0 Service Literature vs. Recovery Literature and Directly Carrying the Message

The Area Newsletter is a service piece produced to inform the groups and districts on the business of Area 72. This is secondary to our primary purpose of carrying the message to the alcoholic. An example of directly carrying the message is providing literature for correctional facilities. The savings of \$30K+ by going digital can be redirected to projects that directly carry the message.

0 Area 72 Budget Constraints

The 2025 Area Annual Budget, recommended by the Treasurer and approved by the Area Committee at the January Quarterly, was limited to \$182,500 considering the previous two years of contributions averaged \$175,000 per year. To keep the budget at \$182.5K, the Treasurer, on the recommendation of the Finance Committee, capped the Newsletter budget at \$20K despite estimates for monthly publication of \$32K for the year. To meet the budget, a House Keeping Floor Motion was presented and passed at the January Quarterly to print and mail only the editions containing the Quarterly and Assembly Minutes, in compliance with Area Motions regarding the Newsletter to date.

0 Cost of Print for 2026: \$35K / yr. Cost of Digital: \$1.5K / yr. going forward

From 2020 to 2025, the cost of printing and mailing the Newsletter to 1,400 Area servants increased 218% from \$11,000 in 2020 to a projected \$35,000 in 2026 due to the Pandemic, supply-chain shocks related thereto, inflation and economic instability due to tariffs. The annual cost of a digital newsletter is estimated at \$1,500 per year after a one-time \$1,500 setup cost.

Points Addressing April 2025 Questions:

- o Accessibility. Added an HTML-based digital option as a solution as follows:
 - Easily translated digitally, saving the cost of Spanish translation.
 - Loads quickly, even in rural areas with limited cell service and/or internet access.
 - Is compatible with screen readers and zoomable for those with visual impairments.
 - Meets the preferences of younger, more tech-savvy members.
 - Prints easily in 8.5 x 11 for members doing service work.
- o Printable Version. Added an HTML-based option as a solution for reaching all members as follows:
 - The same HTML solution that addresses accessibility issues allowing members to print individual articles or the full newsletter on standard paper.
 - To print the paper at home it would be approximately \$4.00
 - Districts can support GSRs who need printed copies.
 - This approach is simple, flexible, and cost-effective.
- o Archival Process.
 - GSO confirmed that digital formats are acceptable for archival purposes.
 - Best practices include using PDF/A, metadata, and secure storage.
 - The digital format allows for searchable, well-organized, and easily preserved records.

Assembly Motion #2: Newsletter Steering Committee
Move that Western Washington Area 72 Newsletter Editor shall appoint a working editorial steering committee to assist in the format, content and distribution of the Newsletter. The newsletter editorial committee will be chaired by the newsletter editor and made up of, at a minimum, the following positions: Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.

Key Point:
Regardless of whether Motion #1 passes, the Newsletter Editor has requested this motion separately as the responsibilities of the Newsletter Editor intensive and a steering committee would be beneficial to future rotations in publishing of the Area Newsletter.

Ad Hoc Committee Recommendation:
From the Newsletter Ad Hoc Committee Summary Report (See Motion #1)

- 1. Form a Newsletter Steering Committee**
- Purpose: To support the continued development and implementation of a monthly digital newsletter, we recommend that the Area 72 Newsletter Editor appoint a working Newsletter Steering Committee. This group would assist with the format, content, and distribution of both the digital and printer-friendly versions of the newsletter.
 - Composition: Include at a minimum, AA members with a desire to serve, and representatives such as the Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.
 - Tasks should include but are not limited to:
 - o Develop a simple article submission process, including a user-friendly template and submission tool.
 - o Create a clear framework for how the editorial steering committee will function.
 - o Draft a transition plan so that, if the Area Assembly chooses to move forward, implementation can begin smoothly.
 - o Assist in the monthly preparation and publication of the Area newsletter.

Assembly Motion #3: Funding King County Metro Bus Sign Project
Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project During the 2026 Winter Holiday Period.

Background:
From 1992 to 2012 a bus sign project was maintained on King County Metro (KCM) buses. The signs let people know about the existence of AA in the area and how to get in touch. The project was funded by groups, individual contributions, and many Area 72 Districts. However, the project ended in 2013 due to an increase in advertising costs.
Around that same time, phone books stopped being delivered to Washington residents. This was another place AA made itself known to the general public. The phone book would have reached 2,047,967 residents in King County that year. The current methods of outreach to the general public in our Area include: internet searches*, word of mouth, libraries, & literature racks.

Details
The idea would be to run the bus sign project during the 2026 holiday season, when people tend to struggle more (November 1, 2026 - March 7, 2027). If the Motion were to pass at this Assembly, the Area Treasurer would budget for it in the 2026 Budget. Here are the statistics:

- 11” x 17” signs would be posted inside buses and/or metro rail.
- Number of buses with signage: 200
- Duration signs would be up: 18 weeks, but probably longer
- Number of times those signs would be viewed: 3,942,900
- CPM (Cost per 1,000 views): \$2.62
 - o This is a reduced rate due to our non-profit status.
 - o For comparison, here is the CPM on social media in 2023:
 - Facebook: \$7.19, X (formerly Twitter) \$6.46, Instagram: \$7.91, YouTube: \$9.68
- **Total cost: \$11,343.16**
 - o The minimum cost to have any signage is \$10,000.

Additional Considerations: Why Bus and Metro Rail Ads?

- Challenges to Public Information (PI) work being effective in news and media:
 - o Breaking through the “noise” of all the different types of media.
 - o Many people don’t read the newspaper anymore and get their news in small doses: Social Media, podcasts, apps.

- More & more people are listening to streaming music and not the radio.
 - Most people don't watch free public access television at 1am.
- The number of people who live outside the KCM system using Park & Rides: 19,976 per day.
- The bus routes are broken up by KCM, into four zones. The signs for each zone will be given a QR code. This will allow us to track where the interest is coming from.

KCM Bus Sign Project FAQ's

QR Codes- where will they go?

- To a landing page that will direct them to a meeting in their area/zip code.
- This will be in Spanish and English

QR Codes- how will we track the return on investment?

- Rather than think in terms of ROI think impressions. The QR code will give us data on how many people are clicking into the QR code.
- We use ridership data to assess the impact of impressions and determine how many people are likely to see the message.
- We will not be able to track using QR codes by each bus line/transit line individually as the buses change their routes several times a month and do not travel the same routes.

Ridership

- Total average ridership weekly is 874,800, monthly is 3,900,167 +6% over last year, this is Jan-June 2025. There is additional data available on ridership by buses and transit.
- Buses and Sound Transit go south to Dupont, north to Everett, east to Issaquah/Sammamish, and west to Purdy.

Signs

- We can have multiple creatives at no extra cost. We will have several mock-ups to present at the Assembly.
- Signs can be in Spanish and English
- External bus signs are not a consideration at this point the cost is prohibitive from what we proposed.
- Replacing damaged signs-the question was asked about signs that get defaced or damaged. They are not in a protected plexi. Damaged signs get replaced within a 24-48 hour time frame at no additional cost.

Calls

- There will be a call in number for those people with flip phones who are not able to access the QR code.
- Working with the Spanish community with a call in number.

Isn't this Promotion vs Attraction?

- The key term in tradition 11 is personal anonymity – not organizational secrecy or silence. The tradition aims to prevent individuals from becoming AA “celebrities”, not to keep AA hidden from the public.

Discussion Topic 1: Proposed Agenda Item Deadline Date: September 30

This discussion topic is carried over from the 2024 Assembly where no decision was made regarding changing the Area’s business schedule to accommodate the change in the Proposed Agenda Item Deadline Date from December 15 to September 30.

Background:

Beginning in 2021, the General Service Board moved the Proposed Agenda Item Deadline date up from December 15 to September 15. This created an issue with a number of Areas, including Area 72, whose assemblies occur after September 15. If the Assembly Body votes to submit a Proposed Agenda Item for the General Service Conference, that submission falls after the deadline date would have to be submitted the following year for the conference after next.

Ad Hoc Committee Formation and Report:

This issue was discussed at the July 2023 Quarterly. The Area Committee decided to have an ad hoc committee to research and provide recommendations. An Ad Hoc committee was formed and presented its recommendation at the April 2024 Quarterly. It recommended changing the Area business schedule as follows: move the April Quarterly to March, the July Quarterly to June, and the Assembly to early September. This would accommodate the September 15 Deadline Date.

The Deadline Date Changes

At the 2024 General Service Conference, the Conference voted by substantial unanimity to make the PAI Deadline Date no earlier than September 30. The Ad Hoc Committee did not reconvene given the new deadline date and the original recommendation was discussed at the July 2024 Quarterly and the October 2024 Assembly. The commentary at the microphone included the following:

1. Since the deadline date has moved to September 30, it seems unnecessary to move the entire business schedule.
2. Have a special online assembly on just the PAI Motion(s), if any, and keep the Assembly in October.
3. Move the Assembly up two weeks into late September so its before the September 30 deadline date.
4. Don't change anything, A.A. moves slow so Area 72 isn't really at a disadvantage.

Additional Considerations:

The PAI Deadline Date is expected to remain at September 30 due to the 2024 Advisory Action stating: *The Proposed Agenda Item (PAI) submission date deadline for the 2025 General Service Conference be moved to a date no earlier than September 30, 2024.*

For Discussion:

- *Does the Area want to revisit this topic?*
- *If so, what alternative solutions does the Area body want to consider, if any?*
- *Should we continue the discussion at our Quarterlies next year?*

Example Motions:

Option A

Move that, in the event the Area Committee approves a motion for a Proposed Agenda Item to be voted on at the Assembly, that the Area hold a one-day Special Assembly online in September on just the Proposed Agenda Item Motion(s) in time to submit to the General Service Board. The Motion and all background information to be included in all pre-assembly materials and in the August edition of the Newsletter, with the Annual Assembly to continue to be held in October.

Option B

Move that, going forward, that the Area Assembly be moved into the last full weekend in September that is before September 30, as soon as feasible, so that future Assemblies are before the September 30 Proposed Agenda Item Deadline Date.

Flexibility: Trying Different Solutions

Also note that the Area can try different alternatives before deciding on a direction or final motion. For example, the Area body could move that the Area Assembly try a special online assembly and see how it goes and/or try an Assembly in late September and see how it goes, or both, before making a final decision, if at all.

Additional Documents on Area Website

- o Area 72 PAI History last 30 years
- o Comments from 2024 Assembly
- o Ad Hoc Committee Report from April 2024 (ENG)

Discussion Topic 2: The District Third Legacy Chair

Background Information

As the Third Legacy Chair for District 25, I have seen the value this service position can provide to a district during a rotation change and throughout a rotation. Districts can sometimes struggle after a rotation change in acclimating to the level service work at the district and area level, navigating the personalities and understanding this whole new world of an upside down, spiritually driven general service structure, all designed to support the groups in carrying the message. A District Third Legacy Chair can play a vital role in this process. And the hard work our Alternate Delegate and Past Delegates do across our Area in sharing their experience, strength and hope with incoming GSRs and DCMs is often not enough for a struggling district in their day-to-day journey. Enter the Third Legacy Chair.

As of date, 13 out of 31 districts that responded to our Chair’s poll have Third Legacy Chairs. This Discussion Topic is a great opportunity for districts who don’t have a third legacy chair to learn about the position and see whether it’s something their district may want to consider. We would like to hear from the districts that do have a Third Legacy Chair to share their experience regarding this position.

Fun Fact: The Area email system has a Third Legacy email already set up for every District Third Legacy Chair. dist00thirdleg@area72aa.org.

Additionally, the following is a list of services that a District Third Legacy Chair could choose from to help support their district:

- o The essence of the Third Legacy Chair position is to be a resource and service sponsor to the district. Some Suggested Duties:
- o Orient, inform, and educate the incoming district committee;
- o Assist the District Committee Member (DCM) and Alternate DCM in orientation and information at the Area Committee level;
- o Coordinate with Home Groups and GSRs to encourage service within the District;
- o Work on special projects as needed or requested by the district and DCM;
- o Assist the district standing committee chairs in preparing for their Area quarterlies;
- o Assist in bidding on and hosting Area Events and Area Standing Committee Quarterlies;
- o Coordinate workshops and roundtables on service-related topics;
- o Attend all district meetings and be available to the district committee for questions;
- o Assist in all Third Legacy matters including review and updating the District Handbook;
- o Chair a third legacy committee of past DCMs to advise on district third legacy matters;
- o Share information and experience by making presentations and/or skits at district or group business meetings to foster an understanding of the value of service in maintaining sobriety, of A.A.’s general service structure and its various functions; and
- o Assemble quarterly with other District Third Legacy Chairs to cover the gaps between the one Area Alternate Delegate and the forty-four districts.

Suggested Qualifications:

- o Have a working knowledge of the Traditions, Concepts, Service Manual, and District Handbook and be able to share that knowledge in an understandable way;
- o Preferred but not required, that the Third Legacy Chair be filled by the preceding District Committee Member (DCM) or have experience at the Area committee.

Compare with the Area 72 Alternate Delegate from the Area Handbook:

6.2 AREA ALTERNATE DELEGATE

Receives all correspondence from the General Service Office on the Conference that is sent to the Delegate so they can be informed in the event it becomes necessary to assume the Delegate's duties. Coordinates with the Delegate on Area issues. Is available to chair or work on special projects as needed or requested by the Area. Historically, the Alternate Delegate has been responsible for the continued education of DCMs and GSRs (i.e. DCM/GSA Roundtables & Universities) either in person or virtually.

What problem would this help to solve?

Across the US and Canada, approximately 30-35% of the groups participate in the General Service Structure. In Area 72 we average about 40%. That means 60% of our groups are not here today. Outreach to our groups to encourage participation in our general service structure starts at the local level. If each District Third Legacy Chair in our Area was able to inspire just one home group in their district to begin participating, that would mean 44 additional GSRs would be here today learning new ways to help support their home groups carry the message.

Discussion: Questions to Answer at the Mic during discussion at the Assembly:

1. Does your District have a Third Legacy Chair?
2. How could a District Third Legacy Chair help your District?
i.e. What does your District need that a Third Legacy Chair could help provide?

3. If the Area had a Third Legacy Standing Committee, would your District consider creating a District Third Legacy Chair?
4. Who at Area would you want to chair the Third Legacy Standing Committee?
e.g. The Alternate Delegate? A Past Delegate? Someone else?

Patty S.
Third Legacy Chair, District 25

Area 72 Motion History on forming an Area Third Legacy Committee

84.4 *Moved and passed that the Washington Area establish a Third Legacy Committee with an appointed Chairperson to travel throughout the Area to discuss service structure and A.A. as a whole; and to allow \$50.00 for new props.*

86.1 *Moved and passed to rescind the motion that created the Third Legacy Committee at the 1984 Washington Area Assembly at Pasco, Washington.*

95.13 *That an ad hoc committee be established to look at the need for third legacy work within the Washington Area 72. Committee work shall conclude by July 96 Quarterly.*

18.A *Create an Area 72 Third Legacy steering committee.*

Articles of the Month

AA members are invited to contribute their monthly District report and an AA related article on the ‘Topic’ of the month for publication in the newsletter. Address your report in an individual email with your District number and position to the newsletter editor in a word document. Flyers are to be sent in a PDF format.

Thank you for your service.

Elected Servants

DELEGATE delegate@area72aa.org

Hello, Area 72!

It’s been a wonderful month attending several pre-assemblies and hearing all the thoughtful discussions happening across our Area. As I write this, I’m packing for a vacation with my husband! He has been an incredible support throughout this delegate rotation, and I’m looking forward to some dedicated time together.

One of the many gifts of sobriety is the ability to travel without the obsession of where I’ll find the next drink. Instead, I get to focus on the history, the food, and the joy of experiencing meetings in new places.

I’ll have a full and thorough report for you at the October Assembly.

Grateful for the opportunity to serve,
Courtney S.

ALTERNATE DELEGATE altdelegate@area72aa.org

Hello Area 72!

Can you believe we are already gearing up for our first Assembly of the rotation?! How exciting!

So much work goes into planning and hosting the Assembly. If you see a member of the host committee: thank them! Consider being gracious and kind even if you are tired, frustrated or lost your ticket for ice cream. If you're not a voting member, consider being a volunteer.

My favorite part of Area Assemblies is seeing our Movement deepen in unity. The discussions not just on the floor, but in the hallways, waiting in line for coffee, outside smoking, or my personally favorite place to hang out: a hotel lobby. **You** are the Area. **We** are the Area. There is no “us” and “them”. Coming together to share thoughts, opinions, questions and concerns is the most true way I have seen alcoholics really invite God into a room.

I believe it’s okay to have different opinions, in fact, I sometimes even welcome it! Through respectful, curious discourse, I have been challenged to grow and think differently over the years. Then, once I understood none of what was happening was personal to me, I began to have fun!!

Building community at Area Assemblies has enhanced my recovery. I stood in a hallway looking at art with someone who

would become my best friend. I didn’t know it then, I was just passing by and he invited me over to look at this art. (Now, I don’t really “get” art. I don’t understand what makes art nice or how one “wins” at art, so I’ve just always leaned into my competitive, sporty side.) We talked very briefly and casually. Maybe it was about the art and maybe it was about the Assembly, I honestly couldn’t tell you. But that quiet moment in the hallway of the Bell Harbor Conference Center, a small shift occurred.

Since then, I’ve begun to see the Assembly as a family reunion. If your family reunion also votes on things? Having fun at an Assembly has taken me some time. So I hope you are able to skip the judgmental, hurried, outcome-driven mentality I had, and enjoy the ride.

Finally, ask questions at any point! Go speak with the Past Delegates, grab your District Committee Member or come find me!! The Area Elected and Appointed officers were elected and appointed to serve you. Please make use of us! :)

See you in Lynnwood,
--
Lupita YM
Area 72 Alternate Delegate | Panel 75
altdelegate@area72aa.org |

CHAIRPERSON chair@area72aa.org

Greetings Area 72,

Pre-Assemblies

It has been a rich and heart-warming experience visiting with all of you at the Pre-Assemblies this past month. Every Pre-Assembly was different in its own way and all were meaningful. There is love, support, unity, differences of opinion, positivity and negativity, all contained in this beautiful thing call the Pre-Assemblies. I have come to get to know our area so much more through this process and have found it to be one of the more memorable, rewarding and fun experiences to date in my service journey. What makes Area service so rewarding? All of you do! And although our Area, like many of our districts and our General Service Board, has financial challenges to work through, what I find most reassuring is the love, the sense of unity and the spirit of our Area. I have found new depths in my love of this fellowship, of service and of our Area.

GSRs, What to do now?

Take all the Pre-Assembly information back to your groups and discuss it, see what they think about the motions and discussion topics. Ask your group’s elder statespersons what they think, the quiet ones. I suspect you will already know what your bleeding deacons think, they have a way of letting us all know. Have an escape route planned when talking with them...I’m kidding of course. If you get questions you can’t answer, you can call or email any one of us on the Area Committee. I am always happy to be of assistance. Also, discuss these questions with other GSRs in your district and see what questions their groups asked them. Each question answers a piece of this big, beautiful puzzle we call the general service structure.

Our General Service Structure

As I have shared at most of the Pre-Assemblies, my understanding of our general service structure and of our twelve Concepts really began when I began seeing our area as the 1,200 listed groups that make up Area 72 and not the Area Committee that supports it, although that is a common misconception in our fellowship. I have heard comments in the rooms such as “what is Area up to now?” in suspicious tones as if the Area were a governing body. My response: “We’ll, if you are referring to the service committee that supports the 1,200 groups that make up Area 72, let me share with you how we are being of service to you...”.

The Area Website Registrants Statistics

We are assembling a rag tag group of geniuses from the Area Committee to look at the number of registrants with an account on our Area Website. Currently there are 6,100 registrants. Some of which are spam email/bot email addresses. This is where we got the 5,000 plus reach number in the background information for Motion #1. Our Webservant Shu and Tech & Web Chair Patrick, with the assistance of John B from the Web Steering Committee, installed a plug-in to block spam/bot registrations from fake email accounts going forward. And they are combing the list of existing registered email addresses to eliminate noticeable spam/bot email addresses. This will enable us to have a more accurate understanding of the number of registrants accessing our area website. This could be a valuable measure of how effective our Area Website is or could be. All of the information that can be gleaned just from the number of registrants. It also may help our future trusted servants to better understand our website’s effectiveness in supporting our groups and members. We can track surges in registrations and visits to the website, such as during the first months of a new rotation when our Alternate Delegate hosts GSR and DCM Workshops, when our Delegate holds Pre-Conferences and provides the background information on the website, as our

Standing Committee Chairs host their standing committee Quarterlies and also, as we facilitate Pre-Assemblies in preparation for the Assembly. A simple review of the numbers of registrants and how that fluctuates over time can be a useful data tool in understanding overall effectiveness of the Area “Service” Committee in reaching and supporting the 1,200 groups that comprise Area 72. I am told the web folks will have more to report at the Assembly.

Look for the Pre-Assembly Summary and Assembly Agenda coming out September 1!

Our Area Secretary Don N. is assembling a summary of notes from your questions and comments from the nine Pre-Assemblies we held this past month. He will be emailing that out to your DCMs and Alt-DCMs on September 1st and posting it to the Pre-Assembly Documents page on our Area website. Be sure to look for it. I always found that a lot of the same questions get asked across Pre-Assemblies. Chances are if you have a question, someone else has the same question. Don’t hesitate to ask. And, I will be finalizing the Assembly Agenda, Welcome Letter and Weekend Schedule and sending that out on the 1st as well. Note that the Saturday Agenda is subject to change as Floor Motions and Discussion Topics, if any, were to come in.

In Closing and As Always...

And last and as always, please feel free to reach out as I am available to any Intergroup, District or Home Group to share on service and/or personal recovery, to facilitate group or district inventories, or assist in group resolution or just answer random fellowship and/or service-related questions. Just email me as I am always happy to be of service.

Derek S., Area Chair
chair@area72aa.org

ALTERNATE CHAIRPERSON
ALTCHAIR@AREA72AA.ORG
2025 Assembly Panels: “Working Together, Building Trust”

Friends, the time has come again for us to gather in the spirit of unity, service, and recovery at our Area Assembly. I am filled with gratitude and anticipation for what feels like a true spiritual arrival—a chance to come together, share experience, and strengthen the trust that binds us as trusted servants in Alcoholics Anonymous.

This year’s panel lineup promises a rich variety of perspectives and conversations, all centered around our theme: Working Together, Building Trust. Each hour offers simultaneous hybrid panels, with Spanish interpretation available on select sessions, indicated by 🗣️. No matter what panels you choose, you’ll find

opportunities to grow, learn, and connect with others in our Area.

1:00 – 1:50 pm

- Bridging the Gap: Reaching the Alcoholic We Haven’t Met Yet (Room 1D)
- 🗣️ Our Money, Our Message: Financial Integrity in Service (Room 1EF)
- 🗣️ Turning Inventory Into Action: Trust Through Follow-Through (Room 2DE)

2:00 – 2:50 pm

- Inclusive Literature: Reflecting Every Voice in A.A. (Room 1D)
- 🗣️ Clear Communication, Shared Responsibility (Room 1DE)
- 🗣️ From Group Conscience to Group Trust (Room 2DE)

3:00 – 3:50 pm

- Delegating is Trusting: It’s Okay to Ask for Help (Room 1D)
- 🗣️ Carrying the Message in a Digital World (Room 1EF)
- 🗣️ Humility in Action: Building Trust Through Principle Over Personality (Room 2DE)

4:00 – 4:50 pm

- 🗣️ GSR Orientation (Room 2DE)
- 🗣️ DCM Round Table (Room 1EF)

A Spiritual Arrival

For me, the Assembly is more than a business gathering—it is a spiritual homecoming. Every panel, every conversation, every moment of service reminds us that trust is built not in grand gestures but in steady, consistent participation where we learn and grow with one another. Together, we carry the message forward with integrity, humility, and love.

I invite you to arrive to the panels with open hearts and a willingness to learn, share, and trust. This is our fellowship in action. Let’s show up for one another—and for the alcoholic who still suffers—by continuing to build a strong foundation of unity, service, and recovery.

See you at the Assembly!

With love and in service,

Lisa S.
Area Alternate Chairperson
altchair@area72aa.org

Hi everyone,
We already have **376 people registered** for the October Assembly, and we’re expecting around 700! Thank

you to everyone who has signed up so far and is helping spread the word. Here are a few important reminders as we head into September:

1) Registration Progress

- 77% of DCMs are registered
- 40% of Alt DCMs are registered
- 196 GSRs and 55 Alt GSRs have registered

It’s wonderful to see so many trusted servants signed up already! If you haven’t registered yet, now is a great time—and please keep encouraging your groups and service partners to join us.

One simple way to help: **forward this email to your district GSRs and Alt GSRs** and remind them to register. We need everybody counted, even if someone is opting out of the registration cost. Headcount is vital for planning.

2) Seating With Your District

We’re beginning to plan the **table chart** based on accessibility requests and the number of registered members in each district. To ensure your district has enough chairs at its table, **registrations must be in by 9/15/2025.**

Registrations received after 9/16/2025 may mean that some people from that district will need to sit in overflow seating, away from their district. We hope everyone can sit with their districts—for unity, fellowship, and to have DCMs nearby for questions.

Please encourage your GSRs and Alt GSRs to get their registrations in as soon as possible so we can plan for everyone to be seated together.

3) Mail-in Registration (deadline 9/15)

Mail-in registrations must be *received* by **September 15, 2025**. Please print the attached form and mail it with payment.

Note: No meal refunds after that date.

4) Online Registration

You can also register on the Area website’s [Assembly registration page](#).

5) Meal Orders (we’re almost there!)

We’ve now met about **80% of our contracted meal minimums**—thank you to everyone who has already ordered! We’re still short, so every additional meal and ice cream order helps us close the gap.

Meals aren’t just about convenience—they’re how we make this Assembly financially self-supporting and keep registration costs affordable for everyone. If your group is able, please consider purchasing a meal and/or ice cream. Each order makes a real difference.

6) Lodging

Our discounted hotel block is sold out, but there are still plenty of nearby options. If you haven’t booked yet, we recommend doing so soon to save money and avoid a longer commute.

7) Keep Spreading the Word

Your announcements in meetings and

districts are making a big difference—thank you for helping carry the message and invite others to be part of this Assembly.
I'll be sharing the Friday afternoon panel programming this week so you can plan your *spiritual arrival*.

ACCESSIBILITY
accessibility@area72aa.org

Accomplishments from the past month:

- We participated in 3 pre-assemblies. Tacoma, Elma and Sequim.

Problems or issues you are facing or have already dealt with:

- I am getting better at using Google calendar and setting up notifications as well as training myself to check the calendar every morning before I consider my plans for the day.

Please share some goals you hope to achieve or begin work on in the next month.

- District 24 has asked for help in setting up a Safety in AA panel for its district. I am excited to help them do the research. Luckily the YP chair just participated in a Safety panel a couple of months ago so I will be reaching out to her.
- Attending district 3 business meeting August 19th in Monroe. They do not yet have an accessibility chair, and I want to help them to explain how much fun the job is.
- I want to attend our Spanish speaking districts to talk to them about filling accessibility chair positions.

What am I grateful for?

- The fellowship of Western Washington Area 72 fellowship, you are kind and loving.
- My wife, she has my back, she tells me she loves me and that I am doing a good job.
- Our Elected committee, they are doing a wonderful job this rotation.

Your Service sib,
Bud W
accessibility@area72aa.org

If you have any questions, please reach out to me or the host committee at assembly2025@area72aa.org.
I'm so looking forward to being with all of you in October!
With gratitude,
Lisa S.
Area 72 Alternate Chair
Pronouns (she/her)

Appointed Servants

ARCHIVES CHAIR
archives@area72aa.org

Area 72,
I would like to share with you my experience at The Step Ashore Conference and how our Area is of service to alcoholics at this event. Step Ashore is a 4 day conference that occurs once a year in the beautiful coastal town of Ocean Shores, WA. Our Archives Steering Committee (ASC) has been invited on several occasions to come and share our traveling display at Step Ashore. I had never been there before but have heard many great things regarding this conference from a few friends for some time. I was inspired to finally attend this year because many in the ASC were excited about it and I wanted to be a part of this event with them.

The significance of this conference for our Area is that our Archivist along with the members of the ASC have the opportunity to share our largest traveling display of the year. As you already know, a traveling display consists of items that are of significant archival value that can help AA members, researchers, and historians of our fellowship piece together the story of our program and how it has manifested throughout the years in Area 72. Traveling displays are the bread and butter of the ASC because of the opportunity to allow AA members to see and touch (with gloves and guidance of an ASC member) all the items that are being preserved and safeguarded for them and future members. These artifacts remind us of the perseverance and love of the founding members exemplified to ensure recovery be available to all those who sought it. I witnessed many alcoholics walk into the archives room with curiosity and leave with gratitude. After spending 4 days immersed in recovery, fellowship, service, and the gorgeous backdrop of Ocean Shores, it is now part of my experience that archives cements and stabilizes the legacies of recovery, unity, and service for all of us.
Yours in Service,

Jennifer R

TREASURER
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ALTERNATE TREASURER
alttreasurer@area72aa.org

ARCHIVIST
archivist@area72aa.org

Archivist's Thoughts Assembly
Newsletter September 2025

My personal observation

I have a bit of sadness over the decision to present only one choice concerning the future of the newsletter to the body at the October assembly and that is to stop the distribution of the printed area newsletter.

Key points:

- After the April Quarterly, there was an understanding that the Ad Hoc Committee would conduct a new survey—this never happened, with the explanation in Tacoma's Preassembly being that nothing has changed since the last survey. I feel this is incorrect, since my group's, archives and my own circumstances along with the fellowship's have changed radically since 2010 and 2018 as we navigated a global experience of COVID and the fellowship's survival with virtual meetings..
- Historical inaccuracy: The preassembly packets had two errors in it—Area 72 started a newsletter in 1956, with archives holding issues from the 1960s and all printed issues since 1971. I wish this history had been corrected from the mic.
- Procedural disappointment: The attendees of the pre-assembly I attended in the southern Districts were not given any “con” arguments for this topic.
- The newsletter is known for its indelible impact on the area—this context is missing from the conversation.
- Ongoing hope for print: I recall that the April Quarterly attendees understood that the ad hoc also left open the possibility of continuing a printed version, which was not pursued.

As I write, I am blending archival authority (historical corrections), procedural concern (about fair representation and missing cons), and emotional connection (loss of a tangible piece of fellowship culture).

It amazed me to hear at the Tacoma Preassembly that we had talked about this topic before! So, I went and reviewed the minutes from Jul 2024 and Assembly 2024. Yet, last year’s discussion did NOT talk about cutting the printed newsletter...it was about opting in/opt of getting the newsletter. Since I was reading the information, I asked ChatGPT to provide an unbiased lens and summarize the narrative from the minutes (sans identifiers).

Summation of July ACM 2024 Discussion Topic

Background by Webservant

- Cost growth: Printing and mailing costs rose from \$11.4K in 2020 to \$22.9K in 2023. 2024 is budgeted for \$21.3K.
- Cultural shift: AAWS moved Box 459 to digital only in 2024; society overall is trending digital.
- Purpose: The presentation did not question the value of the newsletter but questions whether current delivery is the best use of 7th Tradition funds.

Themes in the discussion:

- Support for print: Many see the newsletter as vital for group communication, outreach to newcomers, and visibility in meetings; some stress that it’s the group’s newsletter, not an individual’s.
- Cost concerns: Several propose opt-in systems, reducing frequency, or negotiating lower print costs.
- Digital choice interest: Many favor offering both print and digital, with some urging opt-in to save costs.
- Access and equity: A repeated caution—many lack reliable internet or printing ability, especially in rural/tribal areas and correctional facilities.
- Mailing list issues: Multiple copies being sent to the same person wastes funds; registrar can fix this if informed.

The discussion ended without a motion—just gauging sentiment.

October 2024 Assembly Discussion & Floor Motion

- The October Assembly revisited the same discussion, but the presenter introduced a floor motion for an opt-in/choice-based system for officers, district officers, past delegates, and GSRs.
- Process objections: Many objected because it was brought late in the day, without home-group discussion as a motion. The body referred it to the January 2025 Quarterly for process.
- Content feedback:

- o Calls to survey membership before deciding.
- o Suggestions for quarterly printing instead of monthly.
- o Continued split between cost-savers (digital preference) and those emphasizing the spiritual responsibility of providing print to all who need it.
- o Multiple accessibility points raised—older members, low-literacy digital users, poor internet access, correctional settings.
- o Concerns about losing connection to still-suffering alcoholics if print disappears.
- Archival context missing: No explicit mention of the newsletter’s long history, the role it has played, or past precedent beyond a brief nod to the 2020 Ad Hoc committee.
- o The tangible, physical aspect of the newsletter is a cultural artifact in itself; if the motion goes forward without acknowledging that, it risks reframing the debate purely in cost terms.
- 5. Missed Opportunity for Hybrid Solutions The conversation keeps cycling between “all print” and “all digital” instead of exploring intentional hybrid models—e.g., targeted print distribution, rotating content strategies, or integrating historical/archival features to increase value.
- 6. Archivally documenting this effort means there are two distinct documents. I would contend as just a human being that the new wonderful digital item be something like 72s ‘News’.

Area Archivist

COOPERATION WITH PROFESSIONAL COMMUNITY
cpc@area72aa.org

Insights & Patterns:

1. The Core Divide
 - o Print advocates see the newsletter as a mission-driven tool that supports connection and recovery, worth the cost. They tie it to the Area’s obligation to educate members and reach out to underserved communities.
 - o Cost-conscious voices see the money as potentially better spent elsewhere, advocating opt-in, reduced frequency, or digital-first models.
2. Equity vs. Efficiency
 - o This is not just about money—it’s about who gets left out if print goes away. Digital may be efficient, but print ensures accessibility across technological and geographic divides.
3. Process Friction
 - o Procedural missteps (no survey, Oct 2024 late motion) erode trust in the decision-making process.
 - o Discussions about delivery are happening, but without the historical grounding you provide. That omission could weaken the case for preservation.
4. Cultural Loss Underestimated
 - o The newsletter is more than a delivery method—it’s part of Area 72’s historical identity since 1956

This past month I had the joy of attending pre-assemblies across Western Washington. I wasn’t able to make them all, but the ones I did attend gave me a big picture view of Area 72. What stood out most was how seriously GSRs are taking their roles, gathering as much understanding as they can to bring back to their groups. Of course, nothing we do on the business side compares to our primary purpose: to help the suffering alcoholic. Still, the decisions we make in service do have an impact. As individuals, we’re limited by time and geography to carrying the message one alcoholic at a time. But together, banded in both effort and resources, we can reach a wider population. Whether it’s the bus sign project or our area newsletter, these shared efforts and our ability to communicate them extend the hand of AA further than any one of us could alone. One theme for me this year has been the reminder that we don’t need to reinvent the wheel. The beauty of coming together is that we get to gather and learn from one another. When we share experience, we save ourselves from spinning like hamsters in a wheel, always starting over, but never moving forward. The real work happens when we build on the knowledge and efforts of those who come before us. Service works best like a relay race: we pass the baton from project to project, from rotation to rotation. We show up, support each other, and keep the momentum going. That’s how we carry the message, and how we stay sober ourselves—by giving away what we’ve been given. The pre-assembly that stood out most for me was the last one with the Spanish-speaking community. Districts 57, 58, and 1 are doing inspiring work, and it was wonderful to see so many area elected and appointees there in support. We may

not always know exactly how to help, whether it's Spanish language outreach, spreading public information, connecting with professionals, or supporting the many types of individuals that make up our membership, but in Area 72, we show up the best way we know how. That's something to celebrate.

The Spanish districts, in particular, remind me that service isn't limited by borders. Three districts span the entirety of Western Washington. Their efforts extend across a wide geography, focused as a group on reaching the alcoholic who still suffers. The bus sign project is a great example of how we can do the same. It bridges both Spanish and English outreach while showing what's possible when we pool our funds and our energy. It's not about what district someone lives in, what language they first spoke, or where they are when they hear about us; it's just that they do. Period.

This month, I ask you to do just one thing: show up. Show up for something you might have felt too busy for, not informed enough to contribute to, or unsure about. Just show up. If each of us tried that once a month, imagine what we could accomplish together.

Oh, and don't forget to register for the Assembly. Let's keep banding together, pooling our efforts, and getting down to the real business: helping the suffering find what we found, staying sober ourselves, and having fun while we do it together.

Sooz
Area CPC

CORRECTIONS CHAIR
corrections@area72aa.org

This year, something shifted.

After being involved in AA service for a bit,, I thought I had a sense of what to expect from pre-assemblies. But this year? It's been different. Exciting, even. I found myself looking forward to each one with a sense of curiosity and energy.

There was something about walking into those rooms — whether virtual or in-person — and seeing familiar faces, meeting new ones, and realizing that we're all there for the same reason: to be of service and to help carry the message to the suffering alcoholics in Area 72. That shared purpose brought a sense of unity that was both grounding and uplifting.

Each pre-assembly had its own rhythm, its own flavor. The discussions were thoughtful, the fellowship was genuine, and the laughter? There was plenty of that too. I didn't expect to have this much *fun*. But I did — and it reminded me why I got involved in service in the first place.

I'm so excited to be with all of you at the Assembly in October.

It's hard to describe the feeling of being in a space where so many people — all with different stories and

paths — come together in unity. There's a kind of magic that happens at the assembly. You feel it in the conversations between sessions, in the shared meals, in the passionate debates over agenda items, and in the silent moments of understanding between fellow alcoholics.

I'm excited, I'm grateful, and more than anything, I feel connected. To my home group, to my district, to Area 72 — and to this amazing fellowship that continues to show me what love and service look like in action.

See you in October.

Aimee B
Area 72 Corrections Chair

GRAPEVINE & LITERATURE
grapevine@area72aa.org
[GV/LV Instagram](#)
[GV podcast](#)

The Area 72 Assembly, Share Your Experience

The 2019 Assembly in Longview, hosted by District 27, is the first I recall having attended. I was the General Service Representative for my home group, a group steeped in Western Washington history and service. I had eleven years sober, and ten years in Alcoholics Anonymous by then. Mostly I carry forward the experience of sitting with other members of District 15, of the District Committee Member talking with us on process, encouraging us to speak. I made a Friendly Amendment to a motion, being schooled along the way to the procedure. Standing at the microphone, addressing the distant Elected and Appointed servants, the room around me vaporized [not true], I was standing in an immensely bright spotlight [not true], working up the language to communicate better the discussion at hand [truth].

I felt empowered at that moment, joining in on a discussion, collecting experience of the members in the room to develop an informed group conscience. I carry that empowered moment forward. Initially I wanted to write, "Oh gee, just the experience of finding the voice to talk gave me permission to do service." And that is true. I also figured out that actually, I can take the effort to look up for myself, what the topics were that year, and where it was, in the Area 72 Committee Handbook and the documents on the Western Washington website. The discussion topics that year were funding Elected Servants to attend PRAASA and some Appointed to attend national conferences supported by A.A. World Services. Facts have a way of jarring memories in accordance with a semblance of reality, one more accurate than that which my fantabulising mind would have me recall.

At the 2019 Assembly also, there also began a discussion topic which still resonates in my service, about communication and information sharing. A dialogue about spiritual parity developed and carried into subsequent Area Business

Quarterlies, with the aspiration to engage deeper participation, and facilitate access to the psychic change available through service. A story in the Grapevine captures the experience I'm trying to convey. In "The big "Lie"," Panel 41 past Delegate Barbara M writes [April 2023, A.A. & Families | Into Action], "That was the beginning of my participation and my growing sense that I was a part of..."

The biggest lie I've told myself in my sober journey is that I'm different, I'm stupid, you're better than, Oops there's a couple of lies there. Most importantly, there are fears there, that I surmount as a stay in service. I do have a voice, my opinion matters. If I have a question, likely someone else has it too and hasn't yet voiced it. To quote again from the above story by Barbara M., "If I had waited until I thought I was qualified for the job, I'd still be waiting. Instead, I became qualified as I served."

Jack J
Grapevine and Literature Chair
Western Washington Area 72
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LANGUAGE CHAIR
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NEWSLETTER EDITOR
newsletter@area72aa.org

Hello Area 72,

As we prepare for the 2025 Assembly and come together to discuss the motions and discussion topics. Let's all remember that it is the unity of our fellowship that holds us together. I really respect and appreciate the process we use to make decisions about our future. The open discussion, the hearing the minority opinion, all in pursuit of coming to a group conscience Spiritually.

Two of the motions directly affect my position as Newsletter editor. Regardless of the outcome of the vote this October and even though I have worked diligently with the Ad Hoc committee to come up with the proposal to have a Web Based Newsletter. I look forward to continuing to serve as your Editor whether that means continuing to produce the Newsletter in the traditional way or guiding our newsletter through the transition.

For everyone who is attending their first Assembly, Ask Questions, Bring Snacks, your patience and prepare to be surprised by what you learn.

Erin E
Newsletter Editor

PUBLIC INFORMATION CHAIR
pi@area72aa.org

Trusting the Process: Reflections as We Prepare for the Area Assembly

As we prepare for the upcoming Area Assembly, I find myself reflecting on the parallels between how General Service operates within the structure of Alcoholics Anonymous and how it

functions in my own personal program of recovery. The phrase *“trust the process”* stands out as a powerful reminder.

In my own life, whenever I’m faced with a challenge or decision, I must take it to my Higher Power and trust that the right path will unfold. The important thing for me is to do the footwork – to show up, take action, and put in the effort. But the outcome? That is beyond my control, and that’s where I have to surrender. The results, the direction, and the timing are all in the hands of my Higher Power.

This year, there are some big motions to consider. I find myself in an interesting position, as one of the motions was brought forward by Public Information (PI). I’ve had the honor of carrying this topic from the last panel forward and seeing it come to life as a motion. What the body decides is what I believe is meant to be. My role is to ensure that I provide thorough, balanced information so the fellowship can make an informed decision. Some find this process challenging—people can get heated, and the passion for this program is unmistakable. For me, though, it’s exciting. I get to practice open-mindedness. How many times have I seen an entire room change its mind based on a single minority opinion? Nowhere but in AA have I seen this spiritual principle so beautifully play out.

The same goes for our Assembly. As motions come forward, we are called to give our conscience – to thoughtfully and prayerfully consider the matters at hand. This is our responsibility. But the final outcome is not ours to create or control. We must trust that, just as in our personal program, the process will unfold as it should, guided by a Higher Power that knows what’s best for AA as a whole. As we gather, let’s hold on to that trust in the process, knowing that the spirit of unity and service will guide us. Let’s continue to do our part with integrity, honesty, and willingness—leaving the rest to God.

In Fellowship & Service

Julie U.

Area 72 PI Chair

REGISTRAR

registrar@area72aa.org

The Assembly

(Past Assemblies, the Pre-Assemblies and Agenda for this year Assembly).

I was recommended into group service by a sponsor in the very early 2000’s. At the time I found group business meetings tedious, lacking organization, unruly, and frustrating. My sponsor knew that I had worked on membership boards for not-for-profits and that I was a certified Parliamentarian dedicated to using Robert Rules. I don’t know if she was teaching me or punishing me but, she felt that my recovery would benefit from service involving our home group.

Wow, the first two years were a huge lesson in acceptance, patience, and letting go of outcomes that “I” was invested in

for my home group. I saw that my alcoholic behavior really came to the surface and that my service was often not spiritual but rather very ego based. I really have had to work my recovery to be more part of the fellowship in service. Truly taking my spiritual connection into the room with me. To offer my groups perspective and allow my own opinions to be in my notes or scribbles or doodles or the ramblings in my head. Practice not Perfection is key when it comes to the Assemblies. So now my recipe for service is Be part of the Fellowship - Humor – Acceptance – Humor – Service for those who trust me with their input – Humor – Balance – Humor - The Serenity Prayer as often as needed.

This year’s Assembly will be a wonderful opportunity to bring AA’s Fellowship and the Area’s Service to the still suffering alcoholic – those in and out of the rooms, to create better information, to help our members be of service and be involved in our own recovery while we are of service to others.

I have attended two of the Pre-Assemblies this year to see a variety of input and recommendations. I want to thank Derek our Chair of Area 72 AA for the information and format of the Pre-Assemblies. The format educated all, included very important and needed information and fun was had by all. I think that the information given to the GSR’s and Alt. GSR’s will benefit our process and increase their giving and receiving information as they introduce our agenda to their home groups. Thank you to all the Area Members who gave their time and energy to these great workshops.

GSR’s please be assured that all Area leadership are invested in your service efforts and I and all are here to support, listen, and lend our experience, strength and hope to you and of course some great stories and a lot of laughter. Because in our recovery we are all here for FUN and for FREE.

Thank you for letting me serve.

Houston L

Area Registrar.

SECRETARY

secretary@area72aa.org

We Are Not a Glum Lot — From Tiny Offices to Global Fellowship

Area Assembly

I am a relative late comer to Area Assemblies. It was about 12 years ago, and I was 37 years sober before I even held a position in the General Service structure.

I served as Alt GSR for my home group and became the GSR during the last half of the rotation. I attended maybe 4

district meetings before the Assembly and had not attended any pre-assemblies. I was what may be considered woefully unprepared.

I was aware of the upside down triangle and roughly knew how the “system” worked.

People had told me, “don’t drink too much coffee, get plenty of sleep, the days could go very long, you will need a great deal of patience and tolerance, be prepared, and that good stuff.”

Off I went to Lynden, WA for my very first Area Assembly. I was nervous and a bit anxious, preparing for the worst and not really knowing what to expect.

I met up with the District 45 DCM and a few of the GSRs I knew and just kind of hung around going to the panels, listening to the past delegates, eating ice cream on Friday night and waiting for whatever was going to happen.

Then came Saturday. To me the fairgrounds’ structure we were meeting in was huge. There was a table there for all the District 45 GSRs and our DCM to sit along with another District, I couldn’t tell you who else sat with us.

The Area Chair was bringing the meeting to order and saying a bunch of stuff. It was an election year for the Area and there were a lot of rules and junk being explained and all that.

Let me tell you what truly stood out to me, the coffee machine. It was a gigantic thing with pipes and steam, and it looked like something Rube Goldberg would come up with. (Look him up, if you don’t know who he is.)

After I got settled in and was able to pull my attention away from the coffee machine, I became a part of the process. I’ve shared this story many times. I was blown away by how we alcoholics came together to do the business of A.A. Yes, there were many people going to the microphones to state their opinions regarding Area issues, yes the voting process took some time while we ensured the votes were counted and we looked for the 2/3rds majority, but it was amazing to me how it all came together.

Once the Group Conscience had spoken, and the minority opinions had been expressed, the business proceeded and we continued work together toward our common goal, how to best serve the still suffering alcoholic.

Business concluded (at a reasonable hour) and Saturday was done. Then came Sunday morning and the Spiritual Breakfast.

I listened as the speaker (the Regional Trustee at the time) shared the story of his experience, strength, and hope, and how he ended up in General Service.

We couldn’t have been more different in our physical stature, geographical and social upbringing, or any of that, but what stood out to me was his path to sobriety in a spiritual and emotional way. I don’t believe I had ever heard “my story” told in that way by another alcoholic. Perhaps it was the culmination of the whole weekend, whatever it was, I was in tears. I hugged him like he had just saved my life. Perhaps he did.

The District 45 DCM asked me if I would make myself available for Alternate DCM

in the next rotation, it freaked out, but I said yes and have been saying yes to service since then. Service has added a dimension to my sobriety I hadn't known existed. I have been involved in one form or another with General Service since that day and have attended almost all the Quarterlies and Assemblies up to now. Service has added a dimension to my sobriety I hadn't known existed. I hope I can continue to serve A.A. and my Area in whatever capacity my Higher Power has in store for me.
Don N.
Area Secretary

SOUND AND ZOOM COORDINATION
sound@area72aa.org

TECHNOLOGY & WEB CHAIR
webchair@area72aa.org

Greetings, Area 72!
I am really looking forward to this year's Assembly. It's been a blast to attend the quarterlies, hear all the great discussion and reports from DCMs, and get to know people in between doing business. I attended a pre-conference and pre-assembly this year as well, and no surprise there – lots of engaged, energetic GSRs. I think the agenda items we have at this year's Assembly are the most significant in the time that I've been involved in Area 72, so it should be a good one.

As for what's going on in web and tech in the past month, we've been dealing with what I can only describe as "funky tech things." We had a short-term issue where the home page of the website didn't load properly for some people. We never quite figured out what it was... my best guess is that it was a temporary configuration issue between our firewall provider and Wordpress host. The cool thing is, several people contacted Shu and me about it – which means that people are actively using the site! Good thing, too, since that's where all the Assembly information is posted.

Speaking of website use... one of the projects Derek has brought up with us is getting some stats on number of users signed up, visitors, page views, etc. We want that to get a sense of how our outreach efforts are bringing people to the site. Those numbers are easy to get from a technical standpoint, but right now they are misleading because we've had lots of spam accounts sign up. That's just what happens with the Internet today, unfortunately. We have installed a plugin that has greatly limited the number of new spam signups, which is great. It hasn't been as great at identifying past spam accounts, but Shu and I have a plan... (back in the day, that would have spelled disaster. But I think sober Shu and Pat having a plan is a good thing).

This spam issue is not unique to us. When the Tech & Web Committee met for our July quarterly, a couple other districts mentioned the same issue.

There's an internet forum called TIAA (Tech in AA) where I will ask to see how others have approached this, to get some ideas and share with the T&W Committee.

We had a good quarterly, where we focused on two main things: understanding the structure of the tech-related steering committees in Area 72, and connecting people who have technical issues with people who can help out. I'll share more about that at the Assembly!

One last thing I want to say before I go... it dawned on me this morning that one of the things I love about our service events is that they're a wonderful expression of unity. Each of us is there, not just for ourselves, but representing entire groups or districts or committees. It's a wonderful thing to share a weekend with people who care so deeply about AA. Then when I consider that we're the tip of the iceberg (an upside down iceberg??), the visible expression of a much greater number of people who care – I thank God I get to be a part of it.

Can't wait to see you all!
<3 Patrick

TREATMENT CHAIR
treatment@area72aa.org

Third Legacy Chair
The first time I heard of a Third Legacy Chair was after moving to Washington State in 2019. I think it is a great idea. I have since heard several definitions from different districts and now a new definition in Area 72 Assembly Discussion Topic: #2.
I was glad to read the article from Patty S., the District 25 Third Legacy Chair. That article certainly has a great description for a Third Legacy Chair for districts. I love the idea of a Third Legacy Chair for each district and an appointed position in Area 72 for a Third Legacy Chair. However, I really think this position needs to start in the groups. I know many people who have been sober decades and have never held a serve position. It is complacency, doing the same thing over and over and getting the same thing over and over. I had no idea how rewarding service was until I had served. It lifts you to a new height or realm of recovery. But you don't know what that feels like until you have experienced that feeling. Service gives me a sense of warmth and love that I didn't know was possible. The sooner someone has experienced that feeling, the sooner they will be hooked on being of service. The solution is getting out of yourself and giving back.

I would like to see the Third Legacy position active in the groups as well. When I was brand new in recovery, I was willing to do whatever was suggested. I was so desperate to be sober. My first few service positions were emptying ashtrays and washing mugs. Those service positions were voluntold positions and I had no delusions that I

could say no to the request. So, before people start getting complacent and learn to say no, I think that is the perfect time for the Group Third Legacy Chair to make suggested positions. It is our job to walk hand in hand with new comers so they feel accepted and part of the Group and the program.

Suzi L
Area Treatment Chair

WEBSERVANT
webservant@area72aa.org

Greeting to Area 72!!! What a great topic for September's Newsletter article and the opportunity to share some of my own experiences over the last 18 years attending the Area 72 Assembly.

I landed in Port Townsend and District 56 in 2006 and went to my first Assembly. I was taken by my now Service Sponsor, she said "come with me, you will love it"! From the moment I walked into the conference room I felt this overwhelming kinetic energy, call it a spiritual experience, but I had never been in a room full of individuals in recovery volunteering their time and energy to doing what is best for AA as a whole. Yes, it is about Area 72, and the comradery, love, tolerance, respect, and humility but this was something I had never witnessed before, a group of over 700 people, coming together in unity to do what is best for AA; I am still in awe of this fact, I wanted more.

I became a GSR in 2007, participated at my District, met more people, asked questions, went to workshops, the Pre Conference, Delegates Report, a Pre-Assembly, and then the Assembly. Again, awe struck by the moments, the familiar faces I was starting to recognize, and the best part, my AA world was expanding; I still wanted more.

As I have served in a variety of service positions since 2007 and at times did not have a service position, I have always attended the Assembly, it is where my people are, YOU are my people. I cannot imagine not attending the Area Assembly. It is where my cup gets filled, my spirituality is enhanced, and my love for AA is expanded.

The Area Assembly is an opportunity to grow, expand our understanding of the Traditions and Concepts, to meet new friends and see old ones, but most importantly to come together in unity to do what is best for Area72 and AA as a whole; we are never alone.

I love you; I love Alcoholics Anonymous and thank you for allowing me to serve!
Shu D.
Area 72 Webservant | Panel 75

YOUNG PEOPLE'S CHAIR
ypchair@area72aa.org

Hello, Area 72!

You can look at my quarterly report to find out what's going on at the Young People's committee. I'm excited to

have Nick K, delegate from Area 41 and chair of the conference PI committee at our next YP quarterly to give a report on the GSO Young People’s video project. I will share more information on that in my next submission. The videos our area made last rotation are available to watch on the Area’s YouTube channel at https://www.youtube.com/playlist?list=P_L3tT8R-0jibPnShStuH6EpxSmRAFqZakv. Go check out the videos to hear the experience, strength, and hope of many people from our area!

I love the topic, “we are not a glum lot”. It makes me think about when I was a young person in AA and first got into general service. I first got involved because my friends were. When I was first a GSR, I had no idea what I was doing or what it was all about, but I saw the fun others were having and it drew me into service. I remember the feeling I had at my first assembly. I felt a feeling of comradery and serenity in that room. I caught the service bug and I never looked back. My favorite part of general service is the people I’ve met and the fun I’ve

had. When I’m involved in service, I feel like I am in the middle of it all. For an alcoholic like me, being in the middle is right where I need to be. I now strive to get other young people involved, so that they can share the experience I get to have. We are definitely not a glum lot!

In love and service,

Heather Spencer
Area 72 Young People’s Chair
ypchair@area72aa.org

Districts

DISTRICT 1
Spanish Speaking District South of King/Snohomish Counties, Olympic Peninsula
aaintergupalarea72.org
dcm1@area72aa.org

DISTRICT 2
Camano Island & Northwest Snohomish County: Stanwood, Arlington, Silvana
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DISTRICT 3
Southeast Snohomish County: Lake Stevens, Snohomish, Monroe, Sultan, Gold Bar, Index
skyvalleydistrict@area72aa.org
dcm3@area72aa.org

This month our focus is both on the upcoming Area Assembly and on important happenings in our own district. Yesterday we gathered for the pre-assembly, where members reviewed agenda items and shared perspectives. We will now take this information back to our groups to gather their consciences before the Assembly.

At the district level, we are excited to welcome the Area 72 Accessibilities Chair to our next District meeting this Tuesday. This is a valuable opportunity for all our members to learn more about how we can better serve alcoholics with differing needs and ensure access to our program. Looking forward to seeing everyone at the October Assembly!

--

Dan H
District 3 DCM

DISTRICT 4
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DISTRICT 7
South Clark and Skamania Counties: South Vancouver Area, Camas, Washougal, Stevenson, Carson
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DISTRICT 8
Thurston & Mason Counties: Olympia, Shelton, Lacey, Tumwater, Hoodspport, Matlock, Rainier, Littlerock
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Hi All - greetings from D 8. We have talked about the Assembly, what to expect, microphone etiquette, etc - Lisa S came to our D mtg to help answer questions and spread cheer to new GSR's. We are starting to organize for our Gratitude Banquet in November and Chairing a Meeting Workshop 2.0 in January. We hope to see you there. I had to change the format for the Tigger Award. I am asking for answers at the mtg then pulling the person's name from the hat. Apparently, homework is not a favorite pastime. This way, we all learn together which is more fun. Together, we get better - and a little smarter.

Love in Service
Debbie DCM D 8

DISTRICT 10
Kitsap Peninsula: Silverdale, Bainbridge Island, Kingston, Poulsbo, Chico, Belfair, Bremerton, Kingston
dist10.org
dcm10@area72.org

Here is what is going on in our district: We, along with district 43 will be sharing a Public Information Booth at the Kitsap County Fair here in Kitsap County from August 20 to the 24th. We will provide as much A.A. principals as we can and eliminate as much personality as possible to show just what our public relations policy is all about.

District 10 does not have a district picnic. It seems it is more entertaining to provide group picnics and invite surrounding groups to attend. Our web page dist10.org has them listed under events.

We currently have all our district trusted service positions filled; however, we will

be losing our Public Information Committee Chair at the end of August. We will miss Terese’s outstanding dedicated role as a trusted servant for district 10 and A.A. Hopefully this position will be filled at our next district meeting.

Our Gratitude committee had the first planning meeting for our Gratitude banquet this August. We know the banquet will be November 8, at Village Green Community Center in Kingston. Pricing and menu will be reveled later.

Treatment committee chairperson coordinates a monthly meeting where volunteers are assigned to take the A.A. message of hope to eight facilities in our district.

Young Persons committee chairperson and ten other members from district 10 will be attending the International Conference of Young Persons in A.A. August 28 in Minneapolis MN., He also coordinated group seating for over 100 members and their families to attend the “Recovery Day at the Mariners” on September 14 so district 10 could all sit together.

I am happy to be the District Committee Member of District 10. It is an honor to facilitate the business meetings. We meet monthly at various group meting halls that make their halls available in person and when we cannot attend in person, we have our trusted servant technician set up our own hybrid video conference equipment using ZOOM. We have a total of 29 groups. Out of the 29 there are 17 groups with GSRs. 15 of the GSRs were at the last district meeting.

The topic “Area 72 Assembly” my knowledge, experience, and anecdotes, from past Assemblies. Let me just say my knowledge is growing with each assembly I attend. My experience is that of the serenity prayer, only at the Assembly I change the words “ME” and “I” to “US” and “WE”. By attending and being part of, gives me a better understanding of a spiritual group conscience. I don’t necessarily have an anecdote, but I would

like to say that the Area 72 Assemblies I have attended has giving me a warm feeling of appreciation. It is where we no longer talk about our own sobriety and how to stay sober ourselves, it is where we come to an informed decision on how to help the alcoholic not yet in our home group halls.

And for that: I am responsible.
Peace.

Mike D.
DCM District 10

DISTRICT 11
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DISTRICT 12
North and East Snohomish County, Everett, Marysville
snocoaa.org
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It's been a real pleasure representing District 12. At the District level we have our Central Office we collaborate with Districts 2,3,19, and 57. They're looking for a new Office Manager and Alternate and can always use the help of Volunteers/Alts for answering phones and 12 step call lists. We had 95ish calls and did 1 12step call last month. They have basic literature/ pamphlets in the office. District 12 has a literature locker there and you can contact them to order literature at a group price.

Our same Districts also have a unified website at snocoaa.org that has lots of great information about everything AA in Snohomish County.

We also come together to print a regularly updated and printed Meeting Schedule.

District 12s looking for a Newsletter person and Treatment Chair we helped do 2 treatment “ Bridging the Gaps” and just had another one come in. We meet every 1st Thursday at 6pm at Everetts Recovery Cafe. We've been working hard on our Hybrid meeting and online presence. We have in place Zoom and a Basic sound system to run business meetings Quarterlies and multi district events. It's been great to learn from other Districts and help facilitate our Gsr schools, Pre Conferences, Delegate Report Backs, and finally the Pre Assembly. District 12 is always willing to share responsibility for planning these awesome events.

We continue to discuss our Discussion Topics and Motions each month with our Groups, Gsrs and we get to come together with Area 72 4 times a year culminating in Our Area Assembly in October. Our Area72 Business Quarterlies have been so awesome attending, carrying District 12s conscience there. It's incredibly Inspirational to come together in service and see some amazing people in action Carrying The Message all over Western Washington.
I've been shifting gears digging into the deep dive down the rabbit hole at our area72aa.org, website Delegates corner researching my Panel subject for the Assembly. I find myself lost seeing all the great work our Delegates and Trustees accomplished at the 75th General Service Conference with GSB, AAWS and AAGV.

We all here in District 12 cant wait to meet you all as we trudge the road of happy destiny together Surely we will meet you there at The Assembly be sure to come say Hi to us.
My favorite Assembly moment was Carol with her 12s signs and buttons she was always so fun and passionate about Carrying The Message.

Yours in Service
Shane M
DCM 12

DISTRICT 14
West Seattle, White Center, Vashon Island
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dcm14@area72aa.org

Greetings from District 14!It’s been a full and rewarding few months! Since I last wrote, District 14 joined with the other eight Central Districts to host both a Delegate Report Back and a Pre-Assembly. Both gatherings were well attended, and the Pre-Assembly in particular filled Fauntleroy Church in West Seattle with lively conversation, laughter, and wonderful food. The energy of the Fellowship feels strong, and I believe we are poised to make the 2025 Area 72 Assembly a truly memorable and uplifting event.

This year will be my sixth Assembly, and I still look forward to it with the same sense of anticipation and gratitude. Every time I attend, I leave spiritually renewed (and yes, sometimes a little tired!) but always strengthened in sobriety and inspired by the experience of service. From a District 14 perspective, I love watching our trusted servants draw closer together through the process and return home with a renewed excitement for general service.

Of course, assemblies aren’t without their challenges. The long days can sometimes feel slow, and it’s natural to wish things would move more quickly. But in those moments, I’ve always been grateful for the presence of friends—at my district table and around the room. These are times when we get to practice patience, share a laugh, and find ways to make the experience enjoyable while respecting everyone’s right to be heard. My suggestion is simple: ask lots of questions, be open about your thoughts and feelings, and be intentional about connecting with new people (I always make a point to introduce myself to those in front and behind me in the meal lines). In the end, I know I’ll feel that bittersweet mix of gratitude and longing when the assembly ends, wishing we didn’t have to wait another year to gather again.

I’m especially looking forward to our Friday night District dinner, the moments of unity during the business sessions, and the chance to return to our groups with fresh experiences and stories about our efforts to help the still-suffering alcoholic.

Thank you for the opportunity to serve alongside you. I am grateful to be part of this Fellowship and this team. Enjoy the day!

Your Friend in Service,
David J
DCM, District 14

DISTRICT 15
Downtown Seattle, West Capitol Hill, South Seattle
seattleaa.org
District15

DISTRICT 16
Northeast Seattle, University District
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DISTRICT 17
Northwest Seattle; Ballard
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I've attended three Assemblies, two as a GSR and one as a regular alcoholic. I got the most out of the Assembly when I was most connected with the other people there - chatting with other GSRs at my table, asking questions at the mic, or just taking a break to catch up with a fellow alcoholic.

Our district has had a lot of conversation around the motions coming up at the Assembly. The bus sign project got the most interest - positive and negative. Some people thought it would be a great way to reach alcoholics. They shared stories about hearing PSAs about AA on TV while they were still drinking. Whether or not that directly caused them to seek out AA, it at least made them aware of it as an option. Other groups thought it felt too much like advertisement or promotion. Their biggest concern was what the actual signs would look like. They care about how AA presents itself and want to make sure it is in line with attraction rather than promotion.

Josh B
Alt DCM, D17
altdcm17@area72aa.org

DISTRICT 18
Renton, Kent, Tukwila
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dcm18@area72aa.org

We had a great District meeting talking about the upcoming motions and discussion topics. We made sure the GSR’s were equipped to take the information back to their groups in a way they felt confident.
Our former DCM, Beth W., has stepped up to be the District Third Legacy Chair.

We are excited to host a Tradition Workshop at Seattle Intergroup on November 8th. Flyer to come. We have reached out to Benson Heights Rehabilitation Center and have been given the green light to bring in a weekly AA meeting to the patients. Thank you Eddie H. for the idea and the information about the history of this service. We had a great picnic and are thinking about another end of the year event. We have formed an Adventure Group to help support the meetings in District 18 that need support. We will be visiting Southend Fellowship on September 2nd at 5pm. At our next meeting in September we will be viewing the District 18 Archives and having another potluck! Looking forward to the Assembly.

Lara
DCM18

DISTRICT 19
South Everett, Mill Creek and Mukilteo
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dcm19@area72aa.org

DISTRICT 21
Grays Harbor and Willapa Harbor Areas, Aberdeen, Hoquiam, Montesano, Raymond
<http://aa21.org/>
dcm21@area72aa.org

The 2025 Western Washington Area 72 Assembly is coming up October 3 – 5 at the Lynnwood Events Center in Lynnwood. I attended my first Assembly in Area 04 Arkansas in 1991. I was 3 years sober and my group had elected me to be the GSR. I didn't totally understand the job and was pretty nervous, but I knew I had to do my best to represent my home group. I don't remember a lot that went on that weekend except that I came away with the feeling that, like me, everyone there loved AA and wanted to do their best to represent their Group, District, or Area. That was when I fell in love with service. This will be my second Assembly in Area 72. Last year was just like that first time in Arkansas except I kind of knew what I was doing. There are definitely differences but the primary purpose and motivation to help the still suffering alcoholic is just as strong in Area 72 as it was in Area 04. I felt that same love for AA coming from everyone and I knew I was in the right place. If this will be your first Assembly I want to encourage you to keep an open mind, take lots of notes, and ask a lot of questions. Saturday will be a long day so be sure to get up and walk

around when you need to and drink lots of water. Above all, please remember that everything we talk about, vote on and sometimes disagree on is to help that other alcoholic who is out there looking for help. Lisa B.
D21 DCM

District 21 hosted the Pre-Assembly meeting on August 10th for the Southern Six Districts at the Summit Pacific Wellness Center in Elma. There were about 50 of us from 6 districts and it was great. The facility was really nice and we learned a lot. We had some fun too. This was the first time we have hosted something for the Area and it went really well. Also, this was good practice for the July 2026 quarterly we will be hosting there at the Summit Pacific Wellness Center.

We are in the process of updating our District 21 handbook. Our District 21 Hotline Coordinator is moving away in November so we will need someone to replace her and we still do not have a CPC/PI Chairperson.

Lisa Beshears,
D21 DCM.

DISTRICT 22
North Olympic Peninsula: Port Angeles, Forks, Joyce, Clallam Bay, Neah Bay
nopaa.org
dcm22@area72aa.org

DISTRICT 25
Online meetings
onlinedistrict25aa.org
dcm24@area72aa.org

District 25 is growing but not without growing pains such as the struggle those members situated outside the U.S./Canada borders are enduring with not being able to access the Area 72 website. As the assembly approaches GSRs and their alternates have consulted their members and now must decide if we as a district want to ask to have a discussion on the subject opened at assembly (or if there is not sufficient time given the other motions and discussions already on the agenda to at least move said discussion toward the first quarterly business meeting in January 2026). The district understands that nothing is accomplished overnight in Alcoholics Anonymous and are desirous of being heard as well as hearing what the other districts and trusted servants have to say on the subject.

Toward this end I have put out requests to certain past and present trusted servants to serve on a committee to insure that our request is well written and not ambiguous and who might also play “devils advocate”

to aid in preparation for being able to well hear and accept those opinions that might not align with ours. It is my desire to accomplish this bit before District 25's next business meeting in September to then, with the approval and urging of the membership submit it to the Area Chair, Derek S. Well in advance of the absolute deadline of 3:00pm Friday October 3rd.

Ours is a very service oriented district with a healthy number of very active and invested GSRs who participated in the pre-assemblies to learn about the other items of business going before the assembly and as sure as I am that they will be available to fully participate in the issue that so greatly affects their members, are just as involved and interested in participating in the other motions and discussions slated for this upcoming assembly.

I'm thinking we're all going to need a lot of coffee. :)
Jo G., DCM25

DISTRICT 27
Cowlitz, Pacific and Wahkiakum Counties: Longview-Kelso Area, Long Beach Peninsula
district27area72aa.org
dcm27@area72aa.org

Hello Area 72
My first assembly was located in my hometown and I was about 90 days sober. It was suggested by many people that were helping me to attend. I didn't want to, but I just wanted to be sober, and be a part of something bigger than myself. At the time, I didn't care to much about the business end of AA. Little did I know that the sense of purpose would be such a large part of my sobriety. I dove into service work head first. The fellowship is one of the key parts of my sobriety. It is such a privilege to be of service to them, to you, or to anybody reaching out for help. I went from not wanting to go, to “getting” to go to the Area Assemblies, District, and Group meetings.

Shortly after that assembly a spot open up to become our District Registrar. “Great service position!” I got to know groups and people in my district. With the help and guidance of the people who had the position previously, plus the workshops, I found not only fulfillment but enjoyment in being of service. Along with service for my district, I was also the GSR for my homegroup. My sponsor has been heavily involved with service and guided me through out my experiences. When our district rotation was up, he suggested I make myself available for the DCM position. I balked, I was nervous, I didn't want to let anyone down, but listened to his guidance and was voted in. Now I get to attend the Area functions and really do enjoy the fellowship, and being a part of something positive in helping to carry the message to others that are suffering the way I was.

Unity-Service-Recovery has given me a life worth living. BIG TIME gratitude and thank you to the fellowship of Alcoholics Anonymous.
In Service,

Dave K
District 27 DCM

DISTRICT 28
Lewis County: Centralia, Chehalis
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dcm28@area72aa.org

Motion #2:

Once again, 'one day at a time' is about to cross paths with the October Assembly. The weekend where business and pleasure collide and act together as a cumulation of principles adhering AA traditions with AA concepts. Serious, yes, Fun, absolutely. Whether your first or umptieth one, remember, "We absolutely insist on enjoying life" (BB132). If one understands the content of the business at hand and the clear conscience for whom you are representing, then, any conflicting views can easily be processed. Don't be confused, 'keep it simple'. Two of this year's motions may be challenging. However, Motion #2 should be, in my view, the one with negligible opposition. For me, this motion is not contingent on the outcome of motion #1, but solely independent and necessary to assure fast and reliable communication about Area 72 business. Could you imagine the newsletter being presented only via smoke signals? Our current method relies on a committee of only a Newsletter Editor, Erin. The work she does, and her responsibilities are enormous. A committee guarantees nothing will be overlooked or minimized and still present a clear format, accurate information and innovative distribution methods to a much greater number of Area 72 members. With a heavy agenda slate, I hope we can with minimal dissension, pass this motion. Please join me in voting YES! I look very much forward to the October Assembly. After three business quarterlies and eight district meetings, I'm filled with optimism that I 'can' have cake and Edith too. :) That's how you will recognize me :)

Jim M
dcm28

DISTRICT 29
Puyallup, Eatonville, Orting
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dcm29@area72aa.org

Greetings from District 29. Things continue to go well with a lot of members in active service. We just had our annual district picnic which was an immense success and well attended. This year we had a talent show. It was quite entertaining and well received. I would say that my first genuine spiritual experience in service occurred at the first assembly that I attended. I was absolutely amazed at how many people were there and the degree of fellowship and participation as well as the concern for the general welfare of our area. I also discovered as a 60 something, I could relate to 20 somethings. Since then I have attended several assemblies and while they sometimes can be tedious, it is a wonderful time to learn and make friends not only with members from throughout

the area. It is also one of the best events to learn how AA "works". I continue to be amazed at the genuine concern, interest and participation at all levels of service and have encouraged my GSR's and trusted service to attend the Assembly and get the most out of it. Fred J
DCM 29

DISTRICT 31
Burien, Des Moines, SeaTac, Tukwila, Normandy Park
seattleaa.org
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Topic: Area Assembly
The Area Assembly is an important part of carrying the AA message. Group Service Representatives, GSRs, will carry their home group's conscience to the Area Assembly, 10/3-5/25, on the business presented at the Preassembly, for the Central District this Saturday, 8/23/25. The GSRs will bring their home group's conscience on the upcoming motions. The groups are at the top of the upside-down triangle. Group Service Representatives, GSRs are key, and every group should have one to be a part of this wonderful process: AA's unity. I'm very excited about a few of the motions coming to the October 2025 Area Assembly:
Proposed Assembly Motion #3
Motion Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project During the 2026 Winter Holiday Period
I believe putting the signs inside buses will reach many suffering alcoholics and the people who love them. I volunteer for Public Information tables, and we get to talk to many people, but it is hard to know if the literature is making it to the alcoholic. But I wish the signs could go on the outside of the bus also. As a bus driver, I see the alcoholics and addicts lying on the concrete every day, passed out or high, dying, and living in the bus shelters. The signs would reach all the pedestrians and motorists too. Always the juggle, how to help the most and yet being prudent with our money!

Proposed Assembly Motion #1 – Cease the print publication, begin Monthly Digital Edition
Proposed Assembly Motion #2 – Form Newsletter Steering Committee
The new pilot online newsletter is great! We will be able to submit our articles directly and upload flyers. I found it much easier to read and use than the bulky paper. Thank you to Erin E., Newsletter Editor, & John B. and all the folks who worked so hard putting it together. Not to mention the savings this gives to AA. I know there will be lots of questions and passionate discussions during this Assembly. I am just happy to be a part of this beautiful process AA has.

Love & Service,

Dawn P.
Alt DCM District 31

DISTRICT 32
Auburn, Federal Way
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dcm32@area72aa.org

DISTRICT 33
Maple Valley, Covington, Black Diamond, Hobart, Ravensdale
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dcm33@area72aa.org

Area Assembly: A Journey of Service and Connection

Last October, I attended my first Area Assembly, a decision that almost didn't happen. I'd heard mixed reviews from another member about their experience at past Assemblies, and since one of our home group members was already attending as a GSR for another group, I figured I'd sit it out. But a dear friend kindly explained to me the importance of attending and representing my home group, and after a few gentle nudges, I decided to submit my registration. Her encouragement opened a door I hadn't realized I needed to walk through, and I still can't thank her enough for that (love you, hun!).

Walking into that huge room filled with alcoholics passionately committed to keeping AA alive for those still suffering was awe-inspiring. It was a powerful, indescribable experience that ignited a fire in me to do more, leading to my role as Alternate DCM—a position I'm deeply grateful for today.

This year, we're gearing up for another impactful Area Assembly in October, and we're working to make it even more engaging. To boost GSR participation at pre-assemblies, our amazing DCM suggested we try something fun: every attendee will be entered into a drawing for a special prize. It's a small way to encourage more folks to get involved and experience the magic of service firsthand. The Assembly is a chance to learn, connect, and grow in our program, and I'm excited to see even more of us come together. Every event I attend deepens my appreciation for the collective effort that keeps AA thriving. I can't wait to share in the learning and fellowship with all of you this October—see you there!

With love and gratitude,
Christina Mc
Alt DCM / District 33

DISTRICT 34
Bellevue, Redmond, East Lake Sammamish, Mercer Island
eastsideaa.org
dcm34@area72aa.org

Past Assemblies

As a member of Alcoholics Anonymous, I have been attending Pre-Assemblies and Assemblies as a GSR for the Bellevue Group for many years. The pre-assemblies prepared me for the assembly by discussing the motions and history in depth. These meeting prepared me on how to present the materials to my home

group. I had a chance to ask questions and gain clarity on any of the materials presented. There is also information/ suggestions on Assembly etiquette. In 2025, I began attending as ALT DCM for district 34.

This year’s Pre-Assembly

I attended this year’s Pre-Assembly on August 2nd in-person. The materials were presented by our delegate Kourtney. The event was approximately 3 hours and very informative. We learned and talked about the (3) Motions and (2) discussion topics. The GSR’s will take information back to their homegroups for discussion and learn of the group’s conscious to be presented as feedback at the 2025 Assembly.

Yours in service,

Belinda P.

Alt DCM /Dist. 34

DISTRICT 35
Issaquah, South Sammamish Plateau
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MY ASSEMBLY JOURNEY: FROM MEAL TICKETS TO DEEP APPRECIATION

I remember my first exposure to the Area 72 Assembly fondly. I had volunteered to check meal tickets for the Saturday dinner and arrived early, running into some of my District 35 friends who were attending. They invited me to sit with them inside for a bit to experience the proceedings, and I found it fascinating: part state-of-the-union, part town hall, part circus, but more than anything, a "live" version of the "upside-down triangle" at work. It was the power of attraction in action, and I subsequently jumped back into service at the District level.

Today, all those Assembly characteristics remain (thankfully). But over the years, I've learned and grown, and can now appreciate the many other qualities I couldn't see at first:

The energy and passion of the Assembly's purpose and the people participating.

The immense opportunity and responsibility of carrying our groups' and districts' voices.

That we can disagree with each other respectfully and with love.

The role and bravery of the minority opinion, which has greatly expanded my perspective on varying viewpoints.

That we are not a glum lot. Even when getting through the business becomes grueling and stressful, the fun and camaraderie of the Assembly remains a powerful antidote.

Yet to me, the live playing out of the upside-down triangle remains the Assembly's most distinctive and comforting characteristic. I feel very fortunate and grateful for the opportunity

to participate and serve in the capacity of DCM.

Above all, I'm again reminded that as an individual in service to A.A., I'm not really doing anything — I'm simply part of what's being done.

And what's being done is pretty darn fantastic.

Key District 35 Activities

- District 35 GSRs are attending pre-Assemblies and meeting with their groups to gather group conscience on upcoming Assembly motions and discussion topics.
- The middle school teacher who hosted our 7th grade health class speakers attended our August meeting with positive feedback. She's excited to have us return next year and explore expanding the program to other classes and schools in Issaquah School District.
- Under CPC Committee Chair Dan H's stewardship, District 35 submitted a bid to host a CPC Quarterly in 2026.
- Planning is underway for the District 35 Gratitude Dinner on November 15 at Pine Lake Covenant Church in Sammamish. Flyers are in development, GSRs will announce to groups soon, and the event is free with complimentary childcare during the speaker portion.

Grateful for the opportunity to serve,
John K.
DCM, District 35

DISTRICT 36
Northeast King County: Snoqualmie Valley, Duvall, North Bend, Carnation, Fall City Preston, Snoqualmie Pass
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dcm36@area72aa.org

Hello and greetings from the beautiful Snoqualmie Valley. We live in a special place, and I am grateful for the continued blessing that my life has provided me. I am impressed every month by the enthusiasm and support my district members bring to AA. Our gratitude dinner planning committee kicked off with multiple meetings since July. I sat on the same planning committee as Alt DCM for the past two years and this year a whole new crew has stepped up. I am so excited by their progress so far. They found a new venue (The Church on the Ridge in Snoqualmie) and organized around maximum participation. I love gratitude month because it has been my AA birthday month since I came in many years ago. I am hoping to have another

anniversary in November this year! Speaking of service as relapse prevention, our Eastside Intergroup Chair, Ray H. made it back to his old stomping grounds and joined us at our District meeting to talk about the role of the Intergroup and showed us some of the services they provide. I remember when Ray approached me several years ago and said I should volunteer at an Area Assembly in Renton. I showed up in October and did shifts as greeter and timer. I found myself at the District business meeting the following month and was elected Alternate DCM. That’s right just like one alcoholic talking to another can get us into this program, one member in general service can get another into general service. Because Ray was willing to share his love of AA and service with me, I can pass on to others. At the end of our August business meeting, we continued our Five Takeaways – crowd sourcing the important topics we covered to give the GSR a handy short reference for their group. Here is what we came up with:

1. GSRs should attend a Pre-Assembly to get the info they need for the October Assembly back to their groups. <https://area72aa.org/events/category/area-business/pre-assembly/list/>
2. District 36 is having a picnic on September 6th. Check out the flyer on snovalleyaa.org and spread the word at your meetings: <https://snovalleyaa.org/district-36-picnic-sept-6-2025/>
3. Gratitude Dinner planning is underway. Stay tuned to your e-mail for updates and asks from groups for volunteers, food, and raffle baskets.
4. Service is relapse prevention . . .
5. Talk to your groups now about registration and support for GSRs going to the Assembly in October. GSRs complete your registration here: <https://area72aa.org/october-2025-area-72-assembly-online-registration/>

In service,
Mike L.
DCM D36

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DISTRICT 38
Kirkland
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Seven Years Sober: Grounded in Service

This month I celebrate seven years of sobriety. More than just time away from a drink, these years have given me a life of connection and purpose.

Service in district and area has been central to that. Showing up, helping, and working with others keeps me grounded and reminds me recovery is about giving back. Through service I've learned humility, patience, and how to be useful in ways I never imagined.

Seven years ago I couldn't see this life. Today, I'm grateful to stay sober one day at a time—and to stay connected through service.

Kim H
DCM D38

DISTRICT 39
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District39aa.org
Dcm39@area72aa.org

DISTRICT 40
Capitol Hill, Madison Park
Dcm40@area72aa.org

Hello everyone and happy September, It's that time of year where we wrap up our Pre-Assembly meetings with our Districts, getting the GSRs ready to bring their Group Conscience to the Assembly in October. It never ceases to amaze me the variety of perspectives I failed to consider as Motions come before the Area Body. As we have been slowly talking about these topics this rotation I have been bring the conversations back to our District. Sharing the dept of work poured into the findings the Newsletter Committee brought back. Describing the need for additional support for the Newsletter Editor based on the experiences shared. Laying out the opportunity to reach out to Alcoholics where they might be at with an advertisement inside public transit. All the benefits and potential drawbacks can be overwhelming when crammed into one weekend afternoon. Let alone to try and parse out what do I feel about this, contrasted to what is an unbiased sharing of information so the GSRs can truly get each Group's Conscience.

I am looking forward to our time in October, hearing from all the GSRs in our Area, attending Panels on Service, and participating in the work that carries the message. Some of the best moments at Assemblies for me are when someone comes to the mic and shares the one thing you hadn't quiet thought of that completely shifts your perspective.

Yours in Service
Chris B
DCM 40

DISTRICT 41
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When I first stepped into general service as a GSR, I had only a basic understanding of what it entailed. Attending my first Area Assembly was a humbling and spiritual experience—it

brought the concepts of service to life in a way I hadn't imagined. The day was long and full, and while I don't remember every detail, I do remember connecting with fellow A.A.s who share a passion for service. That sense of unity and purpose was unforgettable.

By the time I attended my second assembly, I felt a little more prepared—but it was still overwhelming at times. I was incredibly grateful for the support and fellowship of my DCM and friends in service. Their encouragement helped me stay grounded and reminded me that I wasn't alone.

One highlight of the weekend was attending a panel on the Minority Opinion. It was fantastic—thought-provoking, respectful, and deeply aligned with the principles of A.A. I left with a renewed appreciation for the importance of every voice in our fellowship.

Throughout the assembly, I found myself drawn to the stories and shares of several members. I made a note of three people I wanted to meet, inspired by their experience, strength, and hope. This was a great way to meet new people and learn more about different areas of service.

Ganelle H
Alternate DCM 41

DISTRICT 42
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DCM Teri H. and Alt. DCM Trisha B.

An Area Assembly has always been a spiritual experience for me. The preparations to get my group as much info as possible for an informed conscience, attending more than one Pre-Assembly cuz, well, I like this stuff. Even during the pandemic lockdown when we were all in our Zoom Hollywood squares (shameless plug for our Amazing Area 72 teams, never skipping a beat to serve alcoholics!) there's simply a certain excitement in the air.

All of these folks around me are in recovery! Hopefully working their program better than I do, trying to be better humans, stay sober and give freely the message of hope.Cool!

Even if we don't agree on a specific topic or that last vote, we have gathered in unity putting aside any personal agendas. We've heard and discussed the minority opinion in our Groups' and District business meetings, participated in Area Quarterlies, and elected trusted servants to carry our whole Area's conscience to the General Service Conference in New York!!

Many are preparing for their first 2025 Area 72 General Assembly ever, and some of us have new roles in that preparation. Today, my role is to point to the path through this process; gathering information and sharing. To help disseminate the information if needed, have fun with sooo many sober drunks, shut my mouth and listen. With coffee thermos in hand and a "resting service face" on board, I hope to squelch the

sheer excitement and gratitude I carry in my soul.

"I will come ALL the way in - and sit ALL the way down," as I participate fully in this 2025 Area General Assembly experience; my first as a DCM.

Growing through Service,

Teri Harte

DCM42 -Panel 75

DISTRICT 43
Port Orchard, Gig Harbor, Olalla, Key Peninsula
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Hello everyone, "The area Assembly," good topic. I have been to a few assemblies. My first assembly was a nightmare for me. We had eleven motions on the agenda that year and it was also an election year. My DCM at the time told me to be prepared for a long day and to make sure to stay hydrated and get up and walk around from time to time to keep the blood circulating. I agreed. (This is still good advice today). We didn't finish until 2 or 3 in the morning and weren't done yet, and we had to continue business the next morning. I was exhausted, irritable, frustrated and thinking what did I get myself into. That has not been my experience since then. The assemblies I attend now are much better since the area has decided to go to a Discussion topic format instead. What I like about the assembly is I get to see people from across the area that I have made a connection with over the years, and this is the only time I get to see them. It's also remarkable that during business you can have a different opinion with someone and then sit down with them the next morning and have breakfast with them and tell them that you love them and have a good day.

JIM B. DCM
District 43

DISTRICT 44
North Tacoma, Gig Harbor
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My first experience with going to assembly happened in 2019. I had just become a GSR (which came about because of a "Road Show" that came to my homegroup.) We did not have a GSR at the time and the DCM expressed how important it is that all of our voices are heard, which prompted me to make myself available.

The next thing I know is I am going to Longview for an Assembly. I had no idea what I was about to embark on. I remember being absolutely awestruck by the number of people from Area 72, gathered together with a common purpose. I remember my DCM, Meghan and my service sponsor, Donna, cheering me on to get up to the mic for GSR sharing. *Not understanding how important this is.* – I remember sharing something- but also saying that I am just another "bozo on the bus" and just trying to figure all this out- which, of course, brought on some laughs... which made me laugh. (Rule 62, right?)

That first experience set me on a path I didn't see coming. After serving as a GSR, I became secretary for District 44, and last year, I was the facilities chair at the assembly. That was a BLAST!! I got to work closer with the Panel and it really reignited something in me. I found myself making myself available as DCM in the most recent election. And now, this will be my first Assembly as a DCM, which I am looking forward to.

Along the way, I've made lifelong friends, and I've been given the chance to walk side by side with other alcoholics in service.

What continues to surprise me is how much I still learn every day. Being in this position doesn't make me more important than anyone else—it just gives me another opportunity to show up and serve. At the end of the day, I'm STILL just another bozo on the bus, doing my best to carry the message and be part of something bigger than myself. For that, I am deeply grateful.

Looking forward to seeing everyone in October!

In Service,
Kari Monreal
District 44 DCM - Panel 75

DISTRICT 45
SW Pierce County; south Tacoma,
Lakewood, Parkland, Spanaway,
Steilacoom
DCM45@Area72.org

District 45 Report

District 45 is busy helping the sick and suffering alcoholic and loving life as we do so. The Summer has been great!

We attended the July quarterly which was hosted by our counterpart District 9 in Tacoma, it's nice when we don't have to travel so far. There was great food and fun to be had by all, and the business of Bus Signs, Newsletter created lively discussion.

We hosted a CPC Area quarterly at our CSO, it was well attended with a ton of food, and information. Our area CPC chair is hardworking and amazing.

We hosted a Pre-Assembly with 58 in attendance, which includes most of Area 72 elected trusted servants. We had some sound issues but that was taken care of and everyone could hear nicely. This whole process was informative and interesting as well as comical as we had a mock assembly skit that was produced. Whenever I work hard on event planning, I am amazed at how accomplished I feel when it's completed as well as pushing thru the fear that no one will show up.

District 45 is working on handbook revision, as well as we meet monthly with 6 other districts making up our South Sound Seven working group.

John C
DCM45

DISTRICT 46
Whidbey and San Juan Islands:
Anacortes
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Altdcm46@area72aa.org

The first time I walked into an Area Assembly in Area 71, Virginia, I had no idea what I was truly stepping into. I'd heard about the importance of "being of service" and about the mechanics of making the 12-step message available, but seeing it happen—feeling it happen—was something else entirely.

From the very first gavel bang, the room was buzzing with dedication. The discussions were long, sometimes exhausting, and packed with detail. People debated everything from budget lines to literature revisions, and it was all done with one goal: to keep the hand of AA extended to the still-suffering alcoholic, wherever they may be. The sheer passion on display was staggering. These weren't just meetings—they were the living, breathing engine that makes our fellowship work.

I found myself surrounded by some of the humblest, service-minded people I had ever met. They weren't there for recognition or power; they were there to serve. Every handshake, every smile, every quiet hallway conversation added another layer to my understanding of how deeply this fellowship is rooted in unity and love.

I have to be honest and admit it was overwhelming—so much information, so many moving parts—but I was fascinated, too. I began to see that what happens here ripples outward, shaping the way AA carries the message far beyond our groups and districts. And I learned that without group participation—without each group making their voice heard in service—these wheels don't turn.

That's why bringing an informed group conscience to the assembly is not just important—it's essential. Understanding the concepts that bind us together as a whole keeps our fellowship healthy and strong. Every person, every voice, every perspective matters. When we show up, listen, speak, and vote, we're not just representing our home group—we're helping to safeguard AA's future, one informed decision at a time.

To have the opportunity to serve in Area 72, District 46, is truly a privilege. I am simply a humble servant who hopes to continue what's so freely been given to me.

In love and Service
Corbin Trice
AltDCM 46

DISTRICT 54
Bonney Lake, Buckley, Carbonado,
Enumclaw, and South Prairie
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It has been a busy time for District 54 up here on the "Plateau"! In July, we hosted an AA Booth at the King County Fair which was held in Enumclaw. This was our first time hosting a booth and our PI Chair spearheaded the effort – see her article in the Districts "Plateau Messenger"! In August, we hosted our Pre-Assembly along with the other South Sound 7 Districts. GSRs received a lot of information on what to expect at the upcoming WWA 72 Assembly in October and got to meet and fellowship with other GSRs mostly located within the south sound region. We also had an outstanding District Picnic which was hosted by two of our Groups where we enjoyed good weather, games, great food and fellowship!

Our other Standing Committees have significantly contributed to our community as well, a few of their accomplishments are as follows;

- CPC: Getting Big Books and 12X12s into the local libraries, in English as well as Spanish. Working on a Firefighter project and has put together a packet of pamphlets for 1st responders to hand out to those they come across in need.
- District Newsletter: Our Editor released the September edition of the Plateau Messenger. Read it and let us know what you think! [Plateau Messenger September 2025.pdf - Google Drive](#)
- Treatment: The committee continues to take panels into several Treatment facilities in the general area.
- Workshop: As part of a 12 Step Workshop Series, on October 11th the committee will host the event on Steps 6 & 7.

As for the topic this month, "Area Assembly";
When I arrived in AA, my entire focus was on myself and trying to find sobriety. As I put a little time together, I learned the importance of Service work and took positions within my Homegroup. It wasn't until COVID and 18 years of sobriety that I got involved with District 54 and learned in depth about the WWA72 Assembly. What I found when attending my first Assembly was over 550 people, come together to express their thoughts on various topics. As you would expect, the opinions shared were all over the map. While listening, I learned from many of the

Speakers and found my opinion may have strengthened or changed given the other perspectives shared. We then came to a “decision”, democratically, based on the vote held at the Assembly. This is where the upside-down Triangle is at work. The importance of the Group was emphasized to me, as GSRs comprised ~85% of the voting population!

With gratitude,

David H.
District 54 DCM

DISTRICT 55
Sequim area
district55aa.org
dcm55@area72aa.org

I am looking forward to the upcoming assembly. We just hosted a pre-assembly

with a great turn out. We had 5 districts attending and lots of questions answered. I can’t express how helpful attending a pre-assembly is to be able to communicate with your groups about the motions and discussion topics. For me when I was GSR the most helpful thing about attending assembly was knowing how my group felt about the motions being voted on. By doing this I felt confident I was voting as my group conscience instead of my personal opinion.

One tip I would like to give to those going to their first assembly, bring snacks and don’t be afraid to meet new people. This is an amazing time and place to meet fellow GSRs and people from other districts. We are never alone!!!

Thank you for letting me be of service!
Danielle Engdahl
DCM District 55
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360-775-9534

DISTRICT 56
East Jefferson County: Port Townsend, Quilcene, Brennon, Port Hadlock, Chimacum, Coyle
district56aa.org
dcm56@area72aa.org

DISTRICT 57

Spanish speaking region that encompasses all of Western Washington from Lynnwood to the north
aaintergrupalarea72.org
dcm57@area72aa.org

DISTRICT 58
Olympia to Vancouver, west to Aberdeen
aaintergrupalarea72.org
dcm58@area72aa.org

Intergroups and Central Offices

AREA 72 OFFICINA INTERGRUPAL
aaintergrupalarea72.org

EASTSIDE INTERGROUP
eastsideaa.org

Area Assembly.
It's coming up and over here on the eastside our Districts are getting the word out to all our groups on how important the groups GSR show up at the Area Assembly and vote on important motions. Looking back on my journey to recovery I can remember how little I knew about how the upside down triangle works in AA.
For me Service has been Relapse Prevention and I have been blessed with not having the desire to drink and enjoy the gift of sobriety and working the 12th step in my life. Yes when we get 400 Alcoholics in a room to discuss and work on arriving to a group conscious it can be an interesting experience! Learning that the GSR’s only vote at our area assembly was new to me back then, We were voting on the Plain Language Big Book and issues relating to that at the time and learning the process of arriving at a motion to pass was an interesting experience. Learning how each group has a say in decisions made for AA as a whole became clear to me. One big motion at the Assembly this year will be on the Digital Newsletter and how your group feels about that so is your Home Group Health? Does your GSR attend your District Meeting? Do you Know what District your home Group is in? I had know Idea untill I started to want to give back to AA and I realized that to Stay Sober I needed to actually walk the walk and not just talk the talk. My network of sober alcoholic friends has grown so

much that I can reach out for almost any answer for a question that might come up! So have you registered yet for the Assembly this October in Lynwood? Hope to see you there where you will have the experience of really being a part of AA!

Ray H. ESIG

GREATER SEATTLE INTERGROUP
seattleaa.org

Greetings Area friends,

Seattle Intergroup has just completed another successful quarter! Here are some of the amazing goings on...

Spring Assembly. We held our Spring Assembly on July 17th, and more than 50 participants reviewed the past six months and planned for the next six. The Spring and Fall Assemblies are when every group in the GSIG service area has an opportunity to vote on GSIG business. Top take-aways included a decision to update the Seattle Intergroup 12-step contact lists with new outreach to Districts and groups, and to give consideration to possibly raising the price of literature in the Seattle Intergroup book stores. District and group reps are all encouraged to discuss this idea in the fellowship and return to future Board meetings with feedback. GSIG currently sells literature at the same prices as GSO in New York, however maintaining the service work we do has proven a financial challenge for years, and GSIG prudent reserve is currently about 20% short of target.

Finances. Great financial news: GSIG is about \$4000.00 in the black for the first

half of the year – the first time in at least 10 years that GSIG has been ahead financially at the mid-point of the year. Thank you to all the groups and individuals who have helped us meet our goals in the last six months!

Summer Picnic. The legendary Seattle Intergroup summer picnic is scheduled for Sunday August 17th from 11:00 AM – 5:00 PM at Seward Park on Lake Washington in Seattle. The annual picnic, at shelter #3, is one of the largest yearly gatherings of AA members in Western Washington. Members from across Washington are encouraged to attend for amazing food and fellowship. We are also still in need of volunteers for the picnic. Please sign up at the volunteer link on www.seattleaa.org.

We Are All One Fellowship! You may be wondering, “besides road-tripping to the legendary summer picnic, how else can I engage with Greater Seattle Intergroup if I don’t live near Seattle?” Great question! Here are a few ideas, along with some information about what we do:

Nightwatch. Seattle Intergroup is the only Intergroup or Central Office in WA State, and one of only a few in the country, to maintain a 24/7 phone line with a live alcoholic on the other end. For this reason GSIG fields a large number of phone calls from around the State and across the country. We are grateful for the opportunity to be of service in this way, as we see ourselves as part of the greater fellowship of AA. After hours calls to GSIG are fielded by more than 100 volunteers in our Nightwatch program, who accept forwarded calls to their personal phones in four-hour shifts, 10:00 PM – 2:00 AM, and 2:00 AM – 6:00 AM,

once per month. **You don't need to live in the Seattle area to be a Nightwatch volunteer!** It's such a wonderful and rewarding experience you won't want to miss it. If interested email nightwatch@seattleaa.org.

Service Manual & Tradition studies. The first Sunday of every month at 11:00 AM GSIG hosts a Service Manual study. Additionally we host a discussion of the Principles of the Twelve Steps every 4th Wednesday at 2:30 PM. These meetings are hybrid and members from anywhere in Washington or across the country are encouraged to attend. Zoom link info is on the Events page at www.seattleaa.org.

Online book store. If you can't make it to the Seattle Intergroup bookstores in Seattle's Sodo neighborhood, or at the Auburn Alano club, you can still support the great work we do by buying literature from our online store. The online store increases accessibility of literature and coins to individuals with travel challenges or located far from other AA book stores. Shipping is quick and easy. Check it out at www.gsigbookstore.com.

More and more, we are all one interconnected fellowship of AA. Seattle Intergroup is a piece of a greater whole, and you are all a part of what we do. I

can't wait to work together with all of you as move forward together!

Jeff Upthegrove
Board Chair
Greater Seattle Intergroup

PUGET SOUND CENTRAL SERVICE OFFICE
pugetsoundaa.org

SNOHOMISH CO. CENTRAL OFFICE
<http://snocoaa.org/>

VANCOUVER AREA INTERGROUP
vancouveraa.org

Member Articles

Service That Breathes Life, Not Paperwork

It was a Saturday afternoon at the Pre-Assembly, the room packed with GSRs and DCMs, the microphone moving steadily from hand to hand. One woman stood up and asked the question I had been dreading: *“How does a Steering Committee actually lighten the Newsletter Editor’s workload?”* I was co-presenting Motion 2 again, and we still couldn’t answer — even though I had served on the Ad Hoc Committee that recommended it. I pressed for clarity in our committee meetings in March and each time, the responses came up empty. Even our report in April didn’t spell it out. By July, our thin recommendation had become “Motion 2,” and I tried to explain it at these pre-assemblies serving a thin gruel of ‘we’ll see.’ Now, after months of scrutiny and round after round of pre-assemblies, the truth is unavoidable: this steering committee won’t ease the Editor’s burden one bit. If anything, it risks adding to it.

The people slated to sit on this committee are already overloaded: a Language Chair, a DCM, a member of the Web Steering Committee. The only person on the proposed committee with any real time might be the Past Delegate. And realistically, their role would lean more toward offering perspective and historical context than hands-on production. None of them are sitting around with time to take on production tasks. Meanwhile, the Editor herself would be asked to chair a quarterly meeting, prepare agendas, take minutes, and draft a report — on top of her existing duties. This Newsletter Steering Committee offers no relief. It adds to a role that is unsustainably stretched thin.

Instead, let’s turn our focus to bringing to life a vision of what the newsletter can be: a place where AAs bring their creativity, enthusiasm, and skills to bear. Imagine a group of trusted servants with graphic design chops, a knack for writing, tech know-how, or just plain energy and ideas—working side by side to put out a monthly newsletter that people are proud of. Done right, serving on the team that produces the newsletter can be one of the most rewarding — even sought-after — service roles in the Area. Not a burden, but a real pleasure.

Let’s do right by our long-suffering newsletter editors—not by saddling them with a Steering Committee, but by surrounding them with willing, enthusiastic partners who can help create something alive, vibrant, and useful for all of us.

Best,
John B.

I told you all something that was not true...

Area 72:

At our July Business Quarterly I went to the mic to share my opinion on the issue of the area paying for bus signs for an upcoming holiday season on buses that run in Seattle, and many surrounding towns.

I went to the mic owning my opinion, not happy that this issue is being brought to the area. I had the belief that the area does not fund standing committee projects (I have since learned differently). I stated that when the bus sign project was done in the past, funded by local Seattle districts, groups and members, it failed. This is not true, it was successful for many years. It was a huge success.

Upon returning to my seat after sharing my opinion at the mic I was told in a kind and loving way by our alternate delegate that what I said at the mic was not true, she explained to me the history of the bus sign project through the Seattle area and I was amazed that I had not read the background information in the last six months, I had forgotten the history of the project. It had worked and was a success for many years.

Inventory time for Bud,

My desire to pick a position and defend it at the mic put me in a position I have not been in for a long time. I wanted you to do what I wanted you to do. Supporting my position, I was willing to stay uninformed and just spew what I believed the area should and should not do, that no motion for funding standing committee projects should make it to the floor of the assembly. I was willing to tell you all something I wanted to be true, but it was not. When I took a position, I created an attachment to the position, and it ended up badly.

I wish I had seen the flags popping up to warn myself of the road I was headed down, but I just pushed them out of the way. I wish I had gotten as informed about the issue as possible before going to the mic to share my uninformed opinions. If I caused you any harm, if I took anything from you that I can make up for please reach out to me, and let me know what I can give or do for you to make up for anything I took or injured from you.

Your fellow traveler on this wonderful road of recovered life
Bud W
District 9, (central Tacoma, Puget Sound to Emerald Queen Casino)

Technology has its Limits

What are the trade-offs when tangible things disappear into the land of digital? This is something that all of us are facing everyday and have been for quite some time. I’m afraid we are too entrenched in this “reality” to see the effects objectively. We are checking out our own groceries, depositing our money into the bank machines, pumping our own gas, Amazon delivers whatever our hearts desire in a matter of hours, Social Media determines our level of acceptance from (mostly) strangers and we are “friends” with people we might not ever look in the eye. Our social discourse has moved to platforms where engaging in debate has no real consequences and is incapable of effecting any real change in perception. There is no risk other than possibly being blocked or unfriended when we disagree with one another.

What has occurred with the intelligence of the aggregate of peoples? The book Varieties of Religious Experience by William James was a best selling book when it was first published in 1902. I don’t know about any of you, but that book is a difficult read, and I have some college under my belt. A best seller? Really? How is that even possible? I blame it on not teaching Latin in public High Schools anymore, but all of these things are outside issues, or are they? The more digital things become the less real the information that is being conveyed is perceived. It is inherently less valuable and viewed as more suspect. We simply have more information being flashed before our eyes, which our already overloaded brains will categorize briefly and most likely forget about altogether because it lacks the depth and weight to move us.

A point at hand is the vast amount of digital background information that the Area provides to us, but it is only when we have the Quarterlies and Pre Assemblies and Report Backs that we understand what is happening. In short, most folks do not engage in the digital material and prefer the in person or oral reporting of what is happening in our Area.

AA is still very much about person to person and people to people connection. In this ever faster moving world it is vital that we remain slow in our communication. That we remain intentional with our thoughts and words. That we consume the information slowly and perhaps with a friend to help us understand the spiritual nature of what our Society stands for and relies on to keep us strong and focused on what is important. Inherent to a printed newsletter is a slowing down to retrieve vital information about our Area electeds, Committees and our Districts. A new website is redundant, we already have a website that is perfectly able to handle the lift of the proposed digital newsletter, if that is what we decide, however, I still am left to wonder what are the trade-offs of moving in the direction of a less personal, less tangible AA?

Lara R

Keeping Our Spiritual Focus

While attending an early assembly in my membership and writing for this newsletter for many years now, I found AA to be the prime example of real spirituality. Each person's vote is carried to the next level of structure and implemented to sustain the integrity of the entirety of the AA group. My experiences have brought an appreciation for the totality and integrity of AA.

I attended an assembly years back. The gym was filled with those in the bleachers and the floor with GSR representatives. This was a large gathering. The table at the front of the room had the chairperson and others for recording the procedures. Each issue that was presented in prior meetings of home groups and voted upon was ready for a larger vote by more members. A person was carefully presenting each issue, and then people behind each of the microphones, standing at one end of the table, could share the reason to support the passage or vote against it.

As each one was brought up for the vote, quickly and in proper procedure the vote was taken. The delegates knew how to vote as they were voting from the request of their own group's decision that they represented. All was going smoothly.

As another issue was presented, a surprising incident began. Several people were speaking for the passage. Then the one person opposing it spoke up with a new insight that had not been realized, earlier. Standing as a lonely person in a whole room of people who were ready to accept the proposal, the energy of the room changed, immediately.

The opposing speaker shared a new insight that had been missed It became oblivious that failing to spot a piece of information vitally affected the real purpose of AA. The chairperson called for the vote. Unpredictably, the item was not passed. One person affected the total vote. I sat there amazed that a single voice changed the whole outcome in such a short time. The energy of the room changed, immediately with the new information. . I have never experienced anything like this happen in my past.

I became aware that this focus of asking for a minority voice continued into the higher boards of AA. There could be opposing views expressed for an actual outcome. I was asked to write each month about the Concepts where I learned that It is like an upside down triangle where the person voting in the home group affects decisions at the top. The guidance and direction comes for each person sitting in the home group chair and continues to the decisions made for the whole organization. I found that the leadership is not from the top but from the bottom up.

The individuals making the final pronouncements for moving forward do come from the vote in each home group. The group conscious continues through all the levels of AA. One person does not make the guidelines and principles, but the group conscious is alive and well in AA. Hearing the minority opinion keeps us on track with our spiritual mindedness. This is what makes us a spiritual group. The spirit of each member is included in the resolution for all.

I am proud and happy to be a member in AA where my voice can be heard even if I do not agree with some suggestions being presented. It may turn the tide or not. However, I know that God's Will brings the right outcome for the group as a whole.

Marilyn R.

An Open Letter to Those Who Shared the Minority Opinion on the Newsletter Motion

At the July 2025 Quarterly, our Area voted to form a motion that, if passed in October, will transition our newsletter from print to digital as of January 1, 2026. I support this motion—and I also want to acknowledge and thank those who stood in the minority.

If I captured your view correctly, it sounded something like: “What’s the rush? Why not run digital and paper side-by-side for a year or two, and let the fellowship decide what works best before sunsetting the print version?” It’s a thoughtful position, and I want to offer a sincere amend.

My name is all over this digital newsletter project (<https://news.johnbarry.com>), and I genuinely built it to help our fellowship come to an informed group conscience. Not to drive the outcome. I’ve totally to turned over to my Higher Power what we do with it—whether we move forward digitally, how quickly, and how we support each other through that change.

So, to those who voiced concern about the speed of this transition: you changed my mind. If I’d been a voting member that day, I would have voted with you. I wish I had spoken up then. I regret missing the opportunity to say, in real time, “You’re right—there’s wisdom in a gentler path.”

Please know that if the motion passes in October, I’ll do everything I can to carry out that transition gently. Not like a tech startup that moves fast and breaks things—but like a fellowship that takes care of each other. Your words helped me see more clearly that this isn’t just a logistics decision. It’s a spiritual one.

With appreciation and respect,
John B.

Flyers, Events, and Forms

BAKERSTOCK

OCTOBER 17 -19 2025

BOOST YOUR RECOVERY

Excellent Speakers, Fun, Fellowship & Food

Register Now at www.BAKERSTOCK.org

BE ENTHUSED & INSPIRED BY THE EXPERIENCE, STRENGTH & HOPE OF

CAROLYN P., Seattle, WA ~ WA CLIFF G., Oklahoma City, OK

JACK W., Denver, CO ~ KELLI D., Bellevue, WA ~ LORI G., Oklahoma City, OK Al-Anon

MIKE K., Seattle, WA ~ TIM W., Canby, OR ~ TINA A., Los Angeles, CA

REGISTRATION: Speakers: & Saturday Night Dinner Buffet & Sunday Breakfast Buffet: \$160.00

Hotel Sleeping Rooms: \$139.00 – Silver Reef Casino Resort - 360.383.0777

DISCOUNTED GROUP RATE #: 6104



Bakerstock

D45 GRATITUDE
BANQUET &
DESSERT POTLUCK

NOV 1ST,
2025

LOCATION

STEILACOOM
COMMUNITY CENTER
5PM-9PM 2301 WORTHINGTON ST
STEILACOOM, WA 98388



TICKETS
AND TIME

TICKET COST: \$20
AVAILABLE FROM A D45 GSR
DOORS OPEN AT 5PM MEXICAN FOOD
SERVED ABOUT 6PM

GUEST
SPEAKER

GAIL H.
PAST DELEGATE
PANEL 57 (2007-2008)



ACTIVITIES

SOBRIETY COUNTDOWN
RAFFLE BASKETS
50/50 RAFFLE
D45 ARCHIVES DISPLAY

QUESTIONS?
CONTACT: MARY W. ALT DCM D45
253-592-1377

BURIEN
LITTLE
ASSEMBLY
PLANNING GROUP

WHEN
3rd SUNDAYS 10:30am-11:30am
August 17th, 2025
September 21st, 2025
October 19th, 2025
November 16th, 2025
December 21st, 2025
January 18th, 2026
February 15th, 2026

53RD ANNUAL
BURIEN LITTLE ASSEMBLY
Humility in Action
Saturday, March 14, 2026

WWW.BURIENLITTLEASSEMBLY.ORG

JOIN US!

BLA IS
SUPPORTED
BY OUR 7TH
TRADITION
PLEASE
CONTRIBUTE
TO: BURIEN LITTLE
ASSEMBLY
(c/o Greater Seattle
Intergroup)
5507 6th Ave S,
Seattle, WA 98108

WHERE
ZOOM MEETING
ZOOM ID 810 1629 8713
PASSCODE 817009

SEPTEMBER 20,
2025

CORRECTIONS
Quarterly

Puget Sound CSO
3640 S. Cedar St, Suite s
Tacoma, WA 98409

ZOOM INFO
ID: 827 5121 7158
PW: 712933

Doors open at 9:30am
Business starts at 10am
Pizza provided. BRING DRINKS!
Questions email Aimee at
corrections@area72aa.org

Western Washington
Area 72



REGIONAL
ARCHIVES
WORKSHOP



Oct 25, 2025
9:00am - 3:00pm PDT
3905 STEILACOOM BLVD
LAKEWOOD, WA 98445
ZOOM ID: 507 478 8317
PC: Archives
A working archivist event!

WESTERN WASHINGTON AREA 72

ARCHIVES
QUARTERLY

NOVEMBER 1ST 2025

10AM TO 2PM
EDMONDS PRESBYTERIAN CHURCH
22600 96TH AVE W, EDMONDS, WA 98020

Hybrid Quarterly and Potluck
Hosted by District 24
Main Dish: BBQ Chicken Sliders and Coleslaw

Learning Session with Nancy K Past Area 7
Archivist: Early AA Women's History

MEETING ID: 895 8451 3370
PASSCODE: Archives

For more information contact
archiveschair@area72aa.org

WESTERN WASHINGTON AREA 72

TRIMESTRAL
DE ARCHIVOS

1 DE NOVIEMBRE DE 2025

10AM TO 2PM
EDMONDS PRESBYTERIAN CHURCH
22600 96TH AVE W, EDMONDS, WA 98020

Hibrido Trimestral y almuerzo alojado por
Distrito 24
Plato Principal: Mini hamburguesas de pollo a la
barbacoa y ensalada de repollo

Sesión de aprendizaje con Nancy K. Ex archivista
del Área 7:
Historia de las mujeres de AA tempranas

ID de Reunion: 895 8451 3370
Código de Acceso: Archives

Para mas informacion contactar la coodinadora
de archivos
archiveschair@area72aa.org

COME LEARN ABOUT
HOSTING A STANDING
COMMITTEE QUARTERLY!

this is your
invitation

SO YOU WANT TO

HOST A
QUARTERLY
WORKSHOP

6 SEPT 2025
12AM-3PM

Lynnwood Alano Club
3717 196th St SW
Unit 205
Lynnwood, WA

COME LEARN ABOUT
HOSTING A STANDING
COMMITTEE QUARTERLY!

this is your
invitation

SO YOU WANT TO

HOST A
QUARTERLY
WORKSHOP

14 SEPT 2025
10AM-1PM

Seattle Intergroup
5507 6th AVE S
Seattle, WA

ID: 896 6702 5241 PASSCODE: 069602

ROSE CITY
GIRLSTOCK

Join us for a weekend journey through the
12 Steps of Alcoholics Anonymous:
Bringing women together through love,
laughter and service.

"...we have been given the Keys of the Kingdom."
Page 276, Alcoholics Anonymous

SPEAKERS

TBD

SATURDAY NIGHT SOCIAL/PAJAMA PARTY/
GAME NIGHT FREE TO ALL IN-PERSON
REGISTRANTS

October 10th – 12th, 2025

Go to www.rosecitygirlstock.com for
Event and hotel registration!

Holiday Inn Portland – Airport (HIPA)
8439 NE Columbia Court, Portland, OR
97220
503-256-5000
Book your room from our website.

\$89: Special Room Rates for the HIPA (per night plus
tax) for single King or double Queen beds.
Offer expires September 19, 2025

\$75: In-Person Registration Only

\$145: In-Person Registration + Meals

(Meals include Saturday Night Dinner, Sunday Morning
Breakfast)

Vegetarian and Vegan Options will be provided

\$30: Virtual Online Only Registration
All prices above do not include processing fees

Registration Chair: Ashlie B.; Co-Chair: Tuesday H.
Email: RCGSregistration@outlook.com
RCGS Chair: MiQuelle D.: 512-751-6996
RCGS Co-Chair: Debbie N.: 503-314-8030
Volunteer Coordinators: Shaunna S. & Kathy B.
Email: shaunnaspta@hotmail.com

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to
attend. No Seventh Tradition baskets are passed at any time during the event.

NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 – REGISTER EARLY!!!





Area 72 Grapevine, La Viña, y Literatura Trimestral

Septiembre 13, 2025, 10 a. m. - 2 p. m.Organizado por el Distrito 3

Esta reunión se llevará a cabo de forma presencial e híbrida.

~~~~~

Sala de reuniones de la biblioteca pública de Monroe

<https://www.sno-isle.org/locations/monroe/>

1070 Village Way, Monroe, WA 98272-2035

o,Únase a nosotros virtualmente,ID de reunión: 873 2199 0075 Código de acceso: 620280

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQytjU0lyR0dmbm96dz09>

Únase a nosotros en persona para la confraternidad a partir de las 9:30 a. m.

Se recomienda una comida ligera compartida

La reunión de negocios comenzará lo más cerca posible a las 10:00 am.  
y finalizará aproximadamente a las 2:00 p.m.

Estamos entusiasmados por aprender más sobre cómo  
Llevar el mensaje de Grapevine,La Viña y Literatura A.A.

Habrá interpretación disponible, de español a inglés y de inglés a español.

Esperamos verte pronto



AREA 72 ANFITRIONA DEL XXX ANIVERSARIO DE LA VINA  
FECHA DE ELECCIONES

Septiembre 27, 2025, 11 a. m. - 2 p. m.

Esta reunión de elecciones sera por la plataforma híbrida y  
presencial de las areas de la region del pacifico

~~~~~

GREATER SEATTLE INTERGROUP

5507 6TH AVE S, SEATTLE, WA 98108

o,Únase a nosotros virtualmente,ID de reunión: 873 2199 0075 Código de acceso: 620280

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQytjU0lyR0dmbm96dz09>

Empersaremos 11:00 am.

y terminamos aproximadamente a las 2:00 p.m.

Areas de la region del pacifico

2, 3, 5, 6, 7, 8, 9, 17, 18, 42, 58, 72, 92 y 93

Alaska, Arizona, California, Idaho, Hawaii, Nevada, Oregon, Utah, Washington y Canada

Se probera interpretation espanol y ingles
te esperamos

"HOST AREA 72 CELEBRATING THE XXX
ANNIVERSARY OF LA
VIÑA
ELECTION DATE: **Saturday September 27th
2025.**

This election assembly will be Hybrid, (in person
and on line) from the Pacific Region areas.

Address: **5507 6th Avenue S. Seattle WA 98108**

ID **873 2199 0075**
Password 620280

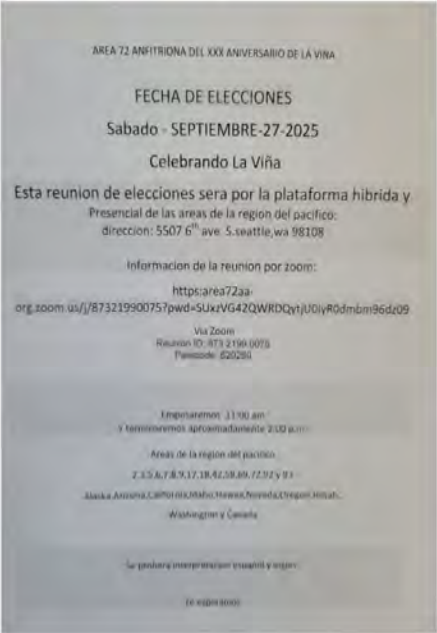
From 11:00am-2:00pm
approximately

PACIFIC REGION AREAS
2 3 5 6 7 8 9 17 18 42 58 69 72 92 93.
States Alaska Arizona California Idaho Hawaii
Nevada Oregon Utha Washington
Canada.

Interpretation English and Spanish available.

Info
+1 (425) 518-4929 Jack
+1 (253) 444-8184 Javier

We welcome you.



Area 72 Grapevine, La Viña, y Literatura Trimestral

Septiembre 13, 2025, 10 a. m. - 2 p. m.Organizado por el Distrito 3

Esta reunión se llevará a cabo de forma presencial e híbrida.

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Se recomienda una comida ligera compartida

La reunión de negocios comenzará lo más cerca posible a las 10:00 am.  
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Estamos entusiasmados por aprender más sobre cómo  
Llevar el mensaje de Grapevine,La Viña y Literatura A.A.

Habrá interpretación disponible, de español a inglés y de inglés a español.

Esperamos verte pronto

# The Twelve Principles

of the

## Twelve Steps

A monthly workshop for 2025



Join us as we explore what it means to practice these principles in all of our affairs.

How can these principles help us to live a more sane and sober life?



When: Fourth Wednesday of each month beginning in January  
@ 2:30pm

Where: Seattle Intergroup and Online  
5507 6th Ave S. Seattle 98108  
Meeting ID 830 7826 9547 Passcode 600554

For more information contact  
info@seattleaa.org

Asamblea del Area 72 2025  
Del 3 al 5 de octubre de 2025

Opciones de menú compradas

Helado del viernes

Triple Experiencia de Helado. Tres mini helados por persona

Almuerzo del sábado

- Ensalada de pollo asado y quinoa (sin gluten, sin lácteos). Manzana, avellana, hinojo, ensalada de quinoa, vinagreta casera de hierbas
- Chili verde de cerdo (sin gluten). Crema de maíz molido, patatas fritas de tortilla
- Molinetes de coliflor, garbanzos y champiñones (sin gluten, veganos). Ensalada de quinoa, puré de pimiento rojo asado

Cena del sábado

- Pimiento relleno de Frijoles rojos y arroz (sin gluten, vegano). Veloute de maíz vegano
- Pechuga de pollo a la sartén (sin gluten). Puré de patatas con ajo asado, alcachofa, pimiento rojo y cebolla roja, salsa de mantequilla de limón y alcaparras
- Chuleta de cerdo con costra de ajo (sin lácteos). Ragú de pancella-frijoles blancos y romero, puré de pimiento rojo asado

Desayuno del Domingo

Lynnwood despierta. Muestra de frutas frescas, huevos revueltos, tocino, salchichas, papas asadas con hierbas, mini cuernitos y mermelada

Opciones de Tarifa para Grupos de Alojamiento

|                                                                                                                                        |                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| Best Western Alderwood<br>9332 36th Avenue W<br>Lynnwood, WA 98036                                                                     | La Quinta Inn Lynnwood<br>4300 Alderwood Mall Blvd<br>Lynnwood, WA 98036                                                                           |
| \$ 99 + impuestos y tasas (1 King)<br>\$145 + impuestos y tarifas (2 Queens)                                                           | \$103 + impuestos y tasas (1 King)<br>\$103 + impuestos y tarifas (2 Queens)                                                                       |
| Para reservas de habitaciones:<br>- Llame al 425-775-7600 y mencione Area72<br>- Visite este <a href="#">enlace de reserva directa</a> | Para reservas de habitaciones:<br>- Llame al 425-775-7447 y mencione Area72<br>- Visite <a href="#">su sitio web</a> con el código de grupo Area72 |
| Bloque de grupos disponible hasta el 9/12/25 según disponibilidad (50 habitaciones)                                                    | Bloque de grupo disponible hasta el 9/12/25 según disponibilidad (80 habitaciones)                                                                 |

Asamblea del Area 72 2025  
3 a 5 de Octubre de 2025

Centro de eventos de Lynnwood, 3711 196th St SW, Lynnwood, WA 98036 y a través de Zoom  
LA REUNION ANUAL DE NEGOCIOS DE WWA72

Este es un evento híbrido

Antitrión: D24  
<https://area72aa.org/2025-area-assembly>

LA INSCRIPCIÓN POR CORREO DEBE RECIBIRSE ANTES DEL 09/15/2025  
(No hay reembolsos de comidas después del 15 de septiembre de 2025)

Nombre completo:

Nombre en el Gafete:

Grupo de Origen:

Distrito #:

Ciudad:

Correo Electrónico:

Teléfono:

Soy un/a:

O RSG

O RSG Alterno

O MCD

O MCD Alterno

O Ex Delegado

O Voluntario

O Otro miembro de AA

Las solicitudes de accesibilidad deben realizarse a más tardar del 9/1/25:

|                                                                                                                                            |      |
|--------------------------------------------------------------------------------------------------------------------------------------------|------|
| Registro                                                                                                                                   |      |
| <i>Selección una:</i>                                                                                                                      |      |
| O En persona                                                                                                                               | \$59 |
| O En línea (se requiere una dirección de correo electrónico)                                                                               | \$30 |
| O Ambos (se requiere una dirección de correo electrónico)                                                                                  | \$59 |
| <i>*La inscripción paga el alquiler y los gastos; sin embargo, según la Movian 00.2, el pago de la cuota de inscripción es voluntaria.</i> |      |
| COMIDAS                                                                                                                                    |      |
| Viernes Helado Social                                                                                                                      | \$11 |
| Almuerzo del sábado                                                                                                                        | \$54 |
| <i>Selección una:</i>                                                                                                                      |      |
| O Ensalada de pollo asado y quinoa (sin gluten, sin lácteos)                                                                               |      |
| O Chile verde de cerdo (sin gluten)                                                                                                        |      |
| O Molinetes de coliflor, garbanzos y champiñones (sin gluten, vegano)                                                                      | \$78 |
| Cena del sábado                                                                                                                            |      |
| <i>Selección una:</i>                                                                                                                      |      |
| O Chile pimiento relleno de Frijoles rojos y arroz (sin gluten, vegano)                                                                    |      |
| O Pechuga de pollo a la sartén (sin gluten)                                                                                                |      |
| O Chuleta de cerdo con costra de ajo (sin lácteos)                                                                                         | \$49 |
| Domingo Desayuno Buffet                                                                                                                    |      |
| TOTAL INCLUIDO: \$                                                                                                                         |      |
| Total para la inscripción presencial o ambas y todas las comidas cuestan: \$251                                                            |      |
| El café estará disponible, en el lugar, para su compra.                                                                                    |      |
| Haga el cheque pagadero a:<br>Asamblea de Area 2025                                                                                        |      |



Regístrese en línea a partir del 1 de Abril de 2025 en: <https://area72aa.org/2025-area-assembly> o envíe esta página completa a:  
Asamblea de Área 2025, c/o Distrito 24  
PO Box 439, Lynnwood, WA 98046

