

We are Not a Glum Lot

**Western Washington Area 72
Newsletter
August 2025**

September 2025 Newsletter Topic:
2025 Area 72 Assembly
Online Only

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Confidentiality

This is a confidential document for AA members only. It contains members’ last names, addresses and phone numbers. Please respect our anonymity.

Western Washington Area Newsletter is published monthly by:

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Its purpose is to facilitate communication within the membership of AA. Opinions expresses are not to be attributed to Alcoholics Anonymous, or the Western Washington Area, except when Conference-approved publications are quoted. Articles from AA World Services, Inc. (A.A.W.S.) and the AA Grapevine, Inc. (as well as other publications) appearing herein are reprinted with permission.

Newsletter Policy

The Area Newsletter is a communication vehicle serving Western Washington Area 72 (WWA72). The scope includes WWA72 business, i.e. election results, committee appointments, motions, discussion topics, special committee activities, status of WWA72 trusted servants, and content provided by members of the Western Washington fellowship intended to carry the message of AA to the still suffering alcoholic.

The Newsletter also includes a calendar of events, which prominently features a categorized list of the dates and times of Area Service events, and other AA related events occurring throughout the Western Washington fellowship, i.e., campouts, luncheons, and picnics. Fliers related to the above events, registration, contribution, and subscription forms are consolidated in a separate section. Districts’ reports are encouraged.

The Newsletter Editor requests content each month from the WWA72 Committee, in particular elected & appointed officers, standing committees, special committees, Intergroups & Central Service Offices, and the DCMs for each of the 44 districts. All the above are encouraged to submit content that features a method of carrying the message in their sphere of duties.

The author’s first name, at minimum, will accompany all submissions. The Editor reserves the right to edit and/or refuse to publish content considered to be inconsistent with the three legacies: Recovery, Unity, and Service, with particular scrutiny given to content perceived to contain foul language and/or personal attacks.

The Newsletter is intended to be shared with all the members of the Western Washington fellowship and relies on the WWA72 Committee to generate content, overall awareness, and ensure distribution to the groups. It is distributed monthly, free of charge, to WWA72 elected and appointed officers, DCMs, and Alternate DCMs, GSRs of the registered WWA72 groups, past Delegates, GSO, Pacific Region Trustee, reciprocating Pacific Region Newsletter Editors, and the 15 Pacific Region Delegates. Homegroups or individuals may subscribe for \$12 per year by sending send their name, address, and payment to the Western Washington Area Treasurer. The views and opinions expressed in the articles and reports are those of the authors and do not necessarily reflect the official policy or position of the Newsletter Editor, Western Washington Area 72, or Alcoholics Anonymous.

EDITORS NOTE: The views and opinions expressed in the articles and reports are those of the authors and do not necessarily reflect the official policy or position of Western Washington Area 72 or Alcoholics Anonymous.

Publishing & Grapevine Our Big Book, Alcoholics Anonymous, Twelve Steps and Twelve Traditions, and other books will now be produced jacketless, with jacket images printed on the covers. This change is in response to supply chain disruptions and will help alleviate out-of-stock issues and help keep costs down. Grapevine will be adding a \$2.49 increase to all books. The top 10 selling books’ prices will increase on January 1, 2023, and other books’ prices will increase as they go to reprint. Other ancillary items prices will increase on January 1, 2023, as well.

If you are planning on going to the international conference in 2025 in Vancouver, BC, please see the FAQs at the end of the newsletter.

It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at the 2025 International Convention, seek assistance/information by accessing the CBSA links provided below question #6.

For general information members may also access <https://www.cbsa-asfc.gc.ca/menu-eng.html> or contact the Border Information Service (BIS) at CBSA by calling:

Within Canada

- Toll-free 1-800-461-9999
- TTY (for those with hearing or speech impairments) 1-866-335-3237

Outside Canada

(Long distance charges apply) 1-204-983-3500 1-506-636-5064

Press “0” to speak to an officer during regular business hours – Monday to Friday 8 a.m. to 4 p.m. (local time) excluding holidays.

Western Washington Area Newsletter

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EVENTS AT A GLANCE

Western Washington Area 72 Quarterly Business Meetings			
AREA ASSEMBLY Oct 3-Oct 5	Area Assembly	Lynnwood Event Center 3711 196 th St SW Lynnwood	
January	January Area Quarterly		
Area Standing Committee Quarterlies			

Saturday Aug 2 nd 10am-3pm	CPC Quarterly Hybrid	Puget Sound CSO 3640 S Cedar St Tacoma, WA 98409	Zoom ID 833 4771 9488 Passcode: 767867
Saturday Aug 2 nd 110am-3pm	Archives Quarterly Hybrid	Trinity Episcopal Church 2301 Hoyt Ave Everett, WA 98201	Zoom ID 895 8451 3370 Passcode: Archives
Saturday Aug. 9 th 10am-2pm	Area Public Information Quarterly	Kelsey Creek Church 1221 148 th Ave NE Bellevue WA 98007	Zoom ID 896 5804 3250 Passcode: Publicinfo

Pre-Assembly 2025			
August 2 Saturday 10:30am-2pm	East Side Districts (18, 33, 34, 35, 36, 38, and 39)	Kelsey Creek Church 1221 148 th Ave NE Bellevue WA 98007	
August 3 Sunday 1pm-4pm	Online Virtual	Anyone Welcome	Zoom ID 890 2952 Passcode:Area72
August 9 Saturday 12pm- 4pm	Pierce County Districts (9, 29, 43, 44, 45, 54)	Bethlehem Lutheran Church 101 E 38 th ST Tacoma, WA 98404	
August 10 Sunday 11am-3pm	Southern Districts (7, 8, 21, 27, 28, 37)	Summit Pacific Wellness Center 610 East Main St Elma WA 98541	
August 16 Saturday 10am-2pm	Northern Districts (2, 3, 4, 11, 12, 19, 24, 46)	PUD Building 1415 Freeway Dr Mt Vernon WA 98273	Zoom ID 996 3547 2534 Passcode: 168650
August 17 th Sunday 2pm-6pm	Peninsula Districts (10, 22, 55, 56)	St Luke’s Episcopal Church 525 N 59 th Ave Sequim WA 98382	
August 20 Wednesday 6pm-9pm	Virtual	Anyone Welcome	Zoom ID 281 6823 8162 Passcode Area72
August 23 Saturday 10-3	Central (14, 15, 16, 17, 18, 31, 32, 40, 41, 42)	Fauntleroy Church 9140 California Ave Seattle, WA 98136	
August 24 th Sunday Noon-2:30pm	Spanish Districts (1, 57, 58)	Groupo Central 3233 125 th St Seattle, WA 98125	
2026 Conferences			
February 27- March 1	PRAASA 2026	Honolulu Hawaii	

Workshops			
August 24 Sunday 4:30pm-5:30PM	Registrar Workshop	Virtual	Zoom ID 633 540 5154 Passcode: registrar
September 6 Saturday Noon- 3PM	Host a Quarterly Workshop	Lynnwood Alono Club 3717 196 th St Unit 205 Lynwood, WA	
Staunday Sptember 14 10am -1pm	Host a Quarterly Workshop	Seattle Intergroup 5507 6 th Ave S Seattle, WA 98108	Zoom ID 896 6702 5241 Passcode: 069602
Study Groups			
4 th Sunday 3:00 PM – 4:00 PM	Cooperation with Professional Community	Virtual	Zoom ID: 872 1003 9770 Passcode: 024176
4 th Saturday 10:00 AM – 11:30 AM	Corrections 8/23/2025	Virtual	Zoom ID: 828 6821 9335 Passcode: 343910
4 th Sunday Noon-1:30pm	Treatment Roundtable July 27, August 31 st , Oct 26 th ,	Virtual	Zoom ID 8125591 9512
4 th Sunday 3PM-4PM	PI Workbook Study	Virtual	Zoom ID872 1003 9770 Passcode: 02416
Up Coming Newsletter Topics			
September Online only	The Area 72 Assembly Share your Experience	Due August 20	Submit Word Doc to Newsletter@Area72AA.org
October Online Only	2025 Gratitude Celebrations	Due Sept 20	Submit Word Doc to Newsletter@Area72AA.org
November Online and Print	Anonymity is our Spiritual Foundation	Due Oct 20	

Pre-Assembly Materials including Motions and Discussion Topics

Each year, our pre-assemblies give us a chance to come together, review the business coming before the Area, and prepare to carry our groups’ conscience forward. Whether you’re a first-time GSR or a longtime trusted servant, this is where we get aligned before the Assembly—and where a lot of the magic happens.

At the upcoming pre-assemblies, we’ll walk through how the proceedings will go, how voting works, and what topics are on the table this fall. It’s also a great time to connect with others who’ve discovered that being “the glue that helps AA stick together” can be a meaningful part of their service path.

Purpose of the Pre-Assembly and this document

The purpose of a Pre-Assembly is to prepare GSRs (and through them their Groups) for the Annual Area Assembly. GSRs are provided with the background information [this document] and answers to questions regarding the motions and discussion topics on the Assembly agenda. GSRs then carry all the information back to their Groups for full discussion. Through thorough discussion, the Group comes to an informed Group Conscience which the GSR carries to the Annual Area Assembly.

Area 72 Handbook

Questions?
Derek S., Area 72 Chair
(949) 307-8690
chair@area72aa.org

Assembly Motion #1: Digital Newsletter

Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.

Background Information:

Purpose of the Newsletter. The Western Washington Area Newsletter serves as a primary communication tool for Area business. First established for this purpose in 1976, it covers essential information such as business meeting minutes, elections, motions, committee appointments, reports from elected and appointed officers, Standing and special committee updates, and service events that support carrying the A.A. message to the still suffering alcoholic. Flyers for Area service events are included and listed in the Area Events Calendar online. The newsletter is currently distributed in print across Western Washington to approximately 1,400 members and posted on the Area 72 website.

Intended Audience. “The published Newsletter is...intended to be shared with all the members of the Western Washington fellowship and relies on the [Area] Committee to generate content, encourage overall awareness, and ensure distribution to the Groups. The Newsletter is distributed monthly, free of charge, to [Area] elected and appointed officers, DCMs and Alternate DCMs, the GSRs of the registered [Area] groups, Past Delegates, G.S.O., the Pacific Regional Trustee....”
Our Stories Disclose...3rd Edition, Volume 1 (2023), page 338-340

2024 Discussion / 2025 Ad Hoc Committee

The cost of the Newsletter was discussed at the July 2024 Quarterly and 2024 Assembly. At the January 2025 Quarterly, an ad hoc committee was established to research the financial viability of printing the newsletter due to substantial cost increases in printing and mailing. The Ad Hoc Committee presented its report and recommendations at the April quarterly. Some questions from the April Quarterly were noted regarding

accessibility, printability, archival process and actual cost as areas to be addressed. The ad hoc committee presented additional information at the July 2025 quarterly to provide solutions to those questions. See Section entitled “Points Addressing April 2025 Questions” below.

Summary of Key Points:

- Reach: 1,400 members by mail / 5,000+ members if digital**
The current print edition of the Newsletter is mailed to 1,400 members primarily made up of the GSRs of registered home groups, District trusted servants, Area appointed and elected Trusted Servants, and Past Delegates. It is not mailed to the general membership, correctional facilities or remote communities. It reaches those members if provided to them. A digital delivery system has the potential to reach all home group members, including remote communities with a low bandwidth print option. Digital reach is estimated at upwards of 5,000 members in Area 72 in an easily viewable, searchable, printable and archivable format.
- Service Literature vs. Recovery Literature and Directly Carrying the Message**
The Area Newsletter is a service piece produced to inform the groups and districts on the business of Area 72. This is secondary to our primary purpose of carrying the message to the alcoholic. An example of directly carrying the message is providing literature for correctional facilities. The savings of \$30K+ by going digital can be redirected to projects that directly carry the message.
- Area 72 Budget Constraints**
The 2025 Area Annual Budget, recommended by the Treasurer and approved by the Area Committee at the January Quarterly, was limited to \$182,500 considering the previous two years of contributions averaged \$175,000 per year. To keep the budget at \$182.5K, the Treasurer, on the recommendation of the Finance Committee, capped the Newsletter budget at \$20K despite estimates for monthly publication of \$32K for the year. To meet the budget, a House Keeping Floor Motion was presented and passed at the January Quarterly to print and mail only the editions containing the Quarterly and Assembly Minutes, in compliance with Area Motions regarding the Newsletter to date.
- Cost of Print for 2026: \$35K / yr. Cost of Digital: \$1.5K / yr. going forward**
From 2020 to 2025, the cost of printing and mailing the Newsletter to 1,400 Area servants increased 218% from \$11,000 in 2020 to a projected \$35,000 in 2026 due to the Pandemic, supply-chain shocks related thereto, inflation and economic instability due to tariffs. The annual cost of a digital newsletter is estimated at \$1,500 per year after a one-time \$1,500 setup cost.

Points Addressing April 2025 Questions:

- Accessibility. Added an HTML-based digital option as a solution as follows:
 - Easily translated digitally, saving the cost of Spanish translation.
 - Loads quickly, even in rural areas with limited cell service and/or internet access.
 - Is compatible with screen readers and zoomable for those with visual impairments.
 - Meets the preferences of younger, more tech-savvy members.
 - Prints easily in 8.5 x 11 for members doing service work.
- Printable Version. Added an HTML-based option as a solution for reaching all members as follows:
 - The same HTML solution that addresses accessibility issues allowing members to print individual articles or the full newsletter on standard paper.
 - To print the paper at home it would be approximately \$4.00
 - Districts can support GSRs who need printed copies.
 - This approach is simple, flexible, and cost-effective.
- Archival Process.
 - GSO confirmed that digital formats are acceptable for archival purposes.
 - Best practices include using PDF/A, metadata, and secure storage.
 - The digital format allows for searchable, well-organized, and easily preserved records.

Assembly Motion #2: Newsletter Steering Committee

Move that Western Washington Area 72 Newsletter Editor shall appoint a working editorial steering committee to assist in the format, content and distribution of the Newsletter. The newsletter editorial committee will be chaired by the newsletter editor and made up of, at a minimum, the following positions: Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.

Key Point:

Regardless of whether Motion #1 passes, the Newsletter Editor has requested this motion separately as the responsibilities of the Newsletter Editor intensive and a steering committee would be beneficial to future rotations in publishing of the Area Newsletter.

Ad Hoc Committee Recommendation:

From the Newsletter Ad Hoc Committee Summary Report (See Motion #1)

1. Form a Newsletter Steering Committee

- Purpose: To support the continued development and implementation of a monthly digital newsletter, we recommend that the Area 72 Newsletter Editor appoint a working Newsletter Steering Committee. This group would assist with the format, content, and distribution of both the digital and printer-friendly versions of the newsletter.
- Composition: Include at a minimum, AA members with a desire to serve, and representatives such as the Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.
- Tasks should include but are not limited to:
 - Develop a simple article submission process, including a user-friendly template and submission tool.
 - Create a clear framework for how the editorial steering committee will function.
 - Draft a transition plan so that, if the Area Assembly chooses to move forward, implementation can begin smoothly.
 - Assist in the monthly preparation and publication of the Area newsletter.

Assembly Motion #3: Funding King County Metro Bus Sign Project

Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project During the 2026 Winter Holiday Period.

Background:

From 1992 to 2012 a bus sign project was maintained on King County Metro (KCM) buses. The signs let people know about the existence of AA in the area and how to get in touch. The project was funded by groups, individual contributions, and many Area 72 Districts. However, the project ended in 2013 due to an increase in advertising costs. Around that same time, phone books stopped being delivered to Washington residents. This was another place AA made itself known to the general public. The phone book would have reached 2,047,967 residents in King County that year. The current methods of outreach to the general public in our Area include: internet searches*, word of mouth, libraries, & literature racks.

Details

The idea would be to run the bus sign project during the 2026 holiday season, when people tend to struggle more (November 1, 2026 - March 7, 2027). If the Motion were to pass at this Assembly, the Area Treasurer would budget for it in the 2026 Budget. Here are the statistics:

- 11” x 17” signs would be posted inside buses and/or metro rail.
- Number of buses with signage: 200
- Duration signs would be up: 18 weeks, but probably longer
- Number of times those signs would be viewed: 3,942,900
- CPM (Cost per 1,000 views): \$2.62
 - This is a reduced rate due to our non-profit status.
 - For comparison, here is the CPM on social media in 2023:
 - Facebook: \$7.19, X (formerly Twitter) \$6.46, Instagram: \$7.91, YouTube: \$9.68
- **Total cost: \$11,145**
 - The minimum cost to have any signage is \$10,000.

Additional Considerations: Why Bus and Metro Rail Ads?

- Challenges to Public Information (PI) work being effective in news and media:
 - Breaking through the “noise” of all the different types of media.
 - Many people don’t read the newspaper anymore and get their news in small doses: Social Media, podcasts, apps.
 - More & more people are listening to streaming music and not the radio.
 - Most people don’t watch free public access television at 1am.
- The number of people who live outside the KCM system using Park & Rides: 19,976 per day.
- The bus routes are broken up by KCM, into four zones. The signs for each zone will be given a QR code. This will allow us to track where the interest is coming from.

KCM Bus Sign Project FAQ’s

QR Codes- where will they go?

- To a landing page that will direct them to a meeting in their area/zip code.
- This will be in Spanish and English

QR Codes- how will we track the return on investment?

- Rather than think in terms of ROI think impressions. The QR code will give us data on how many people are clicking into the QR code.
- We use ridership data to assess the impact of impressions and determine how many people are likely to see the message.
- We will not be able to track using QR codes by each bus line/transit line individually as the buses change their routes several times a month and do not travel the same routes.

Ridership

- Total average ridership weekly is 874,800, monthly is 3,900,167 +6% over last year, this is Jan-June 2025. There is additional data available on ridership by buses and transit.
- Buses and Sound Transit go south to Dupont, north to Everett, east to Issaquah/Sammamish, and west to Purdy.

Signs

- We can have multiple creatives at no extra cost. We will have several mock-ups to present at the Assembly.
- Signs can be in Spanish and English
- External bus signs are not a consideration at this point the cost is prohibitive from what we proposed.
- Replacing damaged signs-the question was asked about signs that get defaced or damaged. They are not in a protected plexi. Damaged signs get replaced within a 24-48 hour time frame at no additional cost.

Calls

- There will be a call in number for those people with flip phones who are not able to access the QR code.
- Working with the Spanish community with a call in number.

Isn’t this Promotion vs Attraction?

- The key term in tradition 11 is personal anonymity – not organizational secrecy or silence. The tradition aims to prevent individuals from becoming AA “celebrities”, not to keep AA hidden from the public.

Articles of the Month

AA members are invited to contribute their monthly District report and an AA related article on the ‘Topic’ of the month for publication in the newsletter. Address your report in an individual email with your District number and position to the newsletter editor in a word document. Flyers are to be sent in a PDF format.
Thank you for your service.

Elected Servants

DELEGATE
delegate@area72aa.org

Hi Area 72,

It’s been a great month running around Western WA and hanging out with you! We have had some thoughtful questions and great discussion at the Delegate Report Backs. If you haven’t been able to attend one yet, there are still several coming up. Check out our website for the latest listing of **Delegate Report Backs** <https://area72aa.org/events/>

If you or your homegroup members can’t attend a report back but still want to learn more about the 75th General Service Conference, check out the **Delegate’s Corner** on our website: <https://area72aa.org/delegates-corner/> (be sure to login first!). You’ll find the slide deck, advisory actions, committee considerations, and a quick reference guide.

If you have any questions at all please let me know, I am here to support you and your groups.

In service,
Courtney

ALTERNATE DELEGATE
altdelegate@area72aa.org

Hello Area 72,

Before diving into this month’s topic, I want to share a quick update on what I’ve been up to as Alternate Delegate for Area 72. Since my last newsletter article, I attended the International Convention in Vancouver, BC, participated in the Area Business Quarterly in Tacoma, and even managed to catch the new Superman movie. I’ve also added a few upcoming events to my calendar. Most notably, there are two upcoming workshops on how to host a Standing Committee Quarterly. Flyers for these can be found later in this newsletter and [online](#).

A huge thank you to Lisa and Jan (DCM and Alternate DCM of District 24) for inviting me to speak with their district committee chairs and inspiring these workshops. If you’re interested in learning about hosting a Standing Committee Quarterly—or just want to be of service—please join us. The workshops will be held on **Saturday, Sept. 6, from 10 a.m. to 1 p.m. at Greater Seattle Intergroup**, and **Sunday, Sept. 14, from 12 p.m. to 3 p.m. at the Lynnwood Alano Club**.

Now, onto this issue’s topic: *“We aren’t a glum lot.”* I was recently at a meeting where this line from *The Family Afterward* was read. Later in the paragraph is one of my favorites: *“We absolutely insist*

on enjoying life.” I don’t often need reminders to be silly, laugh, and enjoy the little things. In fact, my homegroup builds entire fellowship events around the mundane. We’ve ridden the light rail in matching shirts (thrice!), held a field day in the park, taken a group outing to WinCo (yes, the grocery store), and even gathered at twilight to watch the crows return to roost at UW-Bothell. These silly outings are meant to show newcomers—especially young people—that joy, fun, and a full life are all possible in recovery.

In my 19 years of recovery, I’ve witnessed incredible tragedy and heartbreak, but also beauty and love. Occasionally, they’ve existed in the same moment. I’ve seen a homegroup come together over the death of a beloved member; I’ve seen a group celebrate high school and college graduations for members. Despite the heaviness of alcoholism, I’ve seen cheerfulness, laughter and connection make way for usefulness. Over the years, I’ve learned my role is to help others. Not by pretending to be perfect, but by sharing my mistakes, flaws, goofiness, and all of my Order Muppet energy.

Someone recently told me I “pull out the weird in well-behaved inner children.” Maybe it’s not a gift, just a choice I’ve made: to have fun.

In the end, joy is not just allowed in recovery—it’s essential. I didn’t come to this way of life to simply survive; I came to live fully. If my experience shows anything, it’s that embracing fun, connection, and a little weirdness can be just as powerful as sharing my struggles. So, I’ll keep showing up authentically, joyfully, and absolutely insisting on enjoying life.

--
Lupita YM
Area 72 Alternate Delegate | Panel 75
altdelegate@area72aa.org |

CHAIRPERSON
chair@area72aa.org

Greetings Area 72,

July Quarterly
What a day? Three motions are heading to the Assembly Agenda and it felt like we really heard the Area Committee’s conscience on Saturday. The participation at the microphone was tremendous and it felt like everyone was able to share their conscience. Thank you all for making it such a wonderful day. I differentiate the Area Committee (comprised of DCMs, Appointeds, Electeds and non-voting Past Delegates) from the Area Assembly Body (comprised of GSRs together with the Area Committee). I look forward to seeing the conscience of the whole Body in October. For reference, here are some

stats on voting at the Quarterlies versus at the Assembly:

The voting members of the Area Committee are comprised of 44 DCMs, 16 Appointeds and 6 Electeds for a total of 66 voting members of which DCMs make up two-thirds. It truly is the DCMs committee.

At our Assembly, on the other hand, we will likely have around 400 GSRs, along with 44 DCMs, 16 Appointed and 6 Electeds for a total of 466 voting members for a voting super majority of GSRs of approximately 86%. When I look at it in these terms, I begin to see how important Pre-Assemblies are and that we should hold as many as possible in service to our GSRs. We are here for you! Let me know how we can best accommodate that.

Here’s the Pre-Assembly Schedule once again:
Saturday, August 2nd: Eastside Districts (18, 33, 34, 35, 36, 38, and 39)
Sunday, August 3rd: Online District 25 (open to all) via Zoom
Saturday, August 9th: Pierce County Districts (9, 29, 43, 44, 45, 54)
Sunday, August 10th: Southern Districts (7, 8, 21, 27, 28, 37)
Saturday, August 16th: Northern Districts (2, 3, 4, 11, 12, 19, 24, 46)
Sunday, August 17th: Peninsula Districts (10, 22, 55, 56)
Wednesday, August 20th: Virtual District 25 and Catch-All via Zoom 6pm to 9pm
Saturday, August 23rd: Central (Seattle) Districts (14, 15, 16, 17, 18, 31, 32, 40, 41, 42)
Sunday, August 24th: Spanish Speaking Districts (1, 57, 58)

Pre-Assembly Agenda
The agenda for the Pre-Assemblies is set and we will have a documents page for the Pre-Assembly accessible through the Assembly Documents page on our Area website at <https://area72aa.org/october-2025-area-72-assembly-documents/> . It will contain everything from the Pre-Assembly Schedule showing all the Pre-Assemblies, their locations and times, all on one page, a Pre-Assembly Agenda, and all the background information on each of the Motions and on the two Discussion Topics. We will also be performing a skit on how a Discussion Topic becomes a Motion and is then voted on at the Assembly. And like past Pre-Assemblies, we will review Assembly Survival Skills, Microphone Etiquette, the Weekend Schedule and all other things Assembly! I look forward to seeing you all at the Pre-Assemblies. And if you can’t make the one scheduled for your District, attend another and/or our catch-all virtual Pre-Assembly on Wednesday night, August 20.

In Closing and As Always...
And last and as always, please feel free to reach out as I am available to any

Intergroup, District or Home Group to share on service and/or personal recovery, to facilitate group or district inventories, or assist in group resolution or just answer random fellowship and/or service-related questions. Just email me as I am always happy to be of service.

Derek S., Area Chair
chair@area72aa.org

ALTERNATE CHAIRPERSON
ALTCHAIR@AREA72AA.ORG

Coffee, Tea, and a More Balanced Brew for 2026

Hi everyone!

Back in the April newsletter, I shared some thoughts about the cost of coffee [and tea] service at our events—and how we might fine-tune our approach to make Area Quarterlies and Assemblies more self-supporting, especially for our beverage-loving attendees.

(Which, let’s be honest, is *all* of us—because we’re alcoholics. We just switched beverages.)

Here’s the scoop: Our January and April 2026 host committees have agreed on a new plan!

While our current model *has* been self-supporting overall, the costs haven’t been equally shared across attendees. Online folks have been paying about half the registration fee, while attendees joining both online and in-person paid the full in-person rate—which means in-person participants have been covering more than just their fair share (especially when it comes to the coffee pot).

Starting in 2026, registration fees will be based on the cost of hosting the event *excluding* food and beverage. Since meals are already sold separately, coffee and snacks will now follow suit - sort of. Only in-person and “both” online and in-person attendees will contribute to those tasty perks.

Here’s how it’ll work:

- The expected budget for the January Quarterly is \$3,325.
- Coffee and tea service is estimated at \$795.
- That leaves \$2,530 to be shared by all 150 expected paid attendees—so the base registration fee is \$17.
- The \$795 coffee cost will be split among the 120 expected in-person/”both” attendees, adding about \$6 each.

- That brings the total registration to \$23 for in-person and hybrid attendees, and \$17 for online-only folks.

Even if you’re not a coffee or tea drinker, this is a step toward more equitable and transparent pricing. It helps keep us grounded in our Seventh Tradition—and ensures we’re all pitching in appropriately.

And hey—if we remember a budget item we forgot and need to tweak the registration form slightly, please don’t take it as a personal affront or an ironclad promise broken. It just means we’re human, doing our best, and adjusting as we go. :)

Thanks for being part of the solution—cup by cup!

Warmly,

Lisa S.

Alternate Chairperson
altchair@area72aa.org

TREASURER
treasurer@area72aa.org

ALTERNATE TREASURER
alttreasurer@area72aa.org

ACCESSIBILITY
accessibility@area72aa.org

ARCHIVES CHAIR
archives@area72aa.org

Accomplishments from the past month:

- I attended the 2025 International Convention. I tried to attend as many accessibilities related panels as possible: AA in remote communities, How is AA changing? Accessing the AA message while Neurodivergent, AA and the internet/digital media carrying the message
- We had our July quarterly on the 19th hosted by district 24, it was attended hybridly by half the districts. Our guest speaker was Elaine G. from District 8. She shared a bit of her story and what barriers she faces daily to attend AA meetings as a partially disabled member. Wheelchair access, getting to the meetings and are the facilities ADA compliant like they are promoted in the meeting guide app. All good info to hear firsthand from

someone that uses a wheelchair as a mobility tool.

Problems or issues you are facing or have already dealt with:

- I am getting better at using Google calendar and setting up notifications as well as training myself to check the calendar every morning before I consider my plans for the day.

Please share some goals you hope to achieve or begin work on in the next month.

- District 24 has asked for help in setting up a Safety in AA panel for its district. I am excited to help them do the research. Luckily the YP chair just participated in a Safety panel a couple of months ago so I will be reaching out to her.
- Attending district 3 business meeting in August. They do not yet have an accessibility chair and I want to help them to explain how much fun the job is.
- I want to attend our Spanish speaking districts to talk to

them about filling accessibility chair positions.

What am I grateful for?

- The wonderful Quarterly D. 24 hosted last week.
- My wife is the best weed puller I have ever met.
- Everyone who attended the July business quarterly for Area 72 and those who shared at the mic.

Your Service sib,
Bud W
accessibility@area72aa.org
253.392.4748cell

ARCHIVIST
archivist@area72aa.org
We Are Not a Glum Lot — And the Archives Prove It!
By Maryland, Area 72 Archivist

From the very beginning, Alcoholics Anonymous has been a serious solution to a deadly problem — but if you dig into the archives, you’ll find that humor has always been part of the medicine. The stories, letters, and even old flyers tucked away in file folders and acid-free sleeves prove that laughter has helped carry the message just as surely as any Big Book or 12-Step worksheet.

History Has a Sense of Humor

In one early Grapevine, a member wrote:
"AA taught me to take my program seriously — and myself a lot less so."

In a 1950s speaker transcript found in our collection, a longtimer quipped,
"My drinking career was a full-time job with no pay and terrible benefits — but the overtime in sobriety is full of grace and belly laughs."

Even Bill W. himself once said at a conference:
"Let's not louse this thing up. Let's keep it simple — and good-humored!"

Found in the Archives: Humor Through the Years

- 1977 Home Group Newsletter:
Headline read: "No Booze, No Bulls**t, No Boredom — Just Good Coffee & Better Friends"
- 1982 Convention Program:
Listed a workshop titled: "How to Get a Sponsor Who Won't Fire You"
- 1994 Meeting Format:
Margins included handwritten jokes like:
"My Higher Power works in mysterious ways — especially when I try to boss Him around."
- Undated Speaker Tapes from the '80s:
A member introduced himself as:
"Sober, single, and still trying to figure out if God wants me married — or just better at folding laundry."

Why This Matters Today
Humor isn't a distraction from recovery — it's a lifeline. It creates connection, breaks isolation, and reminds us we're human. In the archives, laughter becomes a time capsule — a record of how people stayed sober and sane.

That's why we preserve these bits of levity, not just the formal documents. Our archives aren't just full of facts and dates — they hold the heart of our Fellowship: hopeful, honest, and joyfully sober.

Top 5 Funniest AA Sayings from Our Archives

1. "Sober, not somber!"
2. "Take the cotton out of your ears and stuff it in your mouth — unless you're telling a joke."
3. "We don't shoot our wounded — but we will roast you a little at the potluck."
4. "My sponsor says God doesn't make mistakes... but clearly, He has a sense of humor."
5. "The only thing harder than the first step is finding your car keys after a meeting."

Want to Contribute? Share the Laughs!
If you or your group has a flyer, a funny share, or an inside joke from your meeting's history, consider donating it to the archives. Your laughter might just help someone years from now remember. ps: there is an incredible pink flyer for a Gratitude

Banquet in D9 that has a reference to their speaker, Phyllis H., a member of the A72 panel then, as a bawdry lady...quite wonderful to see the humor in AA - of course, now Phyllis is a our Past Pacific Regional Trustee and our Past Delegate

In Service

Maryland N.
Area 72
Archivist
253.365.8072

COOPERATION WITH PROFESSIONAL COMMUNITY
cpc@area72aa.org

We are not a glum lot, even though we're tired.

I set out to write something cheerful about not being glum—but the truth is, I've been feeling a little glum lately. Life is full. I'm working 11-hour days, pursuing my MBA, and staying active in AA service work. That last one, service, is where my heart is. It fills me up in a way nothing else does. But the rest? It's part of showing up for the life I've built, and for the security that allows me to keep going.

And yes, I'm tired. My head hurts some mornings. The weeds out front are threatening to swallow my porch. But even in the overwhelm, I'm not *living* in that glum place. That's the difference now. I get to feel tired. I get to feel off sometimes. But I don't have to *stay* there.

Because I also get to join my kids for a mid-week Mariners game. What a beautiful night! Not because I love baseball, but because I love being present, dependable, *there*. That wasn't always the case.

The Ninth Step Promises talk about a new happiness and freedom. I see it, even in the mess. And for that, this full, real, imperfect life, I am deeply grateful.

Sooz
Area CPC Chair

CORRECTIONS CHAIR
corrections@area72aa.org

Hi Everyone! It was so wonderful to see so many of you at the July quarterly! I am writing this from District 55 in Agnew, Washington looking out on the Strait of Juan de Fuca. Last night I had the privilege of going into Clallam Bay Corrections Center for two different AA meetings. One on the D unit and one for general population. Tomorrow night I will be visiting the Olympic Corrections Center. This facility is specific for men that will be released in the next few years. Outside AA members work with their point of contact at the facility and help me fill out the necessary paperwork to be a one time visitor. I would absolutely love the opportunity to come visit you and go to a meeting in your local correctional facility. Please reach out to me at 561-386-5733 or corrections@area72aa.org so we can schedule a visit.

Until next month, love you all.

Aimee B

Area 72 Corrections Chair

GRAPEVINE & LITERATURE
grapevine@area72aa.org
[GV/LV Instagram](#)
[GV podcast](#)

I didn't realize one of the many perks of subscribing to the Grapevine app included exclusive online stories. I use the app every day, starting each day with the Daily Quote as part of my morning meditation practice. The app has brought a smile to my face when it kicks on unexpectedly in the car leaving a meeting. As a recorded story plays I joke that I best not be a bad driver with the Grapevine riding shotgun. To paraphrase a joke from the humor collection, Take Me to Your Sponsor: "Why do I listen to the Grapevine app stories in my car? It's safer than picking up a hot drunk off the street."

Service work seemed like drudgery to me when I first came to Alcoholics Anonymous.

Devote spare time to volunteer? Didn't I just get back all these hours in the day by not drinking, planning to drink, sleeping off a drink, plotting a drink, sneaking off for a drink, dreaming of a drink, finishing off your drink? The following quote prompts my reflection on being a glum lot:

"I realized very early that if I put in a couple of hours each day on my AA program, I would have 22 hours every day to do whatever I want. But if I didn't have time for AA, I could plan for all 24 hours of every day to go down the drain of alcoholism, for an indefinite period of time —perhaps years, perhaps until death. ... By following this simple plan, I have managed to complete all the goals I ever had in life, during my sobriety." (Grapevine Online Exclusives, "Whatever happens to the authors of past Grapevine articles? Here, one returns to tell her story..." Gabriela R., Lynnwood, Wash., District 24)

When I check my Area emails, when I forward updates and events to my committee, when I get a call about service, and when I ask for help and resources, a smidgeon of the joy of sobriety gets deposited in my Anti-Glum savings account. When I announce in a meeting a happy/warm/sad moment listening to the Grapevine app, announce the latest book, or suggest the Carry the Message project when we talk about distribution of funds, I get paid a little sobriety in return.A few hours a day might be part-time work, but I'm getting paid for a full day of work. Who knows what tomorrow will bring; I might need every penny in that account to get through the day. Again, from the Grapevine humor collection: "What's the difference between a drunk and a savings bond? Well, a savings bond matures, and earns money."

Jack J
Grapevine and Literature Chair
Western Washington Area 72
gvlit@area72aa.org

LANGUAGE CHAIR
languagechair@area72aa.org

We Are Not a Glum Lot

This past week, at my homegroup, a newcomer took her seat for the first time. I was very glad to see her there. She’s someone I know from outside of AA—someone who, a little over a week ago, reached out to me for help. I had invited her to the meeting, with zero expectation of whether or not she would actually show up.

She didn’t introduce herself. Neither had I, at my first meeting. She didn’t draw attention to herself at all. She just sat there for the full hour, listening and experiencing the reading and subsequent shares with rapt attention. My homegroup is a lively one, with many service positions and enthusiastic members. There was a lot of earnestness in the shares that night. A lot of compassion. A lot of laughter and self-deprecating humor.

After the final prayer, she was swarmed by sober women. She was given a schedule and a phone list. Before she left, I asked her what she thought about the meeting.

She smiled and said, “It was fun.”

Then she seemed to grow self-conscious and tried to correct herself. “I mean, not fun, but…”

“No, I get it,” I said. “It is fun. It’s supposed to be fun.”

This, I think, is the ultimate point of what Bill meant when he wrote, “But we aren’t a glum lot.” Immediately after that sentence, he explains his reasoning: “If newcomers could see no joy or fun in our existence, they wouldn’t want it. We absolutely insist on enjoying life.” In the next paragraph, he expands even further: “So we think cheerfulness and laughter make for usefulness.”

Considering these passages makes me wonder if levity might be a kind of spiritual commandment in AA. We absolutely insist on enjoying life. Why? Not for our own sake. Not for the sake of seeking pleasure or self-fulfillment. God knows I’ve spent enough time already trying to fulfill myself.

No, I think we insist on enjoying life precisely so that we can bear witness to the newcomer. Like everything else in AA, it’s so we can be of better service to the still-suffering alcoholic. If they could see no joy or fun in what we’ve found here—in the message that we carry—why would they want it? Why would they come back for a second meeting?

As always, I’m grateful to the Big Book for reminding me of this fact: that I shouldn’t take myself so seriously, that I should have some fun sometimes, that I should allow myself to experience joy, that I shouldn’t carry the world’s troubles on my shoulders. After all, I never know who might be looking at me and wondering, “Can I have what he’s found as well?”

In Love and Service,

Charley P.

Area 72 Language Coordinator /
Coordinador de Idiomas, Área 72

Pronouns: he/him / Pronombres: él

languagechair@area72aa.org

NEWSLETTER EDITOR
newsletter@area72aa.org

I am looking forward to attending a few of our Area PreAssembly’s to discuss the upcoming motions.

Our next month’s topic is the Area Assembly and Rule 62. I am hoping that you can all share your experience with past assemblies and the importance of our group Conscience & participation.

Glum I am Not!

I must say that my sober life is so different than I had ever imagined. I truly believed that an AA meeting was basically a sad group of drunks hanging on to their sobriety by their fingernails. Meetings were probably sad affairs that mostly consisted of stories about how much we all missed our old life of lawless debauchery and isn’t it too bad none of us can drink again. Eventually my life drinking was so unbearable it lead me to that ‘jumping off point’ and I was willing to try anything, even AA.

Early in Sobriety nothing seemed to be going right. Regardless, I embraced the fellowship. Although not much was going well by standard measures I must say I was having a great time! I found my people and started hiking and camping with a sober group of alcoholics. It did not cost much money and it kept me out of the sordid places. I discovered that most of us in recovery were ‘the life of the party’ even without the alcohol. As I worked through the steps I learned to have a balanced program I would need the fellowship(Unity), the steps(Recovery) and of coarse the 3rd Legacy, Service

Area Service has certainly challenged me on so many levels. Sometimes I have no idea how I will be able to meet the demands of my various service positions, sponsee’s and still maintain my program so I can commence to live my life Joyous and Free. It seems like an impossible task.

In the beginning, little did I understand that the best years of my life were about to begin. It all started with new ambitions and a purpose that I had never really understood. I feel like I play an important role in life and my relationships mean more than ever before. My kid told me after a couple of sober years....”You are so much more fun and interesting to be around than you used to be!” I had no idea that I was watching life from outside before and now I am living it to the fullest. Present and available to the people I care about the most. I am passionate about the projects I take on and I may not be perfect but I am determined to show up at my best. Progress not perfection.

I am truly having a great time whether I am at a family event or an Area Quarterly.

Gratefully of Service,

Erin E

Newsletter Editor

Λ

PUBLIC INFORMATION CHAIR
pi@area72aa.org

We Are Not a Glum Lot

When I was drinking, I couldn’t imagine any other way to exist. The idea of having fun *without* alcohol was completely foreign to me. I remember a conversation with my father—who didn’t drink—where I asked him why he chose not to. He simply said, “I don’t like the taste of alcohol.”

My response? “You have to learn to like it.”

He looked at me and asked, “Why?”

I said, “So you can feel the effects.”

What he said next hit me like a brick: “*Why would I want to change the way I feel? I like how I feel.*”

That stopped me in my tracks. I had never liked the way I felt. Changing how I felt was the only way I knew how to survive.

When I came into the rooms of A.A., I started to see something different. I saw people who were *happy, serene,* and *confident*—without drinking. I got sober on a small island in Southwest Florida, where A.A. became my refuge. People laughed in meetings, and they laughed even more in fellowship afterward. That joy was contagious. I wanted what they had.

They took me in, enfolded me into the heart of A.A., and showed me what life in sobriety could be. We had beach parties, gatherings in each other’s homes, road trips to meetings off-island, and service commitments that brought purpose. I began to experience what fun *really* looked like—genuine laughter, true connection, and a sense of belonging.

Today, I understand my father’s words. *Thank God.* I don’t need to change how I feel anymore. I like the way I feel.

And best of all? We are definitely not a glum lot.

Julie U

PI Chair

REGISTRAR
registrar@area72aa.org

We are not a GLUMP Lot and Lots More...

There were some things in my early recovery that I was so worried about and certainly one of them was, would I ever have fun, laugh, dance again with the freedom I THOUGHT I had when drunk and using. I remember spending a lot of time looking in the mirror, wondering who I was now without all my armor and protection. About six months in I went to my favorite dance club and with every bit

of courage I could gather I danced and let myself laugh and feel a whole new sense of freedom. Good news, I had rhythm and my dance moves and a new very easy and corny sense of humor that was no longer sarcastic or at other people’s expense. Some of my darkness had faded and things were and are simpler and easier if I keep these amazing gifts and lessons 24 hours at a time and give them away in order to make space for more love and laughter and grace and gratitude.

Currently my journey as registrar and with this service commitment is a challenge and in the first two quarters I have really struggled with the weight of the demands of the position. I have lost my humor and my simple approach. I often feel fearful that I am just not keeping up with the workload and I have been a bit of “a deer in the headlights.” So, worried that I have handicapped myself and become frozen by my need for perfection. To put it simply and honestly – I have not been working my program with my service commitment and I have forgotten RULE 62...

So, the next Five months of this year is going to look different. I am going to make myself more available by having monthly meetings on Zoom to connect with each District Registrar or person assigned to each district to track groups and their GSR’s and Alt GSR’s as well as District Leadership. I will help you as I help myself and hopefully together with your questions and information, I can bring this position to life for you and me!

Please look at the EVENTS Calendar on the Area Website for July through November for the workshop/meeting dates and times. I will keep a consistent day on Sundays and will vary the times to hopefully make our time together as convenient as possible. Also, if you need tutorials or help we can arrange individual zoom meetings to help get your groups up to date with your District ASAP. I look forward to sharing this position more with each District Registrar. If any of you would like me to attend your monthly district gathering’s, please let’s set that up in advance and I will be honored to attend your District Meetings and explain the service and support you in any way that I can.

Thank you for your patience as I turn my approach around and hopefully be a better servant to the Area and your Districts.

With Respect and In Service,
Houston L
Area Registrar
206-280-5645
registrar@area72aa.org

SECRETARY
secretary@area72aa.org
We Are Not a Glum Lot — From Tiny Offices to Global Fellowship

“We absolutely insist on enjoying life.” — Alcoholics Anonymous, p. 132

Before there were “rooms,” there were desks. Before there were slogans on walls, there were typed letters and carbon copies in a little New York office with a telephone, a secretary, and a few faithful alcoholics doing the impossible — staying sober and helping others.

Two women — Bobby B. and Nell Wing — weren’t members of A.A., but they were there when the heart of A.A. was still forming. They weren’t giving shares in meetings. They were doing the invisible work — and they did it with laughter, grit, and purpose.

Bobby B. — A Voice Before the Rooms Had Microphones

In A.A.’s Great Communicator: The Untold Story of Bobby B., we’re introduced to a brilliant, brave, and funny woman who joined the office staff in the early 1940s — back when the Fellowship numbered fewer than 100.

She answered letters from alcoholics across the country. She typed, listened, encouraged, and eventually took the message on the road as one of A.A.’s most beloved early speakers. Bobby’s style was direct, funny, and full of light: “I drank because I couldn’t stand people. I stayed sober because I couldn’t stand myself. And now I go to meetings because no one else gets my jokes.”

Bobby B. didn’t invent humor in A.A. — she revealed it. With every wisecrack came an undercurrent of truth. With every truth came a chuckle that said, “You’re not alone.”

Nell Wing — The Guardian of A.A.’s Memory

In 1947, a young woman named Nell Wing took a job as Bill W.’s secretary. What followed was a lifetime of service. Nell was not an alcoholic, but she became one of the most trusted voices in preserving A.A.’s written, spoken, and spiritual legacy. As A.A.’s first Archivist, Nell didn’t just keep records — she kept the tone.

She understood that the laughter in a speaker’s voice, or a joke scribbled in a meeting log, was just as important as the formal reports and G.S.O. minutes. She once joked that her job was to “capture what happened — and what it felt like when it did.”

“Bill would ramble,” she recalled, “and I’d try not to edit too much — the spirit was in the wandering.”

She didn’t just protect facts. She protected the fellowship of A.A.

The Archives Remember Our Joy

In Area 72, the laughter lives on. In our Archives, we’ve preserved the story of the time the when the “one armed bandit’s” bought Easter clothes for Bill and Lois and the story of Mary B. who challenged the organizers of the Saturday night parties with broken bra straps. And many more...

These aren’t jokes about A.A., they are part of A.A. They tell us: this thing works, and we don’t have to be miserable to prove it.

Service Isn’t Always in the Room — But It’s Always in the Heart

Bobby B. and Nell Wing were not “in the rooms”, they were in the trenches — quietly helping A.A. become what it is today.

And as trusted servants in Area 72, we carry that same call: To serve with purpose. To preserve our story.

And to laugh — even (and especially) when things don’t go according to plan.

We are not a glum lot.

We absolutely insist on enjoying life.

And thanks to the laughter of those who came before us — we still do.

Thank you to AI and the Area 72 Archivist for their assistance with this article.

Don N.
Area Secretary

SOUND AND ZOOM COORDINATION
sound@area72aa.org

In Alcoholics Anonymous (AA), the phrase “*We are not a glum lot*” serves as a powerful reminder that recovery is not a grim or joyless journey. Found in the Big Book, this phrase challenges the stereotype of sober life as dull or depressing. Instead, it reflects the joy, humor, and fellowship that often define life in recovery.

For many of us, myself included, the early days of sobriety can feel overwhelming or emotionally heavy. But as we continue our work in the program—attending meetings, working the Twelve Steps, and connecting with others—I found a surprising amount of laughter, warmth, and shared humanity. The phrase underscores a key truth in our program: sobriety isn't just about abstaining from alcohol; it's about living a full, meaningful life.

Humor, in particular, plays an important role in meetings and community events. We share personal stories filled with humility, irony, and often self-deprecating laughter, finding healing not only through honesty but also through connection and shared experiences. In this way, “*we are not a glum lot*” becomes more than a statement—it’s one of our cultural cornerstones, a reassurance to newcomers, and a celebration of the transformation sobriety can bring.

Ultimately, AA taught me that freedom from alcohol leads not to a life of deprivation, but one of joy, growth, and deep human connection. And that’s nothing to be glum about! :)

Area Sound and Zoom
Anthony G

TREATMENT CHAIR
treatment@area72aa.org

We Are Not A Glum Lot
“Rule 62: Don’t take yourself so seriously”

On the train to the 2025 International AA Convention, we sat by a couple who were hilarious, they kept us in stitches the entire trip. As we were crossing the Canadian Boarder the gentleman stood up and asked the entire train of people to say the Serenity Prayer, we all stood up and prayed with him. That was a great example of Rule 62, especially when I looked out over the train and saw that several people had no idea what was going on. Seventy Five percent of the train were AA members, but the other 25% looked totally bewildered. It was brilliant.

I was asked to be a speaker at the Convention and even though I had previously attended six AA International Conventions I was still extremely nervous to speak in front of so many people. My answer was to tell a few self-deprecating stories and jokes. Once the audience as laughing, it made me relax and have fun. They were definitely not a Glum Lot. It was a blast.

We saw so many examples of Rule 62 during the entire convention. It is my favorite vacation every five years. It is so fun to watch thousands of people together sober having a wonderful time. People were dancing sober, in front of everyone during the Block Party. That is something many of them would only do with other sober people. We are people who thought our lives would not end well and here we were kicking our heals up and having the time of lives. I was so grateful there were newly sober people there to witness and experience the joy for sober living.

Another wonderful example was a Ladies gathering I attended last weekend. We ate too much and played silly games and laughed non-stop. We were all laughing at each other and ourselves. By the way, there were about 28 ladies in attendance and the average age of sobriety was about 32 years. By the time you get that much sobriety under your belt, you have learned to let go and have some fun in sobriety.

Suzi L
Area Treatment Chair

TECHNOLOGY & WEB CHAIR
webchair@area72aa.org

WEBSERVANT
webservant@area72aa.org

We Are Not a Glum Lot

When I first walked into an Alcoholics Anonymous meeting, I was scared and filled with a sense of dread and uncertainty. I had reached my bottom, and the idea of sharing my struggles with a room full of strangers was even more frightening. However, what I found in meetings was far from the somber, joyless experience I had imagined. Instead, I discovered a community of individuals who, despite their journey, exuded a sense of hope, camaraderie, and even humor. It was then that I truly understood the phrase, "We are not a glum lot."

In AA, we often share our stories, not just of our struggles, but of our triumphs and the lighter moments that have helped us along the way. Laughter is a common sound in our meetings, a testament to the resilience and spirit of those who have chosen the path of recovery. We find joy in the small victories, in the support we offer each other, and in the realization that we are not alone in our journey.

One of the most profound lessons I have learned in AA is the importance of gratitude. By focusing on the positive aspects of our lives, we can shift our perspective and find happiness even in the midst of adversity. This practice of gratitude has been a cornerstone of my recovery, helping me to appreciate the beauty in everyday moments and to remain optimistic about the future.

The fellowship of AA has also taught me the value of service. By helping others, I have found a sense of purpose and fulfillment that I never thought possible. Whether it's offering a kind word to a newcomer, sharing my story, or simply being there to listen, these acts of service have brought immense joy and meaning to my life.

It's important to acknowledge that recovery is not always easy. There are days when the weight of our struggles feels overwhelming, and the path ahead seems uncertain. But even in those moments, the support and encouragement of my fellow AA members reminds me that I am not alone. Together, we find strength in our shared experiences and hope in the promise of a brighter tomorrow.

In conclusion, being a part of AA has shown me that we are indeed not a glum lot. We are a community of individuals who have faced our demons and emerged stronger, more resilient, and with a renewed sense of joy and purpose. Through laughter, gratitude, and service, we find light in the darkest of times and continue to move forward, one day at a time.

In love and service,
Shu D.
Panel 75 | Webservant

YOUNG PEOPLE'S CHAIR
ypchair@area72aa.org

Hello, Area 72!

You can look at my quarterly report to find out what's going on at the Young People's committee. I'm excited to have Nick K, delegate from Area 41 and chair of the conference PI committee at our next YP quarterly to give a report on the GSO Young People's video project. I will share more information on that in my next submission. The videos our area made last rotation are available to watch on the Area's YouTube channel at <https://www.youtube.com/playlist?list=PL3tT8R-0jibPnShStuH6EpxSmRAFqZakv>. Go check out the videos to hear the experience, strength, and hope of many people from our area!

I love the topic, "we are not a glum lot". It makes me think about when I was a young person in AA and first got into general service. I first got involved because my friends were. When I was first a GSR, I had no idea what I was doing or what it was all about, but I saw the fun others were having and it drew me into service. I remember the feeling I had at my first assembly. I felt a feeling of comradery and serenity in that room. I caught the service bug and I never looked back. My favorite part of general service is the people I've met and the fun I've had. When I'm involved in service, I feel like I am in the middle of it all. For an alcoholic like me, being in the middle is right where I need to be. I now strive to get other young people involved, so that they can share the experience I get to have. We are definitely not a glum lot!

In love and service,

Heather Spencer
Area 72 Young People's Chair
ypchair@area72aa.org

Districts

DISTRICT 1
Spanish Speaking District South of King/Snohomish Counties, Olympic Peninsula
aaintergrupalarea72.org
dcm1@area72aa.org

DISTRICT 2
Camano Island & Northwest Snohomish County: Stanwood, Arlington, Silvana
district2aa.org
dcm2@area72aa.org

DISTRICT 3
Southeast Snohomish County: Lake Stevens, Snohomish, Monroe, Sultan, Gold Bar, Index
skyvalleydistrict@area72aa.org
dcm3@area72aa.org

District 3 continues to move forward with purpose and participation. Our district picnic is scheduled for August 2nd, from 10:00 AM to 2:00 PM at Skykomish River Park in Monroe—a chance for food, fellowship, and informal connection. Two weeks later, we’ll co-host our Pre-Assembly on August 16th, at the Skagit PUD, supporting our local GSRs and trusted servants in preparing for the Fall Assembly.

On the business side, we’ve continued to hold regular district meetings and have started inviting Area Appointed positions to share about their service roles and committees. We hope these visits will add depth to our meetings and help connect members to the broader service structure.

In that same spirit, we’ve had some light but meaningful conversations about how to keep things from becoming too routine. We’re exploring ways to make our district events feel more like events—adding small touches like coffee, snacks, or shared meals to encourage participation and keep the experience welcoming. It’s easy to fall into a rhythm that feels dry or obligatory, and we’re working to become a little more intentional around creating a service environment that reflects the joy and connection that AA offers.

As always, District 3 is grateful for the ongoing support from the Area and neighboring Districts. We look forward to continuing this work together—with a little laughter along the way.

In Service,

Dan H
District 3 DCM

DISTRICT 4
Skagit County, Burlington, Concrete, Mt. Vernon, Sedro Woolley
District 4aa.weebly.com
dcm4@area72aa.org

DISTRICT 7
South Clark and Skamania Counties: South Vancouver Area, Camas, Washougal, Stevenson, Carson
vancouveraa.org
dcm7@area72aa.org

Greetings from District 7. Currently we are deciding if we want to set up a booth at “Hands across the bridge”, a local gathering of people in recovery. We are officially in the Skamania county jail thanks to the hard work of Scott, our corrections chair, and Robert, the alt-DCM. Our young persons committee has been formed and I’m excited to see what they do to introduce more youths to the program. The treatment committee is still going strong.

Here’s what I know, if I don’t laugh about it, I could die. I had some deep traumas to expose in my fourth step, and so do the women I sponsor. Sharing this burden is hard to do but we do it in AA. We hold space for the ones we care for. Instead of crying about the pain of the past, we pick up the spiritual toolkit and take the beast head on. With Gods helping hand, we turn fear into courage and faithfully walk God’s path with delight. When I’m delighted, I tend to giggle and before you know it we are laughing. And we need to laugh, no longer living in guilt, shame, or remorse, we need to laugh.

Thank you for allowing me to be of service,

Rose
DCM 7

DISTRICT 8
Thurston & Mason Counties: Olympia, Shelton, Lacey, Tumwater, Hoodspert, Matlock, Rainier, Littlerock
aadistrict8.org
dcm8@area72aa.org

DISTRICT 10
Kitsap Peninsula: Silverdale, Bainbridge Island, Kingston, Poulsbo, Chico, Belfair, Bremerton, Kingston
dist10.org
dcm10@area72aa.org

Greetings AA Fellowship from District 10!
District 10 has been getting together at parks all across the district for various Summer Picnics with some more to come in August.

Our Webmaster Ron B. continues to improve the District 10 Web Page and it looks amazing! Check it out here: <https://www.dist10.org/> . Ron worked with the Area Web team to get our website connected with the area website meeting lists. This makes it easier for the meeting guide app to stay up to date! Thanks to Rob, Jacob, and the area web team!

We’ll be at the Kitsap County Fair this year for the first time thanks to Therese

M. and her amazing PI committee. This is a 5 day event between August 20-24, 2025. There was initially anonymity concern from members in the district about attending such events and they brought this concern to the district meeting. As a district, we discussed Public Information and how this committee functions in carrying the message to the public and formed a training program for the volunteer members who will be manning the booth. You can find the zoom link to our volunteer trainings at our website under events.

When I first walked into the rooms the phrase, “we are not a glum lot”, was one of the very first AA promises I received, because in the beginning I couldn’t see a life without alcohol. The fellowships camaraderie kept me coming back and as time passes, I’ve learned to celebrate life as I continually grow. I’m thankful that general service gives me opportunities to continue to grow and I’m thankful to those who show us how to have fun in the process!

In loving service,

Hollie Mc
Alt DCM 10

DISTRICT 11
Whatcom County: Bellingham, Blaine
whatcomaa.org
dcm11@area72aa.org

Hello Area 72,

This really isn't about our district so much as a couple of different home groups that have a similar structure around celebrating birthdays.

A couple of the groups in our district have a standing tradition that we, the sponsors and sponsee brothers and sisters, throw a party for members who are celebrating multiples of five years of continuous sobriety. This is something that really brings the groups together and helps new people see what we are really about.

I'd like to really focus on a series of events that really speak to the idea that we are not a glum lot. We have a small group of knuckleheads who like to mess with people and have an "unconventional" good time. Some might say that they are crude or rude but they are ours and we love them. One day, a few years ago, one of the older members was bantering back and forth with one of the guys and the two of them made a bet that the younger member was never going to stay sober to see his fifth year celebration. Nobody thought a whole lot about it since it was pretty standard type of banter for this particular group.

Well, that member managed to stay sober well past his fifth year and the two went back and forth about how this bet was going to be executed. Turns out, the older member wished that he'd never made the bet but was a man of his word so it had to be completed. About a year and a half after the younger members birthday, the older member had his 30 year party and at that party, the younger

member broke out a tattoo machine and executed his winning bet reward and tattooed the older members wife's initials in a heart on his ankle. It is potentially the worst tattoo to date. However, the best part of this story is that the younger member needed to practice tattooing since he'd never performed such a task, so he tattooed the wife's initials on one of the other knuckleheads upper thigh immediately after completing bet tattoo, it was revealed to everyone that both members had the same tattoo of the older members wife's initials performed by the same "tattoo artist". Everybody is still sober to this day

DCM 11

DISTRICT 12
North and East Snohomish County, Everett, Marysville
snocoaa.org
dcml12@area72aa.org

“We are not a glum lot”
There wasn't a lot of Joy or Happiness in my last days of Drinking. I definitely came to that “jumping off point” our book talks about, where i couldn't imagine life with or without Alcohol. I believe that's where I first surrendered. I came to AA and saw happy joyous and free people and found hope there. I found a Sponsor he suggested I find a homegroup and get a Service position. I found my first homegroup and found plenty of stuff to do. Cleaning Coffee cups, emptying ash trays, wiping tables down, mopping floors, taking trash out, cleaning toilets. He said that's all great stuff, but I should get a 2 year Service Position. I would never have imagined how doing things such as these would bring any joy or happiness, but they did.
One day my home group sent me to the District12 business meeting to get Meeting Schedules. They sent me home with Schedules and said I could be the GSR for my Homegroup if it was ok with them and it was. I got to be GSR. those District people had lots going on and said, “ it will be fun” Once again it didn't sound like a lot of fun, but I always had a lot of Fun doing it. I volunteered to run the Kitchen for the Gratitude Banquet for 4 years so rewarding I was hooked. I got to be the Treatment Chair 2 times. I left my District work at some point to keep the door open at several meetings at 34 Oakes Fellowship Hall, which was equally fun and super rewarding. I ended up rotating out of all my Service work to spend time with my Family and travel around this great country and experience AA outside of Washington prior to the Pandemic. I came back to Washington but had a real bad fall at work and almost drowned in Lake Union. Then the Pandemic Hit. I got real sick and was in and out of the Hospital and in

May of 2020 I landed in ER with a Perforated Large Intestine which changed my whole world. I recuperated and spent a year with a colostomy bag after almost dying. Amazingly I got a reversal surgery I truly am blessed. Slowly we met in back yards on the phone or Zoom till 18th Baker opened.
I got a new Homegroup and got to be its GSR. We now have 13 members I Rotated out after 2 years. When I was at the last Assembly, I saw Patrick make himself Available for every position. So, I went back to District12 and made myself Available for DCM and was Elected to Panel75 I was so inspired from what I saw at the Assembly. It's been a Real whirlwind my heads still spinning 7 months in. It just keeps getting better and better this is by far the most rewarding thing I've ever done. We had the Greatest Delegate Report Back recently for the North Districts that didn't go exactly as planned but in the end it all worked out plus we got to learn a lot from our mistakes. On July 4th my Homegroup hosted a BBQ with 150 people that was practically self-supporting. I was so excited to attend the July quarterly but had to come home Friday night because a death in our family. I followed that up with a District12 and 19 combined Picnic last weekend which was super Fun even while dealing with our loss. Sadly, my homegroup had a big scare and our GSR stepped down as our Central Office Rep. We had some Treasury difficulties last week that Righted themselves. Most of our positions are filled and our attendance is Growing. We've been continuously improving our Hybrid Zoom meeting. I get to be on the Web Steering Committee with Shu, Patrick, Allan 2 other DCMs and Jenn our Archives steering Committee Chair? I came back Friday night and was so moved by watching Erin our Newsletter Chair once again I was inspired by someone's dedication to selfless service to Alcoholics
Anonymous.
Shane
DCM District12 Everett to Tulalip and Marysville Wa. Member of 34 Oakes Fellowship Hall Homegroup Big Book Study 18th Baker

DISTRICT 14
West Seattle, White Center, Vashon Island
seattleaa.org
dcml14@area72aa.org

DISTRICT 15
Downtown Seattle, West Capitol Hill, South Seattle
seattleaa.org
District15

DISTRICT 16
Northeast Seattle, University District

seattleaa.org
dcml16@area72aa.org

DISTRICT 17
Northwest Seattle; Ballard
seattleaa.org
dcml17@area72aa.org

Taylor (outgoing DCM) and I went to the International Convention. We heard some incredible stories, learned what AA is like in other countries, and spent the weekend having fun with other alcoholics. Our Seattle crew single-handedly got the party started on one of the dance floors Friday night. Another night, we went to the Richmond Night Fair and filled up on fair food. We started our last night on the dance floor then spent 3 hours chatting about life and sobriety in a hotel room. Overall, it was awesome to see the scale of AA and to spend so much time with sober friends! And it was a perfect example of AAs not being a glum lot!

Josh B
Alt DCM, D17

DISTRICT 18
Renton, Kent, Tukwila
seattleaa.org
dcml18@area72aa.org

District 18 is on fire. Please see the oral report given by our amazing alt DCM at the quarterly for a more detailed account of how supremely dedicated to potlucks we have become!!
It is my job to make sure the groups in District 18 understand the information coming from Area. That requires understanding where folks are at. We have people not connected digitally, so print outs are still very important to provide at the District meetings. These folks are not necessarily older folks, they are just working folks that don't have the time nor the inclination to sit in front of a computer.
These people exist. In my experience, the more digital we are forced to become, the more we will have people uninterested in complying, and therefore unreachable via digital means.
The great tool of technology, the tool that is supposed to bring people together is creating a serious chasm between the haves and have not's, the want to's and the you can't make me's.

They are simply interested in old fashioned AA, thank you very much. Old fashioned face to face communication. You remember? The slowed down, more tangible version of life?
It's nice to see beautiful things on our screens, but it's invaluable to see life take on new meaning in the face of the newcomer.
Let's not rely too heavily on the false God of technology to do our jobs for us. We may find there's nothing left for us to do in AA if we're not careful.

In service,

Lara R

dcm18@area72aa.org

DISTRICT 19
South Everett, Mill Creek and Mukilteo
dist19.org
dcm19@area72aa.org

DISTRICT 21
Grays Harbor and Willapa Harbor Areas, Aberdeen, Hoquiam, Montesano, Raymond
<http://aa21.org/>
dcm21@area72aa.org

We are not a Glum Lot

I got sober when I was 26. Before I went to my first AA meeting I expected to walk in and see a bunch of sad people whining about not be able to drink or have fun anymore. When I walked in the door I heard laughter and saw a lot of smiling faces welcoming me in. I was not sure if I would ever have fun again without alcohol but I also knew I might not make it to my next birthday if I did not stop drinking. I got a sponsor and started working the steps right away. One night after a meeting I got invited to go out for coffee with everyone. I was a little nervous about going because I didn't really know anyone but I really wanted to stay sober so I went. At first I just sat there listening to people tell stories and jokes but it wasn't long until I was laughing with them. When I woke up the next morning my face and my stomach were sore from laughing so hard and so much and I wanted more of that. That was when I started to fall in love with AA. Yes, alcoholism is a serious disease that kills people like us every day, but my sponsor taught me that laughter is also a very important part of healing. We are definitely not a glum lot. Like it says in the Big Book, "If newcomers could see no joy or fun in our existence, they wouldn't want it." My pain and my disease brought me to AA but it is the joy and laughter that keep me coming back.

Lisa Beshears

District 21 DCM

DISTRICT 22
North Olympic Peninsula: Port Angeles, Forks, Joyce, Clallam Bay, Neah Bay
nopaa.org
dcm22@area72aa.org

DISTRICT 25
Online meetings
onlinedistrict25aa.org
dcm24@area72aa.org

Its important to be reminded frequently in and by Alcoholics Anonymous that "We are not a glum lot... those of us who have tried to shoulder the burden and trouble of others find we are soon overcome by them." And that is what District 25 (and dare I speculate the elected and appointed Area trusted servants as well) are currently experiencing as we try to work with and find a solution to the problem of just how to insure that all of the online

members/groups registered with GSO be able to access the Area 72 website for their own informational purposes. Its too easy to get caught up in feelings of resentment and urgency and fear but we know from our program that these feelings are only barriers to solutions, happiness, and real freedom. And so we look to work with, not against, the very people who appear to be creating a problem where we believe none needs to exist; to hear their thoughts and ideas, to share our perspective and also call to any others in the Fellowship to weigh in and so create the open mindedness necessary to move forward as we grow.

Jo G.,DCM25

DISTRICT 27
Cowlitz, Pacific and Wahkiakum Counties: Longview-Kelso Area, Long Beach Peninsula
district27area72aa.org
dcm27@area72aa.org

DISTRICT 28
Lewis County: Centralia, Chehalis
lewiscountyaa.org
dcm28@area72aa.org

We are not a glum lot, Cheers, I'll drink to that! The incarcerated tea tootlers by enforcement seem to prefer coffee. Ryan, our Corrections Chair, recently got approval from a local facility to serve coffee at the weekly AA meeting. He announced the verdict to the group that the following week coffee would be served. A procedural glitz postponed it another week: however, to his surprise, a record number were in attendance for the weekly "coffee" AA meeting. With quick thinking he applied Rule 62. Assuring them coffee the following week, he pleaded they leave their extra shoestrings in their rooms. We (D28) are not a glum lot! Please do not lynch our Corrections Chair.

However, we are serious when it comes to having fun. The 34th Annual Cowlitz River Roundup took place the weekend of July 18-20 at Cascade Peaks campground in Randle. The three-day family event included three AA speakers, two Alanon speakers, and two Saturday noon meetings, one each for men and women. Also, camping, swimming, barbequing, late night campfire meetings and an organized hike in the forest. Great Fellowship, celebrating success stories and lives. "It means release from care, boredom and worry. It is joyous intimacy with friends and a feeling that life is good." (BBp.151) Thanks to all on the large committee made up of members from many different groups in our district. (28) Special thanks to Cody, homegroup Step Sisters, one of our two women's groups; for Chairing again this year. We hope to see some of you there next year.

So, if we agree, Rule 62 'Don't take yourself so damn seriously', and, you're not constrained to the glum lot crowd, then what better way to share your experience, strength, and hope than speak

at a Speaker meeting?

Not for you? How about listening at a Speaker meeting? Come join us here in District 28 on August 2,2025 as we celebrate our first anniversary of our 3rd Legacy Speaker meeting held every three months at the Forest Grange. 3397 Jackson Hwy. Chehalis, Wa. 98532. Featuring Jason J.-Portland, Or. and Tim W,- Portland, Or. 5:30 pm BBQ dinner prior to speakers. Bring your favorite dessert to share.

In conclusion, if Noah Webster asked me to submit a word that is opposite of 'glum', I would exercise the clause, 'A picture is worth a thousand words' and send a panoramic portrait of all of district 28s home group's members smiling faces. The definition would be self-explanatory.

Jim M.
dcm28

DISTRICT 29
Puyallup, Eatonville, Orting
pugetsoundaa.org
dcm29@area72aa.org

DISTRICT 31
Burien, Des Moines, SeaTac, Tukwila, Normandy Park
seattleaa.org
dcm31@area72aa.org

Topic: We are not a glum lot.

"But we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life." (AA BB p. 132)

My husband and I like to participate in a panel at Key Recovery. Someone usually asks us what we do for fun? Wow, I've never had so much fun! Once I got the freedom from alcohol, my life took off. From hiking with my Bestie, to motorcycle rides with my husband and friends. I've climbed mountains, seen breathtaking sights, and had belly laughs till I cried and my sides hurt - -all without a hangover. I've also taken trips now that I have a few \$\$ in my pocket. There is so much laughter and joy in the meetings, in the carpools to and from, in the conferences, and in service work. And the potlucks are the best, we eat well! Who would stay sober if it were boring and glum?!

But the best part is seeing newcomers come in, beaten down by the disease, and then the magic happens: in sobriety they start to come to life, laughing, becoming a part of the fellowship, and eventually carrying this message to others. Their lives get bigger and bigger. We carry this joy in all areas of our lives outside of the meetings, to our families, jobs, etc.

I went to my first Area Quarterly, nervous, because I only knew a few people. By the time I left I felt a part of them, had shared some good laughs, and had met a host of new friends.

AA gave me a new outlook on life. There's not enough time to do all the fun things I want to do!

Love and Service,

Dawn P.
Alt DCM District 31

Self-Supporting

Here’s some AA history:
Our concept of self-supporting came from John D. Rockefeller Jr. & Albert Scott. Bill was meeting with them (and others) seeking to get financial support for a hospital, paid staff, and a book. Albert Scott thought it over and asked, “Won’t money spoil this thing?” [Pass It On pg. 185]. Then later in the same chapter Rockefeller Jr. agrees, “Too much money could spoil the work.” And hence the concept of self-supporting was born.

I was a financial mess, always needing help and owing everyone. I thought my money problems were because I was a single mom and didn’t make enough money. Not seeing that I didn’t live within my means, or on a budget. Overspending.
Undisciplined. That was me when I came into the rooms. AA taught me to be self-supporting, pay my way, put a dollar in the basket. I learned and am continuing to learn money is a tool to use wisely. And it’s spiritual: if I use it wisely and help others, God blesses me with more. AA has taught me, God always provides what I need.

Love & Service,
Dawn P.
Alt-DCM District 31

DISTRICT 32
Auburn, Federal Way
district32aa.org
dcm32@area72aa.org

Greetings from District 32! I trust everyone is having a wonderful start to their summer! We are excited to be having our Annual Summer Picnic on Saturday, August 8th!! Head our way for some fun and fellowship at Steel Lake Park - Site 1 (covered) where we will be BBQing hamburgers/hotdogs, potluck style side dishes/desserts, gift baskets raffle (provided by our groups), and a 50/50 raffle! Bring your friends and family.
We are Self Supporting! Great topic!! Greater Seattle Intergroup has a great flyer that demonstrates quite clearly how a dollar in the past was a major financial contribution. It is important for us to be reminded that a single dollar (or two) doesn't go as far as it did when that was a suggested contribution to the fellowship. And it is also important for us to be reminded that the economy is "tough" right now and some of our fellows might be experiencing financial hardship, especially if we are new to recovery and/or working on making financial amends. I think that we all, at different stages in our recovery and life in general, can contribute to the fellowship in different ways.

We all have talents that we can share with the group or at the district level. Or if you are looking to step out of your comfort

zone and try something new, find your district's monthly business meeting. I know that our district (like many others) is struggling with attendance and we have many open service positions. If you have time that you could volunteer, looking for a service position is a gift you can give the group or district. And you will find that it is a wonderful gift you can give yourself... by helping others and to help fulfill our Primary Purpose. If you don't have a lot of time available to take on a service position, you can join a committee! Being a committee member is a great way to contribute a small amount of time that can have a great impact on the greater good of AA when looking at the collective whole.

--
With Gratitude,
Nicole J. DCM 32
dcm32@area72aa.org

DISTRICT 33
Maple Valley, Covington, Black Diamond, Hobart, Ravensdale
district33aa.org
dcm33@area72aa.org

We Are Not a Glum Lot
Before I found AA, I thought fun was a distant memory—one that I could hardly remember after years of drowning in bottles and regrets. I couldn’t imagine a life without alcohol being anything but dull and empty. But stepping into sobriety and throwing myself into the program flipped that notion on its head. The heartfelt laughter that echoes in our meeting rooms, the warmth of sharing stories in “the meeting after the meeting”, and the deep connections I’ve made with this incredible fellowship showed me a joy I never knew was possible—a joy rooted in gratitude, purpose, and genuine bonds.

"We are not a glum lot" isn’t just a saying; it’s the heartbeat of our recovery. Every step I take in this program, from working the steps to celebrating milestones with others, reminds me that sobriety is a gateway to a vibrant life. The moments of vulnerability, the shared victories, and the sense of belonging I’ve found in AA have taught me that true fun isn’t found in a bottle—it’s in the freedom of living authentically, surrounded by people who understand and uplift me every day. I can honestly say that I’ve had more fun in the last few years as a sober person than I’d ever had before. Who would’ve guessed!?

District 33 News:
Our DCM, Cheri, and I were thrilled to see everyone come together at the Quarterly Business Meeting in Tacoma, where the energy and commitment to AA service were truly inspiring! Many thanks to District 9 for hosting such a warm and welcoming event. Every AA event I attend leaves me in awe of this incredible program I’m so blessed to be part of. Being in rooms filled with so many people so passionate about AA service truly exemplifies the strength and unity that drive our fellowship forward.

And thanks to the awesome work of our PI Chair, we’re looking forward to hosting another AA information booth this weekend—this time, at the Covington Days festival! If our presence helps one still-suffering alcoholic—whether directly or through a friend of a friend—well, that’s why we do what we do!

With love and gratitude,
Christina Mc
Alt DCM / District 33

DISTRICT 34
Bellevue, Redmond, East Lake Sammamish, Mercer Island
eastsideaa.org
dcm34@area72aa.org

We Are Not a Glum Lot
As a member of Alcoholics Anonymous, I’ve come to truly understand and embrace the saying, *“We are not a glum lot.”* “Today, I live with a joyful and hopeful outlook—but that wasn’t always the case. When I first came into the fellowship, I believed my life was over. The weight of my past and the uncertainty of my future left me unable to imagine ever feeling joy, fun, or a sense of fulfillment again. I thought sobriety meant simply surviving, not thriving.
But over time, as I worked the program and stayed connected to the fellowship, something began to shift. I started to see the promises coming true in my own life. I found laughter again. I began to experience real joy, and I learned how to be present and open to all that life has to offer.
Today, my life is no longer defined by darkness or despair. Instead, it is rich with meaning and connection. I find deep satisfaction in service, in exploring new ideas and opportunities, and in helping others find their own path to recovery. Most importantly, I’ve come to know a loving and powerful God who has given me a life beyond anything I could have imagined.

I continue to grow, to heal, and to discover new sources of happiness and peace. And I’m reminded, every day, that we are indeed *not* a glum lot—we are living proof that joy is not only possible, but promised.

Belinda P.
ALT DCM / District 34

DISTRICT 35
Issaquah, South Sammamish Plateau
eastsideaa.org
dcm35@area72aa.org

Key District 35 Activities
Summer continues to be active for District 35. Here’s what we’ve been up to:

- Events**
- Attended: July Area Business Quarterly; Eastside Intergroup Picnic
 - Upcoming: Eastside Districts Delegate Report Back (7/26 @ Kelsey Creek Church, Bellevue); Eastside Districts Pre-Assembly (8/2 @ Kelsey Creek Church, Bellevue).

Cooperation with the Professional Community

- District CPC Chair is submitting a bid to host a CPC Quarterly in 2026.

School Panels Project

- We achieved great success after presenting our inaugural panel to three 7th grade health classes at Issaquah Middle School. Currently in the planning phase for next year's expansion, we're working to schedule panels for each trimester while actively recruiting a dedicated roster of panel speakers. This program represents a joint collaboration with District 36, positioning us to expand this impactful initiative across both districts in the coming year.

Grateful for the opportunity to serve,
John K., DCM 35

DISTRICT 36
Northeast King County: Snoqualmie Valley, Duvall, North Bend, Carnation, Fall City Preston, Snoqualmie Pass
snovalleyaa.org
dcm36@area72aa.org

Hello fellow alcoholics. July was a busy month; started with the District Business Meeting, followed by an International Convention, followed by an Area Business Quarterly. It's been a month of service and service fellowship on a global scale.

I reported on the District business in our quarterly report which is published in the newsletter. I suggest you read all about it online. See our link and explanation of the online newsletter at <https://snovalleyaa.org/digital-area-newsletter-mock-up/>. I thoroughly enjoyed the A.A. International Convention, and my four-day stay in Vancouver, BC. It was a once in a lifetime experience for me and I am grateful to participate. My work as DCM to shape the agenda for the Area Assembly was complete in the Area Quarterly as the Area Committee discussed and voted on motions for the October Assembly. Our GSRs will take over to make sure the full assembly has a voice in what our Area will do for future newsletters and money for a public information bus sign project. The GSRs will spend August and September getting the information they need to vote in October.

A Pre-assembly in August will present the motions for the Assembly, give background information, and allow the GSR to get answers to questions about these motions. This information will inform the groups and the GSR will return in October to provide feedback and vote on the motions. This will be my first assembly as DCM, and I understand that I will have a vote and a role at the microphone. I think my main role in supporting the groups is to make sure all GSRs participate and that the group conscience is heard in October. What is the group conscience that District 36 needs to bring to the Assembly? The only way I can get this is by group participation. As a group member, you can help by listening to your GSR reports, understanding how the motions affect AA in Washington, how the motions fit into our primary responsibility and how they adhere to the AA traditions. Help the GSR really understand why you feel the way you do. The more information they have, the better they will participate. Don't forget to discuss and understand the Right of Decision

that each trusted servant has (including your GSR). They may get more information that would change how the group would vote. Without fully understanding your group's conscience (the what and the why) they may find an informed vote impossible with new information presented. Look at the material on AA.org and the pamphlet *The A.A. Group...Where It All Begins* to find out about a group conscience. Consult *The A.A. Service Manual/Twelve Concepts for World Service* (or your DCM) to find out about Concept 3 and the right of decision.

In service,
Mike L.
DCM D36

DISTRICT 37
North Clark County, North Skamania County, North Vancouver, Battleground, Woodland, Orchards
aarecoveryd37.org
dcm37@area72aa.org

DISTRICT 38
Kirkland
Dcm38@area72aa.org

We Are Not a Glum Lot

When I first came to Alcoholics Anonymous, I thought sobriety meant giving up joy. I believed I'd be serious forever—no more laughter, no more lightness. But then I heard the words: “We are not a glum lot.”

At first, I didn't believe it. But over time, I saw the truth. The rooms were filled with laughter—real, healing, belly-deep laughter. People who had been broken, like me, were smiling and cracking jokes. It was hope in human form.

Sobriety hasn't just given me back my life—it's given me joy. “We are not a glum lot” reminds me that recovery doesn't mean gloom. It means freedom, connection, and the ability to laugh again—maybe for the first time in years.

Kim H
D38 DCM

DISTRICT 39
Bothell, Kenmore, Woodinville
District39aa.org
Dcm39@area72aa.org

DISTRICT 40
Capitol Hill, Madison Park
Dcm40@area72aa.org

Happy August and Summer to everyone, We are not a glum lot, even if some of the work we have to do along the way might be hard and serious finding the spots to laugh along the way make is all the easier. Thankfully through the program we can learn to look back on our pasts and find a chuckle or deep belly laugh about what in other contexts would be regrettable memories. Finding something to laugh about is as much for us as it is for our fellows. Part of being able to laugh about what it used to be like helps shift the way we hold our pasts, removing the shame from points, and letting it shift to something useful.

Recovery for me has been finding ways to revisit spaces or experiences that used to be filled with using and now finding a way to experience them sober... and enjoy them. While I wasn't certain being sober was going to relegate me to a melancholy life, I was not sure what other option there was. As so often happens those with a little more time than myself showed me that there was a bounty of laughs, smiles, and joy to be had as we trudge the road to happy destiny.

Chris B
DCM 40

DISTRICT 41
North-Central Seattle: Queen Anne, Magnolia
seattleaa.org
dcm41@area72aa.org

DISTRICT 42
Northwest Seattle, Shoreline, Lake Forest Park
seattleaa.org
dcm42@area72aa.org

“*We are not a glum lot!!*” What a delightful topic for the month ... and evidence abounds!!

In our early days, salvaging anything close to a normal life seemed out of reach. The journey from *pitiful and incomprehensible demoralization* to *happy, joyous and free* seemed arduous, at best ... perhaps even impossible. And yet at every turn, we looked around at our fellow travelers and found multitudes who have experienced such recovery and love the life they lead.

What is the secret, you may ask? It's inconceivable, you say. But trust me when I say we have the roadmap in our hands, and just by following those who have gone before us, promises of peace of mind, a joyful heart and contented sobriety appear.

Everywhere, there is proof in the lives of those for whom they have come to pass. From *hopelessness and futility* to a life of which we could not conceive; wonder and curiosity, possibilities and opportunities, laughter and delight soon follow. Indeed, we have paid our dues and put darker days where they belong. Today is the day to enjoy the gifts we've been given and share them with all who yearn. Sending endless gratitude for those who pass it on and pay it forward.

Patrick M. Area 72 Tech/Web Committee Chair joined us at our July 10 business meeting and shared with us an awesome presentation of his knowledge and passion. He talked about how valuable the Tech/Web Committee is and the part it plays in so much of our communications.

We had a number of our members attend the International Convention. Several shared their experiences including a couple of things that were most/least impactful as well as any souvenirs they brought home.

We discussed changing the way in which the GSRs submit/share their reports by using a template with pre-populated static info, adding/deleting/editing only changes where relevant. Committee position changes, events, successes, challenges and identifying where the Group needs help will be addressed. This will provide a format taking less time for the GSRs, less time for reporting and less transcription for the District Secretary. The GSR reports will be attached to the DCM's distribution with the minutes. GSR reports were given.

The Committee chairs are stretching and growing in their attendance and involvement and bringing reports of their activities back to the District. We still have positions open for Tech/Web, Public Information (PI) & Cooperation with the Professional Community (CPC). Committee chairs are asked to submit their reports early, with copies to the Secretary and DCM.

DCM: Teri reported on the June 28 District Inventory including three action items and the possibility for ad-hoc committee(s). There will be further discussion at the August business meeting; we both attended the July Area Business Quarterly, held in Tacoma; District 24 and 42 co-hosted their annual July Summer Picnic at City of Edmonds Park; this year our District is grouped with the Seattle Central Districts Pre-Assembly, with Districts 14, 15, 16, 17, 31, 32, 40 and 41 and is scheduled for TACO FEST August 23rd, In-person only, at the Fauntleroy Church in West Seattle. The District Handbook discussion tabled in February remains tabled, pending time available. There was no new business.

Teri Harte DCM 42

Trisha B. Alt. DCM 42

District 43

Port Orchard, Gig Harbor, Olalla, Key Peninsula
southkitsappeninsulaaa.org
dc43@area72.org

District 44

North Tacoma, Gig Harbor
Dcm44@area72aa.org

District 45

SW Pierce County; south Tacoma, Lakewood, Parkland, Spanaway, Steilacoom

Hello Area 72! Thanks for taking the time to read this!

District 45 is moving right along and not only are we having fun with tons of service, like we just had our gratitude picnic, but our work product

is getting dialled in. We are updating our handbook, which was deemed to be VERY outdated, so an upgrade with table of contents, nice wording, graphic and formatting is on the table.

We are most proud of being able to bring some traction of service into Joint Base Lewis McChord. This is one of the largest military bases in the country, and for whatever reason we've had little success with consistent meetings and service and communication. That is changing for the better with our D45 Registrar taking an active roll and bringing the CPC committee into engagement mode for talks, and the one meeting on base is growing quickly.

District 45 has hosted a delegate report back, DCM training, and gearing up for our hosting of the Pre-Assembly. We have most of our service positions filled, but are lacking Accessibilities and Grapevine.

We are not a Glum lot... What's the difference between a puppy and a newcomer?

A puppy stops whining after 6 months... 😊

John C

DCM 45

District 46

Whidbey and San Juan Islands: Anacortes
www.district46aa.org
dc46@area72aa.org
Altdcm46@area72aa.org

It is often shared at meetings that we are not a glum lot—and man, I was blessed with the opportunity to attend the AA International Convention, and I am here to report it is not just a cheesy one-liner. Picture this: you're stepping onto a vibrant dance floor, where the rhythm pulses through your veins. In that moment, you feel a profound spiritual truth. It's not just a feeling; it's a celebration of life, joy, and connection, echoing through every beat. Allow this truth to inspire you to dance freely, embracing the magic that surrounds you. Picture tens of thousands of sober folks who once seemed so lost now passionately raging on the dance floor to something like "Stayin' Alive" with more rhythm than regret. The laughter that bubbles up from table meetings, hotel lobbies, and escalator run-ins could probably cure most ailments. If AA were a musical, it'd be part revival, part group hug, and part high-kick tap number choreographed by the ghosts of recovery past.

The energy? Electric. If serenity had a voltage rating, we blew the fuse. Old-timers were two-stepping while newcomers got their first taste of joy with

a side of coffee and hugs from strangers who somehow felt like family. We laughed until our stomachs hurt, screamed at the top of our lungs during the countdown of sobriety chips, and stood awestruck as 34,000 people bowed their heads in a moment of silence that felt like the universe itself holding its breath. The International Convention is proof: AA isn't just a fellowship—it's a celebratory flash mob of second chances.

Count me in for St. Louis, MO, and I hope to see you there also!

Corbin T.

ADCM 46

District 54

Bonney Lake, Buckley, Carbonado, Enumclaw, and South Prairie
aadistrict54.org
dc54@area72aa.org

It has been a busy couple of months for District 54. In June, we hosted our "Watch Party" to hear our Delegate's report back on the events from the General Service Conference. Our Standing Committees have significantly contributed to our community, a few of their accomplishments are as follows;

- CPC: Getting Big Books and 12X12s into the local libraries, in English as well as Spanish. Working on a Firefighter project and has put together a packet of pamphlets for 1st responders to hand out to those they come across in need.
- District Newsletter: Our Editor released June & July editions of the Plateau Messenger and is busy working on the August edition! This District newsletter has returned after many years of absence! Read it and let us know what you think!
[Plateau Messenger July 2025.pdf - Google Drive](#)
- PI: In addition to ensuring there is AA literature available throughout our community, the committee is working to get a panel into the local High School come Fall. In addition, they hosted an AA Booth, for our first time ever, at the King County Fair in Enumclaw, July 17-20. The event was a great success!
- Treatment: The committee continues to take panels into several Treatment facilities in the general area.
- Workshop: As part of a 12 Step Workshop Series, on June 14th the committee hosted the event on Steps 4 &

5. The next workshop will be held in October.
- YPAA: The District contributed several videos as part of the recent YP Video Project publication on YouTube.
 - Our District Picnic is scheduled for August 16 @ Mud Mountain Dam from 11:00 -3:00pm. Please join us for some fun!

As for the topic this month, “We are not a glum lot”;
When I arrived in AA, it felt as though I was living in a house of cards and they were coming down all around me. There was very little joy in my life and not much to be celebrated. With my focus on sobriety, I spent the first

few years fairly somber and worked on the impacts I caused throughout my time drinking. Over time, I found that I joined in on the laughter in the rooms of AA and enjoyed the fellowship. Today, it seems as though I can see humor in many of life’s circumstances, whether they be positive or negative. I know that I own my perspective and am free to change it to find the joy that is all around me.

With gratitude,

David H.
District 54 DCM
DISTRICT 55
Sequim area
district55aa.org
dcm55@area72aa.org

DISTRICT 56
East Jefferson County: Port Townsend, Quilcene, Brennon, Port Hadlock, Chimacum, Coyle
district56aa.org
dcm56@area72aa.org

DISTRICT 57
Spanish speaking region that encompasses all of Western Washington from Lynnwood to the north
aaintergrupalarea72.org
dcm57@area72aa.org

DISTRICT 58
Olympia to Vancouver, west to Aberdeen
aaintergrupalarea72.org
dcm58@area72aa.org

AREA 72 OFFICINA INTERGRUPAL
aaintergrupalarea72.org

EASTSIDE INTERGROUP
eastsideaa.org

We are not a glum lot!
When I first started with AA what am I going to do for fun?
all the things I did involved drinking while I had so called fun, so I didn’t see the rewards of being sober due to my denial. So until I accepted the fact that life was unmanageable was when the path to recovery began. It took work at first but as days turned into weeks turned into years the miracle happened. The Bellevue Alano club had a lot of activities and one was open mic night where one could play music with sober musicians, I used to drink to have the courage to get on stage and play my harmonica but strange enough I wasn’t asked to come back but when I got sober the band members actually asked me to come back. AA has helped me to feel comfortable in my own skin and find my spiritual connection to be at peace with myself when I am alone and not look for that feeling of fun with mind altering chemicals. The activities I do now are incredibly fun and the urge to drink have left me and the gifts of the promises do come true but we do have to work for them, by being involved and following the suggestions that are given us and I firmly beleave that Service is Relapse Prevention!

Ray H. ESIG

GREATER SEATTLE INTERGROUP
seattleaa.org

Greetings Area friends,

Intergroups and Central Offices

Seattle Intergroup has just completed another successful quarter! Here are some of the amazing goings on...

Spring Assembly. We held our Spring Assembly on July 17th, and more than 50 participants reviewed the past six months and planned for the next six. The Spring and Fall Assemblies are when every group in the GSIG service area has an opportunity to vote on GSIG business. Top take-aways included a decision to update the Seattle Intergroup 12-step contact lists with new outreach to Districts and groups, and to give consideration to possibly raising the price of literature in the Seattle Intergroup book stores. District and group reps are all encouraged to discuss this idea in the fellowship and return to future Board meetings with feedback. GSIG currently sells literature at the same prices as GSO in New York, however maintaining the service work we do has proven a financial challenge for years, and GSIG prudent reserve is currently about 20% short of target.

Finances. Great financial news: GSIG is about \$4000.00 in the black for the first half of the year – the first time in at least 10 years that GSIG has been ahead financially at the mid-point of the year. Thank you to all the groups and individuals who have helped us meet our goals in the last six months!

Summer Picnic. The legendary Seattle Intergroup summer picnic is scheduled for Sunday August 17th from 11:00 AM – 5:00 PM at Seward Park on Lake Washington in Seattle. The annual picnic, at shelter #3, is one of the largest yearly gatherings of AA members in Western Washington. Members from across Washington are encouraged to attend for amazing food and fellowship. We are also still in need of volunteers for the picnic.

Please sign up at the volunteer link on www.seattleaa.org.

We Are All One Fellowship! You may be wondering, “besides road-tripping to the legendary summer picnic, how else can I engage with Greater Seattle Intergroup if I don’t live near Seattle?” Great question! Here are a few ideas, along with some information about what we do:

Nightwatch. Seattle Intergroup is the only Intergroup or Central Office in WA State, and one of only a few in the country, to maintain a 24/7 phone line with a live alcoholic on the other end. For this reason GSIG fields a large number of phone calls from around the State and across the country. We are grateful for the opportunity to be of service in this way, as we see ourselves as part of the greater fellowship of AA. After hours calls to GSIG are fielded by more than 100 volunteers in our Nightwatch program, who accept forwarded calls to their personal phones in four-hour shifts, 10:00 PM – 2:00 AM, and 2:00 AM – 6:00 AM, once per month. **You don’t need to live in the Seattle area to be a Nightwatch volunteer!** It’s such a wonderful and rewarding experience you won’t want to miss it. If interested email nightwatch@seattleaa.org.

Service Manual & Tradition studies. The first Sunday of every month at 11:00 AM GSIG hosts a Service Manual study. Additionally we host a discussion of the Principles of the Twelve Steps every 4th Wednesday at 2:30 PM. These meetings are hybrid and members from anywhere in Washington or across the country are encouraged to attend. Zoom link info is on the Events page at www.seattleaa.org.

Online book store. If you can’t make it to the Seattle Intergroup bookstores

in Seattle’s Sodo neighborhood, or at the Auburn Alano club, you can still support the great work we do by buying literature from our online store. The online store increases accessibility of literature and coins to individuals with travel challenges or located far from other AA book stores. Shipping is quick and easy. Check it out at www.gsigbookstore.com.

More and more, we are all one interconnected fellowship of AA. Seattle Intergroup is a piece of a greater whole, and you are all a part of what we do. I can’t wait to work together with all of you as move forward together!

Jeff Upthegrove
Board Chair
Greater Seattle Intergroup

**PUGET SOUND CENTRAL
SERVICE OFFICE**
pugetsoundaa.org

**SNOHOMISH CO. CENTRAL
OFFICE**
<http://snocoaa.org/>

**VANCOUVER AREA
INTERGROUP**
vancouveraa.org

Member Articles

Newsletter Articles Expand my Program

I started receiving the Area #72 Newsletter about two years ago thanks to my Grand sponsor who a short time later became my first service sponsor, at that time he was DCM for my District. I had been studying my Service Manual and had many questions, so he contacted our Area #72 Registrar and had him start sending me the Newsletter to help me to greater understand our 12 Concepts, our Charter and our Service Manual. For many years whatever the month was I worked that step and studied that Tradition, because in the past I had rested on my laurels and learned the hard way that significant sober time is not an automatic guarantee against the next drink. Anyway I realized I needed to find a new way to perfect and enlarge my spiritual life, and boy did I, learning about our Third Legacy improved my recovery journey immensely and I am so grateful, grateful for all the great articles in the Newsletter, they inspired me at a time when I really felt the need for fresh inspiration! It was Albert Einstein who said "The only way to be truly happy is live your life in the service of others". Today I am truly happy and I am definitely one grateful alcoholic! Today we had our business meeting and of course one the newcomers got upset, but afterwards one of the old-timers told him that it's not a business meeting if somebody isn't upset, then I said to both of them that once I went to a fight and a business meeting broke out (lol). "We are not a glum lot". Thanks again for helping this alcoholic find fresh inspiration! Budd H. grateful alcoholic!

Budd H., Grateful alcoholic and GSR for the "Just for today" group of Alcoholics Anonymous located at Stafford Creek Correction Center, Aberdeen, WA. (District #21)

Are You Happy Yet?

I thought happiness came from others. If I was included in the group, party, dinner, and drank to have a good time, I was happy. Over time, I found it is not about others to make me happy, or drinking to be in high spirits. It is just something you experience. It is not about something outside of me or a belief. That assumes that I am missing something. I am not missing anything, really. I just need to bring it out. How can I be happy without drinking? This is the wrong question. When working the steps we find joy.

When I am not happy, I have been looking for alcohol or someone to make me happy. Alcohol makes a superficial feeling of feeling good. It is actually throwing me out of alignment with the love that created me. The good feeling is deep within. On page 55 in the Big Book it says, "Deep down in every man, woman, and child is the fundamental idea of God". When drinking, I am not united with my higher power. Alcohol masked the reality of true enjoyable feelings. Then it turned into feelings of despair over time. I drank trying to recapture that good feeling of happiness, but ended up almost dying chasing that feeling.

In treatment, the doctor told me I was in the last stage of alcoholism and to drink is to die. I thought giving up alcohol would mean I never would feel fine again. As I began reading the Big Book, I found this statement brought me hope. Quoting the Big Book, "We found the Great Reality deep down within us" page 55; this told me where to find real joy. It is a true power and it is the power everyone actually seeks. If you release your past situations and shortcomings through the steps, you can clear your trauma and drama for the real pleasant feelings to surface

The cheerfulness is already inside. True happiness comes from the inside not the outside. Now, I can move into being present in my life where genuine happiness exists. Thank goodness, the step work removes the barriers to real happiness. *True happiness comes from the inside.*

Now, if I did or said something that was harmful to another and I think something bad is coming my way, I can remember that I have a choice in the moment to forgive myself. Exploring my motivations in that moment, I can see that I am coming from a place of lack or a place of hurt. I can have compassion for my previous self that did or said the harmful thing. I can even tell that person an amends, which is Step Nine. At this moment, my side of the street is cleared for my inner pleasant feelings.

Since I have learned that discovering happiness is my inner work I experimented on myself. My fellow is not an alcoholic and wanted a glass of wine at dinner to celebrate his birthday. I knew I did not want to watch him drink his glass of wine; I excused myself to check out the photographs on the wall of the restaurant. When I returned to the table, he had an empty wine glass and I learned more about the history of the eating-place. I changed my focus. I returned to the table happy to have the opportunity to learn about its past. Feeling good about what I learned and enjoying the evening was a success.

Another time we were having dinner at another eatery. He was having a bad day and found fault with the place we liked. I sat there and told myself, *I can be as happy as I make up my mind to be.* Surprisingly, I felt an inner change. Sitting there as he spouted his negative concerns were not bothering me; I did not allow his comments to take away my joy of being at a favorite eating place with the meal I wanted.

My most recent success was a party with other AA women, who all were having a great time. Since I do not drive at night, they arranged my transformation. It is difficult for me to select a plate of food with a cane. A woman helped hold the plate for me and later brought me desert. I had a nice chat with the woman sitting next to me. When I was ready to leave my driver, quickly offered to take me back home. I felt good about the whole evening. Realizing that everything went very well. Everyone was having a great time— We are not a glum lot. It was a nice evening. Recognizing that I had not ruined the fun time from past triggers brought me joy.

After the AA meeting this week, I went with several women to have dinner. I sat there in my true happiness and enjoyed the whole time. I came home feeling the most delighted I ever felt around others. I felt safe. I enjoyed a great occasion. The evening was in bliss.

In learning, that I can detach myself of all external circumstances brought me to recognize that I am my own worst enemy. I stopped my own happiness. I cannot blame others. It is necessary to forgive myself, to forgive others, and to use the power of my focus to live currently in my sober life of joy.

By Marilyn R.

Western Washington Area 72 April 2025
Quarterly Business Meeting Minutes
July 12, 2025
La Quinta Inn and Suites Tacoma, WA and Zoom
Hosted by District 44

Call to order, Serenity Prayer: 8:30am
Twelve Traditions read by: District 1
Twelve Concepts read by: District 25
Motion to record meeting: Motion by District: 29, 2nd by District: 43, Passed.

A point of order was raised by Jo, DCM, District 45 that a count of online voting members be mentioned during Area voting.

Estimate Attendance: Total Registered: 190, In Person: 161, Online:10, Both (Online and In Person): 19, Volunteers: 23

OPENING COMMENTS

The Chair discussed who are voting members, Area Elected servants, Area Appointed servants, DCMs, and Alternate DCMs if DCM is not present. Also discussed were the method for how online voting would take place.

Overview of Roberts rules of order.

Reminder of Zoom etiquette & online and in-room voting review.

Past Delegates Present:

NAME	Panel	Years
Barbara M.	(Northern Coastal CA 06) Panel 41	91 & 92
Bob F.	Panel 49	99 & 00
Dave T.	Panel 59	09 & 10
Keith M.	(Utah 69) Panel 61	11 & 12
Astri T.	Panel 63	13 & 14
Alan F.	Panel 69	19 & 20
Geene D.	Panel 71	21 & 22
Crystal S.	Panel 73	23 & 24

Approval of April 2025 Area 72 Quarterly Business Meeting Minutes:
Motion to approve minutes by District: 42 and 2nd by District: 14, **Passed.**

ELECTED TRUSTED SERVANT REPORTS

Delegate’s Report – Courtney S.

Area 72 Delegate Report July 2025 Quart



Hello Area 72!

I am writing this prior to the International Convention in Vancouver, BC. But I am pretty sure when we meet at the July Quarterly, I will be able to share about an unforgettable experience. I am excited our Area 72 members get/got to experience an IC that hasn’t occurred in 10 years due to the pandemic.

I have been really enjoying visiting the districts and members to share about my experience and how the input you provided impacted the General Service Conference. Thank you to all the districts that are hosting report backs! I have more on the calendar so please go to Area 72 website, area72aa.org, and click on Events tab to see upcoming Delegate Report Backs. Also, the Delegate’s Corner on the Area 72 website has a summary of items from the conference, my slides and report information!

Final Conference reports will be distributed at the assembly and the electronic version should be available this summer which I will post and email to the area.

I’m grateful for the opportunity to serve you, Area 72, as your Delegate for panel 75. You’re amazing!

Thank you,
Courtney S.
delegate@area72aa.org
206-795-8311

Area 72 Young Person’s Videos on YouTube <https://www.youtube.com/@area72aa>

I am excited to see all the hard work from panel 73 young people showcasing their stories on the Western Washington Area 72 YouTube Chanel.

Class A Trustees: If you know a non-alcoholic who would like to serve Alcoholics Anonymous, such as clergy, lawyers, judges, or other members of the general public who might come in contact with Alcoholics in their daily life or just people who could provide valuable experience to the fellowship like accountants, technical people, etc., there will be two openings that start next year. See details [here](#) or email nominating@aa.org.

Class B Pacific Region Trustee: elected by the Areas in a particular geographic to serve on the General Service Board. Act as the primary link between the GSB and the Areas in their Region, conveying Conference actions back to the Areas and bringing Area questions, conscience, or concerns forward to the Board. Contact me and we can talk further. You can also find additional details [here](#) or through aa.org and What’s New page.

New Podcast Our Primary Purpose: Have you listened to “Our Primary Purpose Podcast”? It’s great!

AA World Services Highlights – GSO Office Staff are Amazing!

Our staff is amazing! Did you know that in 2024 GSO received: Mail: 41,000 pieces, Emails: 186,000, Phone Calls: 20,000, Visitors: 1,693. They do a LOT of work for us, please remember to be kind and patient in responses.

Regional Forum:

- You can find new short videos explaining what is a Regional Forum.
 - <https://www.aa.org/regional-local-and-special-forums>
- We are offering a **special forum online for deaf alcoholics! Save the date, January 17, 2026**

General Service Office Retrofit/Remodel:

- GSO will be consolidating office space from the 8th and 11th floors onto the 11th floor. This move aims to reduce occupancy costs and enhance collaboration and efficiency across departments.
- The renovation is expected to take 10–12 weeks. During this time, the office will operate remotely to minimize costs and service disruptions. So, the office will be closed to visitors, and GSO tours will pause until the project is complete.
- Updates on the timeline will be shared through aa.org, aagrapevine.org, the Meeting Guide App, and the Grapevine and La Viña apps.
- The costs associated with this renovation are estimated to be an estimated 2.4M.
- Per advisory action, the fellowship will be receiving quarterly reports on all capital project expenditures so we can have visibility to this and other costs projects. This could impact our financials and require a drawdown on the reserve fund. I will keep you updated.

General Service Office Updates:

- Enhancement to the online contributions reporting system completed and now 7th Tradition group contributions made online through a member's account are now correctly reported as “group” contributions. <https://www.aa.org/aa-contributions-self-support>
- Young and Sober: It could save your life - <https://www.aa.org/it-could-save-your-life>
- Young and Sober in AA: I thought drinking made me an artist <https://www.aa.org/i-thought-drinking-made-me-an-artist>
- The recorded military audio interviews have been edited and uploaded to one page. They can now be found at <https://www.aa.org/military-members-in-aa>.

Publishing Updates:

- The Plain Language Big Book has surpassed 150,000 copies distributed, with increasing positive reception. E-book sales and digital distribution remains slower than print.
- A new vendor is testing digital access in a Pennsylvania federal facility, potentially expanding distribution to 150 correctional facilities.
- Tablets in Corrections - We are providing digital literature (audio, PDF, and eBook) on Edovo tablets for incarcerated individuals. In under three years, we have seen significant growth, with 2024 seeing a 122% increase in literature accessed (42,459 items) and a 184% increase in participating facilities (1,118 across 74 Areas). Areas using this resource also grew by 20% over 2023. **AAWS receives no revenue from this corrections-specific tablet access.
- QR Codes are being test piloted for 12 of the most-distributed pamphlets.

New Spanish Edition of the Service Manual: The digital version of the *Le Manuel du Service/ Douze Concepts 2024-2026, Revised and Updated* is now available online [here](#).

Meeting Guide App: Remember to check out the tabs at the bottom of the app including; News, Quote and Favorites! In 2025 updates will be made to improve the user interface to specific online vs. in person features, improve the search experience, and add events.

AAWS/General Service Board Summary (Jan 2025 – March 31, 2025):

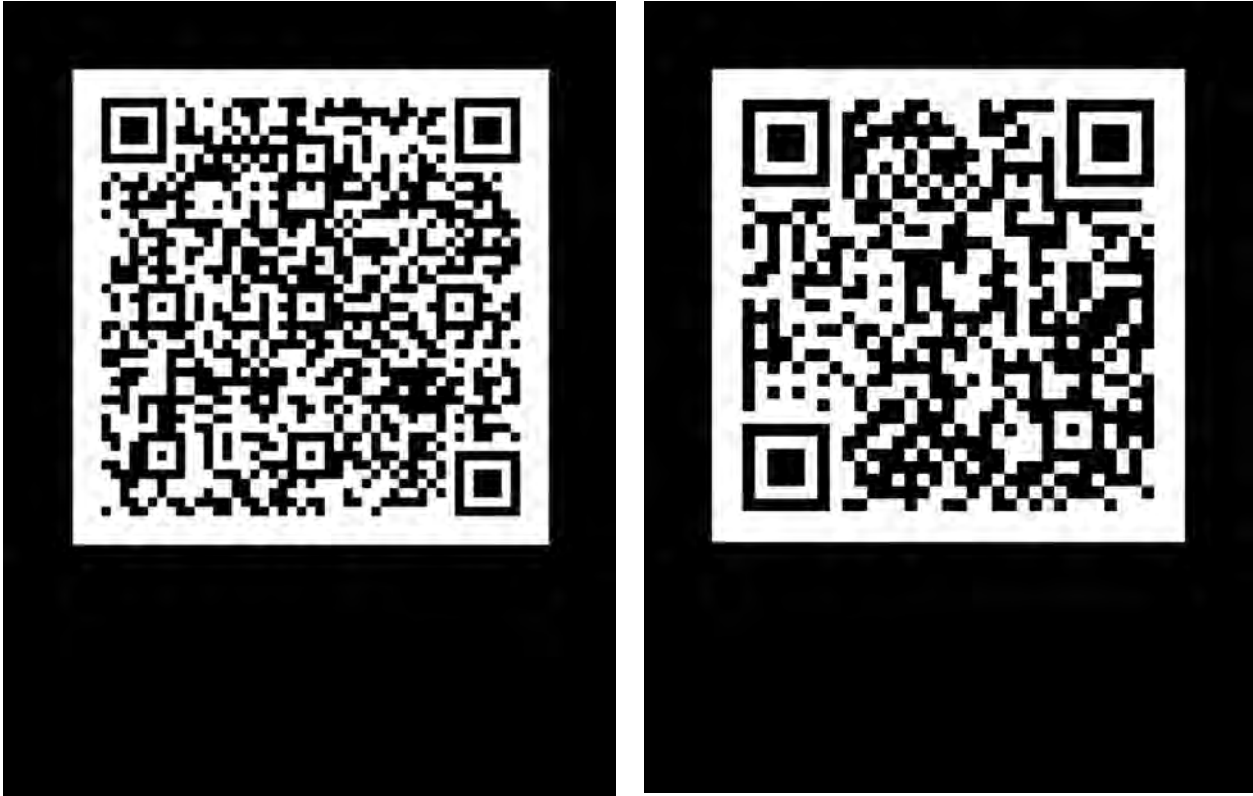
- Total operating revenue is \$5,162,541 which is about 2% less than the budget of \$5,260,420.
- Total operating expenses before depreciation are \$3,897,986, which is about 6% less than the budget of \$4,156,262.
- Operating surplus before depreciation is \$1,264,555 compared to a budgeted surplus of \$1,104,158.
- The reserve fund is at 6.37 months of 2025 budgeted GSO, Grapevine, and La Vina operating expenses versus a target range of 9 to 12 months.

Grapevine & La Vina updates:

- Greeting cards will be available soon! We are using cartoons from Grapevine and La Viña. Cards will be for: Happy Anniversary / Thinking of You / Congratulations!
- Over the last 80 years Grapevine has been a valuable tool for our fellowship. At the conference we discussed the reduced subscription numbers and potential changing needs of the fellowship. To understand what YOU want from Grapevine and La Vina we will be conducting a survey in 2026. More info to come.
-

Delegate Report Back Documents

Delegate’s Corner Page



Area 72 is hosting the Pacific Northwest Conference June 19-21, 2026

Area 72 is hosting PRAASA 2027!

Alternate Delegate’s Report – Lupita Y.M.

Name: Lupita YM
Position: Alternate Delegate
District number:
Date: 7/12/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

The second quarter as Alternate Delegate was quieter than the first. When I put it all down on paper, it doesn’t seem so quiet.....

Over the second quarter, I hosted two GSR schools, two DCM schools, a DCM roundtable and was invited to speak with four Districts during their meeting. I served on the Newsletter ad hoc committee, and went to the International Convention in Vancouver, BC. I continue to go to a monthly meeting with the Pacific Region Delegates, and a separate monthly meeting with Alternate Delegates from the U.S. and Canada. Both meetings are great resources to connect with peers and discuss successes, challenges and learn about new tools used by other Alternate Delegates. I also went to three Delegate Report Backs. All the meanwhile, I continue to pick Courtney’s brain on her Conference experience.

When preparing for the DCM workshops, I discovered some new literature. My favorite piece of literature is “Sharing from D.C.M.s to a New D.C.M.” (SMF-174) Turns out this “new literature” was last revised in 2015, so it’s not really that new. In fact, this was around when I was a DCM 10 years ago. Regardless, it’s a great two-page collection of experiences and suggestions from past DCMs. Honestly, the lessons are applicable to any service commitment I’ve had in General Service.

Finally, while I have not printed any more General Service Representative and District Committee Member Handbooks, I have copies and will continue to bring the copies I have to Districts as I’m invited.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

Having now completed the second full quarter of service as Alternate Delegate, my biggest challenge is balancing my service activities with other life commitments. Sitting still and keeping free time for family and friends has not come easy throughout my service journey, but I’m willing to keep practicing. 😊

Please share some goals you hope to achieve or begin work on in the next quarter.

In June, District 24 invited me to speak at a “Hosting a Standing Committee Quarterly” event. The questions that were asked and the wonderful engagement inspired me to host a similar workshop for interested folks across the Area. DCMs (and Alternates), please tell your districts and committees about this if they want to come learn, and/or share experience. Currently, the workshops are planned for Saturday Sept. 4 at the Lynnwood Alano Club and Sunday, Sept. 14, at Seattle Intergroup. Additionally, I have been invited to do presentations or abbreviated GSR schools at district meetings. If your district or group of districts would like to host a GSR or DCM school, please let me know and we can begin planning!

Chair Report – Derek S.

Name: Derek S.
Position: Area Chair
Date: 7-6-25

Greetings Area 72!

I’m still in joy mode serving as your area chair. It continues to grow on me and I am becoming more and more grateful for the privilege with each conversation, email and text that I have with all of you. That, by far, is the most rewarding part of this position. On to my report...

Accomplishments from the past quarter:

My accomplishments this past quarter are as follows:

1. Several emails came through our Area website to the Chair’s email from members from all across Western Washington, some looking for contacts in their district, some wanting to know what time a meeting was starting, and some simply asking for help. Thoughts of Bill W. from the Forward to the Second Edition came to mind where he painstakingly responded to each letter that came in. I feel like I’m getting to experience a little bit of that, even if it is just a few emails per quarter. I get the opportunity to also be painstaking in my efforts to assist our fellowship. Each one of these inquiries is an opportunity to be of service that comes with the position and a great opportunity to connect with our membership, share links to our area website meeting search function, and introduce them to their district officers. Very rewarding.
2. I attended four of our Delegate Courtney’s Report Backs. Each one seemed more informative than the previous and all were incredibly well done. If you haven’t yet had the opportunity to attend one, I strongly encourage it. Courtney’s report back is super informative! I was impressed by her ability to simplify a full week of business into a 4-hour presentation. My favorite parts were hearing about the fun she had over the week, the love and unity she felt among the other delegates, and her “deep thoughts” and insights from her experience. On a humorous note, remember that long walk to the microphone Crystal shared about in her first year at the Conference? Turns out it’s only ten feet and the size of the room is about the size of one of our quarterlies.
3. We are prepared for the Quarterly including a full agenda and a general sharing session on Friday night from those attending to International Convention. I attended a site walk-through with our Alternate Chair, Lisa, and super sound tech chair Anthony to meet with the District 9 host committee and work out logistics including location of tables, podium and appointed and elected seating. I enjoy these, it helps me visualize the quarterly ahead of time.
4. With the outstanding efforts of our DCMs, we finalized the Pre-Assembly dates, times and locations and are only waiting on a few details to finalize our virtual pre-assembly on Sunday, August 3rd and the Spanish Speaking Pre-Assembly on Sunday, August 24th. See the events calendar on our Area Website for dates and times for a Pre-Assembly near you. Here’s the link: <https://area72aa.org/events/category/area-business/pre-assembly/list/>
5. I attended the Newsletter Ad Hoc Committee meetings as they finalize their work and get ready to present their final report at the Quarterly. I have also spent extra time writing my newsletter articles this rotation as a result of the focus on the newsletter and I am reading everyone’s articles more intently. It is a great way to get to know our districts, DCMs and Alternate DCMs, appointeds and electeds and keep in touch with the day-to-day ongoings of our area. I remember when Crystal was Chair and told us she read every article. That was enough for me to want to do the same each. What a great way for all of us to communicate with each other.
6. We held our Quarterly Check-In Meeting with the electeds and appointeds, utilizing our Area Archives Repository. We reviewed the agenda, discussed the Friday night roundtable assignments and heard reports from each of our electeds and appointeds in what they are doing with their committees and/or positions. Everyone is working incredibly hard and with such love and passion that I am awed every time I hear what they have accomplished. I look forward to the appointed reports at the Quarterly, it has become one of my favorite parts of the day of business.
7. This position requires a working knowledge of our Area Handbook and I am constantly referring to it as I field questions from our fellowship. It also makes me realize and appreciate the collective effort of our past electeds in bringing that handbook to the point where it is today. I encourage everyone to take a look. We should have the Panel 75 Handbook out soon.
8. I continue to read the third edition of Our Stories Disclose and have now begun reviewing past Area Quarterly and Assembly Minutes to see how past chairs operated. You can learn a lot about our Area just reading carefully through the minutes. I feel like I have gotten to know our Area much more closely as a result.
9. Your Alternate Chair Lisa and I had the privilege of meeting with our Spanish Speaking Districts to discuss ways to retain servants once they rotate out of the DCM position. They have formed an intradistrict committee among the three Spanish speaking districts to focus on supporting their districts much like we think of 3rd Legacy Chairs. More on that below.
10. And recreationally, I continue to attend and shamelessly plug for two of our regular service study meetings: Seattle Intergroup’s Service Manual Study is every first Sunday of the month and our Pacific Region Service Nerds meets every Thursday at 6:00 pm on Zoom covering the corresponding Tradition, Concept, and chapter in Service Manual of the month.

Challenges, issues or interesting developments I am facing, involved with of have already dealt with.

Third Legacy Roundtables. As a past Third Legacy Chair for District 28, I have seen the value this service position can provide to a district during the rotation change and throughout the rotation. Districts sometimes struggle after a rotation change in acclimating to the service work at the district level, navigating the personalities and understanding this whole new world of an upside down, spiritually driven general service structure, all designed to support the groups in carrying the message. A District Third Legacy Chair is often a critical role in this process. And the hard work our Alternate Delegate and Past Delegates do across our Area in sharing their experience, strength and hope with incoming GSRs and DCMs is often not enough for a struggling district in their day-to-day journey that they may need. Enter the Third Legacy Chair. This rotation I have been sharing my experience and ideas with Patty S., District 25’s Third Legacy Chair, and with the help of some other third legacy chairs and her faithful fellow servants, she is facilitating a monthly roundtable on zoom for any district Third Legacy Chair and anyone else who

wants to attend. It’s a great opportunity for DCMs whose district doesn’t have a third legacy chair, to see what it’s all about and see whether its something their district wants to consider. Starting with my home district’s Third Legacy Chair job description, I have drafted a list of possible duties to choose from that a Third Legacy Chair could use as a guide to help them support their district:

- The essence of the Third Legacy Chair position is to be a resource and service sponsor to the district. Some Suggested Duties:
- Orient, inform, and educate the incoming district committee;
- Assist the District Committee Member (DCM) and Alternate DCM in orientation and information on the Area Committee level;
- Coordinates with Home Groups and GSRs to encourage service within the District;
- Work on special projects as needed or requested by the district;
- Assists with district standing committee chairs in preparing for their Area quarterlies;
- Assist in bidding on and hosting Area Events and Area Standing Committee Quarterlies;
- Coordinate workshops and roundtables on service-related topics;
- Attend all district meetings and be available to the district committee for questions;
- Assist in all Third Legacy matters including review and updating the District Handbook;
- Chair a third legacy committee of past DCMs to advise on district third legacy matters;
- Share information and experience by making presentations and/or skits at district or group business meetings to foster an understanding of the value of service in maintaining sobriety, of A.A.’s general service structure and its various functions
- Assemble quarterly with other District Third Legacy Chairs to cover the gaps between the one Area Alternate Delegate and the forty-four districts.

Suggested Qualifications:

- Have a working knowledge of the Traditions, Concepts, Service Manual, and District Handbook and be able to share that knowledge in an understandable way;
- Preferred but not required, that the Third Legacy Chair be filled by the preceding District Committee Member (DCM) or have experience at the Area committee.

Compare with the Area 72 Alternate Delegate from the Area Handbook:

6.2 AREA ALTERNATE DELEGATE

Receives all correspondence from the General Service Office on the Conference that is sent to the Delegate so they can be informed in the event it becomes necessary to assume the Delegate's duties. Coordinates with the Delegate on Area issues. Is available to chair or work on special projects as needed or requested by the Area. Historically, the Alternate Delegate has been responsible for the continued education of DCMs and GSRs (i.e. DCM/GSA Roundtables & Universities) either in person or virtually.

If you are interested one of the monthly Third Legacy Roundtables, contact Patty S. at dist25thirdleg@area72aa.org to get on the email list. They are every fourth Sunday of the month on zoom at 4:00 pm. Please join us.

Please share some goals you hope to achieve or begin work on in the next quarter.

My goals for this next quarter are as follows:

1. Have successful, energetic and informative Pre-Assemblies including preparing and/or finalizing the background information;
2. Plan for and prepare for our upcoming Assembly October 3-5 in Lynnwood;
3. Continue to assist in the development of the Third Legacy Roundtables;
4. Be available to the fellowship to answer questions and provide information on the Pre-Assemblies and the Assembly and anything related thereto and respond to the 12th Step Emails that come in throughout the quarter.

In closing, I am available to any Intergroup, District, Home Group and the like to share on personal recovery, or to moderate group inventories, or assist in group resolution. Just email me at chair@area72aa.org. I am always happy to be of service.

Yours in service,
Derek S.

Alternate Chair Report – Lisa S.

Name: Lisa S.
Position: Area Alternate Chair
Date: 6/26/2025

Area Business Quarterly – July 2025
Alternate Chair Report

Hi everyone,

I hope this report finds you well and enjoying the summer so far. As we gather again to do the business of A.A., I’m feeling especially grateful for the spirit of cooperation and service that continues to show up in every corner of our Area.

This past quarter was full—in the best kind of way. I had the opportunity to work with six host committees, join two district meetings, and participate in the International Convention as a panel speaker. Here’s a snapshot of what that looked like:

- **April 2025 Quarterly:** We held our wrap-up meeting to close out the event.

- **July 2025 Quarterly:** I met with the host committee five times, including a venue walkthrough where we finalized the room and hallway layout.
- **October 2025 Assembly:** I attended five meetings with the host committee, including an in-person visit to the bank to get both the host committee treasurer and me added to the Assembly account.
- **January 2026 Quarterly:** We held a kickoff meeting and finalized the quarterly budget.
- **April 2026 Quarterly:** I met with the host committee chair, the host district DCMs, and one of the host district’s Alt DCMs to finalize the quarterly budget.
- **PRAASA 2027:** As Secretary of the host committee, I participated in one planning meeting this quarter.

In addition to these committee meetings, I worked with the DCM from District 31 to finalize the April 2026 Quarterly venue contract and hotel block agreement. I also negotiated and finalized the January 2026 Quarterly contract with 7 Cedars in Sequim, and the July 2026 Quarterly contract with Summit Wellness Center in Elma.

Our Area Chair and I met with Districts 1, 57, and 58 to discuss Third Legacy Chairs and how other Areas use the DCMC role.

On a celebratory note, I brought cake to District 31 to celebrate their successful bid to host the April 2026 Quarterly. I also shared my service journey at one of their business meetings and studied *The A.A. Service Manual* with a service sponsee and enjoyed a road trip with her to Mt. Vernon to hear our Delegate’s Report Back.

In the flow of the quarter, I often don’t realize how much is happening—but looking back, I’m reminded how full and meaningful this service work is.

A Highlight

I was invited to speak on a panel at the International Convention in Vancouver, B.C. The topic was "Accessing the A.A. Message While Neurodivergent"—and I shared my experience in a 20-minute talk. I look forward to reporting back at the July 2025 Quarterly.

Call to Action: 2030 Assembly Bids

Please talk with your district—and neighboring districts—about submitting a bid to host the 2030 Assembly. While our list of known venues that can accommodate us is small, new options may have become available. And remember: a bid doesn’t have to come from a district located near the venue itself.

Here’s where we’re already scheduled to gather for Assemblies through 2029:

- 2025 – Lynnwood
- 2026 – Shelton
- 2027 – Lynden
- 2028 – SeaTac
- 2029 – Vancouver

Think of an Assembly bid as a gift to your district with a delayed delivery date—an act of service that helps sustain our fellowship for future trusted servants.

I’d love to help you prepare your bid! Let’s connect—I’ll walk you through each step.

Isn’t service wonderful?

In loving service,

Lisa S.
Area Alternate Chair

Treasurer’s Report – Teresa H.

Name: Theresa H.
Position: Area Treasurer



Western Washington Area 72

Statement of Activities - 2nd Quarter Month by Month 2025

April - June, 2025

	APR 2025	MAY 2025	JUN 2025	TOTAL
Income				
4000 Contributions				\$0.00
4020 Districts - Mail-In Contributions	3,774.56	1,896.48	180.87	\$5,851.91
4021 Districts - Online Contributions	50.00	172.56	561.86	\$784.42
4030 Groups - Mail-In Contributions	5,679.91	9,302.39	4,601.80	\$19,584.10
4031 Groups - Online Contributions	3,081.34	3,520.77	2,721.71	\$9,323.82
4040 Individual/Anniversary - Mail-In Contributions	200.00	699.52	80.00	\$979.52
4041 Individual/Anniversary - Online Contributions	247.58	290.18	97.96	\$635.72
Total 4000 Contributions	13,033.39	15,881.90	8,244.20	\$37,159.49
4200 Service Materials	1,932.19			\$1,932.19
4900 Uncategorized Income		0.99		\$0.99
Total Income	\$14,965.58	\$15,882.89	\$8,244.20	\$39,092.67
Cost of Goods Sold	\$1,932.19	\$0.00	\$0.00	\$1,932.19
GROSS PROFIT	\$13,033.39	\$15,882.89	\$8,244.20	\$37,160.48
Expenses				
6000 General Operating Expenses				\$0.00
6010 Archives Rent, Utils & Op Exps.	2,276.14	3,636.13	1,891.78	\$7,804.05
6012 Area Storage	76.95	76.95	101.95	\$255.85
6030 Computers and A/V Equipment	58.70			\$58.70
6050 Insurance		979.00		\$979.00
6051 Variable Budget/Misc .Expenses (10.3)	218.20	500.00	165.20	\$883.40
6053 Newsletter Printing & Bulk Mailing		1,264.23	3,332.85	\$4,597.08
6054 Office Supplies	30.25			\$30.25
6055 Area PO Box	249.01	34.32	0.00	\$283.33
6060 Printing and Copying	497.44	459.49		\$956.93
6095 Software, Web, and Tech		588.47		\$588.47
Total 6000 General Operating Expenses	3,406.69	7,538.59	5,491.78	\$16,437.06
6100 Assembly Costs				\$0.00
6120 Assembly Meals	4,992.00			\$4,992.00
6140 Assembly Registration	1,534.00			\$1,534.00
Total 6100 Assembly Costs	6,526.00			\$6,526.00
6200 Quarterly Costs				\$0.00
6210 Quarterly Lodging		5,830.50		\$5,830.50
6220 Quarterly Meals	1,792.60	94.97	20.87	\$1,908.44
6230 Quarterly Mileage	3,490.20	551.40	356.50	\$4,398.10
6240 Quarterly Registration	500.00	20.00		\$520.00
Total 6200 Quarterly Costs	5,782.80	6,496.87	377.37	\$12,657.04
6300 Delegate Costs				\$0.00
6310 Delegate Report			500.00	\$500.00
6320 General Service Conference	500.00			\$500.00
Total 6300 Delegate Costs	500.00		500.00	\$1,000.00

Western Washington Area 72

Statement of Cash Flows - QTD by Quarter 2025

January - June, 2025

	JAN - MAR, 2025	APR - JUN, 2025	TOTAL
OPERATING ACTIVITIES			
Net Income	8,071.31	(9,183.55)	\$ (1,112.24)
Adjustments to reconcile Net Income to Net Cash provided by operations:			\$0.00
1350 PNC Seed Money		(1,000.00)	\$ (1,000.00)
1450 Our Stories Disclose III		(241.19)	\$ (241.19)
Assembly Seed Money (18.4):!Assembly Checking Account Seed Money		(2,028.99)	\$ (2,028.99)
Assembly Seed Money (18.4):2029 Assembly Seed Money	3,900.00		\$3,900.00
Our Stories Disclose III:OSD III Inventory	(279.05)	1,932.19	\$1,653.14
Total Adjustments to reconcile Net Income to Net Cash provided by operations:	3,620.95	(1,337.99)	\$2,282.96
Net cash provided by operating activities	\$11,692.26	\$ (10,521.54)	\$1,170.72
NET CASH INCREASE FOR PERIOD	\$11,692.26	\$ (10,521.54)	\$1,170.72

Western Washington Area 72

Statement of Financial Position - Q1 - Q2 2025

As of June 30, 2025

	JAN - MAR, 2025	APR - JUN, 2025
ASSETS		
Current Assets		
Bank Accounts		
1000 Area Checking Account	44,877.47	34,355.93
Total Bank Accounts	\$44,877.47	\$34,355.93
Other Current Assets		
1300 Assembly Seed Money (18.4)		
!Assembly Checking Account Seed Money	1,000.00	3,028.99
2024 Assembly Seed Money	0.00	0.00
2025 Assembly Seed Money	10,000.00	10,000.00
2029 Assembly Seed Money	1,100.00	1,100.00
Total 1300 Assembly Seed Money (18.4)	12,100.00	14,128.99
1350 PNC Seed Money		1,000.00
1400 Quarterly Seed Money (18.4)	0.00	0.00
1420 Cost Advance for Following Year	623.90	623.90
1450 Our Stories Disclose III	0.00	241.19
OSD III Inventory	6,942.51	5,010.32
Total 1450 Our Stories Disclose III	6,942.51	5,251.51
Total Other Current Assets	\$19,666.41	\$21,004.40
Total Current Assets	\$64,543.88	\$55,360.33
Other Assets		
1500 Security Deposit - Archives Lease	1,334.03	1,334.03
Total Other Assets	\$1,334.03	\$1,334.03
TOTAL ASSETS	\$65,877.91	\$56,694.36
LIABILITIES AND EQUITY		
Liabilities		
Current Liabilities		
Other Current Liabilities		
2000 Foro Local Excess Funds	0.00	0.00
2100 OSD3 Presales Liability	0.00	0.00
Total Other Current Liabilities	\$0.00	\$0.00
Total Current Liabilities	\$0.00	\$0.00
Total Liabilities	\$0.00	\$0.00
Equity		
3800 Unrestricted Net Assets	57,806.60	57,806.60
3900 Opening Balance Equity {3}	0.00	0.00
Net Income	8,071.31	(1,112.24)
Total Equity	\$65,877.91	\$56,694.36
TOTAL LIABILITIES AND EQUITY	\$65,877.91	\$56,694.36

DISTRIBUTION ACCOUNT	TOTAL	
	APR 1 - JUN 30 2025	APR 1 - JUN 30 2024 (PY)
Income		
4000 Contributions	0	0
4020 Districts - Mail-In Contributions	5,851.91	2,694.97
4021 Districts - Online Contributions	784.42	1,046.44
4030 Groups - Mail-In Contributions	19,584.10	25,904.61
4031 Groups - Online Contributions	9,323.82	9,750.64
4040 Individual/Anniversary - Mail-In Contributions	979.52	339.35
4041 Individual/Anniversary - Online Contributions	635.72	435.77
Total for 4000 Contributions	\$37,159.49	\$40,171.78
4200 Service Materials	0	0
4230 OSD III - Area History Book Sales	1,932.19	
Total for 4200 Service Materials	\$1,932.19	0
4900 Uncategorized Income	0.99	
Total for Income	\$39,092.67	\$40,171.78
Cost of Goods Sold		
5010 OSD III - Cost of Goods Sold	1,932.19	
Total for Cost of Goods Sold	\$1,932.19	0
Gross Profit	\$37,160.48	\$40,171.78
Expenses		
6000 General Operating Expenses	0	0
6010 Archives Rent, Utils & Op Exps.	7,804.05	6,550.34
6012 Area Storage	255.85	222.00
6030 Computers and A/V Equipment	58.70	440.02
6050 Insurance	979.00	917.00
6051 Variable Budget/Misc .Expenses (10.3)	883.40	2,383.91
6053 Newsletter Printing & Bulk Mailing	4,597.08	7,852.24
DISTRIBUTION ACCOUNT	TOTAL	
	APR 1 - JUN 30 2025	APR 1 - JUN 30 2024 (PY)
6054 Office Supplies	30.25	40.49
6055 Area PO Box	283.33	216.00
6060 Printing and Copying	956.93	1,116.44
6095 Software, Web, and Tech	588.47	588.47
6040 Elected Officer Unallocated (00.4; 18.2)		500.00
Total for 6000 General Operating Expenses	\$16,437.06	\$20,826.91
6100 Assembly Costs	0	0
6120 Assembly Meals	4,992.00	4,675.00
6140 Assembly Registration	1,534.00	1,375.00
Total for 6100 Assembly Costs	\$6,526.00	\$6,050.00
6200 Quarterly Costs	0	0
6210 Quarterly Lodging	5,830.50	2,595.57
6220 Quarterly Meals	1,908.44	1,020.79
6230 Quarterly Mileage	4,398.10	955.43
6240 Quarterly Registration	520.00	625.00
Total for 6200 Quarterly Costs	\$12,657.04	\$5,196.79
6300 Delegate Costs	0	0
6310 Delegate Report	500.00	290.68
6320 General Service Conference	500.00	500.00
6330 Pacific Regional Forum (80.3)		236.57
6340 PNC (Delegate Only) (15.1)		652.62
Total for 6300 Delegate Costs	\$1,000.00	\$1,679.87
6400 Other Travel	0	0
6405 National BTG A.A. Workshop (19.3)	104.13	
6410 Misc. Travel (17.1)	566.86	1,793.42
6415 National AA Corrections Workshop (19.3)	200.00	
6450 Standing Committee Quarterlies (17.2)	289.98	29.48
DISTRIBUTION ACCOUNT	TOTAL	
	APR 1 - JUN 30 2025	APR 1 - JUN 30 2024 (PY)
6420 National A.A. Technology Workshop (19.3)		516.19
6425 National A.A. Archives Workshop (19.3)		406.96
6440 PreConference (17.2)		130.00
Total for 6400 Other Travel	\$1,160.97	\$2,876.05
6500 Standing Committees	0	0
6545 Corrections Literature (14.2)	1,601.79	
6550 Grapevine & Literature	52.10	
6580 Treatment	35.67	
6530 Cooperation w/ Professional Community		70.12
Total for 6500 Standing Committees	\$1,689.56	\$70.12
6600 Steering Committees	0	0
6605 Archives Steering	652.68	137.61
6610 Language Steering	0	0
6615 Assmbly/Qtly Interp & Transltn (17.4)	3,763.27	3,034.44
6620 Committee Budget (17.3)	1,669.80	2,971.73
6625 Newsletter Translation (18.5)	503.00	984.00
Total for 6610 Language Steering	\$5,936.07	\$6,990.17
Total for 6600 Steering Committees	\$6,588.75	\$7,127.78
6950 On-line Transaction Fees	284.65	298.74
Total for Expenses	\$46,344.03	\$44,126.26
Net Operating Income	-\$9,183.55	-\$3,954.48
Other Income		
Other Expenses		
Net Other Income	0	0
Net Income	-\$9,183.55	-\$3,954.48

July 2025 Financial Report (Theresa H. & Derek N.)

The SELF-SUPPORT green card reads, The seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group’s expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, **at every level**, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

Western Washington Area 72			
Budget vs. Actuals: 2nd Quarter 2025			
April - June, 2025			
	TOTAL		
	ACTUAL	BUDGET	OVER BUDGET
▼ Income			
▼ 4000 Contributions			
4020 Districts - Mail-In Contribut...	5,851.91	7,091.76	(1,239.85)
4021 Districts - Online Contribut...	784.42	1,336.11	(551.69)
4030 Groups - Mail-In Contributi...	19,584.10	27,025.80	(7,441.70)
4031 Groups - Online Contributi...	9,323.82	9,324.51	(0.69)
4040 Individual/Anniversary - M...	979.52	256.05	723.47
4041 Individual/Anniversary - O...	635.72	590.76	44.96
Total 4000 Contributions	37,159.49	45,624.99	(8,465.50)

As you can see, our 2nd Quarter Contributions totaled \$37,159, which is under our budgeted contributions of \$45,624. We fell short by \$8,465.

If we look at the January – June 30th report we can see, as shared at the April Quarterly, we had a higher amount contributed in January, which put us above budget by \$2,521.00

Western Washington Area 72			
Budget vs. Actuals: 1st Quarter 2025			
January - June, 2025			
	TOTAL		
	ACTUAL	BUDGET	OVER BUDGET
▼ Income			
▼ 4000 Contributions			
4020 Districts - Mail-In Contribut...	20,849.30	14,183.52	6,665.78
4021 Districts - Online Contribut...	1,138.97	2,672.22	(1,533.25)
4030 Groups - Mail-In Contributi...	49,164.33	54,051.60	(4,887.27)
4031 Groups - Online Contributi...	19,793.45	18,649.02	1,144.43
4040 Individual/Anniversary - M...	1,374.63	512.10	862.53
4041 Individual/Anniversary - O...	1,451.09	1,181.52	269.57
Total 4000 Contributions	93,771.77	91,249.98	2,521.79

Let’s take a look at the Year to date budget to see what is still needed to reach our budget goal.

Western Washington Area 72			
Q2 Budget vs. Actuals: YTD 2025			
January - December 2025			
	TOTAL		
	ACTUAL	BUDGET	OVER BUDGET
▼ Income			
▼ 4000 Contributions			
4020 Districts - Mail-In Contribut...	20,849.30	28,367.01	(7,517.71)
4021 Districts - Online Contribut...	1,138.97	5,344.46	(4,205.49)
4030 Groups - Mail-In Contributi...	49,164.33	108,103.23	(58,938.90)
4031 Groups - Online Contributi...	19,793.45	37,298.02	(17,504.57)
4040 Individual/Anniversary - M...	1,374.63	1,024.25	350.38
4041 Individual/Anniversary - O...	1,451.09	2,363.03	(911.94)
Total 4000 Contributions	93,771.77	182,500.00	(88,728.23)

We will need an additional \$88,728 by the end of the year, which is \$14,788 per month. Looking at our last quarter month to month contributions you can see a decline.

Western Washington Area 72				
Statement of Activities - 2nd Quarter Month by Month 2025				
April - June, 2025				
	APR 2025	MAY 2025	JUN 2025	TOTAL
▼ Income				
▼ 4000 Contributions				\$0.00
4020 Districts - Mail-In Contribu...	3,774.56	1,896.48	180.87	\$5,851.91
4021 Districts - Online Contribu...	50.00	172.56	561.86	\$784.42
4030 Groups - Mail-In Contribut...	5,679.91	9,302.39	4,601.80	\$19,584.10
4031 Groups - Online Contribut...	3,081.34	3,520.77	2,721.71	\$9,323.82
4040 Individual/Anniversary - M...	200.00	699.52	80.00	\$979.52
4041 Individual/Anniversary - O...	247.58	290.18	97.96	\$635.72
Total 4000 Contributions	13,033.39	15,881.90	8,244.20	\$37,159.49

For the month of June, we only received \$8,244, which is \$6544 shy of our monthly budget needs. This has me concerned.

As the Treasurer, I review a lot of different financial reports, (you can access them now on the Glide app by scanning the QR code located on the back of the agenda) and they can also be found on the Area 72 website @ area72aa.org. At your next meeting you can share how to access these financial documents. Sign-in to the Area Website, click ‘Area Business’ on the top bar

In reviewing the contribution summary, which is a list of all the meetings and the amounts that have been contributed. 39% of groups in Area 72 have contributed to the Area. 50% of the districts have contributed. This makes me very curious. I will be reaching out to see how I can support these districts and their groups in their activities and to learn what keeps them from being able to contribute at all levels.

As you can see from the beginning of my report, for the area to continue carrying the message to the still suffering alcoholic and to honor the motions the fellowship has voted and approved, we do need to increase the contributions. How do we do that?

I am aware that all service entities need money. And every one of these entities (Districts, Intergroups/CSO, and GSO) provide services needed by Alcoholics.

When was the last time it was discussed in your group or district how the contributions were being distributed? It may be time to revisit the allocation and to inquire which services these entities provide in YOUR area, to YOUR group, and contribute accordingly.

You will see here shortly how the expenses are being processed by Derek N., but I want to highlight one of the glaring expenses that is over budget. The Quarterly Costs:

▼ 6200 Quarterly Costs			
6210 Quarterly Lodging	10,063.43	9,900.00	163.43
6220 Quarterly Meals	3,390.71	5,850.00	(2,459.29)
6230 Quarterly Mileage	5,887.64	3,199.99	2,687.65
6240 Quarterly Registration	979.00	2,340.00	(1,361.00)
Total 6200 Quarterly Costs	20,320.78	21,289.99	(969.21)

After reviewing this with Derek N. (current Alt. Treasurer) and Derek S. (prior Treasurer) it seems the budget was not in line with the needs of this rotation and was under budgeted. You will see that we are at/ over budget already for quarterly lodging (6210) by \$163 and we haven't paid July's quarterly lodging expenses yet. We anticipate about a \$5000 overage that will be reported in October at the Assembly. Along with the quarterly mileage expense (6230) overage of \$2687, which we shared at the April Quarterly, was due to choosing appointees to represent all of Area 72. It was also not budgeted appropriately. With that said, Derek N and I looked at the budget and thought, where can we re-allocate money? We recognized that the Assembly lodging budget of \$9300 was high based on the actual costs that we were able to calculate. (Hotel bookings already received by Elected and Appointeds)

Statement of Financial Position - Q1 - Q2 2025		
As of June 30, 2025		
	JAN - MAR, 2025	APR - JUN, 2025
▼ ASSETS		
▼ Current Assets		
▼ Bank Accounts		
1000 Area Checking Account	44,877.47	34,355.93
Total Bank Accounts	\$44,877.47	\$34,355.93

Currently the Area's Banking account has \$34,355 minus \$10,000 assembly reserve minus working reserve \$21,400, leaving us with \$2,955 to the positive. I know that Area 72 believes in the motions that were approved, that that we want to be able to carry the message to alcoholics and to continue to keep A.A. strong in Washington, and the best way to ensure this happens is to talk with the fellowship in your districts about the need the Area has and to continue making your contributions

2025 Big Picture:

- 2nd Quarter 2025 Contributions came in at \$37,159 versus budget of \$45,624, which means we brought in \$8,465 **less** money than anticipated. But thankfully we had a strong January which puts us slightly over budget YTD.
- 2nd Quarter Expenses came in at \$46,344 versus budget of \$45,505, which means we spent \$839 **more** than we budgeted.
- The assembly lodging budget has been reviewed and calculated on actual expense, and we are coming in approx.: \$3500 under budget, which will offset over spent amount for Quarterly lodging.
- The Electees and Appointees are looking at ways to reduce costs.
- Working cash exceeding our working reserve is \$2955 positive
- For the month of June, we only received \$8,244, which is \$6544 shy of our monthly budget of \$14,788, which is concerning. Is this a trend?
- Call to Action: When you go back to your districts re-look at what percentage is being contributed to Area vs. other service entities. Or is this a call to our membership to create a contribution challenge like GSO did to shore up their gap? What can we do to ensure we meet our approved budget needs?

As the long form of the Seventh Tradition reads: The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often

warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money and authority.

Open for discussion and questions regarding Treasures Report:

Jo, DCM 25 – Requested top 3 things that are concerns in the budget.

Theresa, Area Treasurer – Quarterly lodging, quarterly milage are top 2 due to cost increases and not knowing completely how many would need to stay extra days due to travel concerns. The 3rd would possibly be printing; also overall contributions are low.

Debbie, DCM 8 – This is what I'm hearing – the Area needs more money, therefore the Districts should consider where they are with their budgets and consider changing our contributions to the Area and less to GSO.

Theresa, Area Treasurer – It is to review your current budgets and consider how you may want to reallocate your contributions and to ensure your groups are doing the same. Keep the groups informed of the needs of the Area.

Patrick, Area Tech & Web – Requested info on the working reserve. Is the number of \$21, 400.00 the same as we started with?

Theresa, Area Treasurer – Working reserve is used for 1st quarter expenses in Jan, before we receive our first contributions and to help during ebb and flow of contributions throughout the quarters. It stays the same based on a motion to have those funds in reserve.

Houston, Area Registrar – It looks like meals are well over anticipated cost, is there any way to mitigate that? I'm also curious about how our virtual meetings are contributing.

Theresa, Area Treasurer – There is a cap on how much we ask the Appointeds and Electeds to spend on their meals. If you go to the website and click the link for contributions summary, you will see every District and every group contribution.

Jack, Area GV/Lit – What do the standing committees budgets cover, travel and printing? Jack also wanted to ensure that the groups are aware the Area provides DCM workshops, host committee workshops, secretary workshops, and many more things that Districts or Intergrroups may not be able to address.

Derek, Area Alt Treasurer – Line item 6450 has the travel budget item for committee quarterlies, that's for milage, the standing committee budgets are for meeting expenses, supplies, etc.

Tricia, Alt DCM 42 – When we went through COVID and went to Zoom it cut in on contributions. We should address the meetings on Zoom and are they being responsible for ensuring we, as groups, or individuals, go online and contribute.

Jan, Alt DCM 24 – What are we over budget \$1,000.00 in line item 6095, software web & tech?

Derek, Area Alt Treasurer – I don't have an answer for that one, I'll have to do some research.

Lupita, Alt Delegate – Made a point about how Districts should consider inviting Derek or Theresa to their Districts for a workshop on the 7th Tradition. Lupita also mentioned that we have \$34,000.00 in the bank minus \$10,000.00 for this quarterly, so \$24,000.00 and we have a working reserve set aside. Lupita also believes the working reserve is funds for Area expenses.

David, DCM 54 – The white sheets presented by Theresa allow us to drill down into YTD activity. There was \$93,000.00 income and the budget was \$91,000.00. I also saw where our contributions have tailed off. The blue sheet of expenses switches to quarterly and not YTD. It's hard to see how our actual expenditure was versus YTD. If we are amortizing what we've spent it could look like we're 1.1 K in the red so that tells me we're pretty close.

Theresa, Area Treasurer – Correct. In the Glide app you can see where we are, quarter to date. January was very strong, and we are \$1,112.00 over budget, which is pretty close. If we don't keep our contributions at around \$15,000.00 a month, we will have trouble keeping up with our expenses. In June our contributions were only \$8,600.00 and we may have to dip into our working reserve.

Chad, Member – Do we have reports based on accrual based accounting? Also, in line item 6096 (virtual meeting platforms) we have spent \$5,212.00 (\$200.00 over budget), what is that?

Derek, Area Alt Treasurer – 1st question, no we do not do accrual based accounting, we do cash basis. 2nd question, yes, that is an annual expense, and we don't expect any more in that area. That expense is for our Zoom platform subscriptions for our Appointeds and Electeds.

Aarin, Member – You are suggesting that quarterly lodging, meals, and expenses are costing a lot of money. An online presence might be what we're looking for. Things in A.A. move slowly, yet we are trying to move quickly with our Newsletter decision. How is this going to be represented at the Area Assembly in order to get an informed group conscience? Will we be able to pay for the budget by the end of the year? What happens if we don't pay the budget?

Taylor, Member - Had a question regarding the rate for milage reimbursement.

Derek, Area Alt Treasurer – Explained that we use the IRS rate of .70 cents per mile, which goes up around 2 or 3 cents per year. We don't use the charitable rate of .14 cents per mile as that rate hasn't changed since 1996 and there have been some changes in costs since then.

Taylor then asked if there is a budget per trusted servant, Derek explained our budget items are not broken out that way. Theresa, Area Treasurer – said we are looking into the possibility of making changes in rooms, carpools, etc. for trusted servants.

Crystal, Past Delegate – Is concerned our conversation does not go in the direction it did at an Area Assembly in Vancouver where it got very personal about how much some were spending as compared to others. I believe, as we look through the budget, that we are going to be fine. There are some budget items that will not be spent this year, like the NAAAW that will not be happening. Crystal asked if the expected/actual contributions are the same per quarter or do we see a difference depending on when groups and districts make contributions?

Theresa, Area Treasurer – Said she has not looked over the past years to see what our ups and downs were. The \$15,000.00 is what we will need to meet the projected expenses over the next 6 months.

Houston, Area Registrar – I believe the discussion is not about where we are this exact moment, it’s more about our Districts and Groups and we looking at their contributions and ensuring they are made in a timely manner and making slight adjustments 5% more or less to their various institutions.

Courtney, Area Delegate – This quarter I did quite a bit of printing for pre-conference packets and there will be more printing for pre-assembly packets. I want to encourage Districts to do their percentage splits the way they want. You are autonomous, our budget is still healthy, don’t make any quick decisions.

Aarin, Member – Stated that her earlier question had not been answered. “What would happen if we didn’t have enough money to pay our budget?”

Theresa, Area Treasurer – Said that when the working reserve ran out, we would have to look at not doing certain expenses.

Charley, Area Language – Much of the Delegate expenses are front loaded for attending the conference in NY, which has already happened. So it looks as though halfway through the year, we are halfway through the budget, so we are right on target.

Derek, Area Alt Treasurer – Said yes.

Debbie, DCM 8 – Is there a way we can get an email at the end of each month on how the Area is doing with contributions and expenses?

Theresa, Area Treasurer – I could possibly put that in the Area Newsletter.

Motion to approve Treasures Report Moved by District: 27, 2nd by District: 33, the Treasures report **Passed**

1 minority opinion to not passing the Treasurer’s report was raised by Jo, DCM, District 25 who wanted to know more details as to the over budget line item 6095 and what the expenditure was. Theresa, the Area Treasurer said it was for SW for Web Hosting and would look up the details and get back to the Area regarding the details.

The minority opinion was considered, and no votes were changed.
The Treasures report remained **Passed**.

Alternate Treasurer Report and Finance Committee Report – Derek N.

Name: Derek Nichols
Position: Area Alternate Treasurer
Date: 6/24/25

7th Tradition Contribution Highlights During Q2:

- In preparation for sending several of our appointed trusted servants to their national conferences later this fall, we got them registered for the events and their hotels and flights booked.
 - Our Treatment Chair will be traveling to Los Angeles for the Bridging the Gap Workshop Weekend in September
 - Our Web and Tech Chair will be traveling to Cincinnati for the National A.A. Technology Workshop in November
 - Our Corrections Chair will be traveling to Nashville for the National Corrections Conference in November
- Corrections Literature Orders: We order 60 copies of the Plain Language Big Book, 60 copies of the Big Book, as well as other AA literature pieces for various corrections facilities throughout District 21, District 27, District 28, and District 55.

Finance Committee:

Total Variable Budget for 2025: \$ 8,659

Total funds approved to be spent from Variable Budget as of 06/30/2025: \$ 1,660

The Finance Committee has received 5 finance requests so far in 2025. One of those requests end up being withdrawn by the requestor, but the other 4 requests were all approved by the Finance Committee.

March 2025 Requests:

Request 1:

- Requestor: Webservant
- Request: Seattle AA has approximately 1,600 meetings to import into our website. This is an exceptionally high volume and p National Workshops (Technology, Corrections, Bridging the Gap/Treatment)
 - Corrections Literature orders places a significant load on our server’s memory and execution time limits. As a result, the import process frequently fails, leading to a 500 Internal Server Error. Occasionally, during off-peak hours, the import succeeds, but this is inconsistent and unreliable.
 - The consequence of these failures is that our website is not reflecting the latest meeting information. Furthermore, because of this issue, we are unable to share up-to-date meeting details with the global Meeting Guide, which many rely on to find AA meetings. (From Shu D., Area Webservant)
- Request Amount: \$560/Year
- Discussion: Committee discussed the Webservant’s recommendation of upgrading Area 72’s current web hosting plan, from \$540/year to approximately \$1100/year. Understood that a temporary fix is in place that has been working; however, Webservant recommended the upgrade as a long term solution. Given this is an ongoing issue that negatively affects carrying the message, committee members expressed support for the request.
- Outcome: Request was approved by the Finance Committee with substantial unanimity

Request 2:

- Requestor: Corrections Chair
- Request: Area Corrections Chair was contacted by Santiago D. a member of District 1 and newly appointed District Corrections Chair. His first language is Spanish. The Area Corrections Chair spoke with the Area Language Chair, who verified that Corrections is not one of the committees budgeted for Spanish translation in 2025. The two standing committees chosen to interpret were selected by representatives of the Hispanic Language Districts; however, the fact that a district selected a Corrections chair demonstrates a need for formal inclusion at the Corrections Quarterly. The Area Corrections Chair formally requests that the finance committee approve interpretation and the ensuing expenses for three hours of interpretation for the upcoming Area Corrections Quarterly on March 15.
- Request Amount: \$300
- Discussion: Committee discussed this request, acknowledging that while Corrections Committee was not one of the committees allocated budget for Spanish Language interpretation this year, the selection of a District Corrections Chair from a Hispanic Language District demonstrates a clear need for this service.
- Outcome: Request was approved by the Finance Committee with substantial unanimity

May 2025 Requests:

Request 3:

- Requestor: Area Alt Chair
- Request: If approved, this budget request would allow the Sound chair to purchase a suitable device, a protective case, and a power source that the Sound team would store and be responsible for, and would be used at the podium during Area business meetings. See attached email from Anthony for specifics.
- Request Amount: \$300
- Discussion:
 - o Lisa S. Gave us background on why this expenditure was not accounted for in the tech team's budget for 2025. Neither the Alt Chair, Chair, nor the Sound & Zoom Coordinator were aware that the previous rotation had been using someone's personal device. They were able to use that person's device at the January quarterly but that person is no longer an Elected or Appointed trusted servant and we're unable to use their device going forward. The Sound & Zoom Coordinator tried to implement a solution with tech team's current equipment at the April quarterly, but that solution did not work.
 - o There were concerns about how the tech team has already used up their entire budget and the possibility that they will continue to submit expenditure requests to the FC throughout the remainder of the year
 - o The FC agreed with the requestor that there is a real need for this new tablet device and the low dollar amount of this request is acceptable as a one-off expense
- Outcome: Request was approved by the Finance Committee with substantial unanimity

Request 4:

- Requestor: Area Chair (Derek S.)
- Request: To fund Area 72’s portion of the cost of the International Convention Pacific Region Hospitality Suite.
- Request Amount: \$500
- Discussion: No discussion was needed for this request.
- Outcome: Request was approved by the Finance Committee with substantial unanimity

INTERGROUP AND CENTRAL SERVICE OFFICE REPORTS:

GSIG Board Chair 2025 Area January Quarterly Report – Jeff U.

Name: Jeff U.
Position: GSIG Chair
Date: 7/13/25

- GSIG had its Spring Assembly on June 17th where there was discussion about raising the price of literature, we currently sell literature for the same price as GSO
- We also launched the update of our 12th Step contact list and procedures
- The GSIG picnic will be at shelter 3, Seward Park, on 17 August from 1-4, all are welcome
- GSIG has a budget surplus of \$3,500.00, the first time in 10 years the GSIG has been in the black
- We have a new Newsletter editor, Peter J., and a new Webmaster, Dash
- Our Special Events chair and 3rd Legacy committee chair positions are still open
- We had about 360 contact calls from alcoholics seeking help and about 260 contacts on our web chat line

South Sound Service Office Centers Chair – Melissa K.

2025 July Quarterly Report - South Sound Service Center
Name: Melissa K
Position: Alt DCM D8
Date: 7/13/25

- We have an Office Affairs Chair that deals with office business, they meet every other month and are currently meeting today
- Our volunteers are always busy answering phones and selling literature to individuals and groups in the District 8 area

- I will have more stats on calls and sales at the next quarterly

Puget Sound Central Service Office Chair – Megan K.

Name: Meghan Kniffen
Position: Puget Sound Central Service Office Chair
District number: N/A
Date: 07/11/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- We have had a very busy and productive second quarter for 2025. Here are a few of the highlights:
 - Our office administrator has completed our restock of all AAWS literature. This restock project was large in scale. It started in early January and was expected to cost in excess of \$30,000. This was a significant investment and we are pleased to report that we have already broken even on this project in our outgoing literature sales.
 - Speaking of literature sales, we are very excited to announce that our office is now able to offer AAWS literature at cost. This means we are able to sell these books to the fellowship for what we paid for them with no additional markup. This has been a long goal of our office and we are so grateful to be able to do this for the groups and members we serve.
 - I reported last quarter that our office needed to replace our computers and the local AA community saved the day by donating gently used equipment. We were able to complete this installation and get our tech running smoothly.
 - Our office administrator got a lease for a new copier and binding equipment that will allow our office to print our own meeting schedules. On top of that, we were able to get a free upgrade as a newer model became available to us at our contracted rate. The cost of the copier was an even trade for what we would have paid to outsource our schedule printing; however, we can now print what we need when we need it so our schedules have the most up-to-date information.
 - Our office had been supplying a shared Zoom account for the Puget Sound districts and committees to use for their committee meetings. Unfortunately, we were unable to continue to use just one account for everyone, but our office administrator was able to work with Zoom on securing licenses for each of our districts and committees. There was an additional expense, however the CSO was able to absorb this cost so we could continue to provide Zoom access to the districts and committees at no additional cost to them.
 - Lastly, our office has made the switch from QuickBooks Desktop to QuickBooks Online. This transfer was not without hiccups, but it has allowed our point-of-sale system to communicate directly with QuickBooks enabling us to move more seamlessly between systems and reduce data entry.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- We currently have two open positions: Webservant and Newsletter Editor. Our board meeting is tomorrow, and we have a few interested candidates for these positions, so I expect those will be filled shortly. I would like to thank everyone who helped spread the word and work to fill these open positions so we can ensure our online presence is maintained and reports of our meetings are sent to the fellowship.

Please share some goals you hope to achieve or begin work on in the next quarter.

- We are in the home stretch of switching banks and hope to have this process completed by the end of next quarter.
- I would like to take this opportunity to thank our office administrator, the board of directors from the districts, and the officers of our board. It has been a pleasure to serve with you and accomplish so many wonderful things in service of our fellowship. I am grateful for all that you do and am looking forward to continuing to serve our districts, groups, and members in the next quarter.

Eastside Intergroup Board Chair – Ray H.

Name: Ray H.
Position: Eastside Intergroup Board Chair
Date: 7/12/25

- We at Eastside Intergroup have been active with our Districts this past 1/4.
- A big shout out to District 38 Kirkland for organizing a Founders Day event that was well attended with 200 members and a total of 1,465 years of sobriety, with our past delegate Allen as the guest speaker. It was held at north Bellevue community center in District 34.
- We have been updating our contact network by attending our Districts Business meetings and reaching out with information about upcoming ESIG events like our ESIG summer picnic, coming up July 20th at Marymoor Park in Redmond, 10:00 to 2:00, tickets available at our intergroup office.
- We are currently reaching out for members who might be interested in service on our ESIG Board, we have 2 chairs rotating out, this is a 3 year position with our elections in November.
- We have a new newsletter editor, Emily that puts out our ESIG monthly newsletter you can find on our website, at eastsideaa.org.
- We are looking to fill our Young Person and PI/CPC position right now who can work with our area and districts to share information and help carry the message of AA.
- I also attended the Delegate Report back from GSO that Courtney held in person that District 18 hosted with a great potluck and fellowship in Renton last month.
- Our 24 hour hotline coordinator Mark is doing a fantastic job manning the phone line with his volunteers but is always looking for members that want to help answer calls and get on his volunteer list; you can contact him at hotline@eastsideaa.org

Ray H ESIG Board Chair

Snohomish County Central Office

Name: Steve M.
Position: Central Office Manager, Central Office of Snohomish County District Numbers: 2, 3, 12, 19 and 57

No report submitted

Vancouver Area Intergroup
No report submitted

Area 72 Oficina Intergrupal – Hector H.

Name: Isreal
Position: Coordinator of the Oficiana Intergupal
Date: 7/13/25

- We are visiting groups to make unity with them
- We have been working with the Literature Committee, we have literature in both English and Spanish
- Our meetings are on Monday from 8-9:30 PM
- The Women’s Committee has been working hand in hand with the 12th Step Committee
- We have a Special Events Committee that has just organized a community picnic
- We only have one committee who works in affiliation with CPC, so we still have some open positions and are encouraging groups to get involved, our goal is to fill all our positions
- We have a prudent reserve of 6 mos. and part of that money will go the PI Committee for flyers on the trains and buses, so we are very much in support of that.

HOST COMMITTEE REPORTS

2025 April Quarterly Host Final Report (Vancouver/Heathman Lodge)

Host Committee Final Report

April 2025 Quarterly

D37

Profit & Loss Overview	
REVENUE:	
Registration Fee	\$ 2,498.00
Ice Cream Social	\$ 1,600.00
Lunch	\$ 3,213.00
7th Tradition	\$ 43.00
District 37 Seed Money	\$ 1,250.00
TOTAL INCOME:	\$ 8,604.00
EXPENSES:	
Venue	\$ (2,676.94)
Registration Badges/Supplies	\$ -
Printing Flyers & Badges	\$ -
AV Rental Cost	\$ (150.00)
Coffee	\$ -
Stripe Fees	\$ (198.20)
Travel	\$ (158.20)
Service Charge	\$ -
Sales Tax	\$ (529.03)
Other/Misc	\$ -
District 37 (return seed money)	\$ (1,250.00)
Lunch Payout	\$ (2,008.91)
Ice Cream Social Payout	\$ (1,245.00)
TOTAL EXPENSES:	\$ (8,216.28)
PROFIT / LOSS	\$ 387.72

\$387.72 was forwarded to Area 72

Registrations			
Electeds	6	In-Person (70%)	154
Appointedds	16	Online (19%)	41
Tech Team	5	Both (11%)	25
DCMs (86%)	44	Total	220
Alt DCMs (57%)	31	Website Registrations (77.3%)	170
GSRs	43	Mailed-In Registrations (16.4%)	36
Alt GSRs	12	In-Person Registrations (6.3%)	14
Past Delegates	7	Total	220
Volunteers	29	Full Registration \$17	136
AA Members/Visitors	25	No Registration \$17	43
Interpreters	2	Full Registration \$10	23
TOTAL	220	No Registration \$10	18
		Total	220

Room Block	
Reserved	50
Booked	81

Food Orders		
Ice Cream	76	\$ 1,520.00
Lunch Buffet	109	\$ 2,943.00
Total Food Cost (incl. fees & taxes)		\$ 4,463.00
Amount needed to hit minimum (incl. fees & taxes)		\$ 1,990.50
Food Orders Actual Profit / Loss		\$ 419.42

Host Committee Final Report April 2025 Quarterly

Role	What worked well	What could have worked better
Host Chair	Communication between the committee went very well. The volunteer turnout was great as well. The spreadsheets helped keep everything organized and were easy to navigate.	I felt that the first real meeting with the prior alt chair should have been done sooner. We were just trying to crunch numbers fast because the January Quarterly was a couple of weeks away. Adding a few dollars to the registration price (from \$17 to \$20) would have given us a little cushion to work with instead of being so tightly budgeted since we had imprecise numbers. Having a printed list of the volunteers would have been nice so as people came up with questions, I would have known who I was talking to and where they were supposed to go.
Secretary	Taking minutes in a shared file allows for easy substitutes for secretary work. (Thanks all who subbed for me, I greatly appreciate it as my sponsorship family meeting is usually on this day.)	I felt I could have been more helpful in organizing and keeping track of other documents related to the Quarterly, perhaps this should be a part of future secretary's job descriptions.
Registration Chair	Having extra people to help stuff badges (2 members of the tech team and the alt chair helped the registration chair). We had extra volunteers so had plenty of coverage. Having icons with printed-on the name badges showing who paid for ice cream and lunch was nice; we got a lot of compliments for that.	Sending out email confirmations as they come in. Make signs for the registration badges. Like A-F, G-M, N-Z, and have them lined up. Make a sheet for volunteers to read with all of the different things that they will need to know. Get the cash box and have change ready. At least 30 \$1.00 bills to give change out for people registering in person. Have the registration table by itself, with no neighboring activities going on. Make sure the payment link does not get shut down, until the meeting has closed all registration. We should have a bi-lingual volunteer for registration, as well as just one volunteer. (1 English and 1 bilingual on Friday night and 1 bilingual on Saturday, plus registration chair)

Facilities Coordinator	<i>report not provided</i>	<i>report not provided</i>
Treasurer	The workbook is amazing and gave great insight (Overview tab is my favorite)! Great pivot as we noticed expenses were a bit high and removed the projector expense. Good communication from the venue around where we were at with expenses. Second bank account was a life saver. Sticking \$10 in the envelope instead of refunding was great	More lead time for entering in the transaction log and reconciling the bank (24 hours would be great). Is there a way to see what day the funds were transferred from Stripe? All the refunds made it a little difficult to sort through. Can we simplify the transaction log into by day or something instead of by person? Better plan for day-of payments, it was a bit chaotic. Maybe have a sheet ready where we can write the line items?
Volunteer Chair	Spreadsheet worked extremely well. Flyer was received and responded to. Follow-up emails and texts were very useful. Having time slots made it easy to get volunteers.	1 volunteer during business meeting at registration and greeter. Volunteers need to know that they can leave if there is no more need for them. Don't panic if positions aren't filled ahead of time. Include all in the schedule email.
Area 72 Alt Chair	The quarterly planning spreadsheet gave us a clear picture of our finances ahead of time, allowing us to make last-minute adjustments to expenses and ensure we remained self-supporting. The host committee was responsive and dependable—everyone fulfilled their service commitments, which kept our check-in meetings efficient, lasting just 20–30 minutes every other week. All key details were documented in the spreadsheet beforehand, streamlining our discussions. The venue was also flexible and accommodating, allowing for late changes like swapping to a more affordable tech package and adding gluten-free pasta. Thanks to our volunteer chair, all 32 two-hour service slots were filled a full week before the quarterly.	It would have been helpful to include real-time, in-person registration data in our planning spreadsheet to give us a more accurate picture of expenses during the event itself. This might have allowed us to order coffee earlier on Saturday. Additionally, when registration for the October Assembly opened, new Stripe payments for April registrations made online were mistakenly routed to the Area Assembly bank account instead of District 37. While the fix was simple, the Assembly Treasurer sent a check to District 37—it would have been better to avoid the mix-up altogether. In the future, the Alternate Chair can verify that each live registration page is correctly linked to the appropriate bank account.

2025 Assembly Host Committee Report: Mike B. reporting for the 2025 Assembly Committee (Lynnwood)

When: October 3-5, 2025
Where: Lynnwood Convention Center

- Everything is going as planned except we have only received about 25% of the food commitment we had
- 83 people have registered, with 30 GSRs, we’re hoping that after this quarterly people will be registering
- We are down to 30 rooms available, which is pretty good, La Quinta said they could get us more if needed

2026 January Quarterly Host Committee Report: Pete reporting for the 2026 January Quarterly (Sequim)

When: January 2-3, 2026
Where: Seven Cedars Casino, Sequim, WA

- Unfortunately, Beckey is sick this morning and could not attend to report, so that’s why you have me
- We have an entire Host Committee, and we had a kick-off meeting with Lisa, the Area Alt Chair, a couple weeks ago and ready and raring to go

SPECIAL REPORTS:

Our Stories Disclose III (OSD III) SALES Report – Donna H

Here are the numbers as of the end 2nd Quarter 2025:
126 Sets Sold so far this year @ \$2,930
That Leaves 726 sets to be sold

In order to save the Area the cost of a storage locker The remaining **81 cases** of OSD-3 books (PLUS the **19 cases** of remaining OSD-2s and 2 cases of bags) are on 2 pallets in the middle of the Archives Repository (and it’s pretty crowded in there!)

OK, once again; I’m gonna be blunt. **We. Have. To. Do. Better.**

Last Quarter I made books available at; the April Quarterly, the Archives Quarterly, The Corrections Quarterly, The Olympic Round-up, and Olympia’s Capitol Jamboree. During the last year and a half, I’ve had the Repository open on Friday’s and Two Sundays per month for sales. No one came in to buy books. I sent fliers & order forms to the Vancouver International with our Archivist. I will have books available at ‘Step Ashore’ next month And will have a table at the Area Assembly in October. I plan to attend various District Picnics, Gratitude Banquets & other events to make sets available. I have updated the fliers, order forms (and with Shu’s help), the online order form to include the \$10 postage fee for mailing inside the US . We’ve added a QR Code to the order forms and fliers to make it easier to order and the QR Code is being published in the Area Newsletter.

Each event I’ve attended I’ve given out fliers & order forms & asked people to take them to District meetings, homegroups & committee meetings...WE HAVE TO WORK TOGETHER TO GET THEM SOLD! I’m counting on **your** help to spread the word on this great set of books by making sure the fliers and the order forms are getting into as many hands as possible.

Most of your Districts have Picnics and Gratitude Banquets coming up. OSD-3 are wonderful raffle prizes! Most of you have a Step-Sponsor, a Service Sponsor, or Sponsor someone yourself...What a great gift!!

There are sets available at Greater Seattle Intergroup, Eastside Intergroup, Puget Sound C.S.O. I’m willing to come to your District meetings, answer questions, I will be going in person to as many events as I can and getting fliers & order forms out to the general membership. I need help from the DCM’s, GSR’s, Committee Members to spread the word!

The 2 volume sets are \$25.00 (discounts are available for purchase by Districts, Intergroups, CSOs Clubs & Halls) You can purchase sets here today, I have a table near registration. Come by & ask questions, find out more about the book and at least pick up some fliers &/or order forms, they have more information on availability (P.S.; If you purchase today, you’ll receive a free hug & a smile from a very grateful OSD 3 salesperson!!)

How do you respond to a question from a new GSR about how your District came into being or who started their home group? It IS important to know how, why & when Area 72 was formed and when the Area split East & West. ALSO, what struggles your District faced in the past and how did they resolve their issues. How about your Home Group, Intergroup office or Standing Committee?

As a Trusted servant, one of your responsibilities is to make Area information available your GSRs, your district’s groups and committees. Are you prepared to inform them about your Area’s history? How about the history of your District, their home groups or the committee they sit on?

Do you know that; **OSD III includes some very early letters written near the beginnings of A.A. by desperate alcoholics, their friends or family members to the New York office and the replies and referrals from the New York office to recovering alcoholics in Washington State.**

Did our Area Assemblies include dinner-dances? Who was the Area Chairperson in 1985? Why are Fern Hill and Empire Way groups still going strong, why did other strong groups close? What speaker meeting in Tacoma followed their speaker with a dance and was held in what is now a movie theater? ***Read the book*** and you too can win at ‘Area Trivia’ at your next birthday night!

37th International A.A. Men’s Conference (IAAMC) 2026 – Don N.

Name: Don N.
Position: Area Secretary
District: 45
Date: 7/10/25

37th International A.A. Men’s Conference

Several years back I made an announcement to the Area that I was going to try and submit a bid to bring the International A.A. Men’s Conference to our Area. Well, you have to be careful what you ask for, after COVID and several attempts, the bid was accepted.

The 37th International A.A. Men’s Conference, or IAAMC will be hosted at the Hilton Airport & Conference Center in Seattle (SeaTac, actually).

A little background on the IAAMC -

In April 1986, four men discussed the idea of holding a National AA Men’s Conference after hearing from some AA women about how successful their Women’s Conference was every year. Ted H. was contacted by Sam L., Demers, Sam W., and Mike F. to collaborate. The men met at Ted’s home in Cleveland, Ohio, to devise a plan of action.

Letters were sent out to the Cleveland AA community, inviting them to participate in the planning of the conference. The men set a fundraising goal of \$1,500. Through raffles, picnics, dances, and out-of-pocket donations, they successfully raised the seed money needed to hold the first conference.

Since then, there have been 36 conferences in various states.

This year’s event theme is “Miracles in Progress”, the conference will include speakers from throughout the area, breakout sessions and workshops, the Area 72 Traveling Archives display, the IAAMC Archives, and a Saturday evening banquet buffet consisting of a three entrée selection.

The venue is all lined up, the schedule has been tentatively prepared, the T-Shirts have been ordered, the bank account has been opened, the food has been decided, and the flyers are printed, all we need now are the folks who wish to attend.

We are also in need of men who wish to participate in preparation and assist in putting the event on.

I have distributed flyers with my contact information on them. Please consider taking this to your Districts and Home Groups and making this the best IAAMC ever. Thank you!

2026 National A.A. Archives (NAAAW) – Michaela N.

Name: Michaela N.
Position: Past Area 72 Archives Chair and current Chair for the 2026 NAAAW

- I’m really excited, we’ve gotten a lot together since the last report, our flyers were distributed at the International A.A. Conference in Vancouver B.C.
- The NAAAW is September 10-13, 2026 at the Washington State History Museum in Tacoma, WA
- There will be a lot of workshops, learning, and speakers
- The speakers on Thursday, Friday, and Saturday night will be interpreted into Spanish
- The NAAAW Hospitality Suite at the International was visited by over 600 people from people all across the globe
- Please spread the word and help make this a successful event

Pacific Northwest Conference (PNC) 2026 – Eddy MM., Alt Chair for PNC 2026

Name: Eddy MM
Position: Alt Chair, PNC 2026

- The location for PNC 2026 will be the Heathman Lodge, Vancouver, WA
- We’re working to get registration and flyers out soon
- We are getting the last of the committee up to speed and get the planning going

Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) 2027 – Eddy MM., Alt Chair for PRAASA 2027

Name: Eddy MM
Position: Alt Chair, PRAASA 2027

- It will be held at the Weston in downtown Seattle, WA, the contract is signed and we have rooms blocked
- Registration will not be going live until next year
- We’ll be reaching out in the next couple months for to get some committee members

MOTIONS PRESENTED

NEWSLETTER AD HOC COMMITTEE FINAL REPORT

Newsletter Ad Hoc Committee Final Report / Presentation – Presented by Geene D.

Committee Members: John B., Sooz B, Debbie B, Mike M. L, Jennifer R, Lupita, Keith, Theresa, Jim, Charlie, Erin, and Geene D.

Meetings: April 15, 2025, June 22, 2025, and June 30, 2025

Digital Newsletter Beta version: news.johnbarry.com (Not the final name of the site it’s a test site.)

Introduction:

We were asked to gather more information for the July Quarterly to help answer questions raised during the April meeting about the newsletter.

During that meeting, the Newsletter Ad Hoc Committee was asked to continue researching specific topics that came up in the discussion. Our work focused on the following areas:

1. **Accessibility** – How can remote groups get the Area business info shared in the newsletter?
2. **Printable Version of Newsletter** – Can people easily print the digital version at home if they want a paper copy?
3. **Archival Process** – How do we make sure the newsletter format still works for keeping our Area’s history safe and organized?
4. **Digital Newsletter and Cost** – What does it really cost to print the newsletter, and how does that compare to going digital?

Purpose of the Newsletter

The Area 72 newsletter exists to keep groups and districts informed about the business activities of the Area. Its primary role is to support the structure of the upside-down triangle, where trusted servants are guided by the fellowship.

The newsletter helps ensure that information flows from the Area to the groups through their GSRs and districts. This allows members to stay informed and provide feedback, helping maintain a strong connection between the groups and Area service work.

At times, there’s been some confusion about the newsletter’s purpose or content. Simply put, it’s a tool for communication—not just a bulletin or event flyer, but a way to keep the groups in the loop on what’s happening at the Area level.

Accessibility – How can remote groups get the Area business info shared in the newsletter?

Without addressing accessibility, moving to a fully digital newsletter would be difficult. According to AA.org, remote groups are those that face challenges such as language, culture, geography, or limited internet access. In our Area, this includes people with language barriers, those in rural locations with poor internet, or individuals in custody.

Thankfully, we have some very talented folks in our Area who put their heads together. John B. taught us how easy it is to make digital newsletters. Then Charley introduced an HTML-based solution that makes the newsletter easy to load and print: khosmology.github.io/d56website. After reviewing it, John B. jumped in and created code that takes the digital newsletter and formats it into a simple, printable version.

We’re intentionally skipping the technical details here because the key takeaway is this: a solution exists, it’s not overly complicated, and the Ad Hoc Committee unanimously agreed it’s the best option to recommend moving forward.

If you’re a tech-savvy member and want the technical breakdown, feel free to reach out to john@johnbarry.com or languagechair@area72aa.org.

The HTML-based newsletter solution also improves accessibility in several key ways:

- **Language Barriers:** The site can be easily translated into Spanish by selecting the Spanish version. This reduces the need for manual translation and helps stretch the limited translation budget. It also allows more Area business information to be made available to the Spanish-speaking community when needed.
- **Rural Locations with Poor Internet:** The lightweight HTML format loads quickly, even on slow or limited internet connections.
- **Individuals in Custody:** During our research, we learned that many individuals in custody are more familiar with and interested in the Grapevine and may not always distinguish it from the Area newsletter. That said, if interest in the Area newsletter grows, this digital format could still be used to meet that need. Members who carry the message into correctional facilities can easily print the newsletter and bring it with them, ensuring that those inside have access to Area business information if they wish. Some may be able to access the information online.
- **Visual Impairments:** The digital format allows users to adjust text size, use screen readers, or apply high-contrast settings, making it more accessible for those with visual challenges.

- **Young People:** Many younger members are more tech-savvy and prefer digital formats. This solution meets them where they are—on phones, tablets, and other devices they already use.

The HTML format would make it easier for more people to stay informed and engaged with Area business.

Printable Version of Newsletter – Can people easily print the digital version at home if they want a paper copy?

To support members who prefer or need a printed version of the newsletter, we explored several practical solutions. Fortunately, the same HTML-based solution developed to improve accessibility also solves the printing challenge:

- **Plain-Text Version:** The HTML version of the newsletter makes it easy to print at home using standard letter-size paper. We’ll demonstrate this option at the July Quarterly.
- **Individual Printing:** Readers can print specific articles directly from the digital newsletter, allowing them to choose only what they need.
- **Page Count and Cost:** The current newsletter is about 28 pages when printed on regular printer paper. Printing costs range from approximately \$4 at local print shops to free at some public libraries.
- **District Support:** Districts may consider helping remote GSRs who cannot print or access the newsletter digitally by providing printed copies.

This solution is simple, effective, and was unanimously supported by the Ad Hoc Committee as the best path forward.

Archival Process – How do we make sure the newsletter format still works for keeping our Area’s history safe and organized?

To ensure we maintain the integrity of Area 72’s historical records, our Archives Chair, Jen, reached out to the General Service Office (GSO) Archives for guidance on preserving digital content. The digital newsletter format proposed satisfies all archiving needs per GSO. Their response, along with the attached Digitizing Archival Materials Guidelines (2024), provided helpful insights.

Key Takeaways from GSO:

- **Website Content:** GSO does not archive its website content directly. Instead, content is preserved by the departments that create it. The only exception was when the old website was retired—those pages were saved as PDF/A files.
- **Preservation Tools:** GSO recommends using the Internet Archive’s Wayback Machine (<https://web.archive.org>) to view and preserve snapshots of public web content over time.
- **Searchability:** For digitized documents, GSO uses OCR (Optical Character Recognition) to make text searchable. Handwritten documents may be retyped if needed.
- **Security & Privacy:** Digital files should be protected using password protection, user permissions, and secure storage. Archives must also safeguard anonymity and sensitive information.
- **Digital Preservation vs. Digitization:** Digitization is the process of converting physical materials into digital format. Digital preservation involves maintaining long-term access to those files, which includes regular backups, format updates, and secure storage.

Storage Best Practices:

- Use both “preservation” (high-quality, unedited) and “access” (lower-quality, shareable) copies.
- Store files on multiple media types and in different locations (e.g., external drives, cloud storage).
- Avoid digital obsolescence by regularly checking file formats and storage devices.
- **File Formats:** Use open, preservation-friendly formats like TIFF for images, PDF/A for documents, and WAV or FLAC for audio.
- **Metadata:** Maintain consistent, descriptive metadata (e.g., file names, dates, locations) to ensure files are searchable and well-organized.

Digital Newsletter and Cost – What does it really cost to print the newsletter, and how does that compare to going digital?

Summary:

- **Printed Newsletter:** ~\$35,644.06 est. per year
- **Digital Newsletter:** ~\$1,495 per year

This shows a potential annual savings of over \$34,000 by transitioning to a digital format.

Cost of Continuing the Monthly Printed Newsletter (Status Quo)

If Area 72 continues printing the newsletter as it has in the past—12 issues per year, with no page count limit and mailing to over 1,400 recipients—the financial impact is significant and growing:

- **2024 Total Cost: \$29,709.22**
- **Est. 2025 Cost (projected 20% increase due to tariffs and inflation): \$35,644.06**

(It was decided at the Jan. 2025 quarterly to limit to 4 printing this year to reduce cost while an ad hoc committee could explore other options due to the exorbitant cost. Could this large amount of money be spent on other activities that could reach benefit the still suffering alcoholic?)

Printed Newsletter Cost Include:

The Ad hoc committee explored other options and formats of printing and found no other print options that would reduce costs.

Items that make up the full cost include:

- **Printing the newsletter**
- **Postage**

Additional cost not factored into the annual cost is Spanish Translation & Printing (4x/year):

- Translation: ~\$950 per issue
- Printing: ~\$900 per issue
- Total: ~\$7,400 annually

Additional Considerations:

- Page count significantly affects cost. Newsletters over 48 pages require two print runs, increasing expenses.
- A 35% cost increase is anticipated due to paper tariffs and inflation, though not yet fully implemented.
- Are there other ways to spend \$34,000 on other activities that could reach benefit the still suffering alcoholic?

Digital Newsletter Cost

As part of our exploration into a more sustainable and accessible newsletter format, the Ad Hoc Committee evaluated the cost of transitioning to a fully digital newsletter. The goal was to create a secure, user-friendly, and multilingual platform that could serve the entire fellowship while significantly reducing financial strain.

The estimated annual cost of maintaining the digital newsletter platform is approximately \$1,495. This includes essential tools and plugins that support content management, email distribution, security, accessibility, and translation. Here is how those costs break down:

Description	Cost per Year	Purpose
Content Views Pro plugin	\$20.00	Controls how articles show on the home page and archives
MailPoet email system	\$120.00	Sends the newsletter and subscriber updates directly from the site
Mission News Pro theme	\$25.00	WordPress theme that controls the site’s layout
Wordfence security plugin	\$150.00	Protects the site and keeps WordPress security up to date
WP Mail SMTP plugin	\$50.00	Ensures site emails (like subscriptions and contact forms) are delivered reliably
WPForms Pro plugin	\$200.00	Used to build and manage forms—story submissions, surveys, etc. Recommended version allows uploads to Google Drive and supports polls
WPML Multilingual CMS	\$106.00	Adds support for Spanish and other languages across posts, pages, menus, and categories
WPML translation credits	\$324.00	Needed for machine translation of content
Single Sign-on system	\$500.00	Allows users to maintain one profile across area72aa.org and the new newsletter site. Final approach to be selected by the transition team
Total	\$1,495.00	

While it may be tempting to focus solely on the financial savings, we in AA understand that there is a place where spirituality and money mix. Our decisions are guided not just by cost, but by how well they serve our primary purpose—to carry the message.

That said, the digital approach not only modernizes how we share information but also offers significant cost savings—over \$30,000 per year compared to the traditional printed newsletter. More importantly, it allows us to reach more members, provide timely updates, and offer greater flexibility in how content is accessed and shared. This shift supports both financial responsibility and spiritual unity, ensuring that our message continues to reach those who need it most.

A Proposed Solution

Key Findings

1. Accessibility

The Ad Hoc Committee recommends adopting the HTML-based digital newsletter format as the most inclusive and practical solution for reaching all members of Area 72. This format:

- Supports Spanish translation, helping stretch the translation budget and better serve our Spanish-speaking members.
- Loads quickly, even in rural areas with limited internet access.
- Is compatible with screen readers and adjustable for those with visual impairments.
- Meets the preferences of younger, more tech-savvy members.
- Can be printed easily by individuals or carried into correctional facilities by members doing service work.

2. Printable Version

The same HTML solution that addresses accessibility issues allows members to print individual articles or the full newsletter on standard paper.

- For a person who wanted to print the paper at home it would be approximately \$4.00
- Districts can support GSRs who need printed copies.
- This approach is simple, flexible, and cost-effective.

3. Archival Process

- GSO confirmed that digital formats are acceptable for archival purposes.
- Best practices include using PDF/A, metadata, and secure storage.
- The digital format allows for searchable, well-organized, and easily preserved records.

4. Cost Comparison

Format	Estimated Annual Cost
Printed Newsletter	\$35,644.06
Digital Newsletter	\$1,495.00
Annual Savings	\$34,109.06

- The printed newsletter is not financially sustainable.
- The digital format offers significant savings that could be redirected to outreach, translation, or public information efforts.

Where Spirituality and Money Mix.

Spiritual and Practical Balance

While it may be tempting to focus solely on the financial savings, we in AA understand that there is a place where spirituality and money mix. Our decisions must be guided by how well they serve our primary purpose—to carry the message.

The digital newsletter not only reduces costs but also expands our reach, improves accessibility, and preserves our history. It is a solution that aligns with both our spiritual principles and our responsibility to be good stewards of the Seventh Tradition.

Recommendation to the Body

The Ad Hoc Committee recommends that Area 72:

- Transition to a digital newsletter format** using the HTML-based solution such as the one demonstrated at the July Quarterly.
- Cease regular monthly printing of the newsletter**, while allowing for limited printing as needed.
- Form a Newsletter Steering Committee**
 - Purpose: To support the continued development and implementation of a monthly digital newsletter, we recommend that the Area 72 Newsletter Editor appoint a working Newsletter Steering Committee. This group would assist with the format, content, and distribution of both the digital and printer-friendly versions of the newsletter.
 - Composition: Include at a minimum, AA members with a desire to serve, and representatives such as a past delegate, the Area web team, the newsletter editor, and the archivist.
 - Tasks should include but are not limited to:
 - Develop a simple article submission process, including a user-friendly template and submission tool.
 - Create a clear framework for how the editorial steering committee will function.
 - Draft a transition plan so that, if the Area Assembly chooses to move forward, implementation can begin smoothly.
 - Assist in the monthly preparation and publication of the Area newsletter.
- Implement a subscription option** on the Area website to automatically notify members with a link of the monthly newsletter.
- Support districts and GSRs** in printing copies for members who need them.
- Establish a digital archival process** in line with GSO guidelines.
- Redirect savings** to support outreach and other 12th Step efforts.

DISCUSSION – NEWSLETTER AD HOC COMMITTEE FINAL REPORT

Facilitated by Geene D., Past Delegate, Panel 71

Mike, DCM 10 – Was concerned that if something were to happen to John Barry, who would take are of the online Newsletter.
Geene, PD – Said that’s why we will be recommending a steering committee.
John Barry – Remarked that there is a lot of custom code in the online NL that has been well documented. There is also an intention to implement succession planning to ensure someone can take over coding after the project has been implemented.

Dave, DCM 46 – Are there formatting guidelines for submitting online reports?
John Barry – There are controls on the website that will limit how the reports can be submitted to meet accessibility requirements.

Mike, DCM 36 – The website solves some of the manpower issues that are currently involved in producing the NL The website is built on WordPress and anybody can implement that technology.

Kelly, Alt DCM 14 – I asked a lot of people to look at the online NL and most were unwilling to open the link “new.johnbarry.com” feeling it may be a scam of some kind.

Rose – How long after the Assembly, if this is voted in, would it take to implement?

Geene, PD – First it has to be made a motion and passed here at the Quarterly, then the motion would be voted on at the Assembly in October. If the motion passes it would probably be January when we start it.

DCM 24 – My District was not in support of going digital, but I hope they get an opportunity to see the online NL in October because it is amazing.

David, DCM 54 – The printed copy of the online NL is pretty vanilla; no color, no pictures, will they be there in the future?

Geene PD – Anything is possible, but right now the point is to make it simple to print, with no distractions.

Erin, Area Newsletter Editor – The accessibility issue is that it is not very large, without graphics, photos, flyers, and can be sent in an email easily.

Geene, PD – Confirmed with John Barry that the flyers are printable from the online NL.

John, DCM 45 – I see this is an easy, elegant solution and my District had a robust discussion on this and we are all in favor of the NL going digital with the ability to get a printed copy, if needed and as long as it contains the necessary Area business such as minutes, motions, and financial reports.

Diane, DCM 15 – If this was voted in, would there be any way to track how often the NL is printed?

John Barry – The analytics are very good, we can track multiple things about how the website is being used, even when people are getting frustrated. Yes, we can see how many times people hit the “print this” control.

Josh – How is the HTML version easier to take into correctional facilities?

Keith, PD – You can send the link to the coordinator at the facility, they would print it and put it in our locker to bring to the facility because it comes in digitally, it won’t have any fentanyl on it.

Patty, D25 3rd Legacy – Did I hear that if someone in the District needs a printed copy, the DCM can print it for them from the website?

Geene, PD – Yes

Maryland, Area Archivist – When I look at this as an archivist, I see the website, the June PDF, and what’s on the table so I see 3 different documents that need to be saved. So I am required via digital asset management to save those 3 different work products. Has the committee sent anything to GSO asking what we do?

Geene, PD – Asked if Maryland could you draft something up to send to GSO?

Houston, Area Registrar – I believe this is a responsible thing to do. I just want to make sure we establish who is responsible for printing and distributing those copies of the NL to those individuals in accordance with the upside down triangle.

Courtney, Area Delegate – Is there an additional cost to this or will it just become part of our website?

John Barry – Currently, the way the website is now, it can probably handle it. Perhaps later there may be a cost of maybe hundreds of dollars a year.

Courtney, Area Delegate – Would the administration of the website fall on our webservant?

John Barry – We recommend there is a tech resource on the NL committee.

Erin, Area Newsletter Editor – I am bringing forth a motion to create a NL Steering Committee. I am recommending the Tech & Web send the same individual to the NL Steering Committee to handle oversight continually.

Courtney, Area Delegate – Would we need to train another person to learn how to administer the online NL? Who is going to take the time to learn and administer to this?

Erin, Area Newsletter Editor – Yes, they will need to be trained along with the Newsletter Editor.

Patrick, Area Tech & Web – There are two aspects; the WordPress administrator and the NL editorial aspect. The expertise is the same as the tech people already have for the technology we run. I don’t see believe that is something the Web Steering Committee will have to sort out. I believe we are already structured to accommodate the new services.

Jack, Area GV/Lit Chair – Is there an unsubscribe option? What happens when past trustees rotate out?

John Barry – If you don’t want to receive it, you can email me. Not the greatest solution, but in the long term planning, there should be an unsubscribe option with the exception of the area72aa.org accounts since those get passed to each servant during the rotation.

Lupita. Area Alt Delegate – I would like to hear Patrick’s question from earlier, since he is a member of the Tech & Web Committee.

Geene, PD – Patrick, would you make your way to the microphone? While we wait let’s hear from Lisa.

Lisa, Area Alt Chair – I love the idea of all that’s been said. I’m interested in knowing the time money saved or not saved for our Spanish translation and how does this impact our Hispanic Districts?

Geene, PD – I apologize for not demonstrating this before, it’s just a push of the button to Spanish.

John Barry – Every page has a language selection. There’s a tool that allows us to stage a translation. Since AI does the translation first, the translators just have to go through and make corrections and send it back to the NL editor.

Geene, PD – There was no participation on the Ad Hoc Steering Committee by the Hispanic Districts.

Charley, Area Language Coordinator – We did a test run with Claudia, our Area Translator, and the process is no more complicated than our current system and actually somewhat easier. The cost is a bit more because there are more small translation jobs rather than one big job. A rough estimate would be \$200.00 more per NL. We would save about \$30,000.00 by not printing the NL, so not too bad.

Patrick, Area Tech & Web – The Webservant and the Tech & Web Servant attend 16 quarterly events, so if we add them to the NL Steering Committee you’re asking them to do 20 quarterly events. Erin approached me and we amended the draft motion to say “a member” of the Tech & Web, so it won’t be as demanding.

Juan Luis – I am a member of an Hispanic group in Renton. We unanimously voted for this at our group.

Erin, Area Newsletter Editor – Gave thanks to John Barry for hosting the NL website and bringing it to life for us to see.

Newsletter Ad Hoc Committee Final Report – End of Discussion

Motion #1) District 22 brought the following motion before the Area:

Motion to cease print publication, begin Monthly Digital Edition (Original)

Assembly Motion 1) Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.

Seconded by District 40, and opened for discussion –

A point of order was raised by Jo, DCM District 25 saying the motion was actually two motions.

Derek, Area Chair – Said the motion was only one motion.

Dan – Wondered why we didn’t take the recommendation of the Ad Hoc Committee, specifically why we there wasn’t mention the formation of a steering committee in the motion.

Derek, Area Chair – Asked if District 22 would like to amend the motion to include the addition of a steering committee.

It was decided we would continue discussion on the motion as it is.

Bud, Area Accessibility Chair – Mentioned that his District does not really use the NL as printed and thought saving \$30,000.00 - \$37,000.00 a year to be used for other Twelfth Step work was a great idea.

Mike, DCM 36 – Agreed with the earlier point of order and that the motion should only address one thing, just the digital option.

Derek, Area Chair – Asked if there was a motion to amend the motion as written. There was no such motion.

Morgan – Would like to see if there are Districts that don’t have funding and there is an accessibility issue, that the Area a small sum of money set aside for printing and mailing copies of the NL.

Mary – Would like to amend the motion to stop including a print option.

The motion to amend was seconded.

(Amended Motion 1)

Assembly Motion 1) Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing.

Discussion on the amended motion:

Geene, PD – Remember that when crafting a motion that will be in the Area Handbook. If you just mention “as stated in the ad hoc committee report”, people will have to go digging around to find the ad hoc committee report. You should craft a motion, so that if it passes, it will be explainable to everyone. My concern is that if you say stop printing in one motion and then do digital in the second motion it will be confusing to our GSRs.

Lori, Alt DCM District 2 – Wants to leave the motion as it originally was written.

Danny – Stated we don’t have a restriction on how many things you can include in a motion and the motion should be as fully flushed out as we can make it.

David, DCM District 54 – Our groups loved the electronic version, however they wanted to be able to print it, so we would be in favor of keeping the two topics together.

Dave, DCM District 46 – Strongly believes the original motion should carry.

Julie – I also believe the second sentence is very important and should stay as it was written in the original motion.

Charley, Area Language Coordinator – Stated that he needed the second sentence read because it could not be read by the people in the back of the room.
Derek, Area Chair – The second sentence reads, “Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.”
Charley, Area Language Coordinator – Having heard that, he would like that sentence to remain a part of the motion as to maintain clarity for the panels to come.

Houston, Area Registrar – The committee was asked to take both of these issues into consideration and the original motion does just that.

John, DCM District 35 – This motion with both parts would be something our District would get behind.

Mike – Believes the second sentence should just end at, “Digital format to include a printer friendly version.” The second part of the sentence just minimizes what you would print it for.

Derek, Area Chair – Asked for a call of the question to see if anyone wants to continue with this amendment to the original motion.

Theresa, Area Treasurer – Called for the question.

The proposed amendment to motion 1 failed. The original motion is now back for discussion

Restated here for clarity: Assembly Motion 1) Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.

Theresa, Area Treasurer – Called for the question on the original motion now before the Area.

Derek, Area Chair – Said he wasn’t going to honor the call since there were others at the microphones who had comments.

Charley, Area Language Coordinator – I agree with what Bud had to say, this motion from an accessibility perspective makes the NL much more accessible. I live in a somewhat remote community so that people with low bandwidth must have access to a plain text printed version. This version of the website allows people to print copies of the NL and bring them to CSOs, Intergroups, Alano clubs, etc. and expand the accessibility of the NL more than it was before.

Erin, Area Newsletter Editor – When I first took this position I was not in favor of the digital NL because it was very difficult to manage. Being a part of this ad hoc committee has changed my opinion. I believe the digital NL is more accessible and more financially responsible.

Courtney, Area Delegate – I believe the online NL version is phenomenal, yet I believe it is premature to discontinue the printed version. When we use the figure \$37,000.00 it is not accurate, our budget is \$20,000.00 according to the budget we passed before the discussion of the digital NL. We are also early in our rotation, only the first year. Many DCMs and GSRs had not been alternates and I believe we are making a hasty decision at this stage in our rotation.

Theresa, Area Treasurer – Would like to make a motion that the motion be changed to read, “Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version.”

Seconded by District 14. Discussion on the amended motion:

(2nd Amended Motion 1)
Assembly Motion 1) “Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version.”

Discussion on the 2nd amended motion 1:

Patty, District 25 3rd Legacy – Believes the rest of the sentence should remain so the Districts have a reminder of who needs to receive printed copies of the NL.

Heather, Area Young Peoples Chair – After hearing what our current Delegate just said, Heather requested clarification on how long the housekeeping motion passed in January requested not printing the NL. It was clarified that it was for one year. She said she would support taking out the part of the current motion that reads, “cease regular printing and mailing” until the end of the rotation and add it then.

Taylor – Believes there is a need for the last sentence because she wasn’t aware the GSRs were supposed to take the NL to their groups, so it is important that line is in there. As we go on in time, if this motion passes, it is a reminder of who we expect to ensure the NL reaches the correct people it is supposed to reach.

Houston, Area Registrar – Believes we should leave the motion as it was originally written and answers the question the committee was asked to review. Houston also believes we are not being rushed, the NL has been a long considered issue in the Area.

David, DCM District 14 – Doesn’t believe the motion needs to levy a requirement on who can use the printer friendly version.

Dave, DCM District 46 – Believes we should keep the second line because it underlines to DCMs and GSRs why we have the print version in the first place.

Charley, Area Language Coordinator – Supports the original wording, he believes it gives folks information on how they can use the printer friendly version.

Jan, Alt DCM District 24 – Believes that leaving the verbiage in will be helpful to people in the future who may be looking to make changes to this.

Scott, DCM District 16 – Called the question on the amendment. It was seconded. The amendment failed.

The 2nd proposed amendment to motion one failed. The original motion is now back on the table. Restated for clarity:
Assembly Motion 1) Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.

Patty, District 25 3rd Legacy Chair – Called the question. It was seconded.

Derek, Area Chair – Called for a vote.

The motion to put Motion 1, as amended, on the Assembly agenda passed.

Lupita, Area Alt Delegate – Had a point of order that there was a step skipped during the voting process and the process was revisited.

Derek, Area Chair – Confirmed there was a call for the question which was seconded. The call for the question was approved by the body. The Area body voted on moving Motion 1 to the Area Assembly agenda. The vote passed.

Courtney, Area Delegate – Had a minority opinion that we are a discussion driven Area and felt that we jumped straight from emotion to some discussion and didn’t have a full group conscience. She heard from others that there may have been some other ideas as to what to do regarding the NL. Courtney stated there were no cons represented by the ad hoc committee and that the report may have been directed toward a direction they may have wanted to go. She felt that there should have been more discussion and that perhaps we should have taken a year before forming a motion.

Lupita, Area Alt Delegate – Agreed with Courtney’s minority opinion and also felt that someone else had come to the floor with another suggestion and they were asked to sit down. Lupita believes the body has a lot more discussion to do on this before we are ready to go to a motion.

Derek, Area Chair – After hearing the minority opinion does anyone wish to change their vote? There were some individuals who may want to change their vote after hearing the minority opinion.

Derek, Area Chair – Asked if there was a motion to reconsider.

Kari, DCM District 44 – Made a motion to reconsider, which was seconded by District 42.

Derek, Area Chair – Do we want to discuss or vote? A vote was taken and the motion to reconsider failed and Motion 1 remains moved to the Area Assembly.

Jo, DCM District 25 – Asked if the people online were polled, Derek, the Area Chair, responded that they were.

Motion to cease print publication, begin Monthly Digital Edition (Final)
Assembly Motion 1) Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version available in the event a member, group or district wishes to print it for local distribution.

Motion #2) Erin, Area Newsletter Editor brought the following motion before the Area:

Motion to form Newsletter Steering Committee (Original)
Assembly Motion 2) Move that Western Washington Area 72 Newsletter Editor shall appoint a working editorial steering committee to assist in the format, content and distribution of the digital and printer friendly Newsletter. The newsletter editorial committee will be chaired by the newsletter editor and made up of, at a minimum, the following positions: Newsletter Editor, Language Chair, a member of the Web Steering Committee, Past Delegate, DCMs, and general membership who desire to assist.

Seconded by District 16, and opened for discussion –

Scott, DCM District 16 – Felt that if the motion for a digital NL doesn't pass, does it need this wording in it. He also felt that whether we have a digital NL or not we do need a steering committee.

Jo, DCM District 25 – Doesn't the NL editor already have the ability to pull together a steering committee?

Erin, Area Newsletter Editor – Said she could, but with the specifics of having a past delegate and web steering committee member she believes it would be important to have the motion. A steering committee also means that reimbursements will happen.

Lisa – Wanted clarification on the part that calls for DCMs, does it mean a few DCMs, all DCMs, it's not clear.

Erin, Area Newsletter Editor – Responded that we are looking for volunteers, DCMs and general members is just being more specific about where the volunteers would come from.

Maryland, Area Archivist – Stated that it has been her experience that there is general funding for travel for steering committees that is often overlooked. How are we going to quantify these reimbursements in our budget.

Lisa, Area Alt Chair – Loves that this motion is written with enough specificity that it identifies key people yet it is broad enough to allow for growth as the workflow may increase.

Charley, Area Language Coordinator – I agree with what I just heard and support the creation of a specific steering committee for the NL.

Patrick, Area Tech & Web – I already thought the NL had a steering committee based on how much work it is. Regardless of digital or print we need help for our NL editor based on how difficult the position is.

Ricky, Alt DCM District 16 – When discussing the budget for the steering committee, it would come under the budget of the NL.

Josh – I believe the minimum in the motion should be an explicit minimum; it says DCMs and general membership without quantifying how many.

Erin, Area Newsletter Editor – It's been an honor and a pleasure to serve the Area in this capacity, but it's pretty overwhelming. We must come up with a solution to keep a NL editor for more than a few months.

Diane, DCM District 15 – Wonders if the NL editor needs this steering committee now rather than in 2026.

Erin, Area Newsletter Editor – Stated that if the digital NL motion passes we will definitely need the NL steering committee, but if it doesn't pass, we will need the steering committee. Perhaps there needs to be a rewording of the motion removing the mention of the digital NL.

Derek, Area Chair – Mentioned that is one of the reasons we split these motions (Motion 1 and Motion 2).

Theresa, Area Treasurer – Since much of what the standing committee will do can be done on Zoom so the cost would be minimal. All of the standing committees have a budget of around \$200.00.

Dave, DCM District 46 – As I read the motion the minimum on the steering committee would be one each and you could have more as necessary.

Teri, DCM District 42 – Would like to make an amendment to the motion to remove anything pertaining "content and distribution of the printer friendly NL". Teri recommended the following change to the motion -

Assembly Motion 2) Move that Western Washington Area 72 Newsletter Editor shall appoint a working editorial steering committee. to assist in the format, content and distribution of the digital and printer friendly Newsletter. The newsletter editorial committee will be chaired by the newsletter editor and made up of, at a minimum, the following positions: Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.

This amendment motion was seconded by Erin, the Area Newsletter Editor.

(Amended Motion 2)

Assembly Motion 2) "Move that beginning January 1, 2026, Western Washington publish a digital only Newsletter and cease regular printing and mailing. Digital format to include a printer friendly version."

Discussion on the proposed amendment to Motion 2:

Geene, PD – Asked the tech committee how many on the committee are general members. The answer was 2. I would also like to mention that John, the person who put the website together would be considered a general member and not included in the steering committee.

Rose – Asked the NL editor if the motion, as written would support her the way she needs it to.

Erin, Area Newsletter Editor – Stated the motion would support her even if the digital NL motion gets voted down. We would still need someone from the web team to help publish the PDF of the NL.

Scott – I support getting rid of the mention of the digital NL. I believe the wording of “working editorial steering committee” is important because it references people not only saying how the work should be done but also assisting in doing the work. I believe the words. The words “assist in the formatting and distribution” should remain.

Patrick, Area Tech & Web – Mentioned that to connect it to our principles, Concept 10 states; “Every service responsibility should be matched to an equal service authority with a scope of such authority well defined”. I think that is a very well defined responsibility that should remain in.

Charley, Area Language Coordinator – Asked if we could amend the current amendment to add back; “assist in the formatting and distribution of the Newsletter” making the motion as follows:

Assembly Motion 2) Move that Western Washington Area 72 Newsletter Editor shall appoint a working editorial steering committee. to assist in the format, content and distribution of the Newsletter. The newsletter editorial committee will be chaired by the newsletter editor and made up of, at a minimum, the following positions: Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.

Motion to amend the amendment seconded by District 55.

Discussion on the proposed amendment to the amended Motion2:

Thom, Alt DCM District 25 – Had a point of order that the Area Handbook, Section 9.3, Area Newsletter 7610 says “Publishes on a monthly basis a newsletter which serves as our principal communications tool within the Area. It then goes on to say it may appoint a working committee to assist in the format, content, and distribution of the newsletter. If this is already in there since 1976 why are we doing this?

Erin, Area Newsletter Editor – I was aware of the handbook, but I realized I needed to be more specific in who joins the committee, like bringing in the technology from the Tech & Web steering committee is really critical, also the Language Chair to ensure parity with our Spanish speaking community.

Robert, Alt DCM District 7 – After removing “general membership” wouldn’t John Barry not be accepted in the committee anymore?

Derek, Area Chair – Stated that the motion reads “at a minimum”, Erin would have the prerogative to appoint anyone else she sees necessary.

Dave, DCM District 46 – Had the same question.

Maryland, Area Archivist – Mentioned that the Archives Steering Committees 1989 policy has 3 serve for 4 years and every panel that ends, 3 rotate off so we have continuity. I wonder if we could consider that. Have we ever considered staggering some of these positions so you are not completely wiped out in December.

Derek, Area Chair – It looks like we are ready to vote on the amendment to the amendment to motion 2. The amendment to the amendment passed. The amended motion is now open for discussion.

If this amended motion is approved would it change the section in the Area Handbook that was read earlier?

Derek, Area Chair – Stated that his understanding is that there would be no conflict it would enhance it, or more correctly define the steering committee in the handbook.

Geene, PD – Joe and Thom were helpful in demonstrating something. Our Area handbooks are left on the internet for historical purposes. The 2018 handbook refers to the Newsletter having a steering committee, the Jan 23rd, which is for the current panel, does not mention the NL steering committee. How does it get removed? The information that is in the handbook that does not have a motion can get removed by whoever is doing the job.

Derek, Area Chair – Spoke specifically to what Thom brought up from the original charter. Do you agree with what Erin brought up that the motion would be consistent with the original charter? Thom agreed.

Taylor – Regarding what Erin said about not being able to get volunteers, what happens if we don’t get someone from each of those groups. As an example, if we don’t get a DCM does that mean there cannot be a steering committee?

Derek, Area Chair – Stated that there is no default provision, the committee could continue to exist.

Lisa – Called the question.

Derek, Area Chair – Called for a vote.

The motion to put Motion 2, as amended, on the Assembly agenda passed.

Motion to form Newsletter Steering Committee (Final)

Assembly Motion 2) Move that Western Washington Area 72 Newsletter Editor shall appoint a working editorial steering committee to assist in the format, content and distribution of the Newsletter. The newsletter editorial committee will be chaired by the newsletter editor and made up of, at a minimum, the following positions: Newsletter Editor, Language Chair, a member of the Web Steering Committee, a Past Delegate, and a DCM.

BACKGROUND ON BUS SIGN PROJECT 2026

IS THE AREA IS INTERESTED IN FUNDING A BUS SIGN PROJECT DURING THE 2026 WINTER HOLIDAYS?

Details:

Run during 2026 holiday season, when people tend to struggle more November 1, 2026-March 7, 2027

- 11”x 17” signs would be posted inside buses.
- Number of buses with signage: 200
- Duration signs would be up: 18 weeks, but probably longer
- Number of times those signs would be viewed: 3,942,900
- Cost per 1,000 views: \$2.62
- Total cost: \$11,343.16
 - The minimum cost to have any signage is \$10,000
 - Bus routes broken up by KCM, into four zones. The signs for each zone will have their own QR code to track

PURPOSE OF THE AREA

Not all areas operate in the same way, but generally speaking, an area’s purpose is threefold:

1. To elect a delegate who will represent the area’s conscience at the annual General Service Conference, where decisions are made that affect A.A. throughout the U.S. & Canada.
 2. To form a local decision-making structure so groups can collectively decide on matters that affect their area.
 3. To carry out Twelfth Step work that may not be practical for groups, districts or intergroups to take on by themselves.
- Examples include, but are not limited to: • Accessibility • Area bulletin or newsletter • Cooperation with the Professional Community (CPC) • Corrections • Informational website • Language translation services • Literature, including Grapevine and La Viña • Public Information (PI) • Treatment Facilities

Background Information:

From 1992 to 2012, a bus sign project was maintained on King County Metro (KCM) buses to inform the public about the presence of Alcoholics Anonymous (AA) in the area and provide contact information for those seeking help. The project was made possible through funding from AA groups, individual member contributions, and support from many Area 72 Districts.

In 2013, the project came to an end due to a significant increase in advertising costs, making it no longer financially sustainable. That same year, printed phone books—which had long served as another way AA reached the public—stopped being delivered to Washington State residents. The loss of phone book listings impacted AA’s visibility, as the King County phone book alone had a potential reach of 2,047,967 residents in 2013.

Today, AA’s primary outreach methods in Area 72 include internet searches, word of mouth, public libraries, and literature racks. While helpful, these methods do not offer the same broad, consistent public visibility that bus signs once provided.

DISCUSSION ON PRESENTATION

Facilitated by Julie U., Area Public Information Chair

Kim – What is going to be on the sign, and Intergroup # or a general A.A. number and where will the money come from in the budget?

Derek, Area Chair – If the motion were to go to the Assembly and the body voted in favor, the Area Treasurer would but the money allocated for this on the 2026 budget as a line item, probably in the standing committee section where the \$8,000.00 is for Corrections.

Julie, Area PI Chair – As far as what phone number goes on the sign will be worked out. I’ve already talked with CPC/PI Seattle Intergroup about what we would put on there. We could change it based on a bus line going into a different District.

Pete – There is no money already allocated, or contract signed, so this money will be coning out of the 2026 budget. Has this motion been seconded?

Julie, Area PI Chair – This is a proposed motion.

Angie, DCM District 56 – We are just entertaining questions about this motion now, correct?

Julie, Area PI Chair – That is correct.

David, DCM District 14 – Questioned that since the bus lines go into other counties why do we refer to it as the King County Bus Sign Project?

Isreal, Member of the Hispanic Intergroup – This topic has been talked about at the Hispanic Intergroup and we believe it would be very beneficial. We are talking about signs on buses and on the rail lines. Is the \$11,000.00 for both?

Julie, Area PI Chair – Said it was for the combined bus and rail signs.

Taylor – Asked if this is passed will there be an image they could look at that would be on the signs.

Julie, Area PI Chair – Yes there would be a mockup of various PSAs they could look at.

Suzie, Area Treatment Chair – Said she believed this was talked about several years ago and wondered if there was a history of when we did this and what was the ROI.

Julie, Area PI Chair – Did not have the ROI, but the history was from 1992 – 2012. She said she would follow up and find out what the numbers were.

Mike – Said he presented it to his District and the groups were generally in favor, but they had questions. What does it look like; is there a phone number, hotline, QR code and how does it all work? We also got feedback from one of our people who had been in Europe and felt the signs were based more on attraction rather than promotion. Another spoke of passing information from the signs in the past to individuals who needed help.

Julie, Area PI Chair – Stated that we could have both a number and a QR code. The QR code could help us track where people are seeing the signs.

Dave – Where did you find the purpose of the Area? How many signs would there be; one for each car in the light rail? Has Seattle already said they will handle the calls from the QR code? Will some of these signs be in Spanish?

Julie, Area PI Chair – I found the Area information in the service manual, and I will have to check and see how many signs will be on each light rail. Seattle has agreed to field the phone calls from the QR code. We can do some of the signs in Spanish.

Houston, Area Registrar – I would like to make sure we give the GSRs and everyone as much information as possible, like mockups, and how many people will be served, and where the calls will go.

Julie, Area PI Chair – I can definitely get that information.

Mike – Have you explored other options for advertising and was there any data that pointed to bus signs being most effective, and was there any research done on how to reach those who would not be on public transit?

Julie, Area PI Chair – No, I picked this project up from the past Area PI Chair and I'm just going with it.

Daryl, GSR – We did this project in Pierce County several years ago, my sponsor is a bus driver for Pierce County, he sent me pictures of the signs that are still up even though the project ended years ago. The message was simple; “Is drinking getting the best of you? We are anonymous”, and it gives our phone number.

Julie, Area PI Chair – Yes, and aa.org has tons of PA's we can choose from.

Diane, DCM District 15 – It looks like we can customize the QR code, and is there any additional cost for customization?

Julie, Area PI Chair – Yes, there is no additional cost to design and we have a volunteer at Seattle Intergroup who can design the signs, saving us \$200.00. There will be no customization for Spanish speaking lines.

Diane, DCM District 15 – Would Neil be able to give us a (Return on Investment) ROI for various advertising and PSAs?

Julie, Area PI Chair – I can check with him.

Megan – When this was being done in the past was it completely funded by the Area or was the Area just making contributions to at the local level?

Julie, Area PI Chair – It is expected that the Area will pay for the whole project for one year.

Megan – I don't think we should get too bogged down in how the signs are going to look, we should trust our trusted servants.

Teri – Requested clarification on the start date and cost of the project.

Julie, Area PI Chair – Clarified that the start date to begin the project would be August of 2026, with a cost of \$11,143.00 - \$11,343.00.

Dave, DCM District 46 – Noted that at the April 2025 Quarterly there was a comprehensive breakdown on the cost of putting the A.A. word out to the public and people can go to the [April 2025 Quarterly minutes](#) and review them. This project was the most cost effective way of getting the word out there.

Erin, Area Newsletter Editor – I am in support of this program. Earlier, when I first came in to A.A. there was a similar project going on and I believe this one will be so much better with the QR codes and the analytics available, we can find out where we are getting the best ROI. We should not get too hung up on the details.

Cindy, PI Chair, Puget Sound – The Puget Sound PI Committee encompasses Districts 9, 29, 44, 45, so it's pretty big. Are we locked into the few months or can we pay a bit more and expand. I'm very much in favor of it. I have heard stories of folks who found their way to the program through similar projects.

Maryland, Area Archivist – Do we have any idea of the ridership on these lines because it is referred to as the "King County Metro". Pierce County funded theirs themselves so there is question in my location about the Area funding it. Can we find out how many riders outside the King County area will be impacted, it will help people outside King County know who else will be affected by this project.

Josh, Alt DCM District 17 – My groups were concerned about the attraction rather than promotion aspect of this. How best can we approach that?

Julie, Area PI Chair – This project just puts the information out there it doesn't say we are best and you need to join us, it just makes people aware that A.A. is there.

Jim, DCM District 43 – Expressed concerns as to Area 72 completely funding this project rather than having the individual groups and Districts in the Seattle area fund it as was done in the past (1992 – 2012). They were also concerned about people's pictures being on the signs and breaking our anonymity tradition.

Julie, Area PI Chair – Stated that those signs were just examples and people would not have their personal pictures shown

Angel, DCM District 34 – Really just wanted to be part of the discussion. He explained that he was part of Intergroup Office in Everett years ago and they made flyers and posters for busses and the materials didn't last very long. What materials will be used for these signs and will they be protected from graffiti.

Julie, Area PI Chair – I believe they will be in plexiglass.

Holi, Alt DCM District 10 – Remembers seeing signs in the Portland area in the 90's and it was great. Will these be internal signs, can we do external also? Can we have the signs in Spanish also?

Julie, Area PI Chair – Will look into it.

Member – Where will the phone number go to, and will that area be able to handle all the calls?

Julie, Area PI Chair – We can work out the details, but my understanding is it will be the Seattle Intergroup. I will do some research and find out more details.

Thom, Alt DCM District 25 – Mentioned that this project would be in violation of Tradition 6 stating that, "A.A. groups ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise", Intergroups are not part of the service structure in the U.S. or Canada. We shouldn't be giving this money to Intergroups. How does this get passed Tradition 6?

Nate – Will all 200 signs be posted for the 18 weeks or will it be staggered so we can figure out which lines get the most feedback?

Thom, Alt DCM District 25 – Made a point of order that his question regarding Tradition 6 had not been answered.

Derek, Area Chair – Said that Thom is asking a member to opine on the application of a Tradition which is generally answered through a group conscience and recommended it be brought up if and when the motion is moved to the Area Assembly.

Aarin – We discussed this morning about staying within the budget and now we're asking to start a project that we will have to spend more money on. What does the treasurer think about this? What would happen if we couldn't make the budget?

Theresa, Area Treasurer – If this is voted on and passed, we would allocate funds accordingly to ensure it is included in the budget that is presented at the January Quarterly. If it turns out we have difficulty making the budget, the Area body would have to review the budget and see where we may have to make cuts.

Someone at the mic – If you go on aa.org you can see the various way PSA's have been done in the past.

Daniel – We at the Hispanic Intergroups have been working on this for a while, we want the Hispanic phone number to be included in this flyer, the groups were asked to contribute, and they have \$2,000.00 that they have contributed that they would like to pitch in for this project.

Dave – Wanted to make sure we are funding this project for the Area and not the Intergroup.

Derek, Area Chair – Said yes, it is for the Area.

Derek, Area Chair – The Q & A is over, We have a motion brought to the floor by our Area PI Chair, seconded by District 7, now we will open the floor for general comments on whether this motion should be brought forward to the Area Assembly.

End of Discussion on Presentation

Motion #3) Julie, the Area Public Information Chair, brought the following motion before the Area:

Assembly Motion 3) Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project During the 2026 Winter Holiday Period

Tricia – I passionately feel we should do this, and we should examine not only our group conscience, but our personal conscience as well.

Kelli, DCM District 2 – Said she would like it to say something like allocate funds for the Puget Sound Transit project during the 2026 winter holiday period.

Derek, Area Chair – Wants to make sure we are still addressing what was presented or are we now off topic.

Julie, Area PI Chair – Said the organization is called the King County Metro Bus Line, those are the people we are dealing with.

Kelli – Wanted to clarify if she could make an amendment regarding the name of the project since it covers so many other counties.

Kelli – Said she would like to make a friendly amendment to change what has been stated to read “Assembly Motion 3) Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project, covering the Puget Sound Transit Area, During the 2026 Winter Holiday Period”, seconded by District 40.

(Amended Motion 3)
Assembly Motion 3) “Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project, covering the Puget Sound Transit Area, During the 2026 Winter Holiday Period”

Discussion on proposed amendment to Motion 3:

Derek, Area Chair – Seeing no one on the mics or online, called for a vote on the friendly amendment.

The amendment passed with substantial unanimity; we will now hear the minority opinion.

Jim, DCM District 43 – If you say Puget Sound you are talking about a lot more counties than just King County.

Suzie – I looked it up and King County Metro, officially the King County Metro Transit Department.

Lisa, Area Alt Chair – I live in Olympia and Thurston County which is part of Puget Sound, but we have a totally different transit system, so saying it’s Puget Sound transit implies that it includes Olympia, but it doesn’t, and the wording would be misleading.

Pete – Looked up Puget Sound transit area also known as Central Puget Sound Region is served by Sound Transit and that’s not what we’re talking about in this motion.

Derek, Area Chair – After hearing minority opinion, can I get a motion to reconsider? There was a motion to reconsider, seconded by District 43. The vote to reconsider the amendment was passed by substantial unanimity. It was voted by the floor to go back to the original motion; the amended motion is now dead.

The original motion reads -

Assembly Motion 3) Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project During the 2026 Winter Holiday Period

Discussion resumed on the original motion –

Bud, Area Accessibility Chair – Believes this motion is past its time. Everyone has internet access and get a phone and Google Alcoholics Anonymous. Pierce County paid for it’s own bus sign project without asking the Area for money. King County asked had this bus sign project before and their Districts quit supporting it. The Area cannot even support it’s own NL and now they want to fund this project. Anyone who wants to get a hold of A.A. can look us up. I don’t think it’s a good use of our funds.

John – I know we have defined boundaries here, but do we really care whose life we save where? This project is going to cover a wide area with a core group of people who take the bus or train, and it’s probably the most efficient way to go.

Charley, Area Language Coordinator – I like the idea, yet have reservations regarding the cost, but the point of this discussion is whether I believe we should move this motion forward to the Assembly Agenda and let the Area Body make the decision. That being said, I don’t think I should deny the Area the opportunity to vote on this in October regardless of my reservations.

Dawn – I am a bus driver and see a lot of drug and alcohol abuse during my routes at bus stops, I’m glad to see this project coming to fruition. I also believe the wording in the original motion is more inclusive of who will be seeing the signs. Perhaps adding rail would be helpful.

Trisha – I believe the exposure we would have through this project would be phenomenal. I don’t believe it’s important what it’s called, I believe it is important to have this on the agenda, so it reaches and is voted on by our Area membership.

Dave, DCM District 46 – I looked up King County Corridor and it describes what this motion is all about, and suggest the name be changed to the King County Corridor. Specifically: Assembly Motion 3) Requesting Area 72 Allocate Funds for the King County Corridor Bus Sign Project During the 2026 Winter Holiday Period.

Derek, Area Chair – Julie says it would be better to say, “King County Metro Transit”.

Dave, DCM District 46 – Says he would yield to Julie.

Derek, Area Chair – The amended motion would read, “Assembly Motion 3) Requesting Area 72 Allocate Funds for the King County Metro Transit Sign Project During the 2026 Winter Holiday Period.”

Dave, DCM District 46 – Defers to Julie and withdraws his motion.

Derek, Area Chair – So the motion remains the same.

Poly – I agree with District 35, the message of “Do you have a drinking problem” alone is very important and seeing that on a sign plants a seed.

Cindy – I believe that the merit is important, and keeping the message simple. When Pierce County asked the groups to help with their bus sign project it was only \$1,400.00.

Heather, Area YP Chair – Works with many homeless people in her profession and many people cannot get a phone and when some do, it gets stolen very quickly and a lot of those people spend a lot of time on busses. I would like to see this get on the Assembly agenda.

Patrick, Area Tech & Web – I agree anyone who wants to come to A.A. can, but you have to know about it and that is the purpose of PI. I know this is financially out of reach for many Districts. I hope it is successful.

Ricky – This is just a title for the motion. We, as service people need to make sure the membership understands what we are trying to do.

Derek, Area Alt Treasurer – I don’t know if seeing a sign on a bus would have made a difference in my drinking days, but it has merit and should be brought before the Assembly.

Debbie, DCM District 8 – Felt very strongly that because we had people who have may have accessibility issues said they would donate \$2,000.00 that we should give this idea some merit and bring it to the Assembly in October.

Lisa, Area Alt Chair – Are we ready to have our GSRs bring this back to their groups, I don’t believe so for the following reasons: 1. We have four committees that impact our whole area - \$8,000.00 by motion for literature to go to Corrections facilities, we send 25 Grapevines to Treatment centers, 2. It only lists Intergroup. When I was chairing the Finance Committee, we had a CPC Chair who brought us a great info card that we denied funding because it only had GSIG, we said if you list them all we will support it, so they did and we supported it. 3. We don’t even know if our members can handle the extra calls this project may produce. We must find that out before we bring it to the agenda for our GSRs to vote on.

Jim – Thanks Julie for bringing this to us today, but I have to go along with Lisa, I don’t think we have enough information to bring this to the Area Assembly.

Isreal – I don’t think we need to be focused on the technical stuff or if it’s north or south I think we need to focus on saving lives.

Lisa – We were told before we had to go back to our groups and tell them we needed more money, now we need to go back and tell them we need \$11,000.00 for this. I don’t think we have enough information either.

Santiago – The Intergroup where I belong put money on the table, why are we talking about which way the busses go, we need to come up with an image of how we’re going to show it.

Derek, Area Chair – Called for the vote to put this motion on the Area Assembly. The motion passed and will be on the Area Assembly.

Jo, DCM District 25 – Brought the minority opinion by saying she did not feel there was enough information to move this motion to the Area Assembly.

Derek, Area Chair – Asked if the body felt the minority opinion required another vote on the motion, the body did not, the motion remains on the agenda as written -

Motion for funding King County Bus Sign Project (Final)

Assembly Motion 3) Requesting Area 72 Allocate Funds for the King County Metro Bus Sign Project During the 2026 Winter Holiday Period

APPOINTED TRUSTED SERVANT REPORTS

Accessibility – Bud W.

Name: Bud Wasierski
Position: Area72 Accessibility Chair
Date: 06/23/25

Accomplishments from the past quarter.

- Hi, we had our second quarterly of this rotation on April. 18th at the Tacoma Central Service Office. 26 districts were in attendance.
- We shared about what we are doing as accessibility chairs, issues that have come up so far in our rotation.
- Attended District 8 business meeting in June to make a pitch for having an Accessibility Chair. They got one.

Problems or issues you are facing or have already dealt with.

- Getting into the recording of our April business meeting, creating minutes and distributing them out.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Attend District Accessibility meetings.
- Visit districts that have yet to sit an accessibility chair.
- Helping Districts set up and host 2026 upcoming Accessibilities quarterlies.
- Attend Accessibilities workshops at the 2025 International up in Vancouver next month

Archives Chair – Jennifer R.

Name: Jennifer R
Position: Archives Chair
Date: 06/15/25

Accomplishments from the past quarter.

- We have had 3 Archives Steering Committee meetings since our last Quarterly. We are made of 8 members including myself and the Archivist. We discuss upcoming events and report on the progress of our projects.
- I have visited District 58 in Centralia to present about district archives. My presentation was well received, and they fed me before making the trip back to Seattle. Thank you, Luis and Alejandra! I have upcoming visits to districts 34 (7/1) and 21(TBD).
- We have updated the OSD3 fliers to have a QR code. I am happy to report that the QR code has made the purchasing process easier.
- The Area Archives contact list of the District Archivists and Archives Chairs has been updated.
- We are welcoming 2 new members to our Archives Standing committee from Districts 42 and 31.
- I attended my second Web Steering Committee meeting. It was really informative and I learned about the nuances of maintaining a website.
- I am now officially part of the NAAAW committee. My commitment is Literature and Displays. I have been attending the planning committee meetings the 3rd Monday of each month.
- We had our 2nd OSD3 Sales Committee meeting of the rotation, which is held quarterly. We discussed reducing our efforts to actively sell the OSD3 after this year's Assembly in order to put those resources toward other projects.

Problems or issues you are facing or have already dealt with.

- We still have 2 pallets full of OSD3 and OSD2 books. We have some ways to distribute those but will revisit the issue of reducing our inventory at our next ASC Meeting.
- District 40 was unable to host our next quarterly meeting in August. Thanks to Megan J. Archives for stepping up to host. Fliers have already been made and are being distributed.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Significantly reduce the number of books in the repository
- We will be co-hosting the Pacific Region Archives Workshop with Area 58 and 92. The event will take place at the Repository 10-25-25
- Continue to explore using technology to enhance and aid our archival projects.
- Have an awesome Quarterly that will be hosted by District 19 on 8-2-25
- Discuss updating our web page on the Area Website.
- District 31 will be hosting an Archives workshop 9-20-25 from 1pm to 2:30pm. Be on the lookout for a flier. Thanks, West, for inviting us to share with you!
- Continue to support the planning of the National Archives Workshop which will take place in 2026 in Tacoma, WA.

Archivist – Maryland N.

Name: Maryland N.
Position: Archivist
District Number:
Date: 6/25/25

Archivist Quarterly July 2025 Report

Accomplishments: I’ve been working with Joyce B., an ASC member on an Excel list of 50+ archives projects and Kim, D24 Archives chair on learning to do Google Archives shared drive filing of their digital newsletter. I’ve also spent time with Nathan, an ASC member working on the complexity of archival management of our data on the drives at ASC. D34’s Archivist, Jaime, came to Repository. We looked through the materials in Everett K.’s collection for the History of Alcoholics Anonymous in Washington State. She also listened to our challenges with our automation. She sent to angels from Sammamish down on a Sunday that helped with two of the machines. Donna, Don and I did the Capitol Jamboree and had 141 visitors visited the travelling display—which is a collection of artifacts around the Fellowship. We may have lost all the data in our wonderful display on Area 72’s Maps and Panels display due to some kind file issue. I have the Box-level catalog done and the box label completed. We have new boxes on the way.

Challenges: Our PCs can only run Win 10 and they will not receive security updates after this fall, and are looking at replacing them. I have ‘lost’ the files on one PC and need tech’s help relocating them. I hope to see ASC work on the management of all the data in A72 emails and Google drives.

Planning: The display will go to Step Ashore in August and the Assembly in October. There will be a Regional Archives Workshop in October. And the NAAAW 2026 will be in Tacoma Sep 10-13, 2026. Don and I will leave for the IC2025 in Vancouver on Tuesday and we have a plan.

IC 2025 Vancouver Itinerary	IC 2025 Vancouver Itinerary
July 1st Tuesday: Airbnb, 689 Abbott St, Vancouver BC July 2nd, Wednesday 8:00-9:30 AM IC Registration Booths, Accessibilities VCC East Level 1 10 AM-12 PM Chairs And Speaker Check in Booth Convention Center East 1:00-2:00 PM PRAASA Hospitality Suite Fairmont Waterfront Mackenzie Ballroom 1 4:00- 8:00 PM GSO Archives Exhibit Hall Volunteer, VCC East Level 1 Space 5 July 3rd, Thursday 8-10 AM NAAAWB IC Hospitality Suite Volunteer Fairmont Hotel- Vancouver Island Room 1:30-5:00 PM Historic Three Home Meet Up, Christ Church Cathedral, 690 Burrard St. 6:00-10:00 PM, Street Dance, Convention Center Grounds AIRBNB, 689 ABBOTT ST, VANCOUVER BC July 4th, Friday 8:00-10:00 AM NAAAWB IC Hospitality Suite Volunteer, Fairmont Hotel - Vancouver Island Room 11 AM- 12:30 PM Sobriety Is Progressive Too (Jeff, BC, Don L WA), VCC West Ballroom C 11 AM- 12:30 PM Archives: Preserving AA History Through Archives 1(Mitchell, A09, Gerald, HACO), VCC West 202-204	July 4th, Friday (cont.) 1:00-2:30 PM, Three Legacies: R, U, S (JAF) (Doug, Japan, Chie, BC), VCC West 208-209 1:00-2:30 PM, Unity: The Most Cherished Quality (Crystal), VCC West Hall C 2:30-5:00 PM, A.A.'s History of Love and Service (Maryland), VCC East Hall C 3:30-5:00 PM, A. A. and Treatment Facilities, (Susie L.), VCC East Ballroom B 7:00 PM- 10:00 PM, Opening Flag Ceremony and Big Meeting, BC Place AIRBNB, 689 ABBOTT ST, VANCOUVER BC July 5th, Saturday 8-11 AM NAAAWB IC Hospitality Suite Volunteer, Fairmont Hotel - Vancouver Island Room 9:30-11 AM, Accessing the A.A. Message While Neurodivergent, (Lisa) Fairmont Waterfront Ballroom 11:00 AM-12:30 PM, A Newcomer Asks, (Astrij), VCC West 220 11:30 AM-1 PM Archives: Preserving History Through Archives 1 (Nancy K, A07, Kade, ID) VCC East Ballroom B 3:30- 5:00 PM The Warranties: Maturity In the Fellowship (Phyllis H.), VCC West 222-224 3:00- 5:30 PM Grapevine Play: My Fairly Drunk Lady; Lavinia Play: Life and Death Christ Church Cathedral, 690 Burrard St 7:00- 10:00 PM Old Timers Big Meeting, BC Place AIRBNB, 689 ABBOTT ST, VANCOUVER BC July 6th, Sunday, 8:00 AM- 11 AM, Closing Ceremony and Big Meeting, BC Place
Mary (NAAAW2026) 253.365.8072 and Don (IAAMC2026) 253.365.8073 1	Mary (NAAAW2026) 253.365.8072 and Don (IAAMC2026) 253.365.8073 2

Cooperation with the Professional Community – Sooz B.

Name: Sooz
Position: CPC Chair
District number: 19
Date: 6/30/25

Surveys continue to show that **social anxiety and stigma remain the top reasons** people don’t reach out for help with their drinking. That’s one reason why Cooperating with Professionals matters—and why the efforts we make now can open doors for future alcoholics to find a way out.

This quarter was full of connection, inspiration, and solid groundwork.

In **April**, I attended the *AA Nurses in Recovery* quarterly presentation online. These events are open to professionals and members. I highly recommend inviting anyone you know in the medical field. It’s also a great way for us, as CPC reps, to grow in our understanding so we can better speak with professionals in our own outreach. The next presentation is July 9th.

In **May**, we held our Area CPC Quarterly, hosted by District 24 in Edmonds, where we had the privilege of hearing from **Julia**, a sober member who joined AA at 16 and now serves as an assistant principal in the Seattle School District. Her experience gave us powerful insight into how we can approach schools and speak effectively with educators. Her share helped spark enthusiasm for CPC outreach to high schools in our area.

We also rolled up our sleeves with **role-play sessions** using outreach templates (thank you, ChatGPT!). Practicing these scenarios together helped us grow our confidence in conversations with professionals, whether it’s one-on-one or at larger outreach events.

Outside of the quarterly, I was able to attend **Districts 42 and 45’s business meeting**. It’s been inspiring to see so many members interested in learning more about CPC and how we can support them in carrying the message to professionals.

Looking ahead, we’re focused on creating **turnkey campaigns** that future rotations can easily pick up and continue. These include:

1. **Fire Station Campaign** – led by Sarah (dist54cpc@area72aa.org)
2. **Unions & Trades Campaign** – led by Kevin (dist24cpc@area72aa.org)
3. **The Magic Bus Tour** – a CPC “school” on wheels to help our own members learn about Cooperating with Professionals. We’re planning a 2026 tour across Area 72, and we’re forming a committee now to bring it to life.

Interested? These are great ideas, but we really need you to help encourage folks in your districts to join the effort.

Last month, Michael, the GSO Staff Member coordinating CPC exhibits at professional events, reached out. The Association for Addiction Professionals will hold an in-person event on October 11- 13th in Seattle, and we’ll be staffing an exhibit. GSO will begin to ship materials soon, and we’ll be looking for volunteers.

The committee will be back together for our next **quarterly August 2** at the Puget Sound Central Service Office. Until then, I invite you to ask yourself: *How can I cooperate with professionals?*

Here are a few easy ideas:

- Speak to your local librarian about donating Big Books (in some cities, it’s the most stolen book!)
- Travel for work? Ask the hotel manager if you can leave a Big Book in the room
- Invite a professional you know to attend a CPC-focused event or presentation, like the presentation for medical professionals.

Finally, if you don’t yet have a personal CPC project—or want to be part of something bigger—these ad-hoc committees are a great place to start. Let’s keep showing up together and build something we can hand off to future rotations with pride.

Corrections – Aimee B.

Name: Aimee B.
Position: Corrections Chair
District: 3
Date: 6/23/25

The past quarter has been very busy. We welcomed nine new district chairs, and I always enjoy helping them get set up with our area and GSO! Our Hispanic corrections chair has completed paperwork for two different facilities and will attend an orientation at Monroe Correctional Complex in July! There are Spanish-speaking persons in custody who are very excited about having a meeting in their native language.

For a couple of months, we did not have a pre-release coordinator. During that time, we helped three persons in custody connect with members of Area 72. Fortunately, a gentleman volunteered to fill the position and has already helped one person from Walla-Walla get connected to someone in one of our districts.

Something I will be working on is obtaining an updated list of which facilities are in each district so that new district chairs know exactly what to focus on. I’d like to have contact information from the institutions, but unfortunately, that information seems hard to find. We are still facing some facilities that have not reopened to AA (COVID), but we are practicing the principles and continuing our efforts!!!

The corrections committee has so much heart and passion, and I am truly humbled and grateful to be part of it. Keep up the awesome work!! Be well and be free.

Grapevine and Literature – Jack J.

Name: Jack Johnston
Position: Chair
District number: GV/Lit, aka Grapevine, la Vina, and Literature
Date: 6/22/2025

Accomplishments from the past quarter.

- Attended Pre-Conferences and Delegate Report Backs
- Attended a monthly La Vina meeting
- Participated in a AAGV Board quarterly meeting
- Monthly meetings of the Grapevine, La Vina and Magazine working group (a group of servants working to feed people to the GV & LV websites)
- Joined the GV writing workshop held online by Area 61 (Rhode Island)
- Encouraged support for Carry the Message as part of distributions
- Emphasize subscriptions as a primary support GV/LV, as well as books
- Inventoried and consolidated the AA literature, GV and LV books, and other sundry material at the Area Archive Repository
- Held our second quarterly for GV Lit at District 1 in Auburn
- Role of Committee members keeping members up-to-date on current and new written, digital and audio material
- Discussed the Plain Language Big Book and the Literature and Grapevine workbooks

Problems or issues you are facing or have already dealt with.

- Role of selling literature discussed in the AA Guidelines on Literature

Please share some goals you hope to achieve or begin work on in the next quarter.

- Collaborating with our linguistic districts to make a bid at the Pacific Regional celebration of the XXIX anniversary of La Vina for Area 72 to host the XXX anniversary in 2026

Language Coordinator – Charley P.

Name: Charley P.
Position: Area Language Coordinator
District Number: 56
Date: June 24, 2025

Quarterly Report – Q2, Panel 75

Hello Area 72!

I cannot believe that we’re already halfway through 2025—and a quarter of the way through Panel 75! The Language Steering Committee has been hard at work, continuing to facilitate language translation and interpretation for Area 72 events across Western Washington. Below is a summary of our progress, challenges, and upcoming goals.

Accomplishments This Quarter

- **Continuation of the Language Steering Committee:** The Language Steering Committee has continued, meeting twice more since April (we missed one meeting due to scheduling conflicts). Once again, I’d like to offer special thanks to Joe T. (DCM, District 19) for serving as Committee Secretary.
- **Interpretation & Translation Work:**
 - Successfully interpreted **four events** into Spanish
 - The Central Districts Pre-conference on March 23rd
 - The P.I. Quarterly on May 10th
 - The Grapevine/Literature Quarterly on June 14th
 - The Delegate Report Back on June 15th
 - Central Districts Pre-conference
 - Translated **dozens of documents**, with many more pending completion before the July Quarterly.

Challenges & Resolutions

1. **Equipment Logistics:** Transporting the interpretation equipment to events that require in-person interpretation remains a key focus.
2. **Translation Coordinator Search:** We have been unsuccessful, so far, in finding someone to fill the remote-position of Translation Coordinator. That search will continue into the third quarter of 2025, with the duties of the position falling on the Language Coordinator in the meantime.

Goals for Next Quarter

- Ensure smooth **interpretation coverage** for upcoming events before the Assembly.
- Continue managing translation requests via **Google Drive**.
- Reevaluate what we pay for written translation—with strong consideration being given to the fact that our chief translator, Claudia, has not been given a raise in over two rotations.
- **Recruit a Translation Coordinator** (remote service position) to:
 - Remotely monitor translation requests.
 - Notify translators when documents are submitted.
 - Distribute completed translations.
 - Submit monthly invoices to the Alternate Treasurer.*(No advanced skills needed—just basic Google Sheets knowledge!)*

Interested in helping? Email me at languagechair@area72aa.org.

Thank you for the opportunity to serve!

Newsletter Editor – Erin E.

Name: Erin Ewing
Position: Newsletter Editor
District number: 40
Date: 6/30/25

Accomplishments from the past quarter.
I made another print issue in May
I was able to create 2 more editions for June and July

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- Ad Hoc Committee has been hard at work creating an alternative that works for everyone
 - Create a version that is easily archivable
 - We need it to be printable in an 8.5 X 11 format
 - A small enough file so it is manageable for members with limited band width

Please share some goals you hope to achieve or begin work on in the next quarter.

- I am looking forward to presenting our committee’s solutions
- Proposing the motion for the area to consider -at the assembly in October

Public Information – Julie U.

Name: Julie Udell
Position: Public Information Chair
District Number:
Date: 6/23/25

Greetings!

Public Information is doing well and continues to be actively engaged in carrying the message. We held our Quarterly Meeting on May 10th, with 20 attendees participating both in-person and online. The meeting focused on updates related to Public Information (PI).

Members shared a variety of outreach efforts, including literature distribution and collaboration with local organizations such as libraries, health fairs, LGBTQ+ centers, treatment facilities, and police fairs. Several districts reported progress in securing booths at upcoming community events, increasing pamphlet distribution, and raising awareness through creative efforts like QR codes, bus sign campaigns, and online informational panels.

Key topics of discussion included strategies for maintaining literature racks, volunteer coordination, and tracking literature placements. Cindy G. gave an inspiring presentation on preparations for staffing the AA booth at the 2025 Washington State Fair, with an emphasis on professional engagement and effective outreach techniques. We will have our booth at the State Fair August 29th – September 1st. If anyone is interested in volunteering let me know and I will connect you with Cindy our PI liaison for Puget Sound.

The meeting wrapped up with a review of downloadable AA videos and role-playing exercises to help members feel more confident in public-facing interactions. Everyone left with actionable items to bring back to their respective districts and committees.

In addition, we’re excited about our upcoming Quarterly on **August 9th**, which will be held at **Bellevue Intergroup** and also online. We’ll be opening with a special presentation by **Milly T.** on **Marty Mann**, one of the first women in AA to achieve long-term sobriety. Marty was a pioneer in alcohol education, founding the National Committee for Education on Alcoholism and traveling the country to inform medical professionals, legislators, business leaders, and the public about the importance of treatment and education regarding alcoholism as a fatal disease. We would love to see you there!

Special thanks to Teri and District 42 for the invitation to attend their June meeting. If your district is interested in having someone attend to share Public Information, I’d be more than happy to join you.

In fellowship and service,
Julie U.
Area 72, Public Information Chair

Registrar – Houston L.

Name: Houston L
Position: Registrar
District Number: 25 (Practice these Principles – 4th Dimension)
Date: 6/20/25

In the past quarter I have entered and corrected many GSR and Alt. GSR information for our Area. However, with the growing commitments for service and of course some that must be changed for Area 72 AA, I am never quite done with the many emails for information and changes for Groups and Districts. Please know that I am here this weekend to continue to take your new information answer any questions and hopefully solve any issues your District may be having. Please check in with me on breaks or at lunch – I will be at my seat!

I am also here to issue all DCM’s and Alt DCM’s the July issue of the Area 72 Directory. I have also put in your mailboxes the most current information on the groups in your Area. Please note that these are listed with the group’s status according to AA’s General Service Office – Fellowship Connection. Please check with your groups for accurate information. Of important note! If the groups status is incorrect, it will be necessary to either call or email the GSO to correct this information. This cannot be done at the Area. Emails should go to: Memberservices@aa.org / Phone: 212-870-3023.

My newly acquired retirement status has truly been wonderful and has also given me opportunities to travel, see family, catch-up with my past and begin to create a one-day at a time future. However, I will be setting a regular Registrar’s Check-in every month for the rest of the year that will be listed in Area 72 AA Events calendar. Please do not hesitate to call with any URGENT requests as an email response may be delayed due to the mass of emails this service position for Area 72 handles.

As always, I am grateful for the opportunity to serve, and I am absolutely humbled and staying teachable in this commitment to Area 72.

In Service and with Respect,

Houston L.

Secretary – Don N.

Name: Don N.
Position: Secretary
Area 72
Date: 6/24/2025

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- Completed summary and minutes from the April Quarterly
- Held a Secretary’s workshop in April 30th, it was well attended, and we covered a variety of topics
- Receiving the reports from the Elected and Appointed trusted servants, the DCMs, and the Intergroups and CSO’s is one of the highlights of my job, there is a lot of amazing things going on in this Area

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- Keeping up with note taking during the Quarterly is getting better, but still needs some work
- I have to try and summarize what people at the mic are saying, my minutes are way too long

Please share some goals you hope to achieve or begin work on in the next quarter.

- I am scheduling another Secretary Workshop for July 30th at 6:00 PM PST, Zoom ID 440 174 1504, Passcode secretary
- I definitely need to work on my Zoom skills

Sound/Zoom – Anothony G.

Name: Anthony Grennan
Position: Sound and Zoom
District number: 8
Date: 6/16/2025

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- All is going well. Been answering emails from people reaching out to the meeting updates email.
- Got a tablet for the podium so they can have a zoom room open and can see hands raised.
- We have a new volunteer that we will be training up for future events

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- No bad days 😊

Please share some goals you hope to achieve or begin work on in the next quarter.

- Get the new trainee up to speed and dial in the setup as much as we can. Get a well oiled machine going so I can pass it on at the end of the rotation.

Tech & Web Chair – Patrick M.

Patrick M.
Area Tech & Web Chair
District Number:
Date: 6/24/25

Greetings, Area 72!

The three most common questions I’ve gotten from people have been 1) “I’m not good at computers, can I participate in web and tech?” 2) “Our district doesn’t have a website – is there any reason to have a webservant?” and 3) “What exactly does the Tech and Web committee do?”

Up to this point, my responses have been 1) “Yes, absolutely!” 2) “Maybe?” and 3) “I’m not sure – but we’ll figure it out together.”

I’m pleased to say that six months in, I have a slightly better grasp on things. All it took was reading the chairperson and committee descriptions, a bit of thought, and conversations with like-minded trusted servants. Plus we’ve gotten a much better sense of the kinds of tech challenges that people experience within Area 72.

At the April Tech and Web quarterly, we discussed a challenge common to many districts: the difficulty of rotating technology positions. Several districts have established technology systems, and it is hard to find someone with the skills needed to effectively take on that responsibility. The end result is that in many districts, web and tech people hold their positions for far longer than a single rotation, or the technology breaks and nobody knows how to fix it.

That brings us to our first clear opportunity in activating the Panel 73 Tech and Web standing committee: to help tech and web trusted servants who may be in over their head a bit. We have a good group of people with a diverse range of tech skills. I believe that if we inventory the specific things that people need help with, we will find that capable people are willing to provide that help. That will be the focus of the July Tech and Web quarterly. All are invited to let us know where you need help with tech. I hope to leave that quarterly with a detailed list of work to be done, and people willing and able to do the work.

I will also be reaching out to DCMs in the hope that I can present to your districts on Tech and Web activities, and opportunities for people to help. Even if your district doesn’t have or want a tech presence, I hope that we can find tech-minded people to work alongside us. They will be supporting the efforts of others that need help, as well as strengthening their connection to Area 72 and General Service.

Related to this, Webservant Shu and I have been working to better understand the intent of Area 72’s three tech and web-related committees – yes, three! We have the Tech and Web standing committee; the Tech steering committee; and the Web steering committee. The Tech and Web standing committee focuses on using technology to carry AA’s message, and helping districts and groups apply technology effectively. The Web steering committee is responsible for the Area 72 website. The Tech steering committee is responsible for our hybrid setup, online meeting platform, and email account and cloud storage space.

With this understanding of the different committees, we have a better sense of where to route tech requests. It also means we have more clarity in engaging interested people in participating in Area 72’s technology. The steering committees don’t simply set high-level direction for the

Webservant and Tech and Web Chair to execute – the steering committees are directly involved in doing the work. We need a few more people with technical skills to pull this off.

I think this will be a wonderful opportunity for interested technically- and service-minded trusted servants. Our steering committees include Area appointeds, DCMs, past delegates, and volunteers. This means that volunteers will get to work alongside folks who are passionate about and experienced in applying our spiritual principles.

To me, this is important for Area 72’s future health. We experience challenges in rotation at the Area level as well – the number of people who have the required technical and service backgrounds is relatively small. However, we are fortunate that we only need a few each rotation, and so far, have been able to find them. By engaging more people in our steering committees, we will create another avenue for encouraging future trusted servants. So far, we’ve primarily looked to people with service backgrounds and identified the techies among them. Now we can also find the tech people, and help them grow in understanding and effectiveness with General Service.

Here is my request to, and the opportunity for, DCMs and Alt DCMs: let your districts know what we’re up to! Let them know that people in Area 72 need help using technology. Let them know that Area 72 needs help operating the website, meeting platform, and email and cloud storage. Let them know that if they make themselves available, they will be working alongside people who love Alcoholics Anonymous and are eager to pass on their experience.

My hope is that at the October quarterly, we’ll be able to report on a number of practical problems that we’ve helped with; that we’ll have a more unified Tech and Web standing committee; that we’ll have stoked the service flames of a number of new trusted servants; and that we’ll have a clear vision for the second half of Panel 75 Tech and Web within Area 72.

<3 Patrick
Tech & Web Chair

Treatment – Suzi L.

Name: Suzi L.
Date: 6/20/25
Position: Area Treatment Chair

The District Treatment and Bridging the Gap Chairs are working hard to assist the still suffering Alcoholics coming out of Treatment and Detox Centers. They are all on fire. It is so cool to watch people in recovery get into service and give and give some more. It totally raises the bar of sobriety. It is hard to explain to newly sober people that their world will change drastically after they start giving back by taking a service position.

The Greater Seattle Intergroup H&I Team continue to break barriers. I am so honored to be able to observe their hard work and coordination coming out of this intergroup and Mike’s team.

Saturday, June 21st we will start having Treatment / Bridging the Gap Roundtables. Our volunteers and chairs are getting so connected they have a lot of experience, strength and hope to share with the new volunteers and chairs. It is like magic to watch them spread the service bug and mentor their new team mates.

The Area 72 Treatment July Quarterly will be hosted by District 4 in Mount Vernon on July 19th starting at 10:00 AM. The venue will be at the Skagit County PUD facility.

Special thanks to Chuck P. Area 72 Bridging the Gap Chair. His work is exceptional. He has so much to share. We love having him a leader on our team.

I had a huge honor. The AA International Convention Committee asked me to be one of the speakers at the upcoming International Convention. I will speak on Friday, July 4th in the East Building – Ballroom B at 3:30pm. The meeting is called Treatment Facilities. I hope to see some of my Area 72 friends for love and support.

Thank you for the opportunity to serve, Suzi L.

Area 72aa Treatment Chair

Webservant – Shu D.

Name: Shu D.
Position: Area Webservant | Panel 75
District number: 56
Date: July 12th, 2025

Accomplishments from the past quarter.

Well, here we are seven months into the rotation! Over the last several months there have been a number of new trusted servant emails, phone conversations, both technical and check ins, successful quarterly with the Tech and Web standing Committee, and productive steering committee meetings with Tech, Sound, and Web-we work together and as a team. Thank you to everyone who contributes to those committees!

We got the Young People’s Videos from the last rotation posted on the Area 72 You Tube channel
<https://www.youtube.com/playlist?list=PL3tT8R-0jjbPnShSluH6EpxSmRAFqZakv>

Patrick and I worked with our Area Treatment Chair and Bridging the Gap to design a new and improved Bridge by Zip tool which was reported to be working beautifully!

Patrick and I updated the Glide App which had recently been updated, all went smoothly, and the new QR code was sent to the committee. Monitoring the website, held another workshop and have another one scheduled for July 22nd. Facilitated a District inventory with District 42 on June 28th-an honor to be asked- and hope to work more with Districts -just let me know what you need!

You will also find a copy of the Web Steering Committee report in the July Documents.

Problems or issues you are facing or have already dealt with.

One of the things I wanted to do for the Assembly in October was to have a report around statistics for the website. When I looked into it, the number of new registrants seemed high to both me and the tech steering committee. In order to document accurate information, we will probably be implementing Captcha on the registration form, and the contact form to cut down on Spam in both areas.

Please share some goals you hope to achieve or begin work on in the next quarter.

To continue to work with the Tech Steering Committee, the Web Steering Committee, and the Tech and Web Standing Committee to keep things running smoothly, address issues, find solutions, and work on developing an active team of individuals drawn from our Tech and Web Standing Committee to participate in the Tech and Web Steering Committees and experience area general service on a different level. More on this work at the Assembly!
I want to say that working with Patrick in this service arena has been both an honor and a privilege-Team Shu-Pat Rocks!

I also want to thank everyone who has been there for me, answered my phone calls, guided me, and helped me settle into this service position- we are never alone!

Web Steering Committee Minutes – Shu D.

**Web Steering Committee Minutes
05/25/25 6:00 pm-8:00 pm**

The meeting opened at 6:00 pm with the Serenity Prayer and the Declaration of Unity followed by introductions. Present were Shu D. (Webservant Area 72), Patrick M. (Tech and Web Chair Area 72), Alan F. (Past delegate), Eddy M. (Past Webservant), Shane M. (DCM 12) Julie U. (PI Chair Area 72), and Jen R. (Archives Chair Area 72). Not present Shannon (DCM 9).

Reports-

Patrick reported on his experience in his role, highlighting the busyness of the first quarter and the more manageable pace of the second, his focus on balancing general service in technology and internal Area 72 responsibilities, including tech-related tasks and cataloguing activities in the Technology and AA Forum for ideas about service and tasks. What are other people doing in other areas? He revisited the importance of documentation for future handoffs and collaboration between Web Servants and Tech and Web Chairs.

Shu reported on the tasks she has been completing, the partnership and team work with Patrick, issues that have come up, working together and separately based on areas of expertise and the future Workshops she will be holding on June 8th and July 22 covering Google email, drive, etc. She reported that her and Parick meet once a week to triage any issues they feel need attention. Shu also shared information regarding help to facilitate a district inventory for District 42.

Discussion #1

Regarding the creation of a new Area District Map to have on the website, everyone thought it was a great idea. Alan forwarded a map from 2015 to start with; Shu mentioned a digital project that Maryland had been working on and that maybe combine the two maps to come up with a current one. It might be a good project for some of the Tech and Web standing committee members to work on, we will mention it in the next quarterly. Eddy shared that we could make a free one Google Maps and to check with a few Districts (10 and 40) on their boundaries and let's keep it simple. Patrick shared that we want to make sure we include the Spanish Districts on the new map, and that someone should have an editable file somewhere for us to utilize. This project was put forward as something we want.

Discussion #2

Archives-Jen shared how Maryland is looking for a replacement and their working on transitioning into the digital world. Shu asked about archive material on the website and the short answer was 'no', until a process I put in place for archiving the material. She shared about an email that she sent to GSO around their digital archiving and would like to work with Patrick and Shu about what that will look like moving forward, especially with the possibility of the new digital Newsletter. This discussion led to the topic around the translation tool used to translate on the website and the number of words that are used and the cap on those. Shu and Patrick will look into that plug in on the website.

Discussion #3

There was a request for a basic Assembly@area72aa.org email that could be used every year from Lisa S. (Alt Chair Area 72) for historical reference for the next Host Committee. There was conversation around the reasons why they are year specific to each year, one being that Host Committees aren't always done by the time the next host committee is ready to start, and archival material. Eddy shared they used to do a separate email for each position of the host committee and that about 4-5 years ago they made it into a distribution email list. The consensus was to leave it as it was for now. Shu will let Lisa know the decision.

Discussion #4

There was a discussion around the content and services policy for the website (not updated since 2017) which turned into a discussion about what is deemed private and public and how we can actually share a link to any document without giving someone access to the Google Drive. Eddy then shared why, historically, we went to things (especially on the website) to being private was to deter spiders crawling around on the website, which at one point resulted in the website going down. Additionally, some people do put their first and last names on reports, do we monitor for that? Discussion about anonymity, scrubbing documents before posting, or just making sure people know that if their last name and phone number are on something it may not get posted to 'public'. Julie had a great question around what other areas do? Patrick shared that this was a good discussion topic for the TIAA forum, and what their reasoning is behind what they do. Consensus was to leave the Policy as is and update later after some additional research and investigation distinguishing between Public and Private and writing that into the Policies.

Discussion #5

We talked about the update to the Glide App for the quarterlies and assemblies, Patrick shared how it was a pretty smooth transition with the exception that there is a new URL. He created aa new QR code, and it was sent to the Area Committee to update their apps. You have to delete the old one and download the new one. Also talked about our ability to have three of these apps under the 'free' version of this tool, what some of the other ones were used for, and the possibility of using one of the free apps for PRAASA 2027, and there are only two editors allowed on the free version which are Shu and Patrick at this time. We also talked about using one of the apps for the Newsletter, although, as Patrick and Shu, are the only editors that would be the issue-\$20 dollars a month for more editors and apps. Also, we are grandfathered in-the new Glide App only gets one free app.

Discussion #6

There was a discussion about the firewall-first a discussion about why this was being discussed-the request by an interested individual to potentially join District 25 asking that we take down our firewall for a number of international countries to have access to the information on the Area 72 website. The firewall was implemented during Eddy’s tenure as Webservant when the website was taken down (broken) by hits from China and Russia. There was discussion around the geographical boundaries of the GSC (US and Canada) and how that operates. There was a question of legality, and international groups as part of the GSC; would that be possible within our service structure. There were questions about group numbers outside the conference area, and that this is really a question for the GSB at GSO in New York. It was decided unanimously that we would “Take no action” at this time, that it is really a discussion topic to be brought forth by a motion from a district for the Assembly Body of Area 72, and that it is outside the scope of responsibility of the Web Steering Committee alone. We also felt it was a two-part question, context (why we were talking about it) and technical (security), and the impact of taking down the firewall.

Next steps

- Web Steering Committee: Continue discussion and research on updating the Content and Services Policy regarding public vs. private content.
- Patrick: Research and gather information from the Technology in AA Forum about how other Areas handle public vs. private content.
- Patrick & Shu: Review the word count limit of the website translation plugin and assess if content needs to be reduced
- Tech Steering Committee: Study and evaluate less restrictive firewall options that maintain security. What do other Area’s do?
- Shu: Create two more workshops for district positions and send out the information
- Jen, Patrick & Shu: Review GSO's email response about website archiving before the next steering committee meeting
- Shu: Inform Lisa about the existing Assembly 2025 email group and its management capabilities
- Shu: Present at the July Quarterly that no action is being taken at this time regarding the discussed web issues.

Young People’s Chair – Heather S.

Name: Heather S.
Position: Area 72 Young People’s Chair
Date: 6/25/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

We had our last quarterly in April, hosted by District 24. We heard a presentation from Area 8’s (San Diego Imperial) Young People’s committee chair. She shared some great ideas about how to get young AA members involved in general service, as well as ideas about how to reach young people who are still suffering, outside the rooms of AA. At the quarterly, we talked about hosting events/workshops to get more young people excited about service. Some of YP chairs suggested starting an Ad Hoc committee that focuses on event/workshop planning. Lastly, I’m excited to announce that our webmaster and tech and web committee chair uploaded all the Young People’s videos made during the last rotation onto the Area 72 YouTube channel! As always, I’m inspired by all the amazing work being done by District YP chairs throughout our area!

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

No big issues currently. I do think we have a lot of opportunities to reach more young people in the community at places like juvenile detention centers and adolescent psychiatric units.

Please share some goals you hope to achieve or begin work on in the next quarter.

Our next quarterly will be hosted by District 8 and will be held at Peer Olympia on July 26th, 2025, from 12:00 to 3:00 PM. Fellowship will begin at 11:30 AM. I’m excited that we will have Nick K, delegate for Area 41 and chair of the conference PI committee joining us to give us an update on the status of the GSO Young People’s video project. I also hope to officially form the Ad Hoc committee and get started planning some events/workshops in our area, with the goal of getting more young AA members involved in general service.

DCM SHARING

District 1– (Hispanic Linguistic District South of King/Snohomish County Line to Olympia including Olympic Peninsula) DCM Jose M., Alt. DCM Rodrigo M.

Name: Jose M.
Position: DCM
District number: 1
Date: 7/8/25

My base group is first things first in the federal way
I am MCD of District #1 of Area 72

District # 1 is working very well, we have 4 meetings a month, the first Thursday is for RCG reports, the second is for points, the third is for committee reports, and the fourth is for studies. In the latter we study the 12 concepts, and when we have a 5-week month on the last Thursday we organize a scheduled meeting, we have 2 Mondays a month to visit our groups to inform them how the district and its committees are working.
The RCGs are working very well, and our committees are working very well, our groups remain open and many new people have arrived asking for help.

As a MCD I feel very happy, thank you for giving me the opportunity to serve.
HAPPY 24 HOURS

District 2 – (Camano Island, NW Snohomish County, Arlington, Stanwood) DCM Sandra R., Alt. DCM Lori N.

Name: Sandra R.
Position: DCM
District number: 2
Date: 07/12/25

Problems or issues you are facing or have already dealt with, and accomplishments from the past quarter.

- District 2 continues to struggle with GSR participation. We organized and scheduled a spaghetti feed with a mission of inviting all GSRs and group members to our meeting space.
- Our attending GSRs and chairpersons, past and present, volunteered to attend meetings in their areas to hand out spaghetti feed flyers and personally invite members to fellowship and meet other members of District 2.

Please share some goals you hope to achieve or begin work on in the next quarter.

- District 2 continues to have a goal of rebuilding District 2 by filling all service positions before the end of 2025.
- District 2 aims to connect with other northern districts by inviting AA members from these districts to our yearly events, to combine at least one of our events.
- District 2 is in need of a chairperson to organize and facilitate our Gratitude Banquet.

District 3 (SE Snohomish County, Lake Stevens, Highway 2 Corridor to Steven’s Pass) – DCM Dan H., Alt. DCM

Name: Dan H
Position: DCM
District number: 3
Date: 06 /28/25

District 3 – Quarterly Report

District 3 continues to stay active and connected in service. Since our last report, we’ve completed our Report Back and are now preparing for our summer picnic, which will take place on August 2nd from 10:00 AM to 2:00 PM at Skykomish River Park in Monroe. As always, the picnic is an opportunity for fellowship and fun, and we hope to see many of you there.

We’re also excited to share that District 3 has welcomed a new meeting to our community. Design for Living meets Wednesdays from 7:00 to 8:00 PM at the Lake Stevens Food Bank. It’s always encouraging to see new meetings begin, especially in partnerships with community-based locations. We welcome Design for Living and are grateful for their willingness to serve.

Behind the scenes, our District business meetings continue to reflect steady participation and thoughtful discussion. Like many districts, we face the familiar challenges of filling service positions and keeping members engaged in the broader service structure. Still, we’ve seen encouraging moments of willingness and support, and we remain grateful for those who continue to show up, participate, and carry the message in all its forms.

As we look ahead to the Fall Assembly and the cycle to come, District 3 remains committed to supporting our groups, encouraging communication, and finding ways to make service accessible and inviting. Thank you to the Area and all our neighboring districts for your continued collaboration and support.

In service,

Dan H

DCM District 3

District 4– (Skagit County Mt. Vernon, Burlington, Sedro Woolley) - DCM Sue J., Alt. DCM Annabelle K.

Name: Edward S.
Position: DCM
District number: 4
Date: 7/12/25

- District picnic on August 24th
- Forming our Gratitude Banquet Committee
- We still unfilled service positions
- We have a District inventory in the next few months

District 7 – (South Clark/Skamania Counties) DCM Rose B., Alt. DCM Robert E.

Name: Rose B.
Position: DCM
District number: 7
Date: 7/3/25

District 7 has been hard at work. Finally approved to go into Skamania County Jails, our commitment to Corrections work continues to grow strong with Scott as we continue to try and get into the Clark County jails. Our Young Person’s Chair has finally been filled, and Liz has been hard at work, forming an actual committee to spread the word of AA to the next generation of potential alcoholics. Treatment has had some difficulties lately, getting the spots filled, I have faith Joey will figure it out. We have a few open service positions available right now and are trying to form the appropriate people to fill the role of committee chair. Also, our intergroup picnic was on June 28th at Hazel Dell Park, I’m told it was a hoot.

Thank you for allowing me to be of service, Rose Bell

District 8 – (Thurston and Mason Counties) DCM Debbie B. Alt DCM Melissa K.

Name: Debbie B.
Position: DCM
District number: 8
Date: 7/1/25

Greetings from D 8 !
Every month, we have a service scavenger hunt at our D mtg. The person who answers the questions correctly and presents to the group, ‘wins’ the honor of wearing the Tigger Award until the following month. Our winner, awarded in May, took Tigger to 28 mtgs plus 2 conferences over the course of 31 days! With permission, people had their photos taken with Tigger and the winner – 76 photos in all – that I received all month long on my phone. The winner also invited people to our mtg to have a look at service in D 8. The ‘hunt’ in April: What district are we in? What are our Area’s boundaries? What other Area is in WA State? Extra Credit: Name the 8 cities/towns in D 8? (Hint: 1 of them is Tumwater) On the business side of things, we elected an Accessibility Chair and had Bud, the Area Chair come to speak at our meeting. Shine on! Love in service, Debbie DCM D 8

District 9 – (Central Tacoma, Fircrest) DCM Shannon H., Alt DCM Mark S.

Name: Shannon H.
Position: DCM
District number: 9
Date: 6/29/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- D9 has filled all of our liaison positions and CSO directors 1&2! Our meetings were well attended with good participation and flowing nicely. Our Gratitude banquet has been scheduled for November 22nd, at University Place Presbyterian Church, our planning committee is being formed, let Mark S ALTDCM9 know if you’re interested in helping!
- The July Quarterly is finally upon us, D9 has an amazing host committee that is working make this event happen hats off to all committee members!! Thank you so much, it’s not just 9, the south sound 7 really steps us to help!!

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- We are focusing on being efficient and considerate of time management at the district meeting, asking for written reports from standing committees if they feel their report is very lengthy.

Please share some goals you hope to achieve or begin work on in the next quarter.

- We look forward to preparing for the assembly and helping the groups get all the information they need to inform their group!

District 10 – (Kitsap Peninsula) DCM Mike D., Alt DCM Hollie M.

Name: Mike D
Position: District 10 DCM
Date: 07/11/2025

Accomplishments from the past quarter:

We are having very good attendance at our district meetings. GSRs, Alts, Trusted Servants, and even some visitors just checking to see what our meetings are all about. Or it just might be that we have a very good snack table and social half hour just before the meeting starts. Either way I am feeling more comfortable chairing the meetings. I’m learning.

We have our updated handbook approved and a copy of it is in the Google Drive if anyone wants to check it out.

Our Webmaster Ron B. is constantly updating and improving our district webpage (dist10.org) along with our schedules representative Lisa H. who coordinates changes in our paper meeting schedule and our Registrar rep, who also updates changes from trusted servants in our district and sending that information to Area and CSO.

Problems or issues you are facing or have already dealt with:

We were having difficulties updating the meeting guide app with our district 10 meeting changes due to conflicts with CSO meeting listings. Our webmaster, in coordination with the Area 72 Web and Tech chair and Area Webservant, has taken care of this and now Area is pulling meetings directly from our website which in turn updates the meeting guide app.

Please share some goals you hope to achieve or begin work on in the next quarter:

My goal is to facilitate GSR workshops in our district for GSRs, Alts, or anyone interested in becoming a GSR. The workshops will be on zoom. We will go over the GSR workbook and any other items of interest to help support the GSRs and try to make them feel more comfortable in their role.

Continue with studying the A.A. Service Manual and 12 Concept.

I am grateful to be of service,

Mike D. D10 DCM

District 11 – (Whatcom County, Bellingham) DCM Josh C., Don Alt DCM

Name: Veronica
Position: Filling in because Josh and Don could not be there
District number: 11
Date: 7/12/25

- Many home groups are having their annual summer picnics
- The Gratitude Banquet committee is starting to meet with a plan for a November banquet
- We have elected an Accessibility Chair
- Our Corrections Chair had to step down

District 12 – (North and East Snohomish County, Everett) DCM Shane M., Alt DCM Diane C.

Name: Shane M.
Position: DCM District:12
Date: 1/12/25

- We’ve been putting a lot of time and energy into our hybrid District Zoom meeting
- I know many groups are struggling to make ends meet, yet my home and some other groups are doing pretty well, but contributions are down for the District
- We continue to spread the message that we need support
- The miracle happens if we continue to show up and be there

District 14 – (West Seattle, White Center, Vashon Island) – DCM David J., Alt DCM

Name: David J
Position: DCM
District number: 14 (West Seattle, White Center, Vashon Island)
Date: 7/10/25

Accomplishments from the past quarter.

- District 14 was grateful to team up with Districts 41 and 38 to host a Public Information booth at Pride in the Park in Volunteer Park on June 7. Volunteers were excited to support on a beautiful day in the park celebrating Pride Month!
- The nine Central Seattle Districts worked together to plan a Delegate Report Back, to be held at Greater Seattle Intergroup on July 19 from 1pm - 4pm, and a Pre-Assembly meeting, to be held in West Seattle at Fauntleroy Church on August 23 from 10am - 3pm. I’m so grateful for the continued teamwork and fellowship among the DCM’s and Alt-DCMs from Districts 14, 15, 16, 17, 31, 32, 40, 41, and 42!
- Established a planning committee for our District 14 Annual Picnic, to be held at Lincoln Park in West Seattle on Sunday, September 8.

Problems or issues you are facing or have already dealt with.

- Looking to fill our District 14 Cooperation with the Professional Community (CPC) Committee Chair.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Fill the remaining open service position in District 14.
- Attend a wider variety of meetings in the district to understand their group conscience and establish greater communication.
- Reach out to 3 meetings without a GSR.
- Continue to enhance the connection with DCM’s and their Alternates from not only the nine Greater Seattle districts but beyond Seattle as well.
- Host a fun District 14 Picnic at Lincoln Park on Sunday, September 8!
- Work with Central District DCMs to host successful Delegate Report Back and Pre-Assembly meetings that will facilitate the connection between the General Service Conference and our groups

District 15 – (Downtown Seattle, West Capitol Hill) DCM15 Diane D., Alt DCM

Name: Diane D.
Position: DCM
District number: 15

Date: 7/1/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- Elected new DCM as the former DCM needed to step down. Elected a Secretary a few months ago. We have all officer positions except Alt DCM.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- Low participation from groups in our district – District committee members are eager to reach out to groups to encourage participation.
- Only have one chair position filled at this time

Please share some goals you hope to achieve or begin work on in the next quarter.

- Reaching out to groups.
- Increasing 7th tradition contributions from groups in district.
- Possibly GSR school.

District 16 – (NE Seattle, University District) DCM Scott

Name: Scott
Position: DCM
District number: 16
Date: 7/12/25

- Our District has been working on reaching our unrepresented groups to get more participation within the District
- We are a small District and have been working on right sizing our activities to account for that
- We have a number of groups who have been displaced over the last few years
- I'm happy to say we have a few new groups meeting in the University district
- There are a number of groups that have built up in the same locations our old meetings were, so we have several meetings several nights a week
- We are looking at building our capacity as a District and are planning on putting a bid for a YP Quarterly
- We've got a couple of great Young Peoples meetings
- We are having our District picnic on August 9th
- We are happy to feel like we are up and running as a District again

District 17 – (NW Seattle, Ballard) DCM Taylor B, Alt DCM Josh B.

Name: Josh B.
Position: Alt DCM
District number: 17
Date: 7/12/25

- Our group is doing well, I call it a pizza party
- We meet and have pizza on the 2nd Thursday of each month
- The last 6 months have been awesome
- A highlight for me is watching the GSRs connect and learn from each other
- One issue is that rent has been going up on groups within our area
- I'm stepping down as DCM and moving to CA, but I will be passing it over to Josh our Alt DCM
- Our Gratitude Banquet will be November 7th at the Alphonse Church in Ballard
- Josh is a bit intimidated after taking over from Taylor, but he's looking forward to it

District 18 – (Renton, Kent, Tukwila) DCM Lara R., Alt DCM Lee R.

Name: Lara R.
Position: DCM
District number: 18
Date: June 25, 2025

Accomplishments from the past quarter.

- Lupita came to our District and talked to us about being a GSR in May. Bless her heart she drove 1.5 hours to be with us. She is such a great example of an AA servant. In June we hosted a Delegate Report Back. Courtney shared with us her adventure in New York and her appreciation of experiencing what the staff members do for us. Courtney brings such a human and relatable quality to the position and to the report.
- We filled our Accessibility Chair position.
- We have started a tradition study on the 1st Monday of the month at 5:30pm at St. Matthew's Lutheran Church 1700 Edmonds Ave NE Renton 98056. All are welcome.

Problems or issues you are facing or have already dealt with.

- Communication about details is an ongoing issue.

Please share some goals you hope to achieve or begin work on in the next quarter.

- We are hoping to get as many groups as possible to weigh in on the discussion topics. We will be working on how to have more robust communication and participation to and from our groups.

District 19 – (Southwest Everett, Mukilteo, Mill Creek) DCM Joe T. / Alt DCM 19 Bryanna B.

Name: Joe T.
Position: DCM
District number: 19
Date: 7/12/25

- I want to announce that I’m already ahead of the game from the last Quarterly where I said I was from District 12
- Our District is hosting the Area Quarterly coming up August 2nd at Trinity Episcopal Church, there will be chili there and possibly hot dogs and Pepto Bismal
- We have a new NL editor and are excited to get that going again
- We have our picnic coming up July 19th at Camp Patterson in Silver Lake Park from 11 – 3
- We have been stressing with our groups to take a look at the meeting guide and ensure their designations are up to date such as accessibility and so forth
- One thing I don’t think people consider enough about accessibility is things like providing babysitting and being child friendly, there is a big difference
- We have meetings back in Snohomish jail

District 21 – (Grays Harbor County and half of Pacific County) DCM Lisa B., Terry P. Alt DCM

Name: Lisa B.
Date: 6/19/25
Position: DCM
District Number: 21

On Sunday, June 8th District 21 celebrated Founders day with food, fellowship and a lot of fun. There were 50 of us there with a total of 796 years and 7 months of sobriety. The skit this year was 5 short Grapevine skits called Victor E. and the Slogans. After each short skit, that was about a slogan (Easy does it, Live and Let Live, etc...), a member shared their experience with that slogan for 5 to 10 minutes then on to the next one. The skits gave us some historical and hysterical things to consider. The food was pretty good too. Emma F., our Grapevine and Literature chair, brought books and literature for display and sale and our Archives committee chair, Terry A. brought an impressive Archives display for Founders day. Our Alt DCM Terry P. did a great job chairing Founders Day. I am so grateful I was able to attend the Celebration of Life for Dennis Lemaster on Saturday June 7th. It was a beautiful day for it.

I have 6 inactive groups left to check on in District 21. Three of them just need a contact person and the other three are not ready to register yet. The total number of groups in our district is 24. Thanks to Chris our District 21 treasurer, I have an editable copy of our District Handbook so we can get to work on updating it. I have received input from several people, and I am working on it now. I will bring it back to the District as soon as I make the edits and changes. I am so grateful to be able to attend the International Convention in Vancouver.

Our Treatment and Corrections committees are both very active and our Young People’s Chair; Laurel F. is working on getting the committee going. District 21 will be hosting the Pre-Assembly meeting on August 10th for the Southern Districts at the Summit Pacific Wellness Center in Elma. We are going to need some volunteers to help.

Thank you, Lisa Beshears, DCM 21.

District 22 – (North Olympic Peninsula) DCM Pete P., Alt DCM Monica W.

Name: Pete P & Monica W
Position: DCM & Alt-DCM
Date: June 25, 2025

Accomplishments from the past quarter.

- GSR attendance continues to be very good, despite several turnovers.
- Cooperative projects with our neighbor Districts include:
 - Our bid for the 2026 January Quarterly with Districts 55 & 56 was accepted and the Host Committee is mostly formed.
 - Delegates report was held in Port Orchard with Districts 43, 55, & 56
 - Pre-Assembly is being finalized with Districts 10, 55 & 56
- We held our April District meeting on the West End in Forks.
- We implemented a new Chair position, Bridging the Gap coordinator. Heather C has hit the ground running.
- We welcomed a new Treatment Chair, Mike S.

Problems or issues you are facing or have already dealt with.

- We still lack a Newsletter and Accessibilities Committee Chair
- Group contributions have increased significantly as groups answered the call to address the District’s finances. We are still monitoring the balance closely and continuing to beat the drum until we build a sufficient prudent reserve.
- The groups decided to wind down its nonprofit C-3 status and redesignate itself into a more appropriate nonprofit status.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Attend at least ½ of the meetings in our District that do not have GSRs and encourage them to participate.
- Complete the redesignation of the Districts nonprofit status.
- Support our new Treatment/BTG team as we can.

District 24–(Edmonds, Lynnwood, Mountlake Terrace) DCM Lisa J., Alt DCM Jan H.

Name: Lisa J
Position: DCM
District number: 24
Date: 7/1/25

Accomplishments from the past quarter

- We’re finalizing updates to the District 24 Handbook and are hoping to have that complete very soon.
- Lupita came to talk with some of our chairs about hosting quarterlies. There was great conversation with some great ideas.
- D24 joined with Northern Districts to host a Delegate report back on June 29th. It was hybrid and well attended in person and online.

Problems or issues you are facing or have already dealt with.

Please share some goals you hope to achieve or begin working on in the next quarter.

- Our picnic is coming up on Saturday July 19th at Edmonds Park at 2:30pm. All are welcome!

District 25 – (Online Only) DCM Joanne G., Alt DCM Thom R.

Name: Jo G. Position: DCM
District number: District 25
Date: 07/04/2025

Accomplishments from the past quarter. District 25 continues to attract new groups to join, and I attribute this to friendliness and inclusivity, to our focus on hearing all voices and an emphasis on service to greater and more inspired recovery. Because as a district made up of groups that are online only many of these groups have members from around the world and not just a smaller geographic area where outlooks and perspectives might not especially differ greatly from one another. District 25 enjoys this diversity while remembering that we are all here united in one common goal to carry the message of A.A. to the still suffering alcoholic by any means at our disposal.

Problems or issues you are facing or have already dealt with. District 25 continues to seek an answer from Area 72 as to how to ensure that all our members have access to the information contained on the Area 72 website (including but not limited to the newsletter, calendar, and event links). After talking through the problem with various trusted servants it was determined that a letter needs be written to those individuals in the Area who might best be able to explain the need for the firewall they put up on the website, and whether a work around could be implemented in its stead. No possible solutions have been offered, and District 25 is feeling not just stonewalled but discriminated against by our own trusted servants. We are very hopeful of some kind of meeting of the minds to figure this out so that all of our members who identify as members of a group that is registered with the GSO for the United States and Canada regardless of their physical location can participate in the service structure and enjoy the same access to information about the Area as any of the rest of us.

Please share some goals you hope to achieve or begin work on in the next quarter: As DCM for District 25 I have put out an email to the other online Districts registered with GSO and hope to have a zoom meeting with those DCMs in the near future to share ideas on how better to serve our members while also serving our current areas and A.A. as a whole. I am anxious to determine if they too are experiencing difficulties with their “international” members having access to all of the rights and privileges enjoyed by their members who live solely within the traditional boundaries until online districts came into existence through the inevitable change brought by and inherent to a technology based world District Number: 25 (online only)

District 27 – (Cowlitz and Wahkiakum Counties, Longview, Kelso, Ilwaco) DCM David K. Alt. DCM Deborah B.

Name: Dave K.
Position: DCM
District number: 27
Date: 6-15-25

District 27 committees and service opportunities are growing. People are engaged in service work and encouraging others. It's incredibly inspirational to watch this grow. Corrections and treatment are working at getting books out to facilities. They are meeting on a monthly basis. PI and CPC committee is working diligently in reaching out to the community. They are meeting monthly. We welcomed a new Grapevine/Literature chair and looking forward to seeing that grow. Archives installed new lighting in our storage unit. Currently they're going through everything and organizing all of our archive material. The District 27 Alt DCM is working with other districts in the southern six, helping with coordinating hosting opportunities. She is also attending other group business meetings letting them know that the district is here to support them if they're interested.

We are reaching out to other groups in our district to let them know that the district committee is here to support them and of the service opportunities available. The outreaching seems to help in getting out the word about the general service structure.

I'm working on benchmarking other districts and attending meetings. The DCM round table meetings are a great tool to see how other others are doing business. Reaching out to others about service opportunities is always a goal of mine.

District 28 – (Lewis County, Centralia) DCM James Mc., Alt DCM Pamela L.

Name: Jim M.
Position: DCM
District: 28

Accomplishments:

* This quarter, we, elected servants, actively transitioned into applying the roles we serve. Our Chairs evaluated the success of their early objectives and what was needed to make improvements. Homegroup feedback via GSRs aided the direction the committees are pursuing going forward.

- * Continued to reach out to groups without district participation with ongoing information.
- * Great feedback from groups on issues being dealt with at district level.

Problems/Solutions:

* Problem: District Web page flyer content. This ongoing issue is not unique to the current rotation. Past group and district servants have addressed discrepancy issues as they arose individually with a sharp sword in unifying concerns with Traditions.
Question: How do we solve discrepancy problems at district level and allow home groups and other AA members etc. to post flyers approved by group conscience as acceptable to their group?

Solution: Identifying that the head we are continuously severing sits upon the top of a Lernaean Hydra. We simplified our approach by identifying four general categories of dispute. Having addressed these four areas, we now believe (hope), that if (when), we need to confront a problem by a complainant that the solution we offer will be satisfactory. Sword for beheading and regrowth cauterizing prevention. see--
lewiscountyaa.org

Third Quarter Goals:

- * Continue to promote what we are doing and encourage involvement from groups and individuals
- * Find out what groups want from us.
- * Make sure groups know what issues they need to address for Assembly Motions and discussion topics.
- * Encourage attendance at Pre-Assembly in Elma on August 10th.
- * Encourage all groups to send GSR to the October Assembly in Lynnwood.

Jim
DCM 28

District 29 – (Puyallup, Eatonville, Orting) DCM Fred J., Alt DCM Amanda M.

Name: Fred J.
Position: DCM
District number:29
Date: 7/8/2025

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- Greetings from District 29. Things continue to go well with good attendance at the district business meetings. We look forward to our upcoming Summer picnic at Frontier Park and have already started planning for our gratitude banquet in November. I have been able to get to all but a couple of meetings in the district and look forward to making that a regular routine throughout my tenure. The district has also done third legacy presentations at the majority of the meetings and groups in our district. these have been well received. We had a number of people from the district that attended the recent International Convention. That was a great experience, and I look forward to the next one in five years. I look forward to seeing you all at the upcoming quarterly.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

-

Please share some goals you hope to achieve or begin work on in the next quarter.

-

District 31 – (Burien, Des Moines, Tukwila) DCM West C., Alt DCM Christine S.

Name: West C.
Position: DCM
District number: 31 – (Burien, Normandy Park, Sea-Tac, Des Moines & Tukwila)
Date: 6/30/25

DCM: West C., Alt DCM: Dawn P.

My name is West C, DCM31, and I am humbled to report that our district is unified, growing stronger while flourishing in service!

We just had Jennifer H step forward to be our new D31 Archives Chair, so we now have filled all our D31 positions!

We meet monthly every second Wednesday via Zoom and once per quarter in person. We have had a guest speaker from Area at each of our meetings this year, starting in February.

Our June meeting was in person at Grace Lutheran Church and highlighted by Lisa S, our Alt Chair, who came and spoke to us and fed us delicious homemade celebratory cake as well.

We are celebrating the fact that D31 is co-hosting the April 2026 Quarterly at Grace Lutheran with D14, and we recently had a meeting to welcome our new Host Committee Chair, Jennifer S.

We have Report Back coming up July 19th at GSIG and our Pre-Assembly is scheduled for August 23rd at Fauntleroy Church.

D31 is also hosting an Area Archives workshop and our own sponsorship workshop Sat, September 20th also at Grace Lutheran Church.

I continue to attend a new D31 homegroup business meeting each month and am learning & striving to find new ways to support our homegroups and district as a whole.

At Your Service with Gratitude,

West C

DCM, District 31

District 32 – (Auburn, Federal Way) DCM Nicole F.J., Alt DCM Robert B.

Name: Nicole J.
Position: DCM
District number: 32
Date: 6/19/2025

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- Working with other Central Districts to plan Delegate Report Backs and Pre-Assembly
- Started attending “silent” meetings in an attempt to improve GSR attendance at District Business meetings and fill open service positions
- Planning our annual summer picnic (8/9/25 at Steel Lake Park)
- Beginning stages of a Budget Review and creating a Budget Review Committee to meet on August 16th
- Early planning phase for a District Handbook Review and creating a District Handbook Committee (September/October)
- Early stages of scheduling a District Inventory for October/November

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- Struggling with low GSR attendance
- Several open Service positions
- Positions that are filled are committees of one

Please share some goals you hope to achieve or begin work on in the next quarter.

- Delegate outreach to “silent” groups to improve GSR attendance at District Business meetings and fill open service positions
- Have a successful Summer Picnic!
- Update our District Budget
- Plan District Handbook Review
- Plan District Inventory

District 33-(Ravensdale, Maple Valley, Black Diamond, Summit) DCM Cheri D., Alt DCM Cristina Mc.

Name: Cheri Davidson
Position: DCM
District number: 33
Date: 7/5/25

Accomplishments from the past quarter. Our room at the district meeting is full. We have more GSR participation and most of our committee chairs are filled. I think the increase in participation is a reprieve from COVID impact but also in has been to our District completion a District inventory (last year) creating an increased sense of community and unity.

On June 20 & 21 our PI chair, Jake, and many other volunteers opened an AA Booth at our local community festival, Maple Valley Days. Free pamphlets were available and distributed along with A.A. volunteers available to provide information about A.A. Thanks to Jake and all the volunteers that provide this useful resource.

Problems or issues you are facing or have already dealt with. We really have not had any major issues, Consistent to last year we are living in our prudent reserve, this is partially to our commitment to sponsor one of you out District Committee members to PRASSA yearly. This usually takes us a few months to graduate out of our prudent reserved funds and just as previous years will soon to be back in our budget projections

Another issue we have struggled with is our growing cost of printing. This is partial due to the rising cost of printing but also because of increased attendance at our District meetings. We are assuming this is not unique to us and have spent time at our District meeting looking for solutions. Wanting to find the best way to communicate the needed information for our GSR so they have the information they need to take back to their groups. We have spent time restructuring and formatting our agenda and minutes. This is to cut down on the number of pages needed printing and information printed. Encouragement to use online material when possible and for those who are able. Discussion and motion preceded to obtain a printer and material do our own printing. I hope to be able to report next quarterly about the success of this.

Please share some goals you hope to achieve or begin work on in the next quarter.
This next quarter hope to have great attendance at preassemblies and the Area assembly.

Connect to groups that lack GRS so we can begin to connect them to A.A. as a whole.

Another A.A. informational Booth At Covington Days the Month July 18 & 19

District 34 (Bellevue, Redmond, Mercer Island) –DCM Angel M. Belinda Alt. DCM

Name: Angel M
 Position: DCM
 District number: 34
 Date: 7/12/25



May 6th, 2025

Accomplishments from the past month.

- April 2nd, we had a preparation meeting with Simon, our Web/Tech/Zoom Chair, the Area 72 Web Servant & the Area 72 Web/Tech Chair by zoom.
- April 4th & 5th we attended the Area 72 business quarterly in Vancouver WA, a few people from our District showed up and participated so I'm grateful for that. Belinda, Simon and I rode together, and it was fun to do that. I got really nervous when it was time to do our report and I couldn't say a lot but Belinda complimented me very well.
- We have two discussion topics going on since January. The newsletter of the Area and a sign with information of AA in a line of the bus. The discussion is very divided, so we need to bring this information back to our groups so they help us discuss this and bring back the groups conscience so we have a better idea on what direction we can take on this. I have some background information on this two topics and an ad-hoc report that I'm going to ask Ali to share with you the GSR'S so you can inform your group and make the best solution to each of these.
- I invited 4 Chairs of the Area standing committees to do 5 min presentations in our business meeting to encourage the service in our district. For this month our guest is our Area 72 Treatment Chair.
- April 13th, we had a zoom meeting with Amy and Santiago. They are the Area Corrections Chair and the District 1 by Zoom; we are forming a committee with Hispanic Alcoholics to bring meetings in Spanish in facilities where possible.
- April 19th, we had our GSR School at Kelsey creek church hosted by the east side districts. Less people than I thought attended but it was a very good event. Thank you very much to the members of our District who take the time to attend.
- April 21, we had a meeting with Terri, our Registrar, to download the reports from the fellowship connections from the GSO, thank you very much for teaching me how to do this Terri.
- On April 27th, Belinda & I attended the first DCM workshop. It was hybrid and it was well attended and very inspiring to learn from the other DCMs and from the Alt Delegate.
- The AA Conference happened last week, and our Delegate is doing a beautiful job representing our Area. She sends us a postcard, and she sends an email each day expressing the feeling at the end of each day and it is really inspiring and powerful to feel that connection with her. I think this is how Unity in action looks and feels like. Problems or issues we are facing.
- We still have 4 service positions open: Corrections, Treatment, Bridge The Gap and YPAA.
- A lot of the meetings in the cities that we cover as a District have no representation in the District (GSR's).

Some goals I hope to achieve or begin work on in the next month.

- Belinda has a list of the groups we have as District 34 and we are planning on identifying the ones without GSR and going to 3 or 4 this month.
- Keep asking for help from the GSRs to spread the word about the open service positions we have at every meeting possible.
- Have ready a GSR school with flyers to share with you all.

June 3rd, 2025

Accomplishments from the past month.

- We worked on our Pre-Assembly with the DCMs on the east side and we will have it on August 2nd here at Kelsey Creek Church here is a link to the flyer.
- <https://chat.google.com/room/AAAATf9IN8w/Qt-jR7C-H8M/Qt-jR7C-H8M?cls=10>
- Visited the Bellevue Group on their anniversary and it was amazing. Great speaker, great food, a lot of people, a lot of unity. Did you know that our first DCM was from this group? I learn that at this beautiful event when they read from Our Stories Disclosed.
- May 28th We had a preparation or introduction meeting for John our PI chair, with Julie the Area 72 PI Chair, Bob F past Delegate by zoom, also thanks to Simon who helped us having this with through zoom.
- District 18 is having a Delegates report back on January 19th, from 6pm to 9pm. Here is a link to the flyer (This is the closest one we have in person so far). [Flyer \(ENG\)](#)

- Sunday June 22nd from 10am to 1pm, we have the Virtual Delegates report back. Here is a link to the flyer. [Flyer \(ENG\)](#)

Problems or issues we are facing.

- We still have 4 service positions open: Corrections, Treatment, Bridge The Gap and YPAA.
- A lot of the meetings in the cities that we cover as a District have no representation in the District (GSR’s).

Some goals I hope to achieve or begin work on in the next month.

- Belinda has a list of the groups we have as District 34 and we are planning on identifying the ones without GSR and go to 3 or 4 this month.
- Keep asking for help from the GSRs to spread the word about the open service positions we have at every meeting possible.
- Want to have a Delegates report back for the eastside districts and if that's not possible at the very least have it for our district.

July 1st, 2025 -

Accomplishments from this past month.

- Belinda & I visit a couple of groups (Highland Happy Hour & Recovery Through Honesty) and we attend the Saturday night Speakers on June 14th (I spoke there). Also, I visited Serenity Brake, The Men Group at 4pm at the Alano club and two times The Afternooners.
- We worked with Courtney, our Delegate, to have a report back from the conference for our District on July 26th, at 1pm, at Kelsey Creek Church. I'm working on a flyer with all the details.

Problems or issues we are facing.

- I couldn't attend any of the Delegates report back with District 18, and the virtual only by zoom. Also, I couldn't attend the planning meeting for the gratitude banquet of the District. I had a situation with my family. Problems or issues we are facing.
- We still have 3 service positions open: Corrections, Treatment and YPAA.
- A lot of the meetings in the cities that we cover as a District have no representation in the District (GSR’s). Some goals I hope to achieve or begin work on in the next month.

Some goals I hope to achieve or begin work on in the next month.

- Belinda has a list of the groups we have as District 34 and we are planning on identifying the ones without GSR and go to 3 or 4 this month.
- Keep asking for help from the GSRs to spread the word about the open service positions we have at every meeting possible.
- Attend the upcoming events for our District and for me as DCM. The Area 72 business quarterly and The District 34 Delegates Report Back. Please reach out if you have any questions or concerns, here is my contact information.

Yours in service,
Angel M.
DCM 34
360-421-4458

District 35 (Issaquah, Sammamish) – DCM John K., Alt. DCM

Name: John K.
Position: DCM
District number: 35
Date: July 12, 2025

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- On May 23rd, our Young People's committee spoke to three 7th grade classes at Issaquah Middle School during their health curriculum's alcohol unit.

This marked several firsts: the first time D35 has spoken to students in the Issaquah School District, the first D35 and D36 Young People's collaboration of this type, and the first time District 35's Young People's Committee led such an effort.

The presentations received extremely positive feedback from both the teacher and students. Based on this success, we're returning for all three semesters next school year. The teacher also plans to share her experience with other 7th grade teachers to potentially expand the program within the school, and potentially other middle schools in the District.

- District 35 has decided to put in a bid to host a CPC Quarterly in 2026, which will be led by our CPC Committee Chair, Dan H. We’re in the process of gathering information and preparing our bid.
- At our monthly June meeting, we had our Area Alt-Delegate Lupita come out and share her thoughts on service in general, and more specifically how the District can best serve the needs of our groups and members, as well as Area 72. As always, Lupita was both informative and inspirational, and provided our District team with a big shot of energy.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- We continue to approach and encourage those groups without GSRs, as to the benefits of having representation at the District level.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Create a successful bid to host a 2026 CPC Quarterly
- Continue collaborating with D36 on ways to strengthen the Districts’ outreach to young people within our community.

District 36 (NE King County, Duvall, North Bend) – DCM Michael L., Alt. DCM

Name: Mike L
Position: DCM
District number: 36
Date: 7/3/2025

Accomplishments from the past quarter. Our focus for this quarter is to find out about and broaden our knowledge of general service in AA. We invited the Area Alternate Treasurer, Derek N, to our April Business meeting where he presented on the 7th tradition and where our contributions go to the Area and GSO. In May I presented on the two Quarterly discussion topics to bring our GSR up to speed on the King County Metro bus sign project and the Area newsletter ad hoc committee report. This also gave us a chance to discuss how area does business is: what is a discussion topic and how are motions put forward and voted on. In June we heard from our District Corrections Chair, Natalie C, about her experience at women’s meetings in Echo Glen. This is one of two juvenile facilities run by DSHS for adjudicated youthful offenders. The need here is real and we are working hard with the Echo Glen staff to get male AA members in the facility as well. I was able to work with District 35 (John K – DCM) to facilitate AA speakers at Issaquah Middle School for an 8th grade health class. Two young people came and talked to the class about their experience with alcohol and how AA helped them. For our district business meeting we have adopted an idea I learned about at the Area DCM Workshop. One of the DCMs who attended the Everett session in April told us his district ends their meeting with five takeaways. The group decides what are the five top topics from the business meeting that everyone needs to spread to their groups. Each business meeting since then I have closed with five takeaways. Since we are without a secretary and the notes take some time to produce, I send out the five takeaways as soon as possible following the business meeting. This is such a great way to summarize and allow the GSR to present in brief points about the most important topics from the monthly meeting.

Problems or issues you are facing or have already dealt with. Up until this report we have been without a secretary or alternate DCM for the district. This has been tough for my position especially because the DCM work is much easier with the support of these two trusted servants. We have mitigated this somewhat by recording the business meeting via Zoom. I have also started meeting with other district officers (the Registrar and Treasurer) to help prepare my meeting agenda and get ideas for business meeting topics. I am happy to report that as of July, two AA members (Gretta G and Jeff M) have stepped into the role of District Secretary and Alternate District Committee Member. This is a huge relief, and I am so happy for all our AA members who do district service!

Please share some goals you hope to achieve or begin work on in the next quarter. For the summer months we will prepare the GSRs for the pre-assembly and start getting groups ready for the Assembly in October. District 36 will participate in the Eastside Districts’ Pre-assembly on August 2 at Kelsey Creek Church. Our district will also start full planning for the annual Gratitude Dinner in November. We have a new venue and a new committee, so I am really excited for my AA birthday month.

District 37 (North Clark County, North Vancouver, Woodland) DCM Lauren G., Alt DCM Tom C.

Name: Lauren G.
Position: DCM
District: 37
Date: 7/12/25

- We have a great group of folks working at the District with great participation
- We average 10 – 15 GSRs on top of the various District folks that participate
- We have a new Accessibility Chair, Tom S.
- Brittany in Archives has really jumped into the role is doing a great job organizing and cataloging the huge amount of material that we have
- We are also engaging volunteers for the archiving effort
- Our Corrections and PI positions are open
- We are going around to different groups advertising our need for volunteers
- We had a really great volunteer turnout when we hosted the April Quarterly and that was a really great way to get folks working together behind the scenes

District 38 (Kirkland) DCM Kim H., Alt DCM Cheryl L.

Name: Kim H
Position: DCM

District number: 38
Date: 6/30/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- District 38 hosted our first Founders Day celebration on June 7th with a potluck, a main speaker and a trivia game. We had an amazing turnout of approximately 190 people. We will discuss at the next meeting if we want to do this annually or maybe every 5 years. The support we got from the community was outstanding and I am happy to be a part of Alcoholics Anonymous.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- We still have some positions to fill. Our GSR attendance is increasing and that is a great success. Get the word out!

Please share some goals you hope to achieve or begin work on in the next quarter.

- District 38 will continue to unify and grow. I am looking forward to setting some new goals and seeing our community thrive in spreading the word of recovery. How can we help the next alcoholic find the rooms of AA.

District 39 – (Kenmore, Bothell, Woodinville) DCM Rob M. Alt. DCM

Name: Robert M
Position: DCM
District number: 39
Date: 7/1/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- D39 had their first full quarter of in person/hybrid meetings. Being in person again and seeing district members lean in and participate is inspirational. I love getting connected again and meeting with members face to face.
- We have great attendance at district meetings both in person and online.
- We had all chair positions filled for almost 2 months. While that changes and fluctuates as expected over time, what we find most important is that positions are filled with people that want to be in service.
- We currently have 3 positions open and that’s ok.
- I’m grateful for and continually inspired by our district team. We have a few members that personify what service means and consistently go the extra mile to help the still suffering alcoholic - and share with the rest of the team.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- With technology and instant information as it is now, it can become overwhelming with the amount of information we all receive, and the ways we connect and receive i.e. instant messenger with Google, our phones (work/ personal), our computers (work, personal), multiple emails (work, personal, AA), texting. When everything is urgent, nothing is important.
- Learning - as we go - to set boundaries. I have truly embraced progress, not perfection.

Please share some goals you hope to achieve or begin work on in the next quarter.

- One key goal is to continue to promote the idea of “get a buddy “to help chairs feel less like this is a job or *“work they have to do”* but make it something *“they get to do”* with a friend. Hopefully buddies turn to ALT’s. We are volunteers so we should make it fun.
- Successful summer picnic - July 19th.
- Finalize Gratitude Dinner planning.
- Have fun with other members.
- Get a few new people to fill open positions.

District 40 – (East Capitol Hill, Madison Beach) DCM Chris B., Alt DCM Morgan S.

Name: Chris B.
Position: DCM
District number: 40
Date: 7/12/25

Accomplishments from the past quarter.

- Moving our District Meeting to the first Tuesday of the Month, to make it easier for our District come together in person once a Quarter.

Problems or issues you are facing or have already dealt with.

- No issues presently.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Upcoming Delegate Report Back, and Pre Assembly
- Helping our GSRs get ready for the October Assembly

District 41 – (North Downtown Seattle, Magnolia) DCM Nate L., Alt DCM Ganelle H.

Name: Nate L.
Position: DCM
District: 41
Date: 7/1/25

Accomplishments from the past quarter: District 41 has been busy this Spring/Summer! First, we are excited to see an increase in new attendees at our monthly district meetings and with interest in getting involved in service at the district level. District 41 has a very strong comradery with one another, and each member is always happy to lend a helping hand when needed. We have some exciting events coming up, just in time for the perfect Seattle weather. These events include our Annual Picnic at Magnolia Park on 8/10/25 from 3-7PM. We are also co-hosting a Delegate Report back on 8/19 from 1-4PM at Greater Seattle Intergroup, which we couldn't be more excited about. All are welcome! Lastly, District 41 (along with District 14 & 38) co-hosted a Public Information booth at Seattle Pride on 6/7 at Volunteer Park. While tabling, we had several visitors that were either curious about Alcoholics Anonymous, already members, or have loved ones that they wanted to get pamphlets for. It was a very rewarding weekend!

Problems or issues we are facing or have already dealt with: As of this moment, we are in a solid place with our overall 7th tradition budget. I've noticed that our budget fluctuates during different parts of the year, especially when deposits for events need to be made. Due to the continued generosity from groups in our district, we are in a secure space now. We continue to struggle to fill our district committee chair positions, even as we are making announcements at meetings across the district. In the meantime, various members are carrying the message from these committees to not only our district members, but to other groups overall.

Please share some goals you hope to achieve or being to work on in the next quarter: It's important that our district continues to maintain our strong budget so that we can continue to host AA events across the Greater Seattle area. We also plan on beginning the process of planning for upcoming events in the Fall and Winter, which will be here before we know it. I can't be more thankful to our district members and look forward to this next quarter with all of them!

District 42 – (NW Seattle, Shoreline, Lake Forest Park) DCM Teresa H., Alt DCM Trisha B.

Name: Teri Harte
Position: DCM
District number: 42
Date: 6/29/2025

Accomplishments from the past quarter.

- Together, Trisha and I drove to the April Quarterly; it was like a girl's weekend!! D42 voted 9:3 to not use HGO banking, at this time. After 13 yrs. we are officially off the Area's bank account! Thanks to our GSR's, Mike S. (Treas.) and ALTDCM42 Trisha B. for months of tenacity and patience through this process! We'll hold elections each month until all positions are filled and we invite guest presentations from Area Chairs as bait: in April, Jen w/Archives, in May, Sooz w/CPC joined us, & June welcomed Julie w/PI. Thanks to you all! Two positions filled in May; volunteers grabbed 3Lc and Registrar! Yet to fill are CPC/PI & TECH/WEB. Also in May, I attended DCM school. Held our annual June inventory 6/28, - thanks SHU! The next day we Cohosted the Northern Delegate's Report back! I made my first, published flyer for the Central Districts Pre Assembly Conference. Our district meeting has ended ON TIME all quarter, AND we now maintain our established prudent reserve.

Problems or issues you are facing or have already dealt with.

- We need a new plan for a more timely distribution of meeting minutes and hope to see more Group/Committee reports sent before our monthly meeting; they're working on it!

Please share some goals you hope to achieve or begin work on in the next quarter.

- Three Inventory action items to discuss: 1. Return to in-person D42 meetings? 2. District Handbook Study? 3. Bring back Concepts study?
- For a great time, come out to Edmonds City Park - for the D24/D42 joint picnic on July 9th- 2:30!! Foods, Fun, RAFFLES!

District 43 – (Gig harbor, Purdy, Port Orchard) DCM James B., Alt. DCM Leah W.

Name: Jim B.
Position: DCM
District number: 43
Date: 6/20/2025

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- Our ad-hoc committee has started work on bringing our district handbook up to date. Our corrections committee chair has started their own committee meeting and is no longer having their meeting with the treatment committee. Giving both committees more time to have the reports done for all involved.

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- We have a group in our district that has elected to stop sending money up to GSO, because they believe that GSO needs to be more transparent as to where and how the contributions are being spent. I do support my groups in my district on the decisions they make. However, it was brought to the district to stop sending money up line as a motion. I was able to get them to make it a discussion topic, to get more information and be able to bring it back to the groups for discussion.
- Our Web master stepped down and we now do not have a webmaster or servant. Looking forward to having that resolved as quickly as possible.

Please share some goals you hope to achieve or begin work on in the next quarter.

- I would like to have the district handbook done by the end of the year. I would also like to have the contributions problem solved by next Quarter.
- To have our Web Master and Web Servant positions filled by next quarter.

District 44 – (North Tacoma, Gig Harbor) DCM Kari M. Alt DCM Susie M.

Name: Kari Monreal
Position: DCM

District number: 44
Date: 7/9/25

Accomplishments from the past quarter.

We finally found a place where we could host our District Gratitude banquet. – It has been very challenging with the costs going up and finding a place that will let us pay when the event is over. (Thank you to Susie and Derek).

All but 2 positions are filled. (PI and Grapevine)

Problems or issues you are facing or have already dealt with.

In June, it was discovered that we have been paying double our rent for our district meetings. –

Our YP rep is the only person showing up for the monthly meeting-we are tabling if we should eliminate this position. No other members are attending.

Zoom accounts were created for all the meetings that meet at CSO. – Thus, causing a tiny bit of interruption for our zoom users.

Please share some goals you hope to achieve or begin work on in the next quarter.

Getting all of the service positions filled.

District 45 – (SW Pierce County, JBLM, Steilacoom, Spanaway) DCM John C., Alt DCM Mary W.

Name: John Cameron
Position: DCM
District number:45
Date: 6/19/25

Accomplishments from the past quarter. [Experiences from your District or committee you are proud of or that were particularly inspirational to you.]

- Have gained real traction with JBLM military meetings and communication
- Vigorous and robust discussion regarding Bus Signs, and the Newsletter
- Was able to get our CPC committee up and running and have stepped away.
- Organized a DCM School
- Organized a CPC and Archives quarterly
- Organized Delegate Report back and Pre Assembly
- Got our treasurer set up with all online banking and is bringing reimbursements into the 21 century with Zelle payments
- Began working on our Summer Gratitude Picnic and fall banquet
- Ongoing service manual training.
- Handbook Update is ongoing

Problems or issues you are facing or have already dealt with. [Including any solutions you have found or are considering and whether you would like to hear the solutions others have found to similar problems.]

- We were running over on our overall time and have instituted a 3min hard cap for reports

Please share some goals you hope to achieve or begin work on in the next quarter.

- We have a local Military Base Joint Base Lewis McChord that we’ve always had a hard time getting meetings in. There is an established meeting that is looking to become a group.
- We have a couple Liaison positions that need to be filled.

District 46 - (Whidbey, Fidalgo, San Juan islands) DCM Dave J., Alt DCM Corbin T.

Name: Dave Johnson
Position: DCM
District number: 46
Date: 6/30/25

Accomplishments from the past quarter.

- Our district is comprised of groups on these 5 islands (Fidalgo, Whidbey, Lopez, San Juan and Orcas). Two are accessible by road, the remaining three require a ferry ride. As a result, we became a hybrid district. All business meetings and workshops are hybrid. It allows people who couldn’t otherwise attend a meeting to participate via zoom. In line with this approach, we developed two more approaches to lowering barriers to accessibility: a monthly newsletter and a website which now includes online reports generated by our GSRs and our elected/appointed. At first, we didn’t have too much of a “buy-in,” but as of June, 80% of our GSRs have submitted reports.
- We continue to work on skills building with our new (to this rotation) web servant. She has shown an amazing level of commitment to putting in the hours necessary to run our site.
- Treatment/BTG is currently running two meetings weekly at the ITUHA Stabilization Center on Whidbey Island.
- Corrections reports in-person meetings at Island County Jail are going well. These meetings are among the first at the facility post Covid.
- Our PI continues to do a “walkabout” on Fidalgo and elsewhere, spreading the good news of A.A. It’s her first foray into district service and she’s really taken wing.

Problems or issues you are facing or have already dealt with.

We had a couple of our members bring up the idea of having a workshop around gender identity/expression issues. One topic was how best to handle situations where closed women’s meetings, having voted exclude trans women due to safety related issues, has a process for ensuring

there is a helping hand available to the still-suffering alcoholic. Another was phone lists: should they be separated by sex/gender. Still another was related to the traditional “men with men,” and “women with women” for sponsorship. What about gays, lesbians and bisexuals, for example. This became an emotionally laden subject. It took up the balance of our meeting.

I set up an ad hoc group and we came up with a background document that was sent out to all committee members. In it, we asked GSRs to present the workshop idea and poll their members. In that email, I also requested GSRs to ask their groups what sort of workshops they would like to see. In our June meeting, it became obvious that there was no substantial unanimity for this workshop. Several insights came out of this process.

1. The Concepts and Traditions came up during this discussion. It was nice to see these structural guidelines being applied to this specific topic, whether one was for or against the workshop.
2. Truly, the GSR is the linchpin for communicating the voice of A.A. It was pretty clear who had read the background material and presented it to their group and who had not. It can be a lot of work, but we need to hear as many voices as possible.
3. Due to health considerations, I wasn’t involved too much with the Northern District’s Delegate Report Back assembly. D12 and the rest did a wonderful job as did our delegate Courtney. It was the best report back I’ve been at in at least the last three rotation. All the background information, the slides, the interaction- it was wonderful!

Please share some goals you hope to achieve or begin work on in the next quarter.

- Line up workshops for the rest of this year
- Continue to increase GSR and elected/appointeds online presence on our website.
- Position ourselves for a strong pre-assembly build out, both in terms of information and increased attendance.
- Continue to make the website more responsive to District issues and offerings.

I am grateful for the opportunity to be of service!

Dave J.
DCM District 46
360-317-4893
dcm46@area72aa.org

District 54 – (Bonney Lake, Buckley, Enumclaw) DCM David H., Alt DCM

Name: David Hancock
Position: DCM
District number: 54
Date: 6/29/25

Accomplishments from the past quarter.

In June, we hosted a “Watch Party” to hear our Delegate’s report back on the events from the General Service Conference. Our Standing Committees have significantly contributed to our community, a few of their accomplishments are as follows.

- CPC: Getting Big Books and 12X12s into the local libraries, in English as well as Spanish. Working on a Firefighter project and has put together a packet of pamphlets for 1st responders to hand out to those they come across in need.
- District Newsletter: Our Editor is in the process of releasing the July edition of the Plateau Messenger! This District newsletter has returned after many years of absence! Read it and let us know what you think!
- PI: In addition to ensuring there is AA literature available throughout our community, the committee is working to get a panel into the local High School come Fall. In addition, they will be hosting an AA Booth, for our first time ever, at the King County Fair in Enumclaw, July 17-20. We anticipate 20+ Volunteers to be trained and participate in the distribution of AA materials. Please stop by and say hello!
- Treatment: The committee continues to take panels into several Treatment facilities in the general area.
- Workshop: As part of a 12 Step Workshop Series, on June 14th the committee hosted the event on Steps 4 & 5. The next workshop will be held in October.
- YPAA: The District contributed several videos as part of the recent Video publication on YouTube.

Problems or issues you are facing or have already dealt with.

We are looking to fill a couple key District positions; Alt DCM, CSO Director 2 & Third Legacy.

Please share some goals you hope to achieve or begin work on in the next quarter.

- Please be sure to stop and say hello at the King County Fair in Enumclaw, July 17-20!
- We are joining with the South Sound 7 to hold our Pre-Assembly on August 9th and are working towards having a positive GSR turnout!
- Our District Picnic is scheduled for August 16 @ Mud Mountain Dam from 11:00 -3:00pm. Please join us for some fun!

District 55 – (Sequim area) DCM Danielle E., Alt DCM Steve S.

Name: Danielle E.
Position: DCM
District number: 55
Date: 6/24/25

July Quarterly Report

District 55

District 55 has been busy making moves. Our treatment chair Anne has been working diligently, getting permission to go into our 1 outpatient treatment center in Sequim. This has been something we have been working on for many years with no success. She has not only achieved this by getting a panel to go in but has almost 40 members signed up to volunteer on the panels. The result has been well received, and we are carrying the message to more alcoholics.

Also, our Accessibility Chair and committee and been working hard at getting into our many nursing facilities. They have also been successful with this and are now able to bring meetings into those that can't get to a meeting. They too have quite the list of members willing to take a meeting into the facilities.

We are currently working on finding a young person chair for our district. This is a new position for us, and we are excited to be making this change to hopefully attract more young people! We continue to work with our neighboring districts who already have young person meetings started.

We had our Annual Auction and Founders Day picnic, both were well attended, successful events! Our district meetings continue to be well attended and the willingness to serve is heartwarming.

Danielle Engdahl
District 55 DCM

District 56 – (East Jefferson County) DCM Angie G., Alt DCM Crissy D.

Name: Angie Graziano
Position: DCM
District number: 56
Date: 6/24/25

Accomplishments from the past quarter.

This quarter, District 56 GSRs and Committee Chairs were busy closing the loop on outstanding priorities. Specifically:

District 56 inventory – following a six-hour review of 12 questions and over 60 bullet points. The committee narrowed its focus to one key priority: exploring additional activities to help District 56 better carry the message. Suggested actions include encouraging GSRs to create fellowship opportunities within their groups, such as Wednesday night meetings or group potlucks; participating in public events like the county fair; and organizing speaker jams or topic-based events that highlight AA principles such as recovery and sponsorship. Actions are underway by CPC-PI and others in fulfillment of the Inventory priorities.

Answering Service Initiative - This initiative aims to find a cost-effective replacement for the District's current Help Line provider, Security Services NW, which charges \$114.85/month plus phone line costs. We've reviewed processes, fees, and metrics with both Security Services and the Answering Service chairs from Districts 55 and 22, who use Google Voice. Further follow-up with Google is needed. As of the writing of this report, our committee has confirmed that using Google is not a solution. Therefore, the committee will once again commence research to find a solid path forward.

Jefferson County Transit - Our committee confirmed that the transit system currently lists AA information on local transit, and it was confirmed the hotline number is posted on an 8.5x11 sign inside each bus. Buses are approved for updated plaques with new signage. CPC PI (Piper/Pam) will discuss creating a 14x14 sign for the plaques. A member and his committee provided 3 options for new signage that included a QR code linking to the district and to the district website. District voting members unanimously approved all posters and plans are now underway to get them posted in throughout Jefferson County Transit and for use at Fairs

Activities and Fellowship - Baked Potato Bingo was a huge success. The team organized an Ice Cream Social with 3 speakers who focused on their journeys with service. Our annual July BBQ will take place at the end of the month and include a meet and greet for members to meet their District trusted servants and committee chairs and ask questions. Additionally, our team has commenced planning for the Gratitude Banquet. This year, Lisa S., Area Alternate Chair, will be our speaker. baking and bringing a cake to the Gratitude Banquet. Thank you, Lisa!

Planning continues for our District, in coordination with Districts 55 and 22, for the January Quarterly. The team has developed a flyer and sign-up sheet and several critical volunteer positions are filled. Finally, our Treatment Chair has successfully organized meetings in a treatment center. Leading with his organizational skills and supported by our GSRs we continue to carry the message to members throughout Jefferson County.

Problems or issues you are facing or have already dealt with

Please share some goals you hope to achieve or begin work on in the next quarter

We plan to continue planning efforts with Districts 55 and 22 for the January 2026 Quarterly.

Additionally for the first time in many years our CPC and PI chairs are vigorously engaged with GSRs to staff a booth at the Jefferson County Fair this summer. We are gathering materials, working on staffing and coordinating with the County.

District 57 – (Hispanic linguistic District everything North of King/Snohomish County Line) DCM Reyes H.

Name: Reyes M.
Position: DCM
District Number: 57
Date: 7/10/25

QUARTERLY REPORT OF JULY AREA 72.

REYES M.
DCM

DISTRICT 57
07/10/2025

DISTRICT 57 GEOGRAPHIC AREA COMPRISES FROM NORTH SEATTLE TO BELLINGHAM WA.

WE ARE HOLDING OUR DISTRICT MEETINGS ON THE FIRST AND THIRD THURSDAYS OF EACH MONTH.

WE ARE ALSO VISITING GROUPS THAT DO NOT YET HAVE A SERVER (RSG) IN ORDER TO MOTIVATE THEM TO SEND ONE.

MAYBE WE'RE VISITING THOSE SERVERLESS GROUPS TO LET THEM KNOW WHAT THE DELEGATE HAS BROUGHT US AS A REPORT OF HER MEETING AT THE CONFERENCE IN NEW YORK, THAT'S IT, AND HAPPY 24 HOURS.

District 58 - (Hispanic linguistic District: Olympia South to Washington/Oregon Line and West to Aberdeen) DCM Luis G. Alt. DCM

Name: Luis
Position: DCM
District number: 58
Date: 7/10/25

Good afternoon, everyone. I'm Luis G, DCM.

I'm sending you my quarterly report for District 58 Area 72.

I'm very happy and grateful to you for giving me the opportunity to serve as a committee member.

- I want to let you know that we're working to the best of our ability.
- We've attended the required area and district meetings, and I attended the state convention.
- I had the experience of participating in a panel, which was something new for me.
- On June 29th, we attended a meeting organized by former MCDs from Districts 1, 57, and 58 on conceptual topics.
- Also, on June 31st, we attended a scheduled meeting on a topic that existed in Area 72 of the CIH committee, which isn't included in the Area 72 structure yet—perhaps in the future, but not for now. An agreement was reached that it could function as a sponsorship committee for the districts, as a third legacy, or seek another function. The agreement was that the committee could be changed.
- The groups that bring us invitations for their unity week were also met. The Othello group was visited with the topic 11: Tradition, the Sumner group 12 with the topic 10: Concept, and the Central group with the topic: Structure.
- There was also a pickup game for all the district groups at the Aberdeen WA sobriety tree, which took place last Saturday, June 7th, which was a good afternoon for alcoholics.
- I also wanted to let you know that the Aberdeen New Life Sobriety group has a new GSR and the Longview WA Unity group has changed leadership.
- We were also present on June 15th at District 58 in Centralia to receive the Delegate's report and then continue with our District study meetings, the first Sunday of each month, and the business meeting every second Sunday of each month.
- I also wanted to go to the international convention with some colleagues from Mexico, but 4 of them were denied entry because they didn't have a Canadian visa, and for that reason I had no choice but to return to the US, but God save their reasons. Once here in the US, we went to visit groups, we had a good time, we visited the city of Seattle, it was fun.
- And as a reminder, just don't forget that the OSG is low on its prudential reserve. There's a need to increase the reserve to at least 9 months up. So don't forget to send your contribution as a group or as an alcoholic.
- With that, I'll leave you, but not before wishing you a happy 24 hours with gratitude and love for your service, your colleague.

Have an excellent afternoon.
Luis

Adjournment: Moved by District 45, 2nd by District 17: **Approved**

Closed with Responsibility Statement at 7:50 PM

Respectfully Submitted,

Don N.
WWA72 Secretary

Flyers, Events, and Forms

BAKERSTOCK

OCTOBER 17 -19 2025

BOOST YOUR RECOVERY

Excellent Speakers, Fun, Fellowship & Food

Register Now at www.BAKERSTOCK.org

BE ENTHUSED & INSPIRED BY THE EXPERIENCE, STRENGTH & HOPE OF

CAROLYN P., Seattle, WA ~ WA CLIFF G., Oklahoma City, OK

JACK W., Denver, CO ~ KELLI D., Bellevue, WA ~ LORI G., Oklahoma City, OK Al-Anon

MIKE K., Seattle, WA ~ TIM W., Canby, OR ~ TINA A., Los Angeles, CA

REGISTRATION: Speakers: & Saturday Night Dinner Buffet & Sunday Breakfast Buffet: \$160.00

Hotel Sleeping Rooms: \$139.00 – Silver Reef Casino Resort - 360.383.0777

DISCOUNTED GROUP RATE #: 6104



Bakerstock



DISTRICT 32

Annual Picnic

SAT

9

AUGUST

11:30AM - 2:30PM

Friends and Family Invited!!!

Burgers and hot dogs provided! All groups invited to donate a gift basket for the raffle!!

Last name A-H bring a side dish, I-P bring a dessert, & Q-Z bring drinks

Raffle, 50/50, fun & fellowship!



Steel Lake Park - Site 1 (covered)

2410 S 312th St, Federal Way



Steel Lake Park

2410 S 312th St

PRE ASSEMBLY

Hosted by Districts: 7, 8, 21, 27, 28, and 37

Everything you will need to prepare yourself for our Area Assembly in October!

11:00 am to 3:30 pm

SUNDAY, AUG 10TH

Summit Pacific Wellness Center

610 E Main St

Elma, Wa 98541

(back of the bldg.)

POTLUCK SNACKS

Contact: [Lisa](mailto:lisa@summitwellnesscenter.com) (479) 226-2473



District 54 Picnic – 2025!

August 16th – 11am w/Food @ Noon
Mud Mountain Park - Chinook Shelter
BBQ Hamburgers and Hot Dogs Provided
Please bring your favorite side or dessert
Kids Water Feature and Playground!
50/50 Raffle – Fellowship – Fun!!



It's Picnic Time!

Area72 North Districts Pre-Assemb
Hosts Districts 2, 3, 4, 11, 12, 19, 24, and 46

Saturday August 16th, 2025 10am to 2pm

The Pre- Assembly gives GSRs an opportunity to discuss, and understand the Motions, and Discussion Topics on the Agenda for the upcoming Area72 Assembly. This will be a Hybrid Event



Mt Vernon Pud Building
1415 Freeway Drive
Mount Vernon Wa 98273
Zoom Meeting ID: 996 3572 2534 Passcode 168650

**** Virtual Pre-Assembly ****

*Did you miss your District's Pre-Assembly???
or just want to hear the information again?*

Join Us Online to Catch Up

General Service
Representative



Source: The Twelve Traditions Illustrated, Copyright A.A. World Services, Inc., all rights reserved.

For GSR's in preparation for the upcoming 2025 Area Assembly

Wednesday, August 20, 2025
6:00 pm to 9:00 pm PDT

Meeting ID: **821 6823 8162**
Passcode: **Area72**

<https://area72aa-org.zoom.us/j/82168238162?pwd=vRQlU0EtEzUDVG7e1hBsdcf4zelk1E.1>

<https://area72aa.org/event/2025-pre-assembly-7/>

Room Opens 15 minutes before
Questions? Please contact your
Area Chair Derek S. at chair@area72aa.org

COME LEARN ABOUT
HOSTING A STANDING
COMMITTEE QUARTERLY!

this is your invitation

SO YOU WANT TO

HOST A
QUARTERLY
WORKSHOP

6 SEPT 2025
12AM-3PM

Lynnwood Alano Club
3717 196th St SW
Unit 205
Lynnwood, WA

COME LEARN ABOUT
HOSTING A STANDING
COMMITTEE QUARTERLY!

this is your invitation

SO YOU WANT TO

HOST A
QUARTERLY
WORKSHOP

14 SEPT 2025
10AM-1PM

Seattle Intergroup
5507 6th AVE S
Seattle, WA

ID: 896 6702 5241 PASSCODE: 069602

Public
Information

PI QUARTERLY MEETING 8/9
GUEST SPEAKER: MILY T.
TOPIC- MARTY MANN

In person and online meeting! Let’s discuss
current trends, best practices, challenges and
success!
ZOOM ID:896 5804 3205
passcode: Publicinfo

We will have cookies, pizza, salad and
drinks!

We will have a 7th Tradition ask to cover
expenses. Thank you!

Date!

Saturday, August 9th

Time!

10:00a-2:00p

Fellowship Hall @
Kelsey Creek Church

1221 148th Ave NE

Bellevue, 98007

Please come early for
a 9:30 to 10:00 meet
and greet!

Sponsor:
District 34

Any questions?
John M
Call or text
206-669-5226



Join us for a weekend journey through the 12 Steps of Alcoholics Anonymous: Bringing women together through love, laughter and service.

"...we have been given the Keys of the Kingdom."
Page 276, *Alcoholics Anonymous*

SPEAKERS
TBD

SATURDAY NIGHT SOCIAL/PAJAMA PARTY/ GAME NIGHT FREE TO ALL IN-PERSON REGISTRANTS

Rose City Girlstock is a paid event which is self-supporting through your registrations. You must be registered to attend. No Seventh Tradition baskets are passed at any time during the event.

NO REFUNDS WILL BE ISSUED

FREE COFFEE - REGISTRATION LIMITED TO 300 – REGISTER EARLY!!!

October 10th – 12th, 2025
Go to www.rosecitygirlstock.com for Event and hotel registration!

Holiday Inn Portland – Airport (HIPA)
8439 NE Columbia Court, Portland, OR 97220
503-256-5000
Book your room from our website.

\$89: Special Room Rates for the HIPA (per night plus tax) for single King or double Queen beds.
Offer expires September 19, 2025

\$75: In-Person Registration Only
\$145: In-Person Registration + Meals
(Meals include Saturday Night Dinner, Sunday Morning Breakfast)
Vegetarian and Vegan Options will be provided

\$30: Virtual Online Only Registration
All prices above do not include processing fees

Registration Chair: Ashlie B.; **Co-Chair:** Tuesday H.
Email: RCGSregistration@outlook.com
RCGS Chair: MiQuelle D.: 512-751-6996
RCGS Co-Chair: Debbie N.: 503-314-8030
Volunteer Coordinators: Shaunna S. & Kathy B.
Email: shaunnaspta@hotmail.com



**PRE- ASSEMBLY
PIERCE CO.**
DISTRICTS 9, 29, 43, 44, 45 & 54

NOON-4

YOU'RE INVITED TO COLLABORATE AND
LEARN WITH US

SATURDAY AUGUST 9TH
Bethlehem Lutheran Church
101 E. 38th St Tacoma, WA

Bring Snacks, and yourself
And something to write with...



Western Washington Area 72

PRE-ASSEMBLY
Seattle Central Districts
Hosted by Districts
14, 15, 16, 17, 31, 32, 40, 41, & 42

Lunch break for...
TACO FEST!

Meats and Fixins provided
by your DCM's and Alt. DCM's-
Please bring go-withs!
...If your last name
starts with...
A-H: Appetizers
I-P: Desserts
Q-Z: Drinks

**SATURDAY
AUGUST 23rd, 2025
10:00-3:00pm**

7th Tradition will be observed

Location:
Fauntleroy Church, 9140 California Ave SW
Seattle, WA 98136

WWA 72

PRE-ASSEMBLY

DISTRICTS 18, 33, 34, 35, 36, 38, 39

Saturday, August 2, 2025
10:30a-2:30p
Kelsey Creek Church
1221 148th Ave NE, Bellevue, WA 98007

Access to church at 10am for set-up
7th tradition will be observed

This is a potluck, please bring something to share

Virtual Pre-Assembly
District 25 Online

For GSR's in preparation for the upcoming 2025 Area Assembly



Source: The Twelve Traditions Illustrated, Copyright A.A. World Services, Inc., all rights reserved.

Sunday, August 3, 2025

PDT: 1:00 pm to 4:00 pm

HST: 11:00 a.m. - 2:00 p.m.

MDT: 2:00 p.m. - 5:00 p.m.

CDT: 3:00 p.m. - 6:00 p.m.

EDT: 4:00 p.m. - 7:00 p.m.

Meeting ID: 890 2952 5069

Passcode: Area72

<https://area72aa-org.zoom.us/j/89029525069?pwd=DncVC4lsu8AIWz2wnxa2oHCbBngHw>

Flyer: <https://area72aa.org/event/2025-pre-assembly-2/>

Room Opens 15 minutes before
Questions? Please contact your DCM Jo G. at dcm25@area72aa.org;
Your Area Chair Derek S. at chair@area72aa.org

The Twelve Principles
of the
Twelve Steps

A monthly workshop for 2025



Join us as we explore what it means to practice these principles in all of our affairs.

How can these principles help us to live a more sane and sober life?

When: Fourth Wednesday of each month beginning in January
@ 2:30pm
Where: Seattle Intergroup and Online
5507 6th Ave S. Seattle 98108
Meeting ID 830 7826 9547 Passcode 600554
For more information contact
info@seattleaa.org

Our Stories Disclose 3

SCAN HERE FOR PAYMENT



THANK YOU

<https://area72aa.org/ead/stories> ead@area72aa.org



WESTERN WASHINTON AREA 72

ARCHIVES QUARTERLY

08.02.2025

10AM TO 2PM

TRINITY EPISCOPAL CHURCH
2301 HOYT AVE, EVERETT, WA 98201

HYBRID QUARTERLY AND
POTLUCK HOSTED BY
DISTRICT 19

MAIN DISH: CHILI

MEETING ID: 895 8451 3370
PASSCODE: Archives

FOR MORE INFORMATON CONTACT
archiveschair@area72aa.org

ALCOHOLICOS ANONIMOS

PRE-ASAMBLEA AREA 72

DISTRITOS HISPANOS 1,57,58

DOMINGO AGOSTO 24 2025
12:00 PM - 2:30 PM

GRUPO CENTRAL

3233 NE 125TH ST
SEATTLE WA 98125

TODOS SON BIENVENIDOS
HABRA TRADUCCION AL ESPAÑOL
“FELICES 24 HORAS”

DISTRICT 45
HOSTS
AREA 72 CPC 3RD
COMMITTEE
QUARTERLY
@PUGET SOUND CSO

3640 S CEDAR ST TACOMA, WASHINGTON
AUGUST 2ND, 2025
9AM FELLOWSHIP 10AM -3PM BUSINESS
LUNCH WILL BE SERVED

HYBRID: ZOOM
ID 833 4771 9488
PW: 767867

7TH TRADITION WILL BE COLLECTED
BRING A SIDE OR SNACKS FOR BREAKFAST



AREA PRE- ASSEMBLY

WHEN
Sunday
August 17
2pm – 6pm

WHERE
St. Lukes Episcopal
Church
525 N. Fifth Ave, Sequim

Bring a dish, snack, or drinks to share

LIVE ONLY: NO ZOOM OPTION

POTLUCK!

WHOSE
INVITED?

DCMs, GSRs,
Committee Chairs,
and anyone else
from Districts 10, 22,
55 & 56

WHY
ATTEND?

Come learn about
the processes and
topics of an Area
Assembly, and
expand your service
fellowship

WHAT TO
BRING

Notepad & pen
Service Manual
A dish to share
Enthusiasm
Fun attitude!

Asamblea del Area 72 2025

Del 3 al 5 de octubre de 2025

Opciones de menú compradas

Helado del viernes

Triple Experiencia de Helado. Tres mini helados por persona

Almuerzo del sábado

Ensalada de pollo asado y quinoa (sin gluten, sin lácteos). Manzana, avellana, hinojo, ensalada de quinoa, vinagreta casera de hierbas

Chili verde de cerdo (sin gluten). Crema de maíz molido, patatas fritas de tortilla

Molinetes de coliflor, garbanzos y champiñones (sin gluten, veganos). Ensalada de quinoa, puré de pimiento rojo asado

Cena del sábado

Pimiento relleno de Frijoles rojos y arroz (sin gluten, vegano). Veloute de maíz vegano

Pechuga de pollo a la sartén (sin gluten). Puré de patatas con ajo asado, alcachofa, pimiento rojo y cebolla roja, salsa de mantequilla de limón y alcaparras

Chuleta de cerdo con costra de ajo (sin lácteos). Ragú de pancella-frijoles blancos y romero, puré de pimiento rojo asado

Desayuno del Domingo

Lynnwood despierta. Muestra de frutas frescas, huevos revueltos, tocino, salchichas, papas asadas con hierbas, mini cuernitos y mermelada

Opciones de Tarifa para Grupos de Alojamiento

Best Western Alderwood
9332 36th Avenue W
Lynnwood, WA 98036

\$ 99 + impuestos y tasas (1 King)
\$145 + impuestos y tarifas (2 Queens)

Para reservas de habitaciones:

- Llame al 425-775-7600 y mencione Area72
- Visite este [enlace de reserva directa](#)

Bloque de grupos disponible hasta el 9/12/25 según disponibilidad (50 habitaciones)

La Quinta Inn Lynnwood
4300 Alderwood Mall Blvd
Lynnwood, WA 98036

\$103 + impuestos y tasas (1 King)
\$103 + impuestos y tarifas (2 Queens)

Para reservas de habitaciones:

- Llame al 425-775-7447 y mencione Area72
- Visite [su sitio web](#) con el código de grupo Area72

Bloque de grupo disponible hasta el 9/12/25 según disponibilidad (80 habitaciones)

Asamblea del Area 72 2025

3 a 5 de Octubre de 2025

Centro de eventos de Lynnwood, 3711 196th St SW, Lynnwood, WA 98036 y a través de Zoom
LA REUNION ANUAL DE NEGOCIOS DE WWA72

Este es un evento híbrido

Anfitrión: D24

<https://area72aa.org/2025-area-assembly>

LA INSCRIPCIÓN POR CORREO DEBE RECIBIRSE ANTES DEL 09/15/2025
(No hay reembolsos de comidas después del 15 de septiembre de 2025)

Nombre completo: _____

Nombre en el Gafete: _____

Grupo de Origen: _____

Distrito #: _____

Ciudad: _____

Correo Electrónico: _____

Teléfono: _____

Soy un/a: _____

- O RSG
o RSG Alterno
O MCD
o MCD Alterno
O Ex Delegado
o Voluntario
o Otro miembro de AA

Las solicitudes de accesibilidad deben realizarse a más tardar del 9/1/25: _____

Registro

Selección una:

O En persona

\$59

O En línea (se requiere una dirección de correo electrónico)

\$30

O Ambos (se requiere una dirección de correo electrónico)

\$59

*La inscripción paga el alquiler y los gastos; sin embargo, según la Movian 001.2, el pago de la cuota de inscripción es voluntaria.

COMIDAS

Viernes Helado Social

\$11

Almuerzo del sábado

\$54

Selección una:

O Ensalada de pollo asado y quinoa (sin gluten, sin lácteos)

\$78

O Chile verde de cerdo (sin gluten)

\$78

O Molinetes de coliflor, garbanzos y champiñones (sin gluten, vegano)

\$78

Cena del sábado

\$78

Selección una:

O Chile pimiento relleno de Frijoles rojos y arroz (sin gluten, vegano)

\$49

O Pechuga de pollo a la sartén (sin gluten)

\$49

O Chuleta de cerdo con costra de ajo (sin lácteos)

\$49

Domingo Desayuno Buffet

\$49

TOTAL INCLUIDO: \$ _____

Total para la inscripción presencial o ambas y todas las comidas cuestan: **\$251**

El café estará disponible, en el lugar, para su compra.

Haga el cheque pagadero a:

Asamblea de Area 2025



Regístrese en línea a partir del 1 de Abril de 2025
en: <https://area72aa.org/2025-area-assembly> o envíe

esta página completa a:

Asamblea de Área 2025, c/o Distrito 24

PO Box 439, Lynnwood, WA 98046

